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Homedics CELL-600-EU

HoMedics Smoothee IR Anti-Cellulite Massager User Manual

Model: CELL-600-EU

Introduction

The HoMedics Smoothee IR is an advanced anti-cellulite massager designed to help improve skin appearance. It combines the principles of traditional cupping therapy with modern technology, utilizing an electronically controlled vacuum pump, gentle infrared (IR) heat, and a cooling head for a comprehensive treatment experience.
The device creates a vacuum to gently lift the skin, providing a deep tissue massage. This action, combined with infrared heat, aims to help loosen and disperse fat deposits within the connective tissue layer, contributing to a smoother skin surface. Following the treatment, the unique cooling head can be used to soothe and firm the treated areas.



Image: The HoMedics Smoothee IR device, showcasing its ergonomic design and main components.

Important Safety Information

- For external use only.
- Do not use on broken, irritated, or sensitive skin.
- Avoid use if pregnant, or if you have skin conditions (e.g., abrasions, wounds), varicose veins, moles, fragile capillaries, or chronic illnesses causing exhaustion.
- Perform a patch test on an inconspicuous area of skin before full treatment to assess your skin's reaction.
- Bruising may occur after treatment, especially at higher intensity levels. These marks typically fade within a few days.

- Always use a lubricating oil or cream with the device. Never use on dry skin to prevent skin damage.
- Start with the lowest power setting for the first few weeks to allow your skin to adapt.
- Keep out of reach of children.

What's in the Box

Please check the package contents to ensure all items are present:

- 1 x HoMedics Smoothee IR Device
- 1 x Cooling Head
- 3 x Interchangeable Suction Cups (Small, Medium, Large)
- 1 x USB-A to USB-C Charging Cable (approx. 122 cm)
- 21 x Replacement Felt Filters
- 1 x User Manual (this document)

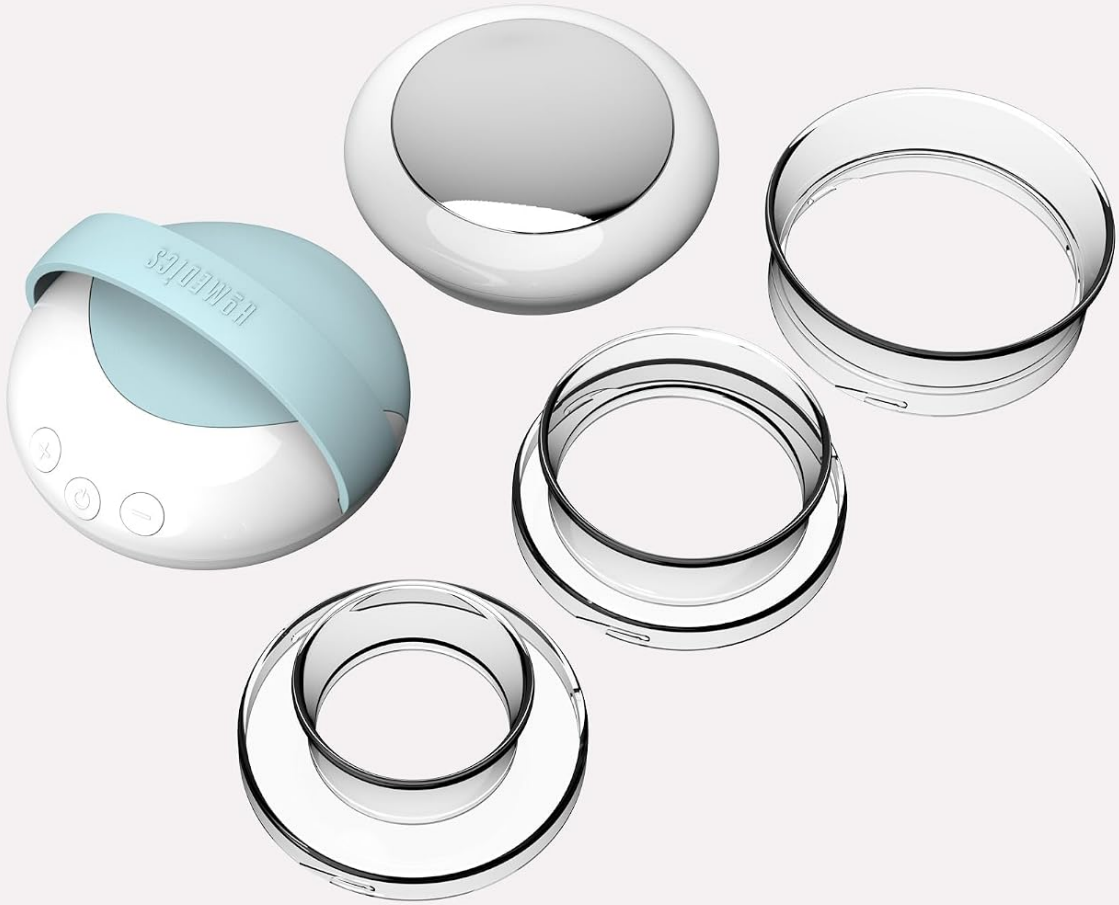




Image: All components included in the HoMedics Smoothee IR package.

Product Overview

The HoMedics Smoothee IR device features an ergonomic design for comfortable handling. It consists of a main body with control buttons and a base where interchangeable cups or the cooling head are attached.

