

## VIKTOR JURGEN D008

# VIKTOR JURGEN Shiatsu Back Massager with Heat - Model D008 Instruction Manual

## INTRODUCTION

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This manual provides essential information for the safe and effective use of your VIKTOR JURGEN Shiatsu Back Massager with Heat, Model D008. This device is designed to provide a deep-kneading shiatsu massage with optional heat, targeting various body areas such as the neck, back, shoulders, and legs. Please read these instructions thoroughly before first use and retain for future reference.

## IMPORTANT SAFETY INFORMATION

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General safety instructions for using the massager safely and effectively. Always ensure the device is unplugged when not in use or before cleaning. Do not use the massager in wet environments. Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker. Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

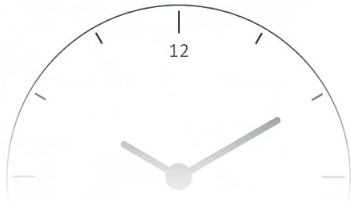
## PRODUCT FEATURES

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- **Pain Relief:** Utilizes pressure to stimulate muscle movement and blood circulation, helping to relieve muscle tension and discomfort in the neck, back, and shoulders.
- **Shiatsu Kneading Massage:** Features nodes that mimic the hands of a masseuse, delivering a soft yet firm shiatsu massage.
- **Optional Heat Function:** Provides steady warmth (approximately 104°F-113°F) to help loosen muscles and enhance relaxation.
- **Versatile Use:** Suitable for various body parts including the neck, shoulders, upper back, lower back, thighs, calves, and feet.
- **Portable Design:** Compact and lightweight, making it easy to transport and use in different locations, including home, office, or car.
- **Removable Cover:** Includes a detachable cover for adjustable massage intensity and easy cleaning.



The massager features four rotating shiatsu massage nodes that illuminate red when the heat function is active.



20-minutes relaxation  
for yourself every day

## NECK MASSAGE

COMFORTABLE



The ergonomic design allows for comfortable neck massage, targeting tension in the cervical area.



## BACK MASSAGE

Take a break from work



Ideal for relieving lower back pain, the massager can be positioned to target specific areas of the back.

# LEG MASSAGE

Take off your shoes  
and enjoy relaxing moments



The versatile design also allows for effective massage of the legs and calves.

CONVENIENT FOR CAR USE



Includes a car adapter for convenient use during commutes or road trips, attaching to the car seat headrest.

# CONVENIENT TO CARRY



12.2 inch

• Compact • Portable

7.2 inch



\*Note: There is a slight error in manual measurement

Its compact size makes it easy to carry and use anywhere, from home to office or travel.

## PACKAGE CONTENTS

- VIKTOR JURGEN Shiatsu Back Massager with Heat (Model D008)
- AC Power Adapter
- Car Adapter
- Removable Cover

Video: [Unboxing the VIKTOR JURGEN Neck Massager with Heat, showing all included components.](#)

## SETUP

1. **Unpack:** Carefully remove all components from the packaging.
2. **Connect Power:** Plug the appropriate power adapter (AC for home/office or car adapter for vehicle use) into the massager's power input.
3. **Positioning:** Place the massager on the desired body area. For neck or back use, you may use the elastic strap on the back of the massager to secure it to a chair or car seat headrest.

## OPERATING INSTRUCTIONS

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The massager features a simple control switch on the power cord for easy operation.

- **Power On/Off:** Slide the switch to the 'ON' position to start the massage function.
- **Heat Function:** The massager typically has two modes. One mode activates the massage without heat, and the other activates the massage with the infrared heat function. Refer to the switch markings for specific heat activation. The massage nodes will glow red when heat is active.
- **Direction Reversal:** The VIKTOR JURGEN Shiatsu Back Massager with Heat features a reverse function which allows you to reverse the direction of the shiatsu massage to target and loosen tight muscles effectively.

To use the massager, ensure it is plugged in and select the desired massage style (shiatsu, kneading, or heat). Adjust the settings to your comfort level and apply the massager to the desired area of your body. The recommended massage time is 15 minutes per session.

Video: Demonstration of the VIKTOR JURGEN Back and Neck Massager with Heat in use, highlighting its features and effectiveness.

Video: A user demonstrating the neck and back massage functions with heat, showcasing its versatility.

## MAINTENANCE AND CARE

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- **Cleaning:** The massager features a removable cover that can be unzipped and removed for cleaning. Hand wash the cover with mild detergent and air dry. Do not machine wash or tumble dry.
- **Device Cleaning:** Wipe the main unit with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight when not in use.

# MULTIFUNCTIONAL DETACHABLE COVER



EASY TO CLEAN



DUST PROOF



REDUCE STRESS

The massager includes a detachable cover for adjustable massage intensity and hygiene.

## TROUBLESHOOTING

- **Device Not Turning On:** Ensure both the power adapter and the massager's power switch are securely connected and in the 'ON' position. Check if the power outlet is functional.
- **No Heat/Insufficient Heat:** Confirm the heat function is activated via the control switch. Allow a few minutes for the heat to build up. If using the removable cover, it may slightly reduce the perceived heat intensity.
- **Massage Too Intense:** Use the removable cover to reduce the direct intensity of the massage nodes. Adjust your body position to lessen pressure on the nodes.
- **Unusual Noises:** Discontinue use immediately and contact customer support if you hear any unusual noises or experience abnormal operation.

## SPECIFICATIONS

| Feature      | Detail |
|--------------|--------|
| Model Number | D008   |

|                    |   |
|--------------------|---|
| Product Dimensions | 12 x 7 x 4 inches   |
| Item Weight        | 3 Pounds  |
| Power Source       | Corded Electric   |
| Material           | Wear-resistant cotton fabric + breathable wear-resistant mesh cloth |
| Manufacturer       | VIKTOR JURGEN   |

## **WARRANTY AND SUPPORT**

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For warranty information or technical support, please refer to the product packaging or contact VIKTOR JURGEN customer service directly. Keep your purchase receipt as proof of purchase for any warranty claims.