

M-teeth X7 series

M-teeth X7 Series Sonic Electric Toothbrush User Manual

Model: X7 Series

INTRODUCTION

Thank you for choosing the M-teeth X7 Series Sonic Electric Toothbrush. This manual provides essential information for the proper setup, operation, and maintenance of your new toothbrush. Please read it thoroughly before first use and keep it for future reference to ensure optimal performance and longevity of your device.

PRODUCT OVERVIEW

The M-teeth X7 Series Sonic Electric Toothbrush is designed to provide an advanced oral cleaning experience. Key features include:

- **5 Pro Cleaning Modes:** Soft, Clean, Massage, Whiten, and Polish modes to suit various dental needs.
- **Extended Battery Life:** Up to 120 days of use on a single 6-hour charge, powered by a 2900mAh Lithium-Ion battery.
- **Smart Timer:** A 2-minute timer with 30-second interval reminders to ensure dentist-recommended brushing habits.
- **Travel Lock:** Prevents accidental activation during travel, conserving battery life.
- **Powerful Motor:** Delivers up to 35,280 vibrations per minute (VPM) for effective plaque and stain removal.
- **Durable Design:** Features a matte UV surface, soft texture, IPX7 waterproof rating, and operates under 60 dB noise.



Image: M-teeth X7 Series Sonic Electric Toothbrush with its components.

PACKAGE CONTENTS

Your M-teeth X7 Series Sonic Electric Toothbrush package includes:

- 1 x Smart Electric Toothbrush Handle
- 3 x DuPont Brush Heads with Protective Covers
- 1 x USB Charging Cable
- 1 x Support Manual (this document)

SETUP

1. Charging the Toothbrush

Before first use, fully charge your toothbrush. The 2900mAh Lithium-Ion battery requires approximately 6 hours for a full charge, providing up to 120 days of use (based on twice-daily, 2-minute brushing sessions in sensitive mode).

1. Locate the USB charging port at the bottom of the toothbrush handle.
2. Connect the provided USB charging cable to the port.
3. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a USB port on a computer.
4. The battery indicator lights will illuminate to show charging progress. Once fully charged, the lights will indicate a full battery.

Exceptional Battery Life

Taking care of your oral health wherever you are

120 days battery life, full charged within 6 hours.
Great traveling companion. Equipped a commonly used Type-C charging port.

6_H	120_D	2900_{mAh}
USB charger	Long battery life	Huge power unit

Calculated in sensitive mode, used twice a day, 2 mins each time. Actual usage time may vary from user to user.



Image: Battery life and charging details.

2. Attaching a Brush Head

Align the brush head with the metal shaft on the toothbrush handle. Gently push the brush head down until it clicks into place. Ensure it is securely fastened before use.

OPERATING INSTRUCTIONS

1. Power On/Off

Press the power button once to turn on the toothbrush. Press and hold the power button for 2 seconds to turn it off.

2. Selecting Cleaning Modes

The M-teeth X7 Series offers 5 professional cleaning modes. With the toothbrush powered on, press the power button repeatedly (within 5 seconds) to cycle through the modes. The selected mode will be indicated by an illuminated LED light.

- **Soft Mode:** Low-intensity vibration, ideal for sensitive gums and teeth.
- **Clean Mode:** Standard mode for effective daily plaque removal.
- **Massage Mode:** Gentle vibrations to soothe gums and improve circulation.
- **Whiten Mode:** Alternating vibrations designed for surface stain removal and brightening.
- **Polish Mode:** High-frequency vibrations for intensive stain removal and polishing.

5 Modes, 3 Intensities Personal Experience

Indulge in 15 personalized oral care solutions. You can adjust the intensity level and mode as you want by long pressing the adjustment button.



Sensitive Mode

Low-intensity vibration, suitable for sensitive gum



Clean Mode

No left-behind, effective plaque removal



Message Mode

Gentle vibration, soothing gum discomfort



White Mode

Alternate vibration, bring you a brighter smile



Polish Mode

Alternate vibration, effective stains removal



Image: Overview of the 5 cleaning modes.

3. Smart Timer and Zone Reminder

The toothbrush features a built-in 2-minute smart timer, which is the brushing duration recommended by dentists. It also includes a 30-second interval reminder, prompting you to move to a different quadrant of your mouth to ensure thorough cleaning.

4. Travel Lock

To activate the travel lock, press and hold the power button for 2 seconds until the LED lights flash three times. The toothbrush will not turn on accidentally while locked. To deactivate, press and hold the power button again for 2 seconds until the LED lights flash three times, indicating it's ready for use.

