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## QUMOX B1060U

# Mini Fascia Gun KH-515 User Manual

MODEL: B1060U

## 1. Introduction

The QUMOX Mini Fascia Gun KH-515 is a USB rechargeable, cordless handheld massage gun designed for deep muscle treatment, recovery, and pain relief. It helps users increase blood flow, quickly relieve muscle pain, address fascia and knots, and promote overall body relaxation. Whether you are an avid athlete or experience muscle aches, this massage gun aims to leave your body feeling healthier, shapelier, and pain-free. It offers various massage grades to relax muscles, reduce fatigue, and awaken muscle vitality.

### EFFECTIVELY RELIEVE SORENESS



Image: The Mini Electronic Fascia Gun, illustrating its effectiveness in relieving soreness across different muscle groups.

## 2. Safety Information

Please read all safety instructions carefully before using the device to prevent injury or damage.

- **Charging:** Use only the provided USB charging cable. Do not use the device while charging. Ensure the charging port is dry before connecting the cable.
- **Handling:** Do not immerse the device in water or expose it to excessive moisture. Avoid dropping the device or subjecting it to strong impacts. Keep out of reach of children and pets.
- **Usage:** Do not use the massager on your head, open wounds, or sensitive areas. Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker. Discontinue use immediately if you experience pain or discomfort.

- **Disclaimer:** Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for muscle relaxation and recovery.

### 3. Product Features

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- **Compact and Portable Design:** Mini size for easy handling and portability.
- **USB Rechargeable:** Convenient charging via USB.
- **Long Battery Life:** Equipped with a 2000mAh lithium battery for extended use.
- **Touch LCD Display:** Intuitive display for easy control and setting adjustments.
- **Multiple Massage Heads:** Includes 4 interchangeable massage heads for various muscle groups and massage types.
- **Powerful and Quiet Motor:** High-speed noise reduction motor with up to 3200 RPM, operating at approximately 45 decibels for quiet use.
- **Adjustable Speed Settings:** Offers 6 adjustable gears to customize massage intensity.
- **Smart Chip Technology:** Ensures efficient and stable performance.



Image: The Mini Fascia Gun highlighting its key features such as the touch LCD display, 2000mAh battery, powerful yet quiet operation, and four included massage heads.



Image: An illustration detailing the five key upgrades of the device, including a powerful motor, 6 adjustable gears, large capacity lithium battery, and smart chip technology.

## 4. Package Contents

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Upon opening the package, please ensure all the following items are present:

- 1 x QUMOX Mini Fascia Gun KH-515
- 1 x Spherical Massage Head
- 1 x U-Type Massage Head
- 1 x Cone Massage Head
- 1 x Spike Massage Head
- 1 x USB Charging Cable
- 1 x User Manual (this document)



Image: The Mini Fascia Gun displayed with its complete set of four distinct massage heads.

## 5. Setup

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1. **Initial Charge:** Before first use, fully charge the device. Connect the USB charging cable to the charging port on the massager and plug the other end into a compatible USB power adapter (not included) or a computer USB port. The battery indicator on the LCD display will show charging status.
2. **Attach Massage Head:** Select the desired massage head. Align the base of the massage head with the opening on the front of the gun and push it firmly into place until it clicks securely.



Image: A visual representation of the 2000mAh large capacity lithium battery, emphasizing its long battery life.

## 6. Operating Instructions

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1. **Power On/Off:** Press and hold the power button (usually located on the handle or near the display) for a few seconds to turn the device on or off. The LCD display will illuminate when powered on.
2. **Adjust Speed:** Use the '+' and '-' buttons on the LCD display to increase or decrease the massage intensity. The display will show the current gear level (1-6).
3. **Select Massage Head:**
  - **Spherical Head:** Suitable for pectoralis major and latissimus dorsi muscles.
  - **U-Type Head:** Ideal for neck massage and cervical gingival tendon.
  - **Cone Head:** Suitable for impacting deep tissues, such as meridians, palms, and soles.
  - **Spike Head:** For relaxing and shaping various muscle parts, deep stimulation of legs and buttocks.
4. **Application:** Gently press the massager onto the desired muscle area. Move it slowly over the muscle, applying light to moderate pressure. Avoid pressing too hard or staying in one spot for too long.
5. **Session Duration:** For optimal results and to prevent over-stimulation, limit each massage session to 10-15 minutes per muscle group.

