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GYMAX B0993NTMCX

GYMAX Walking Pad User Manual

Dual LED Display 2-in-1 Under Desk Treadmill with Remote & Smart App Control

Model: B0993NTMCX

1. SAFETY INFORMATION

Please read this manual carefully before operating the GYMAX Walking Pad. Retain this manual for future reference.

- Always place the treadmill on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Wear appropriate athletic footwear while using the treadmill.
- Attach the safety key clip to your clothing before starting your workout. In case of emergency, pulling the safety key will immediately stop the treadmill.
- Do not use the treadmill on thick carpet, as this may obstruct ventilation and cause overheating.
- Ensure the power cord is not pinched or damaged.
- Maximum user weight: 265 lbs (120 kg).

2. PACKAGE CONTENTS

Verify that all components are present and undamaged:

- GYMAX Walking Pad Treadmill Unit
- Remote Control
- Safety Key
- Phone Bracket
- Power Cord
- User Manual (this document)
- Assembly Tools (Allen wrench, screwdriver)

3. SETUP AND ASSEMBLY

The GYMAX Walking Pad comes mostly pre-assembled. Follow these steps for final setup:

1. **Unpacking:** Carefully remove the treadmill from its packaging. Ensure all packing materials are removed.
2. **Raise the Handrails (if applicable):** If using in running mode, lift the handrails into the upright position. Secure them by inserting and tightening the provided screws on each side, both at the bottom and top of the handrail supports.
3. **Attach Phone Bracket:** Remove the screws from the designated area on the handrail. Align the phone bracket and secure it with the removed screws using the provided screwdriver.
4. **Incline Adjustment:** For manual incline, remove the foot covers at the rear of the treadmill. Use the provided M8*30 screws and M8 nuts to fix the folding foot pedals on the treadmill platform. The same operation is performed on the other side. For higher incline, place the red incline blocks under the rear of the treadmill.
5. **Power Connection:** Plug the power cord into the treadmill's power port and then into a standard electrical outlet. Locate the red on/off toggle switch at the front of the treadmill and switch it to the 'ON' position. The display will light up.
6. **Remote Control Batteries:** Insert 2 AAA batteries (not included) into the remote controller.



Image: Overview of GYMAX Walking Pad components including the LED display, phone/iPad bracket, safety key, foldable riser, easy-to-remove armrest, Bluetooth speaker, and adjustable foot pads.



Image: Illustration of the treadmill's folding mechanism, showing how the handrails can be lowered for compact storage.

Treadmill Specification

Color: Silvery Grey/Shiny Red/Shiny Blue/Gold/
Emerald/Pearl/Black
Material: Steel, ABS
Product Dimension: 49" x 27" x 42" (L x W x H)
Folding Size: 52" x 27" x 5"(L x W x H)
Running Belt Size: 40" x 16" (L x W)
Voltage: 110V
Speed Range: 0.5-7.5 MPH
Net Weight: 75 lbs
Weight Capacity: 265 lbs



FOLDING DESIGN

Effortless to store
Perfect for home/apartment

DUAL SCREEN DISPLAY

Provide you with great convenience
to control



Image: Detailed view of the treadmill's control panel, showing touch screen buttons and the power switch location.

4. OPERATING INSTRUCTIONS

4.1 Powering On/Off

- To turn on, ensure the power cord is connected and the red toggle switch at the front is 'ON'. The display will illuminate.
- To turn off, switch the red toggle switch to 'OFF' and unplug the power cord.

4.2 Using the Display and Controls

The dual LED display shows real-time data including time, speed, distance, and calories burned. You can control the treadmill via the touch screen, remote control, or the GYMAX App.

- **Start/Stop:** Press the 'Start/Stop' button on the touch screen or remote to begin or end your workout. A 3-second countdown will precede belt movement.
- **Speed Adjustment:** Use the '+' and '-' buttons on the touch screen or remote to increase or decrease speed.
- **Safety Key:** The red magnetic safety key must be in place for the treadmill to operate. Clip the cord to your clothing. If the key is dislodged, the treadmill will stop immediately.

