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GYMAX Charles

GYMAX Gaming Chair User Manual

Brand: GYMAX | Model: Charles

INTRODUCTION

This manual provides comprehensive instructions for the assembly, operation, and maintenance of your GYMAX Gaming Chair. Designed for ergonomic comfort and versatility, this chair is suitable for gaming, office work, studying, and relaxation. Please read this manual thoroughly before assembly and use to ensure proper function and safety.



The GYMAX Gaming Chair, featuring a green and black design, is built for ergonomic support and comfort during extended use.

SAFETY INFORMATION

To ensure safe operation and prevent injury or damage, please adhere to the following safety guidelines:

- **Weight Limit:** Do not exceed the maximum weight capacity of 330 pounds (150 kg). Overloading may cause instability and damage to the chair.
- **Assembly:** Ensure all components are correctly assembled and tightened according to the instructions before use. Periodically check and re-tighten all screws and bolts.
- **Stability:** Avoid standing on the chair or using it as a step stool. Do not lean excessively to one side or the back, especially when fully reclined, to prevent tipping.

- **Movement:** Use caution when moving the chair, especially on uneven surfaces. Ensure the area around the chair is clear to prevent accidents.
- **Children:** Keep children away from the chair during assembly. Supervise children when they are near or using the chair to prevent misuse.
- **Maintenance:** Only use recommended cleaning methods. Do not use harsh chemicals or abrasive materials that could damage the chair's finish or components.

PARTS LIST

Before beginning assembly, verify that all the following parts are present and undamaged:

- Backrest
- Seat Cushion with Armrests
- Five-Star Base
- Gas Lift Cylinder
- Casters (Wheels)
- Mechanism Plate
- Headrest Pillow
- Lumbar Support Cushion
- Footrest Assembly
- Hardware (Screws, Washers, Allen Key)

SETUP AND ASSEMBLY

The GYMAX Gaming Chair is designed for straightforward assembly. While specific step-by-step instructions are typically provided with the product packaging, the general process involves attaching the casters to the base, inserting the gas lift, securing the mechanism plate to the seat, attaching the backrest, and finally adding the headrest and lumbar cushions. No additional tools are required beyond those provided.



The assembled GYMAX Gaming Chair, ready for use in a gaming or office environment.

OPERATING INSTRUCTIONS

Ergonomic Design and Support

The chair features thick sponge padded cushions with soft PU and PVC leather for comfort. The high backrest, headrest, and lumbar support are designed to provide strong support, reducing fatigue during long sitting periods. The adjustable headrest and lumbar pillow offer customizable support for your neck and lower back.

Ergonomic Design & Wide Seat

Reduce fatigue and bring you an immersive gaming experience



Detailed view of the chair's ergonomic features, including the adjustable headrest and lumbar support.

Height Adjustment

To adjust the seat height, locate the lever beneath the seat on the right side. Lift the lever up while applying or releasing weight from the seat to move it to your desired height. The seat height can be adjusted from 17 inches to 20 inches to accommodate various desk heights and user preferences.



Adjusting the chair's height for optimal seating position.

Backrest Recline

The backrest can be reclined between 90° and 155°. To recline, lift the lever located on the side of the chair (typically the left side). Lean back to the desired angle and release the lever to lock the position. This feature allows for comfortable working, gaming, or napping positions.

Humanized Height Adjustable Design



Illustration of the adjustable backrest angles and footrest extension.

Retractable Footrest

For added relaxation, the chair includes a retractable footrest. Pull the footrest out from beneath the seat when needed, and push it back in for storage. The footrest extends up to 15 inches, providing support for your legs during breaks or naps.

Linkage Armrests

The armrests are designed with a linkage mechanism, meaning they move in conjunction with the backrest when you recline. This ensures continuous arm support regardless of the recline angle, enhancing overall comfort.

360° Swivel and Universal Wheels

The chair features a 360° horizontal swivel, allowing for easy rotation and communication in any direction. Mute PU rolling wheels provide smooth movement across various floor surfaces without causing excessive noise or scratches.

MAINTENANCE

Proper maintenance will extend the life and appearance of your GYMAX Gaming Chair:

- **Cleaning:** Wipe clean with a damp cloth. For tougher stains, use a mild soap solution and wipe dry immediately. Avoid using harsh detergents, abrasive cleaners, or solvents, as these can damage the PU and PVC leather.
- **Regular Checks:** Periodically inspect all bolts and screws to ensure they are tight. Re-tighten if necessary to maintain stability and prevent wobbling.
- **Avoid Direct Sunlight:** Prolonged exposure to direct sunlight can cause the leather to fade or crack. Position the chair away from direct sunlight if possible.
- **Weight Distribution:** Distribute your weight evenly when sitting to prevent undue stress on specific parts of the chair.

SPECIFICATIONS

Brand	GYMAX
Model Name	Charles
Color	Green
Product Dimensions	27"D x 27"W x 49"H
Maximum Weight Recommendation	330 Pounds
Material	PU and PVC Leather, Sponge Fill
Back Style	Solid Back
Special Features	Adjustable, Sturdy, Retractable Footrest, Linkage Armrests, Lumbar Cushion
Furniture Base Movement	Swivel
Item Weight	41 pounds

Product Details



Adjustable & Soft Headrest



Linkage Armrests



Stable 5-claw Base



Comfy & Adjustable Lumbar Pillow



Thickened Cushion



Smooth Rolling Wheels

Detailed product dimensions and maximum weight capacity.

SUPPORT

For further assistance, detailed diagrams, or specific troubleshooting, please refer to the official User Manual PDF available online:

[Download User Manual \(PDF\)](#)

For product inquiries or support, you may also visit the official GYMAX store on Amazon: [GYMAX Store](#).