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AUVON Touchscreen TENS Unit Muscle Stimulator (B09BC63CRV)

AUVON Touchscreen TENS Unit Muscle Stimulator

INSTRUCTION MANUAL

1. Introduction

The AUVON Touchscreen TENS Unit Muscle Stimulator is designed to provide drug-free pain relief and improve muscle performance. This dual-channel device offers 24 pre-set modes and 20 intensity levels, making it suitable for various pain management and muscle stimulation needs. Its user-friendly touchscreen interface and long-lasting battery ensure convenient and effective therapy.



The AUVON TENS unit can be applied to multiple areas of the body for targeted pain relief.

2. Important Safety Information

Please read and understand all safety warnings before using the device. Failure to do so may result in injury or adverse effects.

- Do not use this product if you have an implanted defibrillator, cardiac pacemaker, or any other implanted metallic or electronic device.
- This product is prohibited for people with heart rhythm problems.
- Do not use this product if you have diagnosed chronic pain without consulting a physician.
- Do not use if pregnant or in labor.
- Do not use if you have cancer.
- Not suitable for children under 16 years of age. Keep out of reach of children.
- Individual symptoms, situations, circumstances, and results may vary. Please consult your physician or qualified health care provider regarding your condition and appropriate medical treatment.

The information provided is not intended to be used for medical diagnosis or treatment or as a substitute for professional medical advice. You are solely responsible for the use of any content and hold AUVON Products and all members and affiliates harmless in any event or claim.

3. What's Included

Your AUVON Touchscreen TENS Unit package includes the following items:

- 1 x AUVON TENS EMS Device
- 10 x TENS Unit Pads (8 pcs 2"x2" Pads, 2 pcs 2"x4" Pads)
- 2 x Lead Wires (with Cable Ties)
- 1 x USB Cable
- 1 x User Manual
- 1 x Dust-Proof Bag



All components included with your AUVON TENS Unit.

4. Setup

Follow these steps to prepare your TENS unit for use:

1. Prepare the TENS unit, electrode pads, and accessories.
2. Connect the lead wires to the electrode pads. Ensure a secure connection.
3. Connect the lead wires to the device. Insert the pin connectors into the ports on the device.
4. Carefully peel off the pads from their protective film. Do not pull the wire when peeling.
5. Apply the pads to the desired massage areas on your body. Ensure good skin contact.



Medical-grade electrode pads ensure optimal conductivity and comfort.

5. Operating Instructions

Operating your AUVON TENS unit is straightforward with its touchscreen interface:

1. Long press the center button to turn on the machine.
2. Touch the icons in the screen to choose the modes you like. TENS modes (P1-P16) are for pain relief, and EMS modes (P17-P24) are for improving muscle performance.
3. Press the A/B button to choose intensity for independent A/B channel.
4. Touch the intensity icons (+/-) in the screen or press the +/- buttons on the right side of the machine to increase/decrease the intensity.
5. Touch the time icon in the screen to set a limited time (10-90 minutes) or continuous mode for your needs.
6. Press the center button on the machine to lock/unlock the screen. Alternatively, touch the lock icon on the top right of the screen to lock/unlock.
7. Long press the center button to turn off the machine when finished.

Touch Screen TENS, Easy to Use



The large touchscreen icons provide an excellent interactive experience for easy mode selection.



Simplified steps for setting up your TENS therapy session.

Official Product Video: How to Use

▶ **Watch video online**
AUVON Touchscreen TENS Unit Muscle Stimulator

This video demonstrates the step-by-step process of setting up and operating your AUVON Touchscreen TENS Unit Muscle Stimulator, including connecting pads, selecting modes, and adjusting settings.

6. Maintenance

Proper maintenance ensures the longevity and effectiveness of your device:

- **Cleaning:** Wipe the device and pads with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Pad Care:** After each use, place the electrode pads back on their protective film to maintain their adhesive quality. Replace pads when they lose their stickiness.
- **Charging:** The 300 mAh rechargeable lithium battery supports up to 40 hours of usage per full charge. Charge the device using the included USB cable with a laptop or power bank.
- **Storage:** Store the device and accessories in the provided dust-proof bag in a cool, dry place away from direct sunlight and extreme temperatures.



The AUVON TENS unit features a long-lasting battery for extended use.

7. Troubleshooting

If you encounter any issues with your AUVON TENS unit, try the following:

- **Device Not Turning On:** Ensure the device is fully charged. Long press the center button for a few seconds to power on.
- **No Sensation/Weak Sensation:** Check that the lead wires are securely connected to both the device and the electrode pads. Ensure the pads are firmly applied to clean, dry skin. Increase the intensity level gradually.
- **Pads Not Sticking:** Clean the skin area before applying pads. If pads are old or dirty, replace them with new ones.
- **Screen Unresponsive:** Try locking and unlocking the screen using the center button or the lock icon. If the issue persists, turn off the device and restart it.
- **Irregular Pulses:** Check for any damage to the lead wires or pads. Ensure they are not tangled or kinked.

For persistent issues not resolved by these steps, please contact customer support.

8. Specifications

Feature	Detail
Package Dimensions	6.46 x 3.66 x 2.17 inches
Item Weight	11.29 ounces
Batteries	1 Lithium Ion batteries required (included)
Battery Life	Up to 40 hours per full charge
Modes	24 Pre-set Modes (TENS & EMS)
Intensity Levels	20
Channels	Dual Channel
Manufacturer	AUVON
First Available Date	July 28, 2021

9. Warranty and Support

AUVON provides comprehensive support for your product:

- **Service:** Enjoy 24-month service from the date of purchase.
- **Technical Support:** Lifetime technical support is available for your AUVON TENS Unit.

For any inquiries or assistance, please refer to the contact information provided in your product packaging or visit the official AUVON website.

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