

SLOTHMORE HY-1130

SLOTHMORE Leg Massager (Model HY-1130) Instruction Manual

Air Compression Calf, Feet, and Thigh Massager with Heat

1. INTRODUCTION

Thank you for choosing the SLOTHMORE Leg Massager, Model HY-1130. This device is designed to provide air compression massage for your feet, calves, and thighs, offering relief from muscle soreness, promoting circulation, and aiding in relaxation. It features adjustable wraps, multiple massage modes, intensity levels, and a heat function for an enhanced massage experience.

Please read this instruction manual thoroughly before using the device to ensure safe and effective operation. Keep this manual for future reference.



Image: Overview of the SLOTHMORE Leg Massager components, including the main leg wraps, detachable thigh wraps, handheld controller, and power adapter.

2. SAFETY INFORMATION

Important Safety Precautions:

- May cause burns if used improperly. Do not use on broken skin or areas with impaired sensation.
- Avoid prolonged use on one area.
- Keep out of reach of children.
- Do not use while sleeping or taking a bath.
- Unplug the device when not in use.
- Do not use if you have a pacemaker or other electronic medical device.
- Consult a doctor before use if you are pregnant, suffer from skin infections, or have another serious medical condition.
- Always follow the instructions provided with the device.

Disclaimer: Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PRODUCT COMPONENTS

The SLOTHMORE Leg Massager system includes the following components:

- Main Leg Wraps (Left and Right)
- Thigh Wraps (Detachable, Left and Right)
- Handheld Controller with LCD Screen
- Power Adapter
- User Manual (this document)



Image: Visual representation of the massager's main features and components.

4. SETUP INSTRUCTIONS

1. **Prepare the Wraps:** Lay the leg wraps flat on a surface. Ensure the left and right wraps are correctly identified. If using the thigh wraps, attach them securely to the top of the main leg wraps using the Velcro fasteners.
2. **Position Your Legs:** Insert your feet into the foot sections of the wraps. Then, wrap the calf and thigh sections around your legs.
3. **Secure the Wraps:** Fasten the Velcro straps. It is important not to wrap them too tightly or too loosely. A good guideline is to leave enough space to comfortably slide your fingers between the wrap and your leg. This ensures proper air compression and comfort.
4. **Connect the Controller:** Plug the air hoses from the leg wraps into the corresponding ports on the handheld controller. Ensure a secure connection.
5. **Connect Power:** Plug the power adapter into the handheld controller, then plug the adapter into a standard electrical outlet.



Image: Step-by-step visual guide for setting up and connecting the leg massager.

5. OPERATING INSTRUCTIONS

The handheld controller allows you to customize your massage experience. The LCD screen displays current settings.

5.1 Power On/Off

- Press the **Power Button** to turn the device on or off.
- The device has an automatic shut-off feature after 20 minutes of continuous use to prevent overuse. You can restart the device if desired.

5.2 Massage Modes

Press the **Mode Button** to cycle through the available massage modes:

- **Auto Mode:** Provides a full leg massage, cycling through foot, calf, and thigh compression.
- **Foot Mode (M1):** Focuses compression on the foot area.
- **Calf Mode (M2):** Focuses compression on the calf area.
- **Thigh Mode (M3):** Focuses compression on the thigh area.



Auto Mode: Full Leg Massage



M1 Mode: Foot Massage



M2 Mode: Calf Massage



M3 Mode: Thigh Massage

5.3 Intensity Levels

Press the **Intensity Button** to adjust the air compression strength. There are 4 intensity levels:

- Low
- Mid
- Mid-High
- High

The compression pressure varies slightly by area:

- Thigh: 17/24/27/30 kPa
- Calf: 28/38/43/52 kPa
- Foot: 23/32/43/47 kPa

5.4 Heat Function

Press the **Heat Button** to activate or adjust the heat function. There are 2 heat levels:

- **Level 1:** Approximately 45°C (112°F) - Suitable for daily relaxation.

- **Level 2:** Approximately 55°C (130°F) - Recommended for deeper muscle relaxation, especially after intense activity.



Image: Visual guide to intensity levels, heat settings, and auto shut-off timer.

6. MAINTENANCE

- **Cleaning:** Disconnect the power adapter before cleaning. Wipe the surface of the wraps and controller with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and moisture. Ensure the wraps are neatly folded to prevent damage to the air hoses.
- **Avoid Damage:** Do not puncture the air wraps or bend the air hoses sharply. Keep away from sharp objects.

7. TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|--|--|---|
| Device does not power on or operate. | <ul style="list-style-type: none"> ◦ Power adapter or controller not connected properly. ◦ Power outlet issue. | <ul style="list-style-type: none"> ◦ Ensure the power adapter is securely plugged into both the controller and the wall outlet. ◦ Check if the wall outlet is functional by plugging in another device. |
| No compression or weak compression. | <ul style="list-style-type: none"> ◦ Air hoses not securely connected to wraps or controller. ◦ Wraps are too loose. ◦ Incorrect intensity setting. | <ul style="list-style-type: none"> ◦ Verify all air hose connections are tight. ◦ Adjust the Velcro straps to ensure a snug fit, allowing enough space for fingers. ◦ Increase the intensity level using the controller. |
| Heat function is not working or is too weak. | <ul style="list-style-type: none"> ◦ Heat function not activated. ◦ Low heat level selected. | <ul style="list-style-type: none"> ◦ Press the Heat button to activate. ◦ Select Heat Level 2 for a warmer experience. |

| Problem | Possible Cause | Solution |
|------------------------------------|---|--|
| Device stops working unexpectedly. | <ul style="list-style-type: none"> Automatic 20-minute shut-off timer activated. | <ul style="list-style-type: none"> Simply press the Power button to restart the device. |

8. SPECIFICATIONS

| Feature | Detail |
|--------------------|------------------------------------|
| Model Number | HY-1130 |
| Brand | SLOTHMORE |
| Power Source | Corded Electric |
| Material | Polyester |
| Massage Areas | Feet, Calves, Thighs |
| Massage Modes | 4 (Auto, Foot, Calf, Thigh) |
| Intensity Levels | 4 |
| Heat Levels | 2 (approx. 45°C/112°F, 55°C/130°F) |
| Automatic Shut-off | 20 minutes |

9. WARRANTY AND SUPPORT

The SLOTHMORE Leg Massager Model HY-1130 comes with a **2-year warranty** at no additional cost. This warranty covers manufacturing defects and ensures the proper functioning of your device under normal use.

For any questions, troubleshooting assistance, or warranty claims, please contact SLOTHMORE customer support. If you require extension leg wraps or experience any issues with the device's functionality, please reach out to us directly.

Please refer to the contact information provided on the product packaging or the official SLOTHMORE website for the most up-to-date support details.