Forever SB-330

Forever Smartwatch ForeVive 2 SB-330 User Manual

Model: SB-330

1. INTRODUCTION

Welcome to the user manual for your new Forever Smartwatch ForeVive 2 SB-330. This guide provides essential information to help you set up, operate, maintain, and troubleshoot your device. Please read this manual thoroughly before using the smartwatch to ensure optimal performance and longevity.
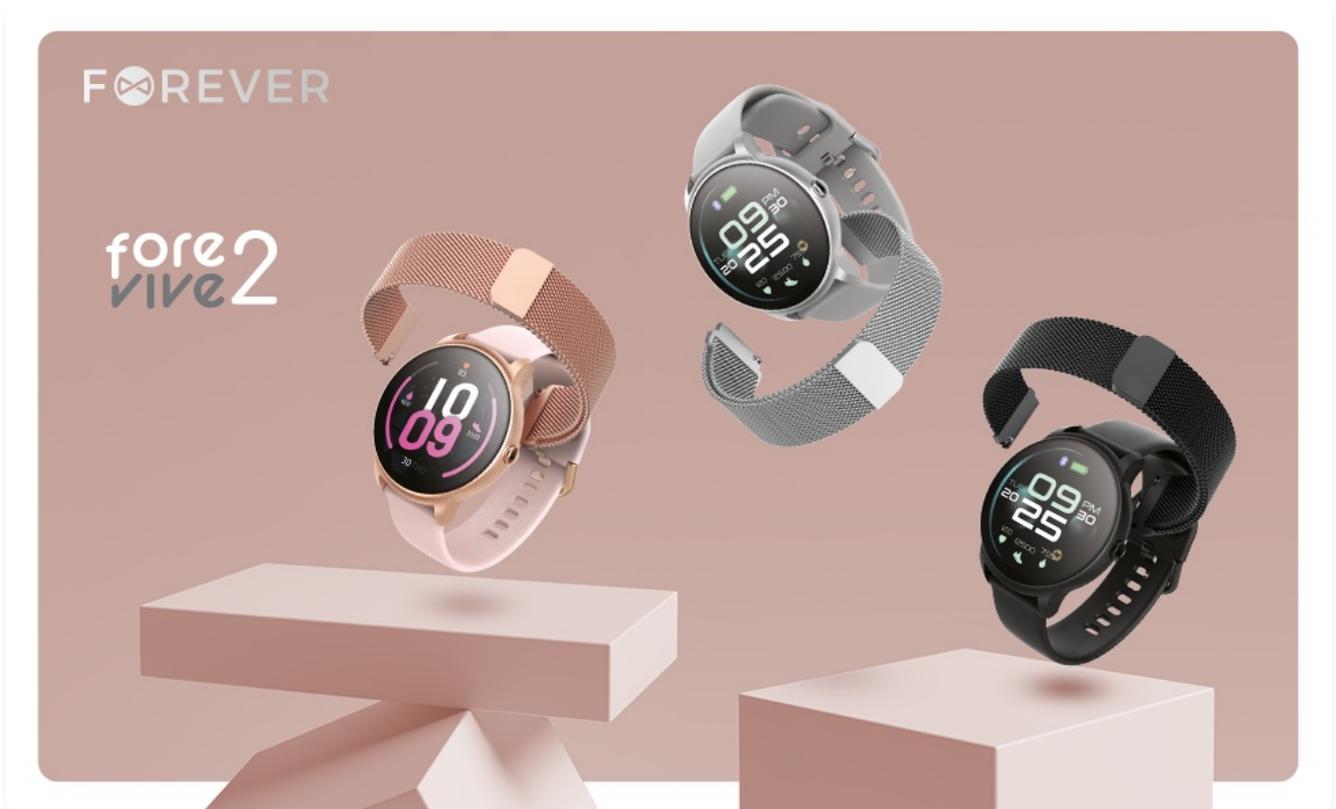

Image: The Forever ForeVive 2 Smartwatch is available in multiple colors, including rose gold, silver, and black, each with a distinct band style.

2. PACKAGE CONTENTS

Verify that all items listed below are present in your product packaging:

- Forever Smartwatch ForeVive 2 SB-330 (Rose Gold with Silicone Band)
- Additional Mesh Band (Rose Gold)
- USB Charging Cable with Magnetic Dock
- User Manual (this document)

Image: The complete package contents, showing the rose gold smartwatch, an additional rose gold mesh band, the magnetic USB charging cable, and the product retail box.

3. SETUP GUIDE

3.1 Initial Charging

Before first use, fully charge your smartwatch. Connect the magnetic charging dock to the back of the watch, ensuring the pins align. Plug the USB end of the cable into a standard USB power adapter (not included) or a computer USB port. The watch display will indicate charging status. A full charge typically takes approximately 2 hours.

3.2 Powering On/Off

- **To Power On:** Press and hold the side button until the screen illuminates.
- **To Power Off:** Navigate to the settings menu on the watch, select 'Power Off', and confirm. Alternatively, press and hold the side button for several seconds until the power off option appears.

3.3 App Installation and Pairing

To unlock the full functionality of your ForeVive 2 smartwatch, download and install the **GoFit** application on your smartphone.

1. **Download GoFit App:** Search for "GoFit" in the Google Play Store (for Android devices) or the Apple App

Store (for iOS devices).

