

[manuals.plus](#) /› [Amazfit](#) /› **Amazfit GTR 3 Smart Watch User Manual**

Amazfit GTR 3

Amazfit GTR 3 Smart Watch User Manual

Model: GTR 3 (A1971)

1. INTRODUCTION

This manual provides essential instructions for setting up, operating, and maintaining your Amazfit GTR 3 Smart Watch. Please read this manual thoroughly before using the device to ensure proper function and safety.

2. WHAT'S IN THE Box

- Amazfit GTR 3 Smart Watch
- Charging base
- Instruction manual (this document)

3. SETUP GUIDE

3.1 Initial Charging

Before first use, fully charge your Amazfit GTR 3 Smart Watch using the provided charging base. Connect the charging base to a USB power source. Align the watch with the charging pins until it magnetically snaps into place and the charging indicator appears on the screen.



Image: The Amazfit GTR 3 Smart Watch connected to its magnetic charging base, illustrating the charging process.

3.2 Pairing with Zepp App

To pair your Amazfit GTR 3 with your smartphone, download and register for the Zepp App. Ensure Bluetooth is enabled on your phone and keep the watch close to your device. Follow the steps below:

1. Open the Zepp App.
2. Tap 'Profile' > 'My device' > 'Add' > 'Watch' > 'Watch with QR code'.
3. Scan the QR code displayed on your watch face using your phone's camera.
4. Confirm the pairing request on your watch.

Your browser does not support the video tag.

Video: Demonstrates the pairing process of the Amazfit GTR 3 Smart Watch with the Zepp App using a QR code.

3.3 System Update

Keep your watch updated for the best performance and latest features. To update:

1. Open the Zepp App.
2. Tap 'Profile' > 'My device' > 'Amazfit GTR 3' > 'System Update'.
3. Ensure your watch is close to your phone during the update process.

Your browser does not support the video tag.

Video: Illustrates how to perform a system update for the Amazfit GTR 3 Smart Watch via the Zepp App.

3.4 Login to Amazon Alexa

To use Alexa features on your watch:

1. Open the Zepp App.
2. Tap 'Profile' > 'More' > 'Add accounts' > 'Amazon Alexa'.
3. Follow the on-screen instructions to log in with your Amazon account.

Your browser does not support the video tag.

Video: Shows the process of logging into Amazon Alexa through the Zepp App to enable voice assistant features on the watch.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Swipe Down:** Access the Control Center for quick settings like Torch, Do Not Disturb, Theater Mode, Keep Watch Awake, Calendar, Battery, Brightness, Find Phone, Bluetooth, WiFi, and Settings.
- **Swipe Up:** View notifications.
- **Swipe Right:** Access Shortcut Cards (customizable in the Zepp App).
- **Swipe Left:** View specific app lists (customizable in the Zepp App).
- **Press Top Key:** Access the main menu or return to the home screen.
- **Press Bottom Key:** Customizable shortcut to a specific function or app.

Your browser does not support the video tag.

Video: Demonstrates various swipe gestures and button presses for navigating the Amazfit GTR 3 interface, including accessing the control center, notifications, and app lists.

4.2 Customizing Watch Faces

Personalize your watch face:

1. Tap and hold the current watch face.
2. Swipe left or right to browse available watch faces.
3. Tap the "Edit" icon to customize the selected watch face.
4. Choose the highlight area and swipe up or down to switch the function displayed.

Your browser does not support the video tag.

Video: Shows how to change and customize watch faces on the Amazfit GTR 3 Smart Watch.

4.3 Health Monitoring

The Amazfit GTR 3 can monitor various health metrics:

- **Heart Rate:** Continuous heart rate tracking.
- **Blood Oxygen Saturation (SpO2):** Measure your blood oxygen levels.
- **Stress Level:** Monitor your stress throughout the day.
- **Breathing Rate:** Track your breathing patterns.
- **Sleep Tracking:** Analyze your sleep stages and quality.
- **One-tap Measuring:** Test heart rate, blood-oxygen saturation, stress level, and breathing rate in one single tap for results in as little as 45 seconds.



Image: The Amazfit GTR 3 Smart Watch displaying heart rate data.



Image: The Amazfit GTR 3 Smart Watch displaying blood oxygen levels.

