

FOREVER SB-330

Forever Smartwatch ForeVive 2 SB-330 User Manual

Model: SB-330

1. INTRODUCTION

This manual provides essential information for the proper setup, operation, and maintenance of your Forever Smartwatch ForeVive 2 SB-330. Please read it carefully before using the device to ensure optimal performance and longevity.

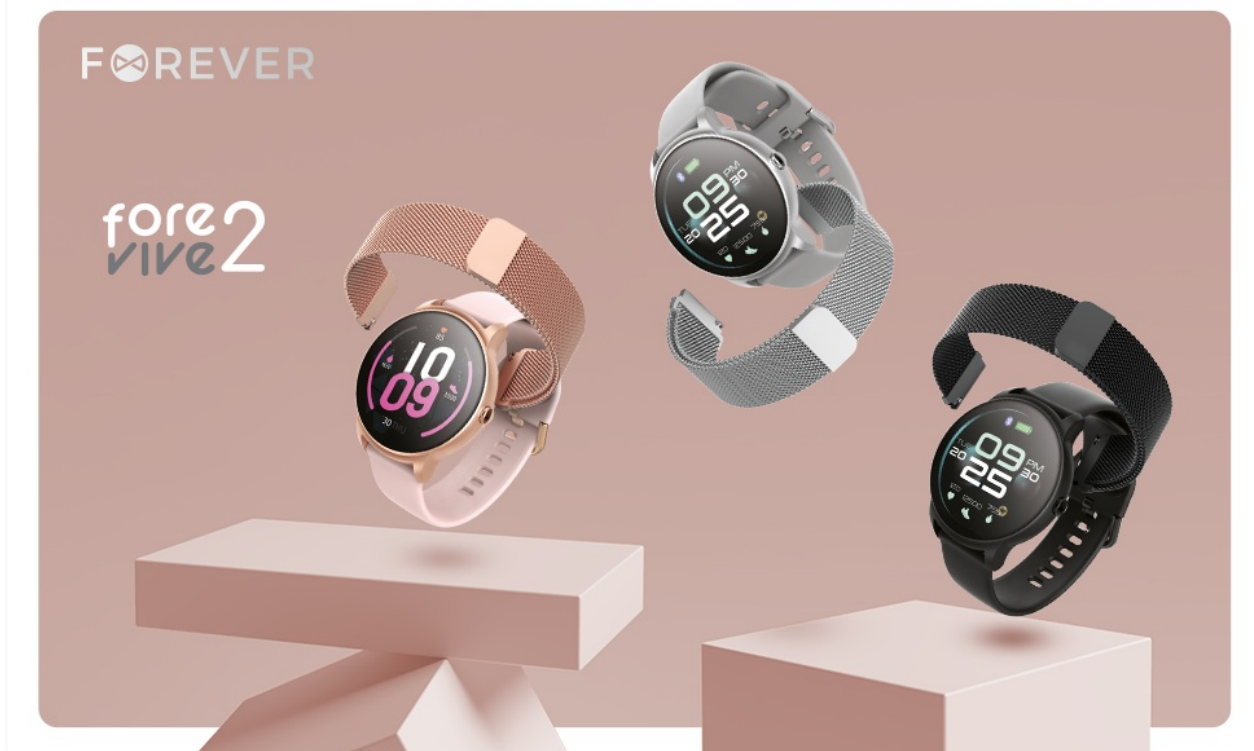


Image 1.1: Overview of the Forever ForeVive 2 Smartwatch models.

2. PACKAGE CONTENTS

Verify that all items are present in the package:

- Forever Smartwatch ForeVive 2 SB-330

- USB Charging Cable
- User Manual (this document)



Image 2.1: Contents of the Forever ForeVive 2 Smartwatch package.

3. SETUP

3.1. Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the provided USB charging cable to the charging port on the back of the watch and to a standard USB power source. A full charge typically takes approximately 2 hours.

3.2. App Installation

To unlock the full functionality of your smartwatch, download and install the **GoFit** application on your smartphone or tablet. The app is available on both Google Play Store for Android devices and Apple App Store for iOS devices.

- Search for "GoFit" in your device's app store.
- Download and install the application.

3.3. Pairing with Your Device

After installing the GoFit app, follow these steps to pair your smartwatch:

1. Ensure Bluetooth is enabled on your smartphone or tablet.
2. Open the GoFit application.
3. Follow the on-screen instructions within the app to search for and connect to your ForeVive 2 SB-330 smartwatch. The watch uses Bluetooth v5 for connection.
4. Confirm the pairing request on both your smartphone and the smartwatch if prompted.