Dual Screen Display

▶ Remote Control

- Speed
- Time
- Distance
- Calorie



▶ Touch Screen

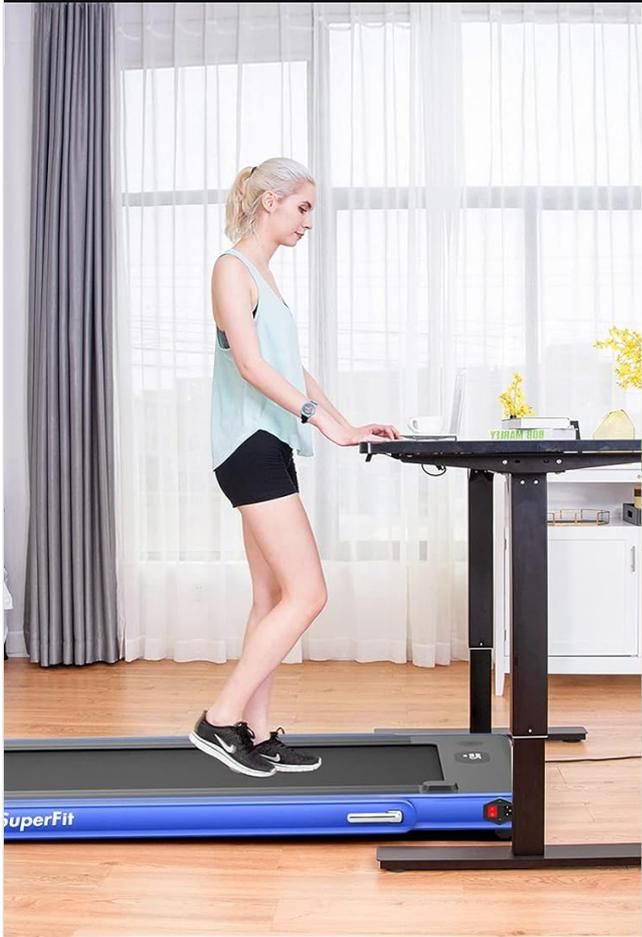


Image: Close-up of the dual LED display showing time, speed, distance, and calories, along with the remote control for operation.

4.3 Modes of Operation

- **Walking Mode (Handrails Down):** Speed range from 1 km/h to 4 km/h (approx. 0.6-2.5 MPH). Ideal for under-desk use or light walking.
- **Running Mode (Handrails Up):** Speed range from 1 km/h to 12 km/h (approx. 0.6-7.5 MPH). Suitable for jogging and running.

2-in-1 Treadmill for Walking & Running



Walking Mode

1km/h-4km/h



Running Mode

1km/h-12km/h

Image: Demonstrates the treadmill in both walking mode (under a desk) and running mode (with handrails up).

