

SMAEL SM045TP

SMAEL SM045TP Men's Military Digital Watch Instruction Manual

Brand: SMAEL | Model: SM045TP

1. INTRODUCTION AND OVERVIEW

Thank you for choosing the SMAEL SM045TP Men's Military Digital Watch. This timepiece is designed for durability and multifunctionality, suitable for various outdoor and daily activities. It features a dual time display (analog and digital), alarm, stopwatch, LED backlight, and is water-resistant. Please read this manual carefully to understand the watch's functions and ensure proper use and maintenance.



Image 1: Front view of the SMAEL SM045TP Military Digital Watch in white.

2. PRODUCT FEATURES

- **Multifunction Display:** Large dial with week display, dual time zones (analog and digital), date, alarm, and stopwatch.
- **Water Resistance:** 5 ATM (50 meters / 164 feet) suitable for daily use, swimming, and washing hands. Do not press buttons underwater.
- **LED Backlight:** Provides clear visibility in low-light conditions.
- **Durability:** Shock-resistant design with a soft and durable PU band.
- **Time Formats:** Supports both 12-hour and 24-hour time formats.



Image 2: The watch demonstrating its 50-meter water resistance.

3. WATCH COMPONENTS AND BUTTON FUNCTIONS

Familiarize yourself with the watch's buttons and their corresponding functions:



Image 3: Diagram of watch buttons and their functions.

- **Button A (LIGHT):** Activates the LED backlight.
- **Button B (MODE):** Cycles through different modes (Time, Alarm, Stopwatch, Date).
- **Button C (RESET):** Used to reset stopwatch, adjust settings in setting mode.
- **Button D (START):** Used to start/stop stopwatch, adjust settings in setting mode.
- **Crown E:** Used for setting analog time.

4. SETUP INSTRUCTIONS

4.1 Setting Analog Time

1. Pull out Crown E to the first position.
2. Rotate Crown E to adjust the hour and minute hands to the desired time.
3. Push Crown E back in to secure the analog time.

4.2 Setting Digital Time and Date

1. From the normal time display, press Button B (MODE) three times to enter the time setting mode. The seconds display will flash.
2. Press Button C (RESET) to select the item to be adjusted (seconds, hour, minute, month, date, day of week).
3. Use Button D (START) to increase the selected value. Hold Button D to rapidly advance the value.
4. Once all settings are adjusted, press Button B (MODE) to return to the normal time display.

4.3 Setting the Alarm

1. From the normal time display, press Button B (MODE) twice to enter the alarm setting mode. The hour digits will flash.
2. Press Button C (RESET) to switch between setting the hour and minute.
3. Use Button D (START) to adjust the hour or minute to the desired alarm time.
4. Press Button B (MODE) to exit the alarm setting mode.
5. To turn the alarm ON/OFF, press Button D (START) while in the alarm display mode. An alarm icon will appear/disappear.

4.4 Using the Stopwatch

1. From the normal time display, press Button B (MODE) once to enter the stopwatch mode.
2. Press Button D (START) to start the stopwatch.
3. Press Button D (START) again to pause the stopwatch.
4. Press Button C (RESET) to reset the stopwatch to zero while it is paused.
5. To record split times, press Button C (RESET) while the stopwatch is running. The split time will be displayed. Press Button C again to return to the running stopwatch.
6. Press Button B (MODE) to exit the stopwatch mode.

5. OPERATING THE WATCH

5.1 Activating the Backlight

Press Button A (LIGHT) to illuminate the digital display. The backlight will remain on for a few seconds.



Image 4: The watch display with the cold light activated.

5.2 Switching Between 12/24 Hour Format

In the normal time display mode, press Button D (START) to toggle between 12-hour (AM/PM indicator) and 24-hour formats.

6. MAINTENANCE AND CARE

6.1 Water Resistance Guidelines

The watch is water-resistant to 5 ATM (50 meters), making it suitable for daily use, showering, and swimming in shallow water. However, to maintain water resistance:

- **DO NOT** press any buttons while the watch is submerged in water.
- Avoid exposing the watch to hot water or steam (e.g., hot showers, saunas), as this can compromise the seals.
- Ensure the crown is fully pushed in before any contact with water.

6.2 Cleaning

Wipe the watch regularly with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, followed by drying. Avoid harsh chemicals or abrasive materials.

7. TROUBLESHOOTING

- **Digital Display is Blank:** The battery may be low or depleted. Replace the battery.
- **Analog Hands Not Moving:** Ensure Crown E is fully pushed in. If the issue persists, the battery may need replacement or there could be a mechanical issue.
- **Buttons Unresponsive:** Ensure the watch is not in a locked mode (if applicable, though this model does not specify one). If wet, dry thoroughly. If still unresponsive, a reset may be needed (consult professional service if no external reset option is apparent).