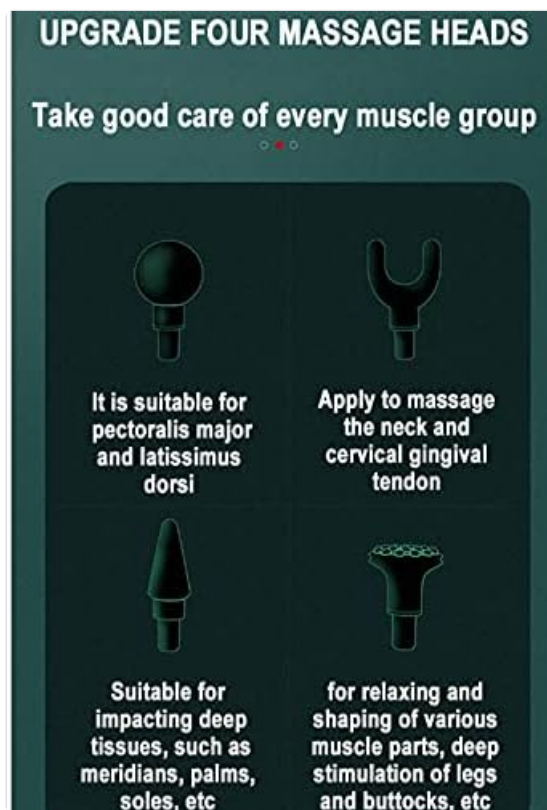


Image: A detailed guide to the four interchangeable massage heads, explaining their shapes and recommended applications for different muscle groups.

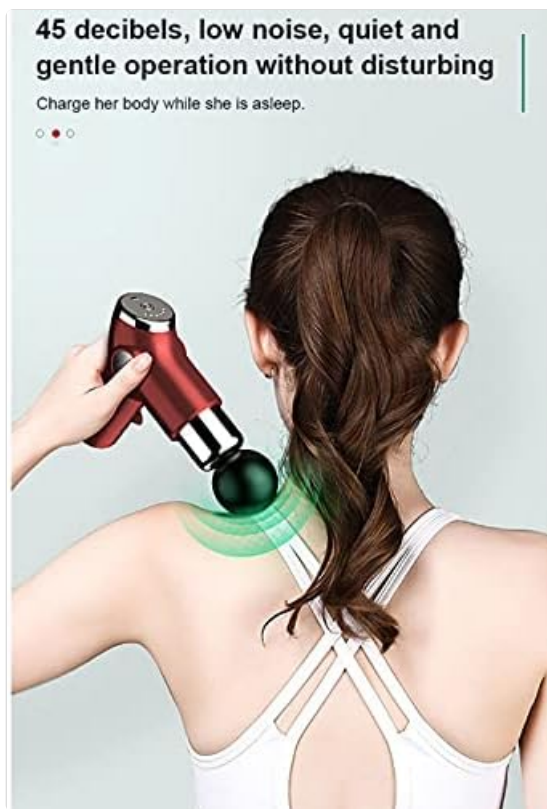


Image: The Mini Fascia Gun in use, demonstrating its quiet operation (45 decibels) which allows for use without disturbance.

## 7. Maintenance

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- **Cleaning:** After each use, wipe the device and massage heads with a clean, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures. Keep it in its original packaging or a protective case to prevent damage.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in use for extended periods.

## 8. Troubleshooting

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Problem	Possible Cause	Solution
Device does not turn on.	Battery is low or depleted.	Charge the device fully using the provided USB cable.
Weak vibration or inconsistent power.	Low battery; massage head not properly attached.	Recharge the device. Ensure the massage head is securely attached.
Device stops unexpectedly.	Overheating protection activated; low battery.	Allow the device to cool down for 15-30 minutes. Recharge if battery is low.
LCD display not working.	Device not powered on; internal issue.	Ensure the device is powered on. If problem persists after charging, contact customer support.

## 9. Specifications

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Feature	Detail
Product Name	Mini Fascia Gun KH-515
Model Number	B1060U
Brand	QUMOX
Product Dimensions	8.86 x 7.48 x 2.56 inches; 1.01 Pounds (approx. 22.5 x 19 x 6.5 cm; 460 Grams)
Power Source	Battery Powered (USB Rechargeable)
Battery Capacity	2000mAh Lithium Battery
Material	Plastic (ABS plastic for handle and body)
Output Voltage	7.4V
Life Time (approx.)	2 hours
Interface Type	Type-C
Noise Level	Approx. 45 decibels
Max RPM	3200 RPM



Image: A detailed diagram illustrating the physical dimensions and key product parameters of the Mini Fascia Gun.

## 10. Warranty and Support

For warranty information or technical support, please refer to the contact details provided with your purchase or visit the official QUMOX website. Keep your purchase receipt as proof of purchase for any warranty claims.

