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Oraimo OSW-16

Oraimo Smart Watch Fitness Tracker (Model: OSW-16)

User Manual

Introduction

This user manual provides comprehensive instructions for the Oraimo Smart Watch Fitness Tracker, model OSW-16. It covers setup, operation, maintenance, and troubleshooting to ensure optimal performance and user experience. This device is designed to monitor various fitness metrics and provide smart notifications, compatible with both iPhone and Android mobile phones.

Package Contents

Upon opening the package, please verify that all the following items are included:

- 1 x Oraimo Smart Watch (OSW-16)
- 1 x Micro USB Charging Cable
- 1 x User Manual (this document)
- 1 x Oraimo 365 Days Warranty Card

Product Overview



Image: The Oraimo Smart Watch OSW-16 in grey, featuring a sleek square display and a comfortable silicone strap. The screen displays digital time, date, and various fitness tracking icons.

The Oraimo Smart Watch OSW-16 is designed for daily wear, offering a range of features to support your health and fitness goals. It features a 1.69-inch IPS display, Bluetooth 5.0 connectivity, and an IP68 waterproof rating. The watch is equipped with sensors for heart rate monitoring, step counting, calorie tracking, and sleep analysis.

Setup

1. **Charging the Device:**

   Before first use, fully charge the smart watch. Connect the provided Micro USB cable to the charging port on the watch and the other end to a USB power adapter (not included) or a computer's USB port. The watch display will indicate charging status. A full charge typically takes approximately 2 hours and provides up to 15 days of standby time.

2. **Downloading the App:**

   Search for the official Oraimo Health or Oraimo Fit app on your smartphone's app store (Google Play Store for

Android or Apple App Store for iOS). Download and install the application.

3. **Pairing with Your Smartphone:**
    - Ensure Bluetooth is enabled on your smartphone.
    - Open the Oraimo app and follow the on-screen instructions to create an account or log in.
    - Select "Add Device" or "Pair Device" within the app. The app will search for nearby Oraimo devices.
    - Select "OSW-16" from the list of found devices. Confirm the pairing request on both your watch and smartphone if prompted.
    - Once paired, the watch will synchronize time and data with your phone.

Operating the Smart Watch

The OSW-16 features a responsive touch screen for easy navigation. Here are some key operations:

- **Screen Activation:**

  Raise your wrist to automatically wake the screen, or press the side button to activate the display.

- **Navigation:**
    - Swipe up/down to scroll through menus and notifications.
    - Swipe left/right to access quick functions like heart rate, activity data, and weather.
    - Tap an icon or option to select it.
    - Press the side button to return to the home screen or previous menu.

- **Fitness Tracking:**

  The watch automatically tracks steps, distance, calories burned, and sleep patterns. Detailed data can be viewed in the Oraimo app.

- **Heart Rate Monitoring:**

  Access the heart rate function from the main menu or by swiping. The watch will measure your heart rate in real-time. For continuous monitoring, enable the feature in the app settings.

- **Training Modes:**

  The OSW-16 supports 13 training modes. Navigate to the "Workout" or "Training" section on the watch, select your desired activity (e.g., running, walking, cycling), and start the session. The watch will record specific metrics for that activity.

- **Notifications and Controls:**

  Once paired, the watch can display incoming call alerts, messages, and app notifications. You can also control music playback on your phone directly from the watch.

- **Customized Clock Faces:**

  Change the watch face through the Oraimo app to personalize your device's appearance.

Maintenance

- **Cleaning:**

  Regularly clean the watch and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials. Ensure the charging contacts are clean and dry before charging.

- **Water Resistance (IP68):**

  The watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, hand washing, and light rain. **Do not use it for hot showers, saunas, or diving.** Avoid prolonged exposure to saltwater. After contact with water, wipe the watch dry before charging.

- **Battery Care:**

  To prolong battery life, avoid fully discharging the watch frequently. Charge it when the battery level is low. Store the watch in a cool, dry place when not in use for extended periods.

Troubleshooting

Problem	Possible Solution
Watch does not turn on.	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone.	1. Ensure Bluetooth is enabled on your phone and the watch is within range. 2. Restart both the watch and your smartphone. 3. Clear Bluetooth cache on your phone (if applicable). 4. Try unpairing and re-pairing the device through the Oraimo app.
Inaccurate fitness data.	1. Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. 2. Calibrate the watch through the app if there's an option. 3. Ensure your personal information (height, weight) is accurate in the app.
Notifications not received.	1. Check app notification permissions on your smartphone. 2. Ensure the watch is connected via Bluetooth. 3. Verify notification settings within the Oraimo app.

Specifications

Feature	Detail
Model	OSW-16
Screen Size	1.69 inches IPS (240*280 resolution)
Bluetooth Version	V5.0
Battery Capacity	200mAh Lithium Polymer
Standby Time	Up to 15 days
Watch Dimensions	43 x 35 x 9.95 mm
Weight	20 g
Material	Zinc Alloy/PC/TPU
Waterproof Rating	IP68
Operating System Compatibility	iPhone (iOS) and Android systems
Item Weight	20 g

Feature	Detail
Included Components	Smart Watch, Micro USB Cable, User Manual, Warranty Card

Warranty and Support

The Oraimo Smart Watch Fitness Tracker (OSW-16) comes with a**365-day worry-free warranty** from the date of purchase. This warranty covers manufacturing defects and ensures premium quality.
For any questions, technical assistance, or warranty claims, please contact Oraimo customer support. Refer to the warranty card included in your package for specific contact details or visit the official Oraimo website for support information.
Note: Please retain your purchase receipt as proof of purchase for warranty purposes.

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