Components:

- **Main Device:** Cylindrical body with a soft silicone grip and control buttons.
- **Control Buttons:** '+', '-', and ON/OFF buttons for power and intensity adjustment.
- **LED Indicators:** Three white LEDs indicate operational status and battery charge.
- **Suction Base:** Features 6 massaging nubs and a central suction hole covered by a felt filter.
- **Suction Cups:** Three sizes (small, medium, large) for different body areas. Made of semi-transparent plastic with rounded edges.
- **Cooling Head:** Features a stainless steel plate for cooling, powered by a Peltier cell.
- **USB-C Port:** For charging the device.



Image: The HoMedics Smoothee IR device with its interchangeable suction cups.

Setup

1. **Initial Charge:** Before first use, fully charge the device using the provided USB-C cable and a standard mobile phone charger. Charging takes approximately 4 hours and 40 minutes. The three white LEDs will flash during charging and remain solid when fully charged.
2. **Attach Suction Cup or Cooling Head:** Select the appropriate size suction cup for the area you intend to treat, or attach the cooling head. Align the slots on the cup/head with the device's base and rotate clockwise to secure it.
3. **Prepare Skin:** Ensure the skin area to be treated is clean and dry. Apply a generous amount of lubricating oil (e.g., baby oil, olive oil, coconut oil, or any fragrance-free massage oil) to the skin. **Never use the device on dry skin.**

Operating Instructions

Using the Massager (Suction & IR Heat)

1. **Power On:** Press and hold the ON/OFF button to turn on the device. The device will start at Level 1 suction with IR heat activated.
2. **Select Suction Level:** Use the '+' and '-' buttons to cycle through the 4 suction levels:
    - **Level 0 (Intermittent Suction):** Press '-' until the white LED flashes. The device will suction for approximately 3 seconds, then release. IR heat is OFF in this mode. This is the most delicate setting.
    - **Level 1 (Continuous Suction):** Default setting upon power-on. Provides continuous suction with IR heat ON.
    - **Level 2 (Stronger Continuous Suction):** Increased suction intensity with IR heat ON.
    - **Level 3 (Strongest Continuous Suction):** Maximum suction intensity with IR heat ON. Use with caution, especially during initial treatments.
3. **Apply to Skin:** Place the suction cup firmly against the oiled skin. Once suction is established, move the device in slow, concentric circles over the target area. Do not apply excessive pressure.
4. **Treatment Duration:** Each treatment session should last between 3 to 5 minutes per area.
5. **Power Off:** Press and hold the ON/OFF button to turn off the device at any time. The device will automatically shut off after approximately 5-6 minutes of continuous use.



Image: The device in use, demonstrating the vacuum and infrared heat action on the skin.

Using the Cooling Head

1. **Attach Cooling Head:** After your suction massage, detach the suction cup and attach the cooling head by aligning the slots and rotating clockwise.
2. **Activate Cooling:** Turn on the device (if not already on). The cooling head will activate.
3. **Adjust Cooling Intensity:** Use the '+' and '-' buttons to adjust the cooling temperature. The cooling head can reach temperatures between 1-11°C depending on the selected level.
4. **Apply to Skin:** Gently glide the cooling head over the treated area for several minutes. This helps to soothe and firm the skin after the massage.
5. **Power Off:** Press and hold the ON/OFF button to turn off the device.



Image: Demonstrating infrared heat application and the use of the cooling head.

Maintenance

- **Cleaning:** After each use, clean the suction cups and cooling head with a mild soap and water solution. Wipe the main device with a damp cloth. Do not immerse the main device in water as it is not water-resistant.
- **Felt Filter Replacement:** The central suction hole is covered by a felt filter. Regularly check and replace this filter to maintain optimal suction performance. Replacement filters are included in the package.
- **Storage:** Store the device and its accessories in a cool, dry place, away from direct sunlight and extreme temperatures.

Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on.	Low battery.	Fully charge the device.
Weak or no suction.	Clogged felt filter; low battery; improper cup attachment.	Clean or replace the felt filter. Ensure the device is fully charged. Re-attach the suction cup securely.
Excessive bruising or discomfort.	Suction level too high; insufficient lubrication; sensitive skin.	Reduce suction intensity. Apply more lubricating oil. Perform a patch test and avoid sensitive areas.
Device stops working after a short period.	Low battery; automatic shut-off activated.	Recharge the device. Note that the device has an automatic shut-off feature after 5-6 minutes.

Specifications

- **Model Number:** CELL-600-EU
- **Dimensions:** 50L x 50W x 28H cm (Product); 104.5mm (Diameter) x 52.5mm (Height) (Smoothee device)
- **Weight:** 590 grams (Product); 273.5 grams (Smoothee device)
- **Power Source:** Rechargeable Li-ion Battery (5 VDC 1 A)
- **Battery Capacity:** Approximately 2526 mAh
- **Battery Life:** Up to 1 hour 45 minutes (at max power settings)
- **Charging Time:** Approximately 4 hours 40 minutes
- **Material:** ABS Plastic, Silicone, PVC, Stainless Steel
- **Special Features:** Infrared Heat, Cooling Function, 4 Suction Levels
- **Massage Technique:** Cupping
- **Water Resistance:** Not water resistant
- **Country of Origin:** China

Warranty and Support

The HoMedics Smoothee IR device typically comes with a 3-year warranty. For specific warranty details, claims, or technical support, please refer to the warranty card included with your product or contact HoMedics customer service directly.
You can find more information and contact details on the official HoMedics website:www.homedics.com

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