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Snailax SL489

Snailax Hand Massager SL489 User Manual

Model: SL489

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1. Introduction

This manual provides detailed instructions for the safe and effective use of your Snailax Hand Massager, Model SL489. This device is designed to provide hand relaxation through compression, optional vibration, and soothing heat functions. Please read this manual thoroughly before first use and retain it for future reference.

2. Important Safety Information

Please read all instructions and warnings before using this product to ensure safe operation.

- Fully charge the device before its initial use.
- Adjust your hand to a comfortable position within the massager.
- Do not use the massager for more than 90 minutes at a time.
- If using the heat function, allow the device to warm up before inserting your hand.
- Clean the device with a damp cloth only. Do not immerse in water.
- Consult a physician before use if you have any pre-existing medical conditions, especially those affecting your hands or circulation.
- Do not use if the device is damaged or malfunctioning.
- Keep out of reach of children.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is not a medical device.

3. Product Overview and Components

Familiarize yourself with the main parts of your Snailax Hand Massager.



Figure 3.1: Snailax Hand Massager SL489, showing its overall design and hand insertion area.



Figure 3.2: Detailed view of the control panel with Power, Vibration, Intensity, and Heat buttons.

- **Power Button:** Turns the device on/off.
- **Vibration Button:** Activates or deactivates the vibration function.
- **Intensity Button:** Cycles through low, medium, high compression intensity levels.
- **Heat Button:** Turns the soothing heat function on or off.
- **Hand Insertion Area:** Where the hand is placed for massage.
- **Charging Port:** USB-C port for recharging the internal battery.

4. Setup

4.1 Charging the Device

Before first use, ensure the Snailax Hand Massager is fully charged. The device features a built-in lithium battery that provides approximately 90 minutes of operation on a full charge.

1. Connect the provided USB-C cable to the charging port on the massager.
2. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB

port.

3. The charging indicator light (if present, refer to Figure 3.2 for location) will illuminate to show charging status. It will typically change color or turn off when fully charged.



Figure 4.1: Illustration of the massager's battery life, indicating 90 minutes of use per charge.

4.2 Hand Placement

The massager features an open-ended design to accommodate various hand sizes and allow for comfortable positioning.



Figure 4.2: Dimensions and open-ended design for various hand sizes.

Insert your hand into the massager, ensuring your palm and fingers are comfortably positioned within the device. You may adjust your hand slightly to target specific areas.

5. Operating Instructions

The Snailax Hand Massager offers compression, vibration, and heat functions. These can be used individually or in combination.

5.1 Power On/Off

- Press the **Power Button** () to turn on the device. It will typically start with a default low compression intensity, and both heat and vibration functions activated.
- Press the **Power Button** again to turn off the device.

5.2 Compression Massage

The massager provides compression massage targeting fingers, palms, and wrists.



Figure 5.1: Diagram illustrating compression massage points on the hand.

- Press the **Intensity Button** (🤲) to cycle through the three compression intensity levels:
    - Low (White light indicator)
    - Medium (Blue light indicator)
    - High (Red light indicator)
- You can also press this button to turn off the compression function.

5.3 Vibration Function

The vibration function provides additional soothing relief.



Figure 5.2: Illustration of vibration massage and soothing heat.

- Press the **Vibration Button** (📳) to turn the vibration function ON or OFF.

5.4 Heat Function

The gentle heat function helps to eliminate coldness and enhance relaxation.

- Press the **Heat Button** (🔥) to turn the heat function ON or OFF.
- Allow a few minutes for the heat to become noticeable.

5.5 Automatic Timer

The massager is equipped with a built-in 10-minute timer to ensure optimal massage duration and prevent overuse. The device will automatically shut off after 10 minutes of continuous operation.

6. Maintenance

6.1 Cleaning

- Ensure the device is turned off and unplugged before cleaning.
- Wipe the exterior and interior surfaces of the massager with a soft, damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals.
- Do not immerse the device in water or any other liquid.

6.2 Storage

- Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- Keep the device away from sharp objects that could damage the surface.

7. Troubleshooting

If you encounter any issues with your Snailax Hand Massager, please refer to the following common solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or no power.	Ensure the device is fully charged. Connect to a power source using the USB-C cable.
No compression or weak compression.	Incorrect intensity setting or hand not properly placed.	Press the Intensity Button to cycle through higher settings. Re-position your hand to ensure full contact.
Heat function not working.	Heat function is off or not enough time has passed.	Press the Heat Button to activate. Allow a few minutes for the heat to build up.
Vibration function not working.	Vibration function is off.	Press the Vibration Button to activate.
Device stops unexpectedly.	Automatic 10-minute timer activated or low battery.	This is normal operation due to the built-in timer. Recharge the device if the battery is low.

If the problem persists after attempting these solutions, please contact Snailax customer support for assistance.

8. Specifications

Feature	Detail
Model Number	SL489
Product Dimensions	6 x 7 x 2.4 inches
Item Weight	3.04 Pounds
Power Source	Battery Powered (1 Lithium Ion battery included)
Material	Plastic or ABS (Acrylonitrile Butadiene Styrene)
Battery Life	Approximately 90 minutes per full charge
Automatic Timer	10 minutes

9. Warranty and Customer Support

For warranty information or customer support, please refer to the documentation included with your product or visit the official Snailax website. You may also contact Snailax directly through their Amazon store page for assistance.

Snailax Store: Visit Snailax Store on Amazon

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