

RELAX4LIFE B09H27VLPH

RELAX4LIFE Shiatsu Foot Massage Machine Instruction Manual

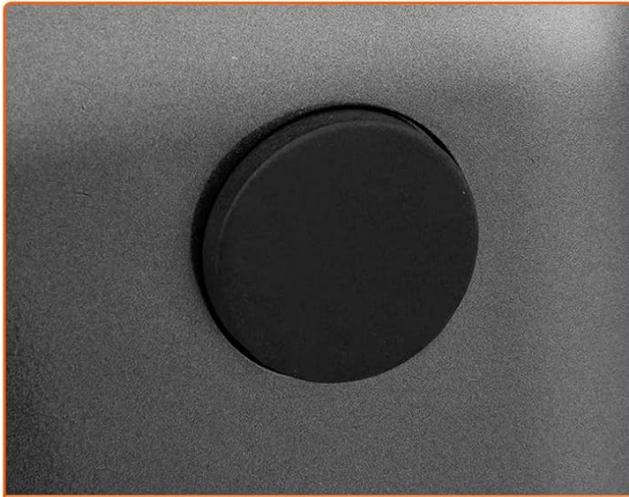
Model: B09H27VLPH

PRODUCT OVERVIEW

The RELAX4LIFE Shiatsu Foot Massage Machine is designed to provide a versatile and comprehensive massage experience for your feet and calves. It features multiple operating modes and adjustable settings to cater to individual preferences, aiming to relieve muscle stiffness and promote relaxation.

- **Versatile Modes & Multiple Functions:** This massage machine offers 4 automatic programs and 3 customizable modes. Users can adjust intensity and speed.
- **Remote Control & Touch Panel:** The device can be operated via a remote control or its integrated touch panel, allowing for convenient adjustments without bending.
- **Durable Construction:** Constructed from ABS material and soft foam, ensuring both comfort and longevity. Anti-slip rubber foot pads provide stability during use.
- **Intimate Details & Enhanced Comfort:** Features a detachable cover for easy cleaning. A unique rolling bar provides deep foot massage, targeting stiffness and tired muscles.
- **Easy Transportation & Wide Application:** Compact and lightweight design with a built-in handle for portability, suitable for use at home or in an office environment.

Exquisite Details



Anti-skid Bottom Pad



Foot non-slip Mat



Detachable Cover



Convenient Handle

Image: The RELAX4LIFE Shiatsu Foot Massage Machine, showcasing its design and size.

SETUP INSTRUCTIONS

1. **Unpacking:** Carefully remove the massage machine from its packaging. Inspect for any damage.
2. **Placement:** Place the machine on a flat, stable surface. Ensure there is enough space around it for comfortable use.
3. **Power Connection:** Plug the power cord into a standard electrical outlet (110V).
4. **Initial Check:** Before first use, ensure the detachable covers are properly installed inside the footwells.

OPERATING INSTRUCTIONS

Control Panel and Remote Overview

Easy Operation

Come with Remote Control



Image: Detailed view of the control panel and remote control, highlighting power, mode, speed, and direction buttons.

Basic Operation

1. **Power On:** Press the power button on the touch panel or remote control to turn on the device.
2. **Positioning:** Sit comfortably and place your feet into the designated footwells. For calf massage, position your calves in the footwells.
3. **Selecting a Program:**
 - **Automatic Programs (Auto Mode):** Press the 'Auto' button to cycle through 4 pre-set massage intensities (P1, P2, P3, P4).
 - **Custom Modes:** Press the 'Custom' button to select from 3 massage locations: Toe, Arch, or Sole.
 - **Manual Program:** Press the 'Manual' button to manually adjust massage speed and direction.
4. **Adjusting Speed and Direction:** Use the 'Speed' and 'Direction' buttons on the control panel or remote to fine-tune your massage experience in Manual mode.
5. **Power Off:** Press the power button again to turn off the machine after use.

Massage Techniques

Multiple Massage Settings



Massage



Rolling



Kneading



Image: Visual representation of the massage, rolling, and kneading techniques offered by the machine.

The machine employs various techniques including massage, rolling, and shiatsu kneading to target different areas of the feet and calves. The unique rolling bar provides deep tissue massage to relieve stiffness and muscle pain.

Versatile Usage

Multifunctional Design



Foot Massager



Arm Massager



Calf Massager

Image: The massager being used for foot, arm, and calf massage, demonstrating its multifunctional design.

This device is designed for use on feet, calves, and arms, offering a comprehensive massage solution. Adjust your body position to comfortably engage the desired area with the massager.

Video: An official product video demonstrating the RELAX4LIFE Shiatsu Foot Massage Machine in use, highlighting its features and ease of operation.

MAINTENANCE

Cleaning the Detachable Covers



Image: A user demonstrating the removal of the detachable covers for cleaning.

1. **Power Off and Unplug:** Always ensure the machine is turned off and unplugged from the power outlet before cleaning.
2. **Remove Covers:** Unzip and remove the fabric covers from the footwells.
3. **Washing:** The covers are machine washable for easy cleaning. Follow the care instructions on the fabric label.
4. **Drying and Reinstallation:** Allow the covers to air dry completely before reattaching them to the machine. Ensure they are securely zipped back into place.

General Care

- Wipe the exterior of the machine with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- Store the massager in a cool, dry place away from direct sunlight when not in use.

TROUBLESHOOTING

- **Machine does not power on:** Ensure the power cord is securely plugged into both the machine and a working electrical outlet. Check if the power button is pressed correctly.
- **Massage intensity feels too weak/strong:** Adjust the intensity settings using the 'Auto' mode or manually adjust speed and direction in 'Manual' mode.
- **Unusual noises during operation:** Turn off the machine and inspect for any obstructions in the footwells. If the noise persists, discontinue use and contact customer support.
- **Remote control not working:** Check the batteries in the remote control and replace if necessary. Ensure there are no obstructions between the remote and the machine's sensor.

If you encounter any issues not listed here or if troubleshooting steps do not resolve the problem, please contact RELAX4LIFE customer support for assistance.

SPECIFICATIONS

Product Dimensions	23.5 x 13 x 9.5 inches
Net Weight	18 Pounds (approximately 15 lbs as per image)
Power Source	Electric
Voltage	110V
Rated Power	40W
Material	ABS, Foam, Fabric
Color	Gray
Special Features	Heat, Height Adjustable, Rechargeable, Speed Control



Image: Visual representation of the product's dimensions and key material specifications.

WARRANTY AND SUPPORT

For warranty information, product support, or to purchase replacement parts, please refer to the contact information provided with your product packaging or visit the official RELAX4LIFE website. Keep your purchase receipt as proof of purchase for any warranty claims.

Return Policy: This product typically has a 30-day return/replacement policy. Please check with your retailer for specific return terms.