

WATCHMARK WQ21

Watchmark Smartwatch WQ21 User Manual

Model: WQ21

INTRODUCTION

This manual provides essential instructions for setting up, operating, maintaining, and troubleshooting your Watchmark Smartwatch WQ21. The Watchmark WQ21 Smartwatch offers numerous functions for sports and health, including an integrated blood pressure monitor, heart rate monitor, and thermometer. It allows you to measure steps taken, calories burned, and distance traveled. The device features 7 sports modes and is equipped with smart notification functionality, along with many other useful features.

SETUP

1. Charging the Smartwatch

Before first use, fully charge your Watchmark WQ21 Smartwatch. Connect the charging cable to the charging port on the back of the watch and to a standard USB power adapter (not included). The watch display will indicate charging status. A full charge typically takes approximately 2 hours.

2. Powering On/Off

- **To Power On:** Press and hold the side button for a few seconds until the Watchmark logo appears.
- **To Power Off:** From the watch face, swipe down or navigate to the settings menu, then select 'Power Off' or 'Shutdown'. Confirm your selection.

3. Pairing with Your Smartphone

1. Download the official Watchmark companion application from your smartphone's app store (iOS or Android).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the Watchmark application and follow the on-screen instructions to create an account or log in.
4. In the app, select 'Add Device' or 'Pair New Device'. The app will search for your WQ21 Smartwatch.
5. Select 'WQ21' from the list of available devices. A pairing request may appear on both your phone and smartwatch. Confirm the pairing.
6. Once paired, the app will synchronize data with your smartwatch and allow you to configure settings.



Image: Side view of the Watchmark WQ21 Smartwatch, showcasing its pink strap and metal buckle. This view is useful for understanding how to adjust the strap and for locating the side button.

OPERATING

1. Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select an option.
- **Side Button:** Press to return to the main watch face or to wake the screen. Long press for power options.

2. Key Features and Functions

- **Customize Watch Face:** Personalize your watch face through the companion app or directly on the smartwatch.
- **Activity Tracking:** Monitor steps taken, distance traveled, and calories burned throughout the day.

- **Heart Rate Monitor:** Measure your heart rate in real-time.
- **Blood Pressure Monitor:** Integrated sensor to estimate blood pressure.
- **Pulse Oximeter:** Measure blood oxygen levels (SpO2).
- **Thermometer:** Monitor your body temperature.
- **Sleep Monitor:** Track your sleep patterns and quality.
- **7 Sports Modes:** Select from various sports modes to track specific workout data.
- **Smart Notifications:** Receive alerts for calls, messages, and app notifications from your paired smartphone.
- **Remote Camera Function:** Use your smartwatch as a remote shutter for your smartphone's camera.



Image: The Watchmark WQ21 Smartwatch display showing a watch face with current steps (08000) and heart rate (089 bpm). This illustrates the activity tracking and health monitoring features.



Image: The Watchmark WQ21 Smartwatch display presenting a detailed watch face with various metrics including steps (22684), calories (3684), current time (07:55 PM), and temperature (027°C). This demonstrates the comprehensive data tracking capabilities.



Image: The Watchmark WQ21 Smartwatch display showing a dedicated screen for temperature measurement, indicating a reading of 36.5°C. This highlights the integrated thermometer function.



Image: The Watchmark WQ21 Smartwatch display featuring a customizable watch face with a colorful deer graphic, along with the time (08:26) and heart rate (089 bpm). This demonstrates the personalization options for the watch face.

MAINTENANCE

1. Cleaning

- Regularly clean your smartwatch and strap with a soft, damp, lint-free cloth.
- Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the device.
- Ensure the charging contacts on the back of the watch are clean and dry to prevent charging issues.

2. Battery Care

- To prolong battery life, avoid exposing the smartwatch to extreme temperatures.
- Charge the device regularly, but avoid leaving it fully discharged for extended periods.

3. Water Resistance

The Watchmark WQ21 Smartwatch is designed for daily use and is resistant to splashes and sweat. It is not recommended for swimming, showering, or diving. Avoid exposing the watch to hot water or steam.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Unable to pair with smartphone:**
 - Check if Bluetooth is enabled on your phone.
 - Ensure the smartwatch is within range of your phone.
 - Restart both your smartphone and the smartwatch.
 - Try unpairing and re-pairing the device through the app.
- **Inaccurate health readings:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Readings are for reference only and should not be used for medical diagnosis.
- **Notifications not appearing:**
 - Verify that notifications are enabled in both the smartwatch settings and the companion app.
 - Check your smartphone's notification settings to ensure the Watchmark app has permission to send notifications.

SPECIFICATIONS

Feature	Detail
Brand	WATCHMARK
Model Number	WQ21
Color	Pink
Screen Size	4 Centimeters
Connectivity Technology	USB, Bluetooth
Special Features	Calorie Tracker, Distance Tracker, Sleep Monitor, Activity Tracking, Heart Rate Monitor, Blood Pressure Monitor, Pulse Oximeter, Thermometer
Compatible Devices	Smartphone
Rechargeable Battery	Yes (1 Lithium-ion battery required)
Shape	Round
Style	Classic
Age Range (Description)	Adult
Manufacturer	Watchmark
Date First Available	April 26, 2022

Feature	Detail
Spare Parts Availability	Information Unavailable
Software Updates Guaranteed Until	Information Not Available

WARRANTY AND SUPPORT

For warranty information, technical support, or service inquiries, please refer to the documentation provided with your purchase or visit the official Watchmark website. Specific details regarding spare parts availability and software update guarantees are not available at this time. Please retain your proof of purchase for warranty claims.