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## Medivon 5904119280092

# Medivon Stream PRO Professional Muscle Electro Stimulator User Manual

Model: 5904119280092

## 1. INTRODUCTION

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Thank you for choosing the Medivon Stream PRO Professional Muscle Electro Stimulator. This device is designed to provide Transcutaneous Electrical Nerve Stimulation (TENS), Electrical Muscle Stimulation (EMS), and Fitness programs to support muscle training, relaxation, and pain relief. Please read this manual carefully before using the device to ensure safe and effective operation. Keep this manual for future reference.

## 2. IMPORTANT SAFETY INFORMATION

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### WARNINGS:

- Always read the label, warnings, and instructions provided with the product before use.
- Do not use this device if you have a pacemaker, implanted defibrillator, or other metallic or electronic implants.
- Consult your doctor before use if you have any medical conditions, including but not limited to heart disease, epilepsy, cancer, or if you are pregnant.
- Do not apply electrodes to the head, neck (carotid sinus), chest, or over open wounds, rashes, or swollen, infected, or inflamed areas.
- Keep out of reach of children.
- Do not use while driving, operating machinery, or during any activity where involuntary muscle contractions could put you at risk of injury.
- Discontinue use immediately if you experience any adverse reactions such as skin irritation, discomfort, or dizziness, and consult a medical professional.
- Use only the accessories supplied or recommended by Medivon.

## 3. PRODUCT OVERVIEW

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The Medivon Stream PRO is a compact and professional electro stimulator featuring an LCD display for easy program selection and intensity adjustment. It offers TENS, EMS, and Fitness modes with multiple intensity levels.

### 3.1 Device Components

- Main control unit with LCD display
- Electrode pads
- Connection cables for electrodes
- Charging cable



Figure 1: Medivon Stream PRO main unit and electrode pads. The device features a clear LCD screen and intuitive buttons for control.



Figure 2: Close-up of the Medivon Stream PRO LCD display, showing program selection (TENS, EMS, FITNESS), frequency, and time settings. A finger is shown interacting with the screen.

## 4. SETUP AND FIRST USE

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### 4.1 Charging the Device

1. Connect the charging cable to the device's charging port.
2. Plug the other end of the cable into a suitable USB power adapter (not included) or a computer USB port.
3. The battery indicator on the LCD display will show charging status. Charge fully before first use.

### 4.2 Attaching Electrodes

1. Ensure the device is turned off.
2. Connect the electrode cables to the main unit's output ports (Ch1, Ch2).
3. Attach the electrode pads securely to the ends of the cables.

4. Clean and dry the skin area where the electrodes will be placed.
5. Remove the protective film from the electrode pads and firmly press them onto the skin. Ensure good contact.



*Figure 3: Example of proper electrode placement on the abdominal area for muscle stimulation. Ensure pads are firmly attached to clean, dry skin.*



Figure 4: Example of electrode placement on the knee for targeted relief or stimulation.

## 5. OPERATING INSTRUCTIONS

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### 5.1 Turning On/Off

Press and hold the **On/Off** button to turn the device on or off.

### 5.2 Selecting a Program Mode (TENS, EMS, FITNESS)

After turning on, the device will display the available modes: TENS, EMS, and FITNESS. Use the **F** button to cycle through the modes. The selected mode will be highlighted on the LCD.

- **TENS (Transcutaneous Electrical Nerve Stimulation):** Primarily for pain relief.
- **EMS (Electrical Muscle Stimulation):** For muscle strengthening, rehabilitation, and recovery.
- **FITNESS:** Designed for muscle toning and training.

# 3

# PROGRAMME

TENS / EMS / FITNESS

16 INTENSITÄTSSTUFEN



Figure 5: Side view of the Medivon Stream PRO, showing its compact design. The control buttons are visible on the front.

## 5.3 Adjusting Intensity

Each channel (Ch1, Ch2) can be adjusted independently.

- Use the **+** and **-** buttons for Channel 1 (Ch1) to increase or decrease intensity.
- Use the **+** and **-** buttons for Channel 2 (Ch2) to increase or decrease intensity.
- Start with the lowest intensity and gradually increase until you feel a comfortable, yet effective, muscle contraction or tingling sensation. Avoid painful levels. The device offers 16 intensity levels.

## 5.4 Setting Treatment Time

Use the **Up** and **Down** arrow buttons to adjust the treatment duration. The time is displayed in minutes on the LCD. The device will automatically shut off after the set time.

## 5.5 General Usage Tips

- Ensure electrode pads are always moist and sticky for optimal conductivity. Replace them when they lose their adhesiveness.

- Do not use the device for more than 60 minutes per session on the same area.
- Allow at least 30 minutes between sessions on the same muscle group.
- For specific conditions or muscle groups, consult a healthcare professional or physical therapist for optimal electrode placement and program settings.



Figure 6: The Medivon Stream PRO can be used for various body areas, including the head, neck, back, and legs, to address different types of discomfort or for muscle training.

## 6. MAINTENANCE AND STORAGE

### 6.1 Cleaning the Device

- Turn off the device and disconnect all cables before cleaning.
- Wipe the main unit with a soft, slightly damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Clean electrode pads by gently wiping the adhesive surface with a damp cloth. Allow them to air dry before reattaching the protective film.

## 6.2 Storage

- Store the device and accessories in a cool, dry place, away from direct sunlight and extreme temperatures.
- Ensure electrode pads have their protective film reattached to maintain adhesiveness and prolong their lifespan.
- Keep the device fully charged if storing for extended periods to preserve battery health.

## 7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or device is off.	Charge the device. Press and hold the On/Off button.
No sensation or weak sensation.	Electrodes not properly attached, low intensity, or worn-out pads.	Ensure electrodes are firmly on clean skin. Increase intensity gradually. Replace old electrode pads. Check cable connections.
Skin irritation under electrodes.	Poor skin hygiene, allergic reaction, or excessive use.	Clean skin thoroughly before use. Discontinue use if irritation persists and consult a doctor. Reduce session duration.
Device shuts off unexpectedly.	Battery low or session time completed.	Recharge the device. Check the set session time.

## 8. SPECIFICATIONS

Feature	Detail
Model Number	5904119280092
Brand	Medivon
Product Dimensions (LxWxH)	16 x 8.5 x 6 cm
Item Weight	300 Grams
Number of Pieces	1 (main unit)
Unit Count	1.00 Count
Programs	TENS, EMS, FITNESS
Intensity Levels	16
Display	LCD

## 9. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included in your product packaging or contact Medivon customer service directly. Contact details can typically be found on the

manufacturer's website or on the product packaging.

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