- **Water Inside Watch:** Immediately stop using the watch and seek professional service to prevent further damage.

8. SPECIFICATIONS

Feature	Detail
Model Number	SM045TP
Product Dimensions	3.94 x 3.94 x 3.15 inches
Item Weight	4.97 ounces (approx. 141g)
Case Width	52mm
Band Width	22mm
Water Resistance	5 ATM (50 meters / 164 feet)
Material	Plastic (Case and Band)
Clasp Type	Buckle

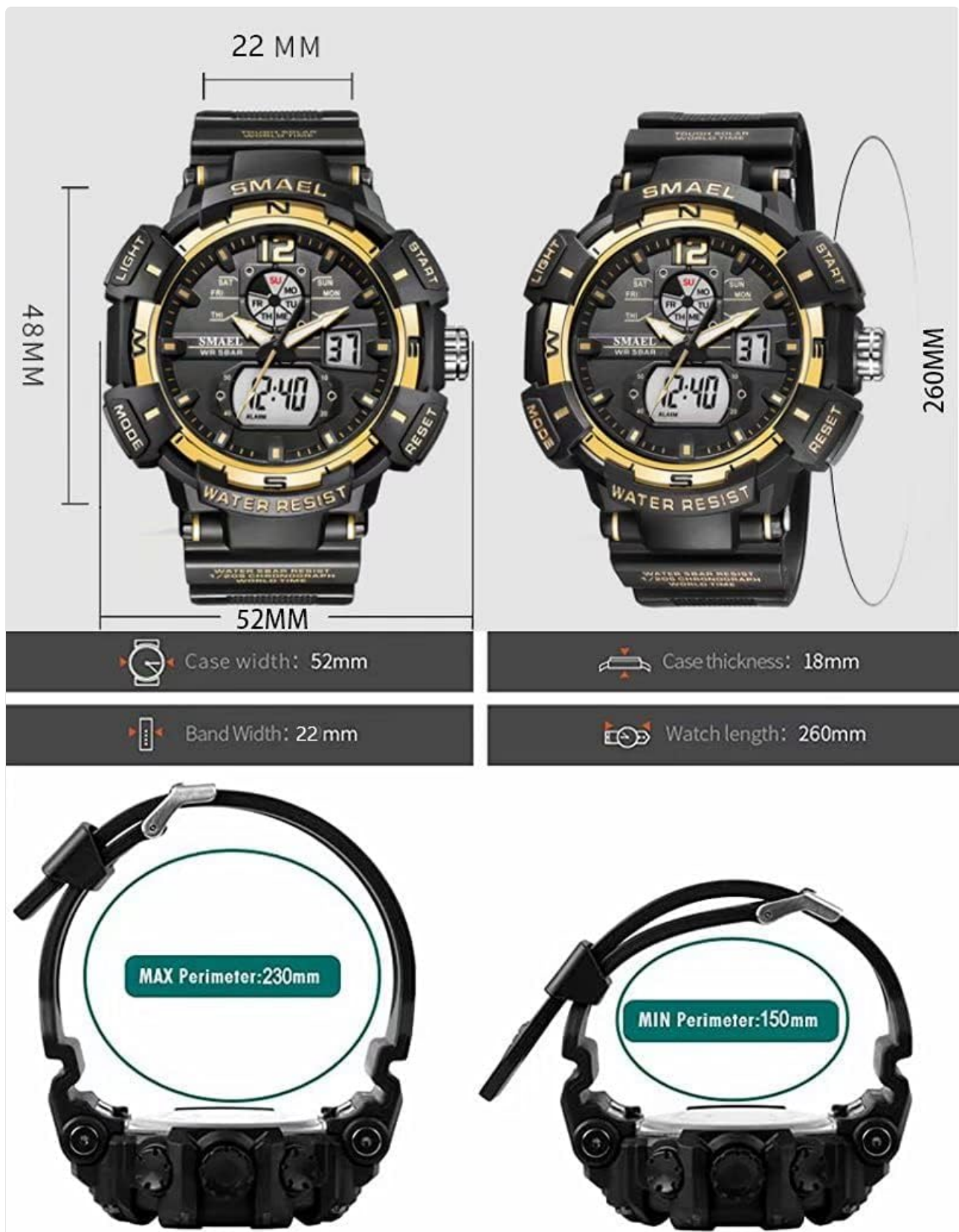


Image 5: Detailed dimensions of the watch.

9. OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video 1: An official product video showcasing the SMAEL Digital Waterproof Watch with Alarm and Stopwatch features. This video demonstrates the watch's design and some functionalities.

10. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the documentation included with your purchase or contact SMAEL customer service through their official website or the retailer where the watch was purchased. Keep your proof of purchase for any warranty claims.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question