

cotsoco M769

cotsoco Hand Massager Instruction Manual

Model: M769

1. INTRODUCTION

The cotsoco Hand Massager is a cordless electric device designed to provide deep tissue massage for hands, wrists, and fingers. It utilizes air pressure and therapy heat compression technology to imitate reflexology-like kneading, aiming to alleviate discomfort associated with conditions such as carpal tunnel syndrome, rheumatoid arthritis, and general joint pain. This manual provides essential information for the safe and effective use of your cotsoco Hand Massager.



Figure 1: The cotsooco Hand Massager with its full set of accessories, including various massage heads and a protective carrying case.

2. SAFETY INFORMATION

Please read all safety warnings and instructions before using this product.

- Always unplug the device before use or cleaning.
- Do not use while charging.
- Keep away from heat sources and liquids.
- Avoid using on broken skin or injured areas.
- Consult a doctor before use if you have any health concerns, pre-existing conditions, or are pregnant.
- Stop use immediately if you experience pain, discomfort, or any adverse reactions.
- This device is not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PACKAGE CONTENTS

Your cotsooco Hand Massager package includes the following items:

- cotsooco Hand Massager Unit (Model M769)
- Various Interchangeable Massage Heads (10 types)
- Power Charger
- User Manual
- Trigger Points Therapy Guide
- Carrying Case

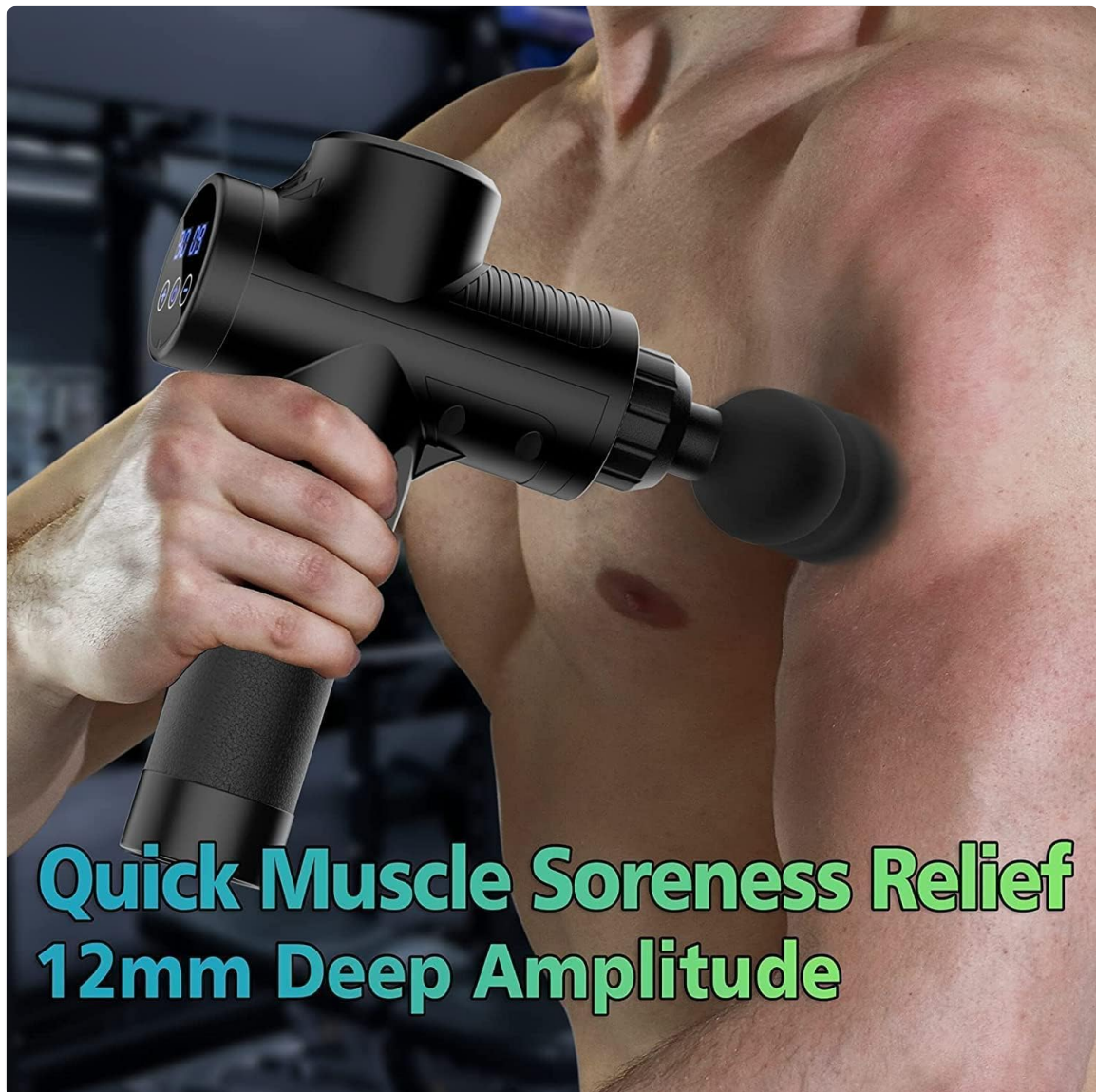


Figure 2: The main unit features an LCD touch screen for control, and comes with 10 distinct massage heads for varied applications.