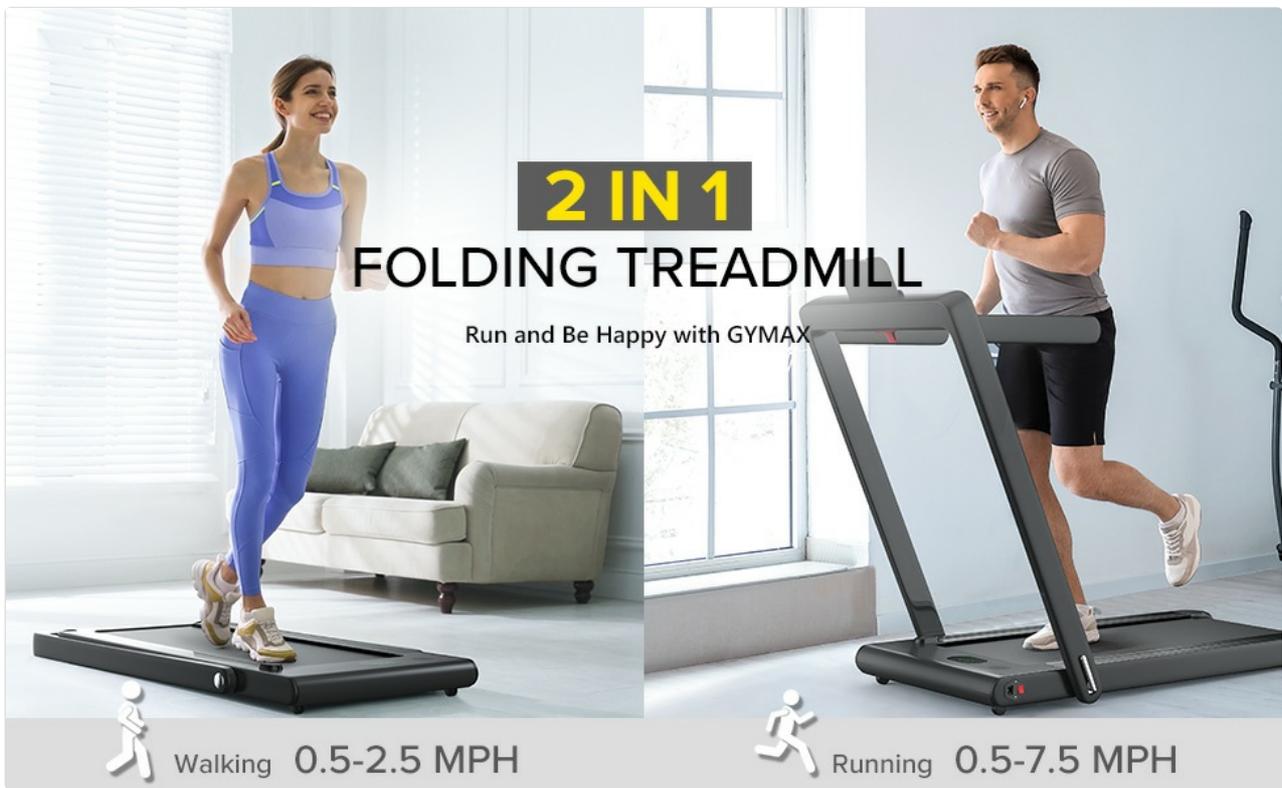


Image: Visual representation of the treadmill's two modes: walking (0.5-2.5 MPH) and running (0.5-7.5 MPH).

4.4 GYMAX App Control

Download the 'GYMAX App' from Google Play or the App Store to control your treadmill and track your workout data. The app allows for speed adjustment, mode selection, and monitoring of your progress.

Get Connect with the "Gymax" App



Get it on Google play



Download on the App Store



Download for Android



Bluetooth



Gymax App



Image: Shows a smartphone screen displaying the GYMAX App interface and icons for downloading from Google Play and the App Store.

