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Bene Casa BC-74786

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INTRODUCTION

Thank you for purchasing the Bene Casa BC-74786 5L Electric Pressure Cooker. This appliance is designed to provide efficient and convenient cooking for a variety of dishes. This manual provides essential information for the safe operation, proper maintenance, and effective use of your new pressure cooker. Please read all instructions carefully before first use and retain this manual for future reference.

IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and/or injury to persons, including the following:

- Read all instructions before operating the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse cord, plugs, or the main unit in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.

- Do not use appliance for other than intended use.
- This appliance cooks under pressure. Improper use may result in scalding injury. Make certain unit is properly closed before operating.
- Never force open the pressure cooker. Make sure internal pressure has been completely released before opening.
- Do not fill the unit over 2/3 full. When cooking foods that expand during cooking, such as rice or dried vegetables, do not fill the unit over 1/2 full.
- Always check the pressure release valve and float valve for clogging before use.

PRODUCT OVERVIEW

Components

The Bene Casa BC-74786 Electric Pressure Cooker consists of several key components designed for safe and effective operation:

- **Main Unit:** Houses the heating element and control panel.
- **Inner Pot:** Removable, non-stick cooking pot.
- **Lid:** Features a sealing gasket, pressure release valve, and float valve.
- **Control Panel:** Digital display and function buttons for various cooking modes.
- **Power Cord:** Detachable power supply.



Image: Front view of the Bene Casa BC-74786 5L Electric Pressure Cooker, showing the stainless steel exterior, black lid with handle, and the digital control panel with various cooking presets.

Control Panel Functions

The control panel features a digital display and intuitive buttons for selecting cooking programs and adjusting settings:

| Button/Display | Function |
|--|---|
| Digital Display (8.8:8.8) | Shows cooking time, pressure status, and error codes. |
| Rice / Arroz | Pre-set program for cooking rice. |
| Beans / Frijoles | Pre-set program for cooking beans. |
| Meat / Carne | Pre-set program for cooking various types of meat. |
| Timer / Tiempo | Allows setting a delayed start time or custom cooking duration. |
| Vegetables / Vegetales | Pre-set program for cooking vegetables. |
| Slow Cooker / Coccion Lenta | Function for slow cooking. |
| Chicken / Pollo | Pre-set program for cooking chicken. |
| Soup / Sopa | Pre-set program for making soups. |
| Fish / Pescado | Pre-set program for cooking fish. |
| Keep Warm / Cancel (Mantener Caliente / Cancelar) | Automatically keeps food warm after cooking or cancels a program. |
| + / - Buttons | Adjust cooking time or delay start time. |

INITIAL SETUP AND FIRST USE

Before First Use

- Unpack:** Carefully remove all packaging materials and accessories.
- Clean:** Wash the inner pot, sealing gasket, and lid components (pressure release valve, float valve) with warm, soapy water. Rinse thoroughly and dry completely. Wipe the exterior of the main unit with a damp cloth.
- Assemble:** Ensure the sealing gasket is properly seated inside the lid. Place the inner pot into the main unit.

Water Test (Recommended)

Performing a water test helps you familiarize yourself with the pressure cooker's operation and ensures it is working correctly.

- Add 2-3 cups of water to the inner pot.
- Close the lid, ensuring it is securely locked. Turn the pressure release valve to the "Sealing" position.
- Plug in the pressure cooker. Select a short cooking program like "Soup" or set a manual time for 5 minutes using the "Timer" and "+" buttons.
- The cooker will begin to preheat and build pressure. Once pressure is reached, the float valve will rise, and the cooking timer will begin to count down.
- After the cooking cycle completes, the cooker will beep and switch to "Keep Warm" mode.
- Release Pressure:** Carefully turn the pressure release valve to the "Venting" position to release steam.

Keep hands and face away from the steam vent.