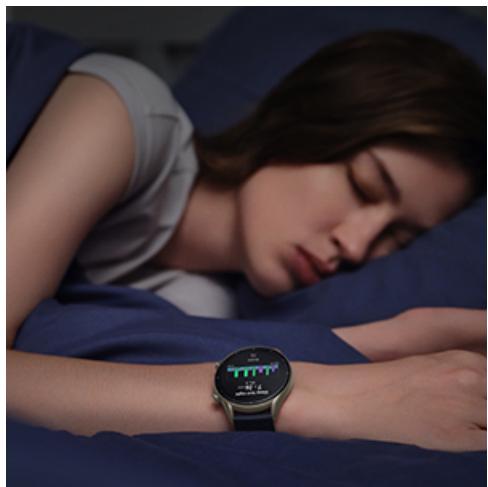


Image: The Amazfit GTR 3 Smart Watch displaying sleep tracking data.

4.4 Sports Modes & GPS

The watch supports over 150 built-in sports modes and has GPS built-in for accurate tracking of outdoor activities.

1. Press the top key and tap 'Workout'.
2. Choose your desired sport mode from the list.
3. Tap 'GO' to start tracking your workout.



Image: The Amazfit GTR 3 Smart Watch displaying outdoor running activity with GPS tracking.

Your browser does not support the video tag.

Video: Demonstrates how to start a workout on the Amazfit GTR 3 Smart Watch.

4.5 Workout Detection

The Amazfit GTR 3 supports automatic detection for 8 workout types:

1. Go to 'Settings' > 'Workout' > 'Workout detection'.
2. Choose the sport you want the watch to auto-detect.

Your browser does not support the video tag.

Video: Explains how to enable automatic workout detection for various activities on the Amazfit GTR 3 Smart Watch.

4.6 App Management

Manage apps on your watch via the Zepp App:

1. Open the Zepp App.
2. Tap 'Profile' > 'My device' > 'Amazfit GTR 3' > 'Store' to install new applications.
3. To uninstall, tap the application to enter its details and tap 'delete'.

Your browser does not support the video tag.

Video: Guides users on how to install and uninstall applications on the Amazfit GTR 3 Smart Watch using the Zepp App.

5. BATTERY LIFE

The Amazfit GTR 3 offers impressive battery life:

- **Typical Usage:** Up to 21 days.
- **Heavy Usage:** Up to 10 days.
- **Continuous GPS Usage:** Up to 35 hours.
- **Battery Saver Mode:** Up to 35 days.



Image: Infographic detailing the battery life of the Amazfit GTR 3 under various usage scenarios.

6. SPECIFICATIONS

Feature	Detail
Model Number	A1971
Display	1.39-inch HD AMOLED, 326 ppi
Battery Capacity	450 Milliamp Hours
Connectivity	Bluetooth
GPS	Built-in GPS (GPS, GLONASS, Galileo, BDS, QZSS)
Operating System	Zepp OS (compatible with Android, iOS)
Water Resistance	5 ATM
Dimensions	1.8 x 1.8 x 0.43 inches
Item Weight	1.73 ounces
Body Material	Aluminum alloy

7. TROUBLESHOOTING & SUPPORT

7.1 Unpairing Your Watch

If you need to unpair your Amazfit GTR 3 from your phone:

1. Open the Zepp App.
2. Tap 'Profile' > 'My device' > 'Amazfit GTR 3' > 'Unpair'.

3. Confirm the unpairing action.

Your browser does not support the video tag.

Video: Demonstrates how to unpair the Amazfit GTR 3 Smart Watch from the Zepp App.

7.2 Submitting Feedback

If you encounter issues or have suggestions, you can submit feedback through the Zepp App:

1. Open the Zepp App.
2. Go to 'Profile' > 'User feedback'.
3. Select an issue type and specific issue time.
4. Write a detailed description of the issue.
5. Upload pictures (optional) and logs (optional, but very important for diagnosis).
6. Tap 'Submit'.

Your browser does not support the video tag.

Video: Explains the process of submitting feedback or reporting issues for the Amazfit GTR 3 Smart Watch via the Zepp App.

7.3 Finding Your User ID

Your User ID may be required for support. To find it:

1. Open the Zepp App.
2. Go to 'Profile', tap your profile photo on the upper-right corner.
3. Your User ID will be displayed.

Your browser does not support the video tag.

Video: Shows how to locate your User ID within the Zepp App for support purposes.

8. WARRANTY INFORMATION

For detailed warranty information, please refer to the official Amazfit website or contact Amazfit customer support directly. Keep your purchase receipt as proof of purchase for warranty claims.