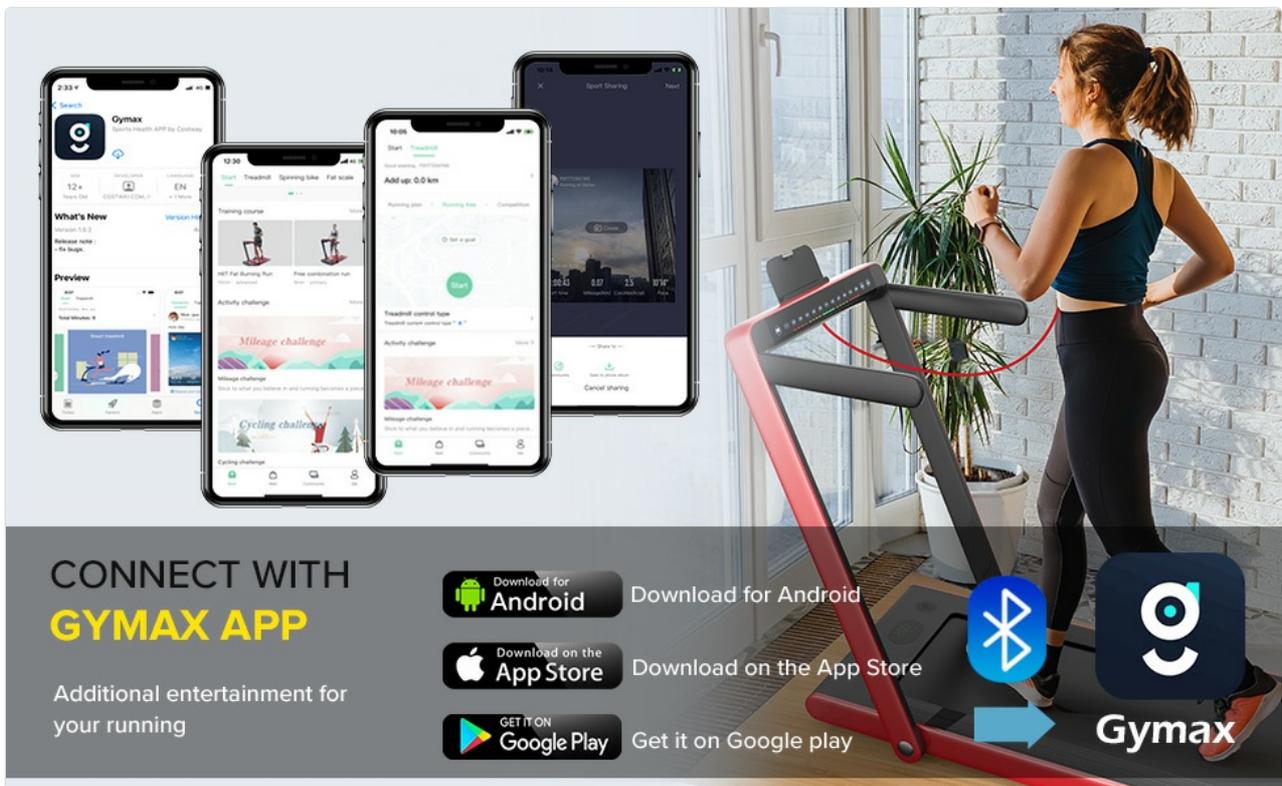


Image: Demonstrates connecting the treadmill to the GYMAX App via Bluetooth, showing app screenshots and a user exercising.

4.5 Media Integration

- **Phone Holder:** Use the integrated phone bracket to securely hold your mobile device for entertainment or app control during your workout.
- **Bluetooth Speaker:** Connect your mobile phone to the treadmill's built-in speaker via Bluetooth to enjoy music or audio content.



Image: Close-up view of the integrated phone holder on the treadmill's console.



Image: Depiction of the treadmill's Bluetooth speaker playing music during a workout.

5. FEATURES OVERVIEW

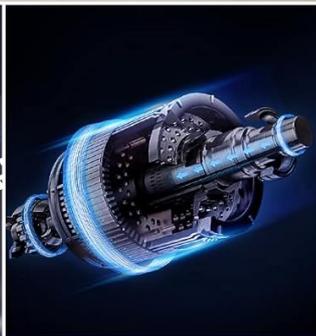
- **2-in-1 Design:** Easily switch between walking (under desk) and running modes by adjusting the handrails.
- **Quiet Motor:** Equipped with a 2.25HP motor designed for quiet operation, making it suitable for home and office environments without causing disturbance.
- **Advanced Running Belt:** Features a 40" x 16" spacious, 5-layer running belt that is shock-absorbing and non-slip, providing comfort and knee protection during workouts.
- **Foldable & Portable:** The treadmill's foldable design allows for easy storage under a sofa or against a wall. Built-in moving wheels facilitate effortless relocation.

Treadmill with Dual Display

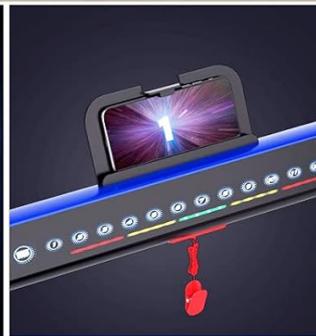
- Spacious Running Belt: 40" x 16" ◀
- Modern-looking, High-end Style ◀
- Multifunctional Design ◀



