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**OLLY 840160200830**

# OLLY Combat Cravings, Metabolism & Energy Support Supplement User Manual

Model: 840160200830

## 1. PRODUCT OVERVIEW

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The OLLY Combat Cravings supplement is designed to assist in managing food cravings, supporting metabolic function, and maintaining healthy blood sugar levels already within a normal range. This dietary supplement contains a blend of Chromium Picolinate, Green Tea extract, Goji Berry juice powder, and Ginger extract.



Image 1.1: Front view of the OLLY Combat Cravings supplement bottle, showing the label with "1000 mcg Chromium" and

"Combat Cravings" text. A single capsule is visible next to the bottle.

Each bottle contains 30 capsules, providing a 30-day supply when used as directed. The capsules are formulated to be easy to swallow, sugar-free, gluten-free, NSF Contents Certified, and Certified Vegan, and free from synthetic flavors or colors.

## 2. SAFETY INFORMATION

### Important Safety Precautions:

- Take only as directed. Do not exceed the suggested use of one capsule per day.
- If you have a medical condition, are currently taking medication, or are pregnant or nursing, consult a qualified healthcare professional before using this product.
- This product is not intended for use by children.
- Do not use if the inner seal is broken or missing.
- Keep out of the reach of children.
- Store in a cool, dry place to maintain product integrity.

**Legal Disclaimer:** Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease or health condition.

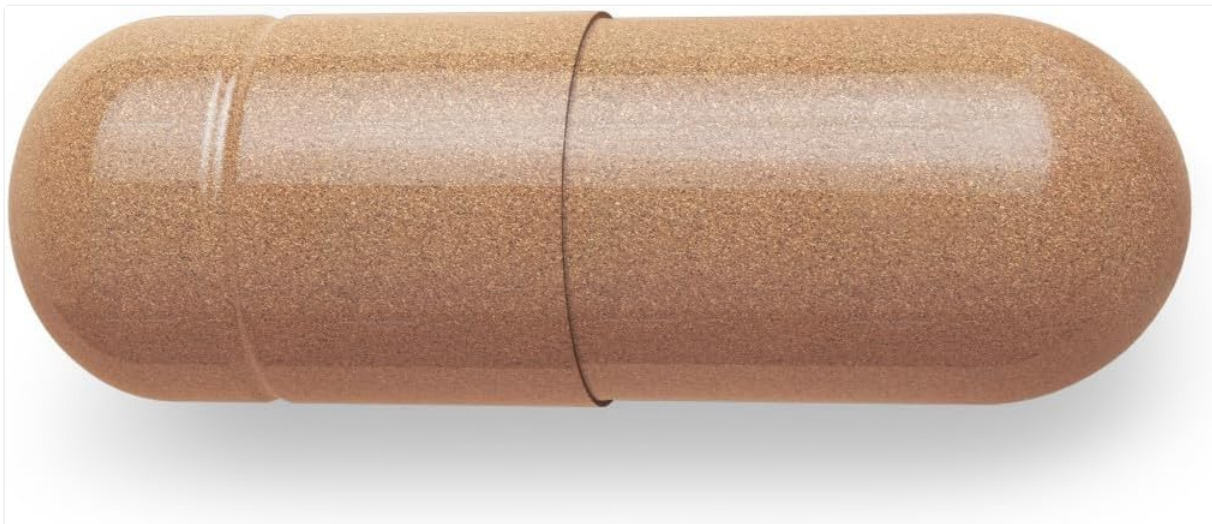
## 3. INGREDIENTS

The OLLY Combat Cravings supplement contains the following active ingredients per serving (1 capsule):

Ingredient	Amount Per Serving	% Daily Value (DV)
Chromium (from Chromax® chromium picolinate)	1000 mcg	2857%
Green Tea Extract (leaf)	50 mg	**
Goji Berry Juice Powder (Lycium barbarum, fruit)	50 mg	**
Ginger Extract (root)	50 mg	**

\*\*Daily Value (DV) not established.

