

Bcube Race 300

Bcube Race 300 Electric Treadmill User Manual

Model: Race 300

1. INTRODUCTION

Thank you for choosing the Bcube Race 300 Electric Treadmill. This manual provides essential information for the safe assembly, operation, and maintenance of your new fitness equipment. Please read it thoroughly before first use and keep it for future reference.

The Bcube Race 300 is designed for home use, offering a comfortable and effective workout experience with its electric inclination and various training programs.

2. SAFETY INFORMATION

Always follow basic safety precautions when using electrical appliances to reduce the risk of fire, electric shock, and personal injury. This includes:

- Read all instructions before using the treadmill.
- Keep children and pets away from the equipment during operation.
- Place the treadmill on a solid, level surface with adequate clearance around it.
- Ensure the safety key is properly attached before starting your workout.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate athletic footwear and clothing.
- Consult a physician before starting any exercise program.

3. WHAT'S IN THE BOX

Upon unpacking, please verify that all the following components are included:

- Bcube Race 300 Electric Treadmill (main unit)
- Safety Key

- Lubricant
- User Manual

If any parts are missing or damaged, please contact customer support immediately.

4. ASSEMBLY INSTRUCTIONS

The Bcube Race 300 treadmill requires minimal assembly. Follow these steps:

1. **Unpack the Treadmill:** Carefully remove all components from the packaging. Place the main unit on a clear, level surface.
2. **Raise the Console Frame:** Lift the console frame into the upright position. Secure it using the provided bolts and tools.
3. **Attach the Console:** Connect any necessary cables and secure the console to the frame.
4. **Check Connections:** Ensure all bolts are tightened and cables are securely connected.
5. **Insert Safety Key:** Place the safety key in its designated slot on the console.

Refer to the included manual for detailed diagrams and specific bolt locations.



Image: Front view of the assembled Bcube Race 300 Electric Treadmill.



Image: Side view of the assembled Bcube Race 300 Electric Treadmill.

5. OPERATING INSTRUCTIONS

Familiarize yourself with the treadmill's controls and functions for an optimal workout.

5.1 Console Overview



Image: Close-up view of the backlit LCD console with control buttons.

The backlit LCD computer displays key workout metrics. The console includes buttons for speed, inclination, program selection, and start/stop functions.

5.2 Starting a Workout

1. **Power On:** Plug the treadmill into a grounded electrical outlet.
2. **Attach Safety Key:** Clip the safety key to your clothing and insert the other end into the console's designated slot. The treadmill will not operate without the safety key.
3. **Start:** Press the 'START' button. The belt will begin moving at a low speed.
4. **Adjust Speed:** Use the 'SPEED +' and 'SPEED -' buttons on the console or handlebars to adjust your desired speed (up to 13 Km/h).
5. **Adjust Inclination:** Use the 'INCLINE +' and 'INCLINE -' buttons on the console to adjust the electric inclination.

5.3 Training Programs

The treadmill features 12 pre-set training programs. Press the 'PROGRAM' button to cycle through the available programs. Each program offers varying speed and inclination profiles to challenge your workout.

5.4 Stopping the Treadmill

To stop the treadmill, press the 'STOP' button. For emergency stops, pull the safety key from the console. The treadmill belt will immediately stop.



Image: Console with integrated tablet holder for entertainment during workouts.

6. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your treadmill.

6.1 Lubrication

The running belt requires periodic lubrication to reduce friction and wear. Use the provided lubricant and follow the instructions in the detailed manual for application frequency and method.

6.2 Cleaning

Wipe down the treadmill after each use with a damp cloth to remove sweat and dust. Do not use abrasive cleaners or solvents.

6.3 Belt Adjustment

Over time, the running belt may become misaligned or loose. Refer to the detailed manual for instructions on how to adjust the belt tension and centering.

7. TROUBLESHOOTING

If you encounter any issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not start	Safety key not inserted; Power cord not plugged in; Circuit breaker tripped.	Insert safety key; Check power connection; Reset circuit breaker.
Running belt slips	Belt too loose; Belt needs lubrication.	Adjust belt tension; Lubricate the belt.
Unusual noise	Loose components; Motor issue.	Check and tighten all bolts; Contact customer support if noise persists.

For more complex issues, please contact Bcube customer support.

8. SPECIFICATIONS

Detailed technical specifications for the Bcube Race 300 Electric Treadmill:

- **Product Dimensions:** 120 x 13 x 41 cm (Extended: 120P x 13l x 41H cm)
- **Running Belt Dimensions:** 41 x 120 cm
- **Motor:** 1.5 HP
- **Maximum Speed:** 13 Km/h
- **Number of Programs:** 12 training programs
- **Display Type:** Backlit LCD
- **Frame Material:** Aluminum
- **Weight:** 43 Kilograms
- **Special Feature:** Adjustable Electric Inclination
- **Power Source:** Corded Electric

- **Color:** Black



Image: Overview of the Bcube Race 300 treadmill highlighting running surface, motor, speed, programs, and LCD computer.



Image: Detailed view of the console and handlebars, showing speed and inclination controls, and hand pulse sensors.

8.1 Folding and Storage

The treadmill is designed for space-saving storage. It can be folded vertically when not in use. Refer to the detailed manual for specific folding instructions.



Image: Side view of the Bcube Race 300 treadmill in its folded position for compact storage.



Image: Rear view of the Bcube Race 300 treadmill in its folded position, showing transport wheels.

9. OFFICIAL PRODUCT VIDEOS

No official product videos specifically for the Bcube Race 300 model were found from the seller in the provided data. Please refer to the written instructions and images for guidance.

10. WARRANTY AND SUPPORT

For warranty information, product support, or to purchase replacement parts, please refer to the contact details provided with your purchase documentation or visit the official Bcube website. Keep your proof of purchase for warranty claims.