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› ZINUS Cooling Essential Memory Foam Mattress Twin 5" User Manual

ZINUS ZU-MFMBHD-05T

ZINUS Cooling Essential Memory Foam Mattress

Model: ZU-MFMBHD-05T

1. INTRODUCTION

The ZINUS Cooling Essential Memory Foam Mattress is designed to provide cool comfort and support for a restful sleep. This mattress features a thermoregulating poly jacquard cover and supportive foam layers, making it suitable for various sleeping positions. It is efficiently compressed and rolled for convenient shipping and setup.



Figure 1.1: ZINUS Cooling Essential Memory Foam Mattress, Twin, 5-inch.

2. SETUP INSTRUCTIONS

Your ZINUS mattress is expertly packaged and compressed into a compact box for easy transport. Follow these steps for proper setup:

1. **Unbox within 72 hours:** It is recommended to open the mattress box and unroll the mattress within 72 hours of receipt to ensure optimal expansion.
2. **Placement:** Carefully remove the mattress from its packaging and place it on a flat, sturdy surface such as a platform bed, foundation, or bed frame.
3. **Unroll:** Unroll the compressed mattress. It will begin to expand immediately.
4. **Decompression:** Allow up to 72 hours for the mattress to fully decompress and reach its original shape and firmness. Walking or gently crawling on the mattress can help with the decompression process.

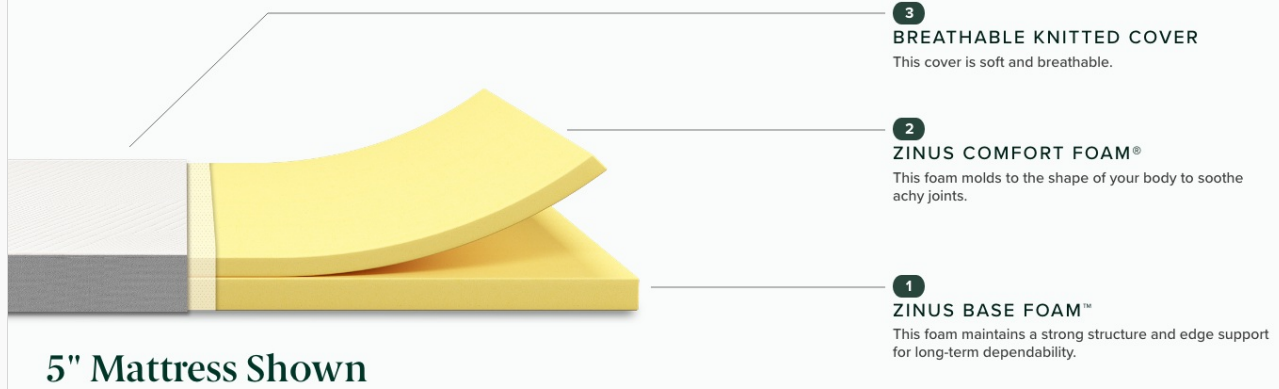


Figure 2.1: Steps for unboxing and decompressing your mattress.

3. OPERATING THE MATTRESS (USAGE)

The ZINUS Cooling Essential Memory Foam Mattress is designed for comfortable and supportive sleep. Its medium feel is suitable for various sleeping positions.

- **Optimal Temperature:** The breathable, cooling cover promotes airflow to help regulate body temperature, contributing to peaceful sleep.
- **Support:** The high-density foam layers provide dependable support and durability.
- **Weight Limit:** This Twin size mattress supports a maximum weight of 250 lbs.



Figure 3.1: The mattress offers a medium feel for balanced comfort.



Figure 3.2: The cool-to-touch soft-knit cover enhances sleep comfort.

4. CARE AND MAINTENANCE

Proper care will extend the life of your ZINUS mattress:

- **Cleaning:** Spot clean only. Do not machine wash or dry clean the mattress cover. Use a mild detergent and a damp cloth for spills or stains.
- **Protection:** Consider using a mattress protector to guard against spills, stains, and allergens.
- **Rotation:** Periodically rotate your mattress (head to foot) to promote even wear and extend its lifespan.

5. TROUBLESHOOTING

If you encounter any issues with your mattress, consider the following:

- **Incomplete Expansion:** While most mattresses expand within hours, full decompression can take up to 72 hours. Ensure the mattress is in a well-ventilated room and has ample space to expand. If after 72 hours it has not fully expanded, contact customer support.
- **Initial Odor:** A new mattress may have a slight, harmless odor upon unboxing. This is normal and will dissipate within a few days in a well-ventilated area.
- **Firmness Perception:** Mattress firmness is subjective. Allow a few nights for your body to adjust to the new mattress.

6. SPECIFICATIONS

Feature	Detail
Product Dimensions	75"L x 39"W x 5"Th
Item Weight	15.3 pounds
Model Number	ZU-MFMBHD-05T
Thickness	5 Inches
Fabric Type	Durable High Density Foam and a Thermoregulating Poly Jacquard Cover
Fill Material	High Density Foam
Number of Layers	3
Maximum Recommended Load	250 Pounds (Twin size)
Special Feature	Breathable, Pressure Relief
Color	White
Certifications	CertiPUR-US Certified

Expertly designed for better sleep



Supportive comfort
Cozy up on supportive, high quality layers of Zinus Base foam™ and Zinus Comfort Foams® that provide body hugging comfort and firmness that's just right.



Cooling, breathable cover
A plush cover that breathes well to help regulate body temperature and keep you cool while you snooze.

Figure 6.1: Internal structure of the 5-inch mattress.

7. WARRANTY INFORMATION

Your ZINUS Cooling Essential Memory Foam Mattress comes with a worry-free 10-year limited warranty. This warranty covers manufacturing defects and ensures the quality and durability of your mattress under normal use. For specific terms and conditions, please refer to the warranty documentation included with your purchase or visit the official ZINUS website.

8. SUPPORT

For further assistance, product inquiries, or warranty claims, please contact ZINUS customer support. You can also find more information and resources on the official ZINUS store page:

[Visit the ZINUS Store on Amazon](#)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question