**Other Ingredients:** Microcrystalline Cellulose, Hypromellose, Magnesium Stearate, Silica.



## The Goods Inside



**Chromium Picolinate**  
A clinically-studied dose to help curb cravings and support a healthy metabolism.\*

**Botanical Extracts**  
Goji Berry, and Green Tea and Ginger extracts.

**Take 1 capsule with water daily.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Image 3.2: Visual representation of a capsule highlighting Chromium Picolinate and Botanical Extracts (Goji Berry, Green Tea, Ginger) as key ingredients.

#### 4. DIRECTIONS FOR USE (SETUP & OPERATING)

To use OLLY Combat Cravings capsules:

1. **Dosage:** Adults should take 1 capsule per day.
2. **Administration:** Swallow the capsule whole with water.
3. **Timing:** It can be taken at any time of day, preferably with a meal.
4. **Duration:** Each bottle provides a 30-day supply when used daily.

Do not exceed the recommended dosage. Consistent daily use is suggested for optimal results.

## Capsule Color May Vary Per Bottle



Same OLLY  
goodness inside.

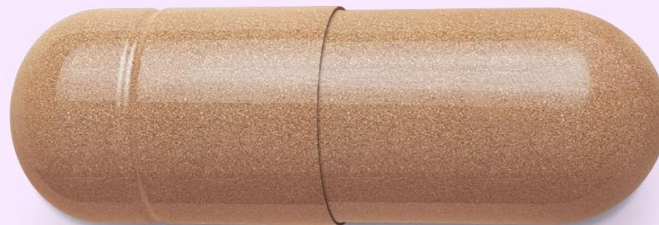


Image 4.1: Illustration showing that capsule color may vary between bottles (e.g., white or brown), but the contents remain the same.

## 5. STORAGE AND MAINTENANCE

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Proper storage ensures the quality and efficacy of your supplement:

- Store the bottle in a cool, dry place.
- Keep the lid tightly closed when not in use.
- Avoid exposure to excessive heat or moisture.

## 6. TROUBLESHOOTING

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If you experience any unexpected side effects or have concerns about using this supplement, discontinue use and consult a healthcare professional. This product is a dietary supplement and individual responses may vary.

## 7. PRODUCT SPECIFICATIONS

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Specification	Detail
Brand	OLLY
Item Form	Capsule
Item Package Quantity	1 (30 Count)
Package Information	Bottle
Model Number	840160200830
ASIN	B09CBWWDDL
Manufacturer	Ollly
Date First Available	August 10, 2021
Package Dimensions	4.17 x 2.09 x 1.54 inches; 1.6 ounces



\*\*Daily Value (DV) not established.

**Other Ingredients:** Microcrystalline Cellulose, Hypromellose, Magnesium Stearate, Silica.

Distributed by: OLLY Public Benefit Corp.,  
San Francisco, CA 94111  
hello@OLLY.com · 1-844-HEY-OLLY

Chromax® is a registered trademark of Nutrition 21, LLC. Chromax® is patent protected.

*Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish, wheat,*

*and sesame.*

Take only as directed. Do not exceed suggested use. If you have a medical condition or are on medication, consult a qualified health care professional before using. Not for use in children, pregnant or lactating women. Do not use if inner seal or shrink wrap is torn or missing.

**KEEP OUT OF THE REACH OF CHILDREN.**

Store in a cool, dry place.



No Synthetic Flavors or Colors



Gluten Free



Easy to Swallow

Image 7.1: Back label of the OLLY Combat Cravings bottle, displaying the UPC (0840160200830) and recycling symbols.

## 8. WARRANTY AND SUPPORT

Specific warranty information for this product is not provided in the available documentation. For product support or inquiries, please refer to the manufacturer's official website or contact their customer service directly. Contact information may be available on the product packaging or the brand's official online presence.