Image 3.1: Smartwatch paired with the GoFit application on a smartphone.

4. OPERATING THE SMARTWATCH

4.1. Basic Navigation

The ForeVive 2 SB-330 features a 1.3-inch 2.5D touchscreen display for interaction. Swipe left/right, up/down, and tap to navigate through menus and select functions. A physical button on the side typically serves as a back or home button.



Image 4.1: User interacting with the smartwatch display.

4.2. Key Features

- **Heart Rate Monitoring:** The integrated heart rate monitor actively tracks your pulse 24 hours a day. To perform a real-time measurement, activate the function on the watch. Data is recorded and can be analyzed in the GoFit app.



Image 4.2: Rear view of the smartwatch highlighting the heart rate sensor.

- **Activity Tracking:** The smartwatch tracks various activities including steps, distance, calories burned, and specific sports like running, cycling, and climbing. All data synchronizes with the GoFit app for detailed analysis.



Image 4.3: Smartwatch in use during a cycling activity.

- **Sleep Monitoring:** Monitor your sleep patterns and quality. The watch automatically detects sleep and provides insights through the GoFit app.

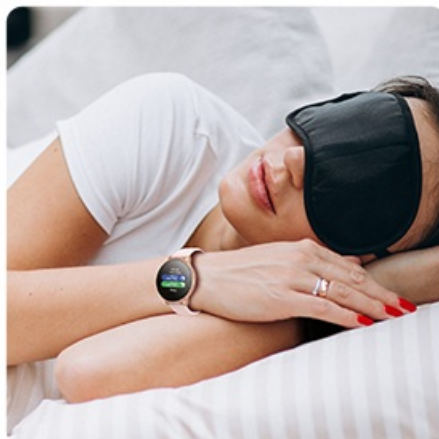


Image 4.4: Smartwatch monitoring sleep.

- **Notifications:** Receive notifications for calls, messages, and other app alerts directly on your wrist when connected to your smartphone.
- **Water Resistance (IP68):** The smartwatch is IP68 rated, meaning it is fully protected against dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use and activities like swimming, but not for diving or high-pressure water activities.



Image 4.5: Smartwatch demonstrating its IP68 water resistance.

5. MAINTENANCE

5.1. Cleaning

Regularly clean your smartwatch and strap with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then wipe dry. Avoid harsh chemicals or abrasive materials.

5.2. Charging Practices

To prolong battery life, use only the provided charging cable. Avoid exposing the watch to extreme temperatures during charging. Do not leave the watch charging for extended periods after it is fully charged.

5.3. Water Resistance Care

While the watch is IP68 rated, avoid exposing it to hot water, steam, or high-pressure water jets, as this can compromise the seals. After exposure to saltwater, rinse the watch with fresh water and dry it thoroughly.

6. TROUBLESHOOTING

If you encounter issues with your smartwatch, refer to the following common problems and solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger and wait a few minutes before attempting to power it on again.
- **Cannot pair with smartphone:**
 - Ensure Bluetooth is enabled on your smartphone.

- Make sure the smartwatch is within range of your smartphone.
 - Restart both your smartphone and the smartwatch.
 - Try unpairing and re-pairing the devices through the GoFit app.
- **Inaccurate heart rate or activity data:**
 - Ensure the watch is worn snugly on your wrist, not too tight or too loose.
 - Clean the heart rate sensor on the back of the watch.
 - Ensure your personal information (height, weight, age) is correctly entered in the GoFit app.
- **App synchronization issues:**
 - Check your smartphone's internet connection.
 - Ensure the GoFit app is updated to the latest version.
 - Close and reopen the GoFit app.
 - Restart your smartphone and smartwatch.

7. SPECIFICATIONS

Model Number	SB-330
Brand	FOREVER
Display	1.3-inch, 2.5D
Water Resistance	IP68
Connectivity	Bluetooth v5, USB
Battery	200 mAh Lithium-ion
Charging Time	Approximately 2 hours
Standby Time	Up to 15 days
Internal Memory	32 MB
Sensors	Heart Rate Monitor
Compatible Operating Systems	Android, iOS (via GoFit app)
Shape	Oval

8. WARRANTY AND SUPPORT

8.1. Warranty Information

Your Forever Smartwatch ForeVive 2 SB-330 is covered by a manufacturer's warranty. Please refer to the warranty card included with your purchase or the retailer's terms and conditions for specific details regarding warranty duration and coverage.

8.2. Customer Support

For further assistance, technical support, or inquiries not covered in this manual, please contact your retailer or the official Forever customer support channels. Contact information can typically be found on the product packaging or the brand's official website.