Intelligent Experience

Thoughtful service for you

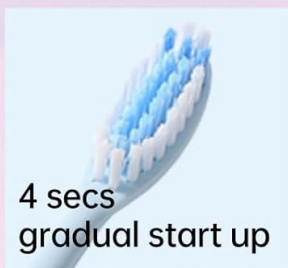
2 mins Smart Timer

Ensuring a dentist recommended brushing time

30 Secs Zone Changing Reminder

Make sure no left-behind area

More user-friendly design



4 secs
gradual start up

Avoiding toothpaste
spattering



Long press
2 sec to enable
travel lock

Avoiding start up
accidentally



Image: Intelligent features including Smart Timer and Travel Lock.

MAINTENANCE

1. Cleaning the Toothbrush

After each use, rinse the brush head thoroughly under running water. You can also rinse the handle. The IPX7 waterproof rating allows for full immersion for cleaning, but ensure the charging port cover is securely closed if applicable.

2. Replacing Brush Heads

For optimal hygiene and brushing effectiveness, it is recommended to replace your brush head every 3 months, or sooner if the bristles appear frayed or worn. Gently pull the old brush head off the shaft and push a new one into place until it clicks.

TROUBLESHOOTING

If you encounter any issues with your M-teeth X7 Series Sonic Electric Toothbrush, please refer to the following common solutions:

- **Toothbrush does not turn on:** Ensure the device is fully charged. If the travel lock is activated, deactivate it

by pressing and holding the power button for 2 seconds.

- **Weak vibration:** The battery may be low. Recharge the toothbrush fully.
- **Brush head feels loose:** Ensure the brush head is correctly aligned and pushed down firmly onto the metal shaft until it clicks.
- **Unusual noise:** Check if the brush head is properly attached. If the noise persists, contact customer service.

For further assistance, please refer to the Warranty and Support section.

SPECIFICATIONS

Product Dimensions	1.12 x 1.1 x 9.61 inches
Item Weight	14.11 ounces
Item Model Number	X7 series
Batteries	1 Lithium Ion batteries required (included)
Manufacturer	M-teeth
Age Range (Description)	Adult
Special Feature	Brushing Timer, Travel Lock
Power Source	Battery Powered
Item Firmness Description	Soft

WARRANTY AND SUPPORT

M-teeth is committed to providing reliable customer service. We offer a 100% satisfactory solution for all products within 24 hours of inquiry. Additionally, we provide a replacement with no-charge within 2 years of your purchase. For any questions or support needs, please contact our customer service team.






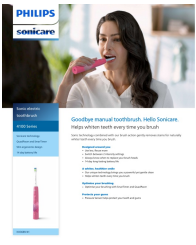
IMPORTANT INFORMATION

Directions for Use

Wet the toothbrush head, apply a small amount of toothpaste, and place the toothbrush head against your teeth at a 45-degree angle to your gums. Move the toothbrush in gentle, circular motions. Follow the smart timer and 30-second interval reminders for a complete cleaning. After use, rinse the brush head and store the toothbrush properly.

Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for personal oral hygiene and should be used as directed.

	<p>Beconfident Sonic Whitening Toothbrush User Manual</p> <p>User manual for the Beconfident Sonic Whitening Toothbrush, detailing features, usage, important safeguards, specifications, warranty, and maintenance. Learn how to achieve whiter teeth and healthier gums.</p>
	<p>Seago SG-2782 Sonic Electric Toothbrush: Instructions for Use & Features</p> <p>Comprehensive instructions and overview for the Seago SG-2782 Sonic Electric Toothbrush, featuring pressure sensor, 5 modes, USB-C charging, and 8 brush heads. Learn how to use and maintain your toothbrush for optimal oral hygiene.</p>
	<p>Philips Sonicare Series 5300: Advanced Whiter Teeth and Plaque Removal</p> <p>Discover the Philips Sonicare Series 5300 rechargeable toothbrush for advanced plaque removal, visibly whiter teeth, and gentle gum care. Features include SmartTimer, BrushPacer, pressure sensor, and 21-day battery life.</p>
	<p>Philips Sonicare Series 5300 Rechargeable Electric Toothbrush HX7108/02 - Features & Specifications</p> <p>Discover the Philips Sonicare Series 5300 rechargeable electric toothbrush (HX7108/02). Features advanced cleaning technology, pressure sensor, SmarTimer, 21-day battery life, and more for whiter teeth and healthier gums.</p>
	<p>Philips Sonicare DiamondClean Smart HX9911/66: Advanced Electric Toothbrush for Superior Oral Health</p> <p>Explore the Philips Sonicare DiamondClean Smart HX9911/66, an advanced electric toothbrush offering exceptional plaque removal, personalized brushing guidance via the Sonicare app, and a premium user experience. Key features include a visual pressure sensor, multiple cleaning modes, and extended battery life for optimal oral hygiene.</p>
	<p>Philips Sonicare 4100 Series Sonic Electric Toothbrush - Features & Specifications</p> <p>Explore the Philips Sonicare 4100 Series sonic electric toothbrush, designed for a superior clean. Features include advanced sonic technology for whitening, a pressure sensor for gum protection, SmartTimer, QuadPacer, and a 14-day battery life.</p>