4. PRODUCT OVERVIEW

The cotsooco Hand Massager is designed for ease of use and portability. It features a durable metal construction and a non-slip silicone handle for comfortable grip. The device is powered by a built-in 2200mAh rechargeable battery, offering cordless operation for convenience.

Key Features:

- **LCD Touch Screen:** Displays current speed level and battery status.
- **30 Speed Settings:** Allows for precise control over massage intensity, from muscle activation (1-6) to deep massage (19-24) and professional athlete deep massage (25-30).
- **10 Interchangeable Massage Heads:** Each head is designed for specific muscle groups and massage types.
- **Quiet Operation:** Engineered with a noise reduction design, operating at approximately 40 dB.
- **Long Battery Life:** A full charge supports approximately 10-15 days of use (based on 15-minute auto shut-off sessions).
- **Automatic Shut-off:** The device automatically turns off after 15 minutes of continuous use to prevent overheating and ensure safety.



Figure 3: The internal design highlights the quiet rotating motor and noise reduction features, ensuring a comfortable and powerful massage experience.

DEEP TISSUE PERCUSSION MUSCLE MASSAGER

LCD

TOUCH SCREEN

40 dB

LOW NOISE

10 Types

MASSAGE HEADS

30 Gear

SPEED ADJUSTMENT



Figure 4: The massager features a large capacity 2200mAh battery, providing extended use on a single charge.

5. SETUP

5.1. Initial Charging

Before first use, fully charge the cotsoco Hand Massager. Connect the power charger to the charging port located at the base of the device and plug it into a standard electrical outlet. The LCD screen will indicate charging status. A full charge typically takes 3-4 hours.

5.2. Attaching Massage Heads

To attach a massage head, align the base of the desired head with the opening on the front of the massager. Push firmly until it clicks securely into place. To remove, gently pull the head straight out.

Video 1: This official product video demonstrates the unboxing, attachment of massage heads, and basic operation of the cotsoco Hand Massager.

6. OPERATING INSTRUCTIONS

6.1. Power On/Off

1. To power on, press and hold the power button located at the base of the handle for a few seconds until the LCD screen illuminates.
2. To power off, press and hold the power button again until the screen turns off. The device also features a 15-minute auto shut-off function.

6.2. Adjusting Speed

Once powered on, the device will start at the lowest speed setting. Use the '+' and '-' buttons on the LCD touch screen to increase or decrease the massage intensity. There are 30 adjustable speed levels.

6.3. Using the Massager

Gently apply the massager to the desired muscle area. Move the device slowly over the muscle, applying light to moderate pressure. Refer to the 'Massage Head Guide' section for recommendations on which head to use for specific areas and purposes.



Figure 5: The massager provides quick muscle soreness relief with its deep amplitude percussion.



Figure 6: The compact design allows for easy self-application on various body parts, such as the legs.

7. MESSAGE HEAD GUIDE

The cotsoco Hand Massager comes with 10 specialized massage heads. Choose the appropriate head based on the muscle group and desired massage effect.

Cotsoco Massage Gun



Others



VS

10 Massage Heads

LCD Touch Screen

8 Hours Working Time

30 Adjustable Speeds

Cooling System

Suitcase

4 Massage Heads

✗
NO LCD Touch Screen

3 Hours Working Time

20 Adjustable Speeds

✗
NO Cooling System

✗
NO Suitcase

Figure 7: A visual guide to the 10 included massage heads and their recommended applications.

Message Head	Recommended Use
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Massage Head	Recommended Use
Fork Head	Used for neck, spinal, and Achilles tendon massage.
Flat Head	Used for relaxing and shaping each muscle part.
Round Head	Used for hand, back, buttocks, and leg massage (large muscle groups).
Adze Head	Used for whole body bones and muscle relaxation.
Bullet Head	Suitable for pain and sole trigger point massage.
Golden Finger Head	Used for massage of soft tissue.
Bulge Head (Type 1)	Suitable for muscles around underarms.
Semicircle Head	Relieves shoulder and arm soreness.
Bulge Head (Type 2)	Suitable for relaxing joints and sensitive muscles.
Gyro Head	Suitable for massaging soft tissue.

8. MAINTENANCE

8.1. Cleaning

Wipe the massager unit and massage heads with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water. Ensure the device is completely dry before storing or recharging.

8.2. Storage

Store the cotsocho Hand Massager and its accessories in the provided carrying case in a cool, dry place, away from direct sunlight and extreme temperatures. Keep out of reach of children.

9. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery.	Charge the device fully.
	Power button not pressed correctly.	Press and hold the power button firmly for a few seconds.

Problem	Possible Cause	Solution
Massage head falls off during use.	Head not securely attached.	Ensure the massage head is pushed firmly into place until it clicks.
Device stops unexpectedly.	15-minute auto shut-off activated.	This is a normal safety feature. Restart the device if desired.
	Low battery.	Charge the device.

10. SPECIFICATIONS

Feature	Detail
Brand	cotsoco
Model Number	M769
Product Dimensions	5.71 x 4.43 x 1.34 inches
Item Weight	1.85 Pounds (840 Grams)
Material	Metal
Power Source	Battery Powered
Battery Capacity	2200mAh
Speed Levels	30 Adjustable Speeds
Massage Heads	10 Types
Auto Shut-off	15 Minutes

11. WARRANTY & SUPPORT

For warranty information and customer support, please refer to the contact details provided on the product packaging or visit the official cotsoco website. Keep your purchase receipt for warranty claims.