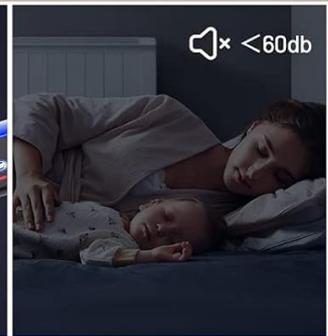
Bluetooth Speaker



2.25 HP Powerful Motor



Mobile Phone Bracket



Less Noise

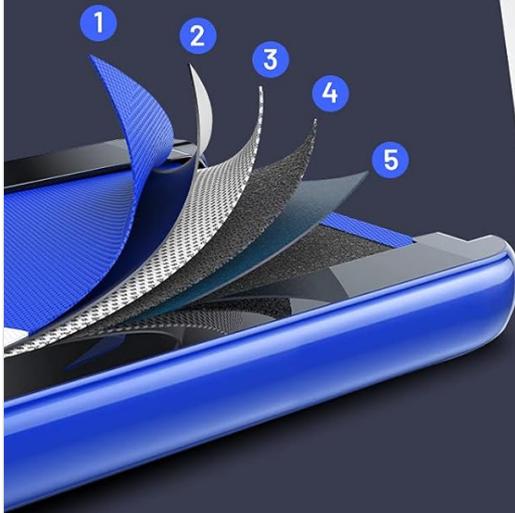
Image: Highlights key features including the dual display, Bluetooth speaker, 2.25 HP powerful motor, mobile phone bracket, and low noise level.



Image: Illustrates the quiet operation of the treadmill's motor, suitable for use without disturbing others.

Non-slip & Shock-absorbing Running Belt

Protect your knee



- 1 Wear Resistant Surface
- 2 Sound Insulation Layer
- 3 High Strength Support Layer
- 4 Shock Absorbing Layer
- 5 Compression Layer



Image: Diagram showing the five layers of the running belt: wear-resistant surface, sound insulation layer, high strength support layer, shock absorbing layer, and compression layer.



Image: Close-up of the integrated moving wheels for easy transport of the treadmill.

Foldable Design for Storage



Image: Demonstrates various storage options for the foldable treadmill, such as against a wall, under a sofa, or in a corner.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Cleaning:** Wipe down the treadmill surfaces with a damp cloth after each use. Avoid abrasive cleaners.
- **Belt Lubrication:** Periodically lubricate the running belt according to the instructions in the full product manual to ensure smooth operation and prevent wear.
- **Belt Adjustment:** If the running belt shifts or slips, refer to the full product manual for instructions on how to adjust the belt tension and alignment.
- **Storage:** When not in use, fold the treadmill and store it in a dry, clean area away from direct sunlight and extreme temperatures.

7. TROUBLESHOOTING

If you encounter issues with your GYMAX Walking Pad, refer to the following common solutions:

- **Treadmill not starting:** Ensure the power cord is securely plugged in, the red toggle switch is 'ON', and the safety key is correctly placed on the console.
- **Belt slipping or uneven:** The running belt may require lubrication or adjustment. Consult the maintenance section or the full product manual.
- **Unusual noises:** Check for loose parts or foreign objects under the belt. Lubrication may also be needed.
- **Remote control not working:** Check the batteries in the remote control and ensure they are inserted correctly.

For further assistance, please contact GYMAX customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	GYMAX
Model	B0993NTMCX
Product Dimensions (L x W x H)	52"D x 27"W x 42"H
Folded Size (L x W x H)	52" x 27" x 5"
Item Weight	38.4 Kilograms (approx. 84.6 lbs)
Material	Acrylonitrile Butadiene Styrene (ABS), Alloy Steel
Motor Horsepower	2.25 HP
Speed Range	1-12 Kilometers per Hour (approx. 0.6-7.5 MPH)
Running Belt Size (L x W)	40" x 16"
Maximum Weight Recommendation	265 Pounds
Display Type	LED
Control Program Name	GYMAX App
Included Components	Remote Control, Safety Key, Phone Bracket

9. WARRANTY AND SUPPORT

GYMAX offers customer support for any inquiries or issues you may have with your walking pad. For specific warranty details, please refer to the documentation included with your purchase or contact GYMAX directly.

The product is eligible for 30-day easy returns.

For customer service, please visit the [GYMAX Store on Amazon](#).

10. PRODUCT VIDEO OVERVIEW

Video: A detailed overview of the GYMAX Walking Pad, demonstrating its display features, safety clip, cup holders, phone holder, power switch, running belt quality, incline adjustment, and quiet motor operation. This video highlights the ease of assembly and comfortable user experience.