7. Once the float valve drops, it is safe to open the lid. Unplug the cooker.

OPERATING INSTRUCTIONS

Basic Pressure Cooking Steps

1. **Prepare Ingredients:** Place your food and liquid (at least 1 cup for pressure cooking) into the inner pot. Do not exceed the MAX fill line (2/3 full for most foods, 1/2 full for expanding foods like rice/beans).
2. **Close Lid:** Place the lid on the cooker and turn it clockwise until it locks into place. Ensure the pressure release valve is set to the "Sealing" position.
3. **Select Program:** Plug in the cooker. Press the desired pre-set function button (e.g., "Rice", "Meat"). The display will show the default cooking time.
4. **Adjust Time (Optional):** If needed, use the "+" or "-" buttons to adjust the cooking time.
5. **Start Cooking:** The cooker will automatically begin preheating after a few seconds. The display will show a rotating line or "ON".
6. **Pressure Building:** The cooker will build pressure. The float valve will rise when full pressure is reached, and the timer will begin to count down.
7. **Cooking Complete:** Once the cooking cycle finishes, the cooker will beep and automatically switch to the "Keep Warm" function.
8. **Release Pressure:** There are two methods for releasing pressure:
 - **Natural Release:** Allow the pressure to dissipate naturally. This is recommended for foamy foods or large cuts of meat. The float valve will drop on its own.
 - **Quick Release:** Carefully turn the pressure release valve to the "Venting" position. Steam will rapidly escape. Keep hands and face clear. Use a utensil to turn the valve if it's hot.
9. **Open Lid:** Once the float valve has dropped completely, it is safe to open the lid by turning it counter-clockwise and lifting it away from you to avoid residual steam.

Using Pre-set Functions

Each pre-set button is optimized for specific food types. Simply press the corresponding button after adding ingredients and closing the lid. You can adjust the default cooking time using the '+' and '-' buttons if desired.

- **Rice/Arroz:** For various types of rice.
- **Beans/Frijoles:** For cooking dried or soaked beans.
- **Meat/Carne:** Ideal for stews, roasts, and other meat dishes.
- **Timer/Tiempo:** Use for manual time setting or delayed start.
- **Vegetables/Vegetales:** For steaming or cooking vegetables.
- **Slow Cooker/Coccion Lenta:** For extended, low-temperature cooking.
- **Chicken/Pollo:** For cooking poultry.
- **Soup/Sopa:** For preparing various soups and broths.
- **Fish/Pescado:** For delicate fish dishes.

Keep Warm / Cancel Function

The "Keep Warm" function automatically activates after most cooking programs complete, maintaining food

at a serving temperature. Pressing the "Keep Warm / Cancel" button during a cooking cycle will stop the current program.

CARE AND MAINTENANCE

Cleaning

Always unplug the pressure cooker and allow it to cool completely before cleaning.

- **Inner Pot:** The inner pot is dishwasher safe. For hand washing, use warm, soapy water and a non-abrasive sponge. Rinse thoroughly.
- **Lid:** Remove the sealing gasket, pressure release valve, and float valve for thorough cleaning. Wash all parts with warm, soapy water. Ensure all components are dry before reassembling.
- **Main Unit:** Wipe the exterior with a damp cloth. Never immerse the main unit in water or any other liquid.
- **Sealing Gasket:** Inspect the gasket regularly for cracks or damage. Replace if necessary to ensure proper sealing.

Storage

Store the pressure cooker in a dry place. You may invert the lid on the inner pot to prevent odors and allow air circulation.

TROUBLESHOOTING GUIDE

If you encounter issues with your Bene Casa Electric Pressure Cooker, refer to the following table for common problems and solutions:

| Problem | Possible Cause | Solution |
|-------------------------------------|--|---|
| Cooker not building pressure. | Lid not properly closed; Sealing gasket not installed correctly or damaged; Pressure release valve in "Venting" position; Not enough liquid. | Ensure lid is locked; Check and adjust sealing gasket; Turn pressure release valve to "Sealing"; Add more liquid. |
| Lid cannot be opened after cooking. | Internal pressure has not been fully released. | Ensure float valve has dropped completely. If not, release remaining pressure manually or wait for natural release. |
| Food is undercooked. | Insufficient cooking time; Not enough liquid; Cooker did not reach full pressure. | Increase cooking time; Ensure adequate liquid; Check lid and valves for proper sealing. |
| Steam leaking from lid. | Sealing gasket is dirty, damaged, or improperly installed; Food debris on rim; Pressure release valve not in "Sealing" position. | Clean and properly install gasket; Clean lid and inner pot rim; Turn pressure release valve to "Sealing". |
| Display shows an error code. | Specific internal issue. | Refer to the specific error code in a more detailed product manual or contact customer support. Unplug and replug the unit. |

TECHNICAL SPECIFICATIONS

- **Brand:** Bene Casa
- **Model:** BC-74786
- **Capacity:** 5 Liters
- **Material:** Stainless steel
- **Wattage:** 900 Watt-hours
- **Control Method:** Touch
- **Operation Mode:** Automatic
- **Is Dishwasher Safe:** Yes (Inner Pot)
- **UPC:** 656942312314

WARRANTY AND CUSTOMER SUPPORT

This Bene Casa product is covered by a limited warranty. Please refer to the warranty card included with your purchase for specific terms and conditions, including the duration of coverage and what is included. For technical assistance, replacement parts, or warranty claims, please contact Bene Casa customer support through their official website or the contact information provided in your product packaging. Please have your model number (BC-74786) and proof of purchase ready when contacting support.