2. **Create Account:** Open the GoFit app and follow the on-screen instructions to create a new user account or log in if you already have one.

3. **Pair Device:** Ensure Bluetooth is enabled on your smartphone. In the GoFit app, navigate to the device pairing section (usually found under 'Device' or 'Profile'). Select 'Add Device' and choose "ForeVive 2 SB-330" from the list of available devices. Follow any prompts on both your phone and smartwatch to complete the pairing process.

Image: The ForeVive 2 smartwatch displayed alongside a smartphone screen showing the GoFit application, illustrating the connection between the device and its companion app for data tracking and settings management.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

The ForeVive 2 smartwatch features a 1.3-inch touchscreen display and a single side button for navigation.

- **Touchscreen:** Swipe left/right, up/down to navigate through menus and watch faces. Tap to select an option.
- **Side Button:** Press once to return to the previous screen or to wake the display. Press and hold for power options or to access specific functions depending on the context.

4.2 Key Features

- **Sleep Monitor:** The smartwatch automatically tracks your sleep patterns, including light and deep sleep stages. View detailed sleep analysis in the GoFit app to understand your sleep quality.

Image: A person is shown sleeping while wearing the ForeVive 2 smartwatch, illustrating its sleep monitoring capability.

- **Distance Tracker:** Utilizes built-in sensors to track your steps and estimate the distance covered throughout the day. This data is synchronized with the GoFit app.

- **Heart Rate Monitoring:** The watch can measure your heart rate. Access this feature from the main menu to get an on-demand reading or enable continuous monitoring through the GoFit app.

- **Sports Modes:** The ForeVive 2 offers various sports modes to track specific activities, including Cycling, Indoor Running, and Swimming. Select the appropriate mode before starting your workout for accurate data collection.

Image: A person cycling with the ForeVive 2 smartwatch visible on their wrist, demonstrating its use during a cycling activity.

Image: The rose gold ForeVive 2 smartwatch display showing options for Cycling, Indoor running, and Swimming, highlighting its multi-sport tracking capabilities.

- **Notifications:** Receive call, message, and app notifications directly on your wrist when connected to your smartphone. Manage notification settings through the GoFit app.

- **Goals:** Set daily activity goals (e.g., steps, calories) within the GoFit app. The watch will display your progress towards these goals.

5. MAINTENANCE AND CARE

5.1 Cleaning Your Smartwatch

Regular cleaning helps maintain the appearance and functionality of your device.

- Wipe the screen and watch body with a soft, lint-free cloth.
- For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals, abrasive cleaners, or solvents.
- Clean the charging contacts periodically with a dry cloth to ensure proper connection.

5.2 Water Resistance (IP68)

The ForeVive 2 SB-330 smartwatch is rated IP68, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for activities like swimming and showering. However, it is not recommended for diving, high-pressure water activities, or prolonged submersion. Always dry the watch thoroughly after exposure to water.

5.3 Band Replacement

The smartwatch comes with interchangeable bands. To replace a band, locate the quick-release pins on the underside of the band where it connects to the watch casing. Slide the pin inwards to detach the band. To attach a new band, align the pin with the lug hole and slide the pin inwards to secure it.

Image: The ForeVive 2 smartwatch with its standard silicone band, shown alongside an additional rose gold mesh band, illustrating the interchangeable band design.

6. TROUBLESHOOTING

If you encounter issues with your smartwatch, refer to the following common problems and solutions:

- **Watch will not turn on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes. If it still doesn't turn on, try pressing and holding the side button for 10-15 seconds.
- **Cannot pair with smartphone:**
    - Ensure Bluetooth is enabled on your phone and the watch is powered on.
    - Make sure the GoFit app is installed and you are attempting to pair through the app, not directly through your phone's Bluetooth settings.
    - Restart both your smartphone and the smartwatch.
    - Ensure the watch is not already paired with another device.
- **Inaccurate data (steps, heart rate):**
    - Ensure the watch is worn snugly on your wrist, about one finger's width above your wrist bone.
    - For heart rate, remain still during measurement.
    - Calibrate step tracking in the GoFit app if available.
- **Notifications not appearing:**
    - Check that the watch is successfully paired with your phone.
    - Verify notification permissions are granted to the GoFit app in your phone's settings.
    - Ensure notifications are enabled within the GoFit app for the desired applications.
- **Charging issues:** Ensure the charging pins on the cable and watch are clean and free of debris. Try a different USB power source.

7. SPECIFICATIONS

Feature	Specification
Model	ForeVive 2 SB-330
Display Size	1.3 inches
Water Resistance	IP68
Bluetooth Version	v5
Battery Capacity	200 mAh Li-ION
Standby Time	Up to 15 days
Charging Time	Approximately 2 hours
Special Features	Sleep Monitor, Distance Tracker, Heart Rate Monitor, Multi-Sport Modes
Compatible App	GoFit
Case Material	Stainless Steel
Color	Rose Gold

Feature	Specification
Strap Color	Rose Gold (Silicone and Mesh options)

8. WARRANTY AND SUPPORT

Your Forever Smartwatch ForeVive 2 SB-330 is covered by a manufacturer's warranty. Please refer to the warranty card included in your package or visit the official Forever website for detailed warranty terms and conditions.

For technical support, product inquiries, or service requests, please contact Forever customer support through their official website or the contact information provided in your product documentation.