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> BILITOK /

> Full Body Zero Gravity Massage Chair with Heat Therapy, 5 Auto Modes, and Remote Control, Ultimate Relaxation for Back, Shoulders, Arms, HIPS, and Calves Black

BILITOK TOK-D09

BILITOK Full Body Zero Gravity Massage Chair Instruction Manual

Model: TOK-D09

IMPORTANT SAFETY INSTRUCTIONS

Please read all instructions carefully before using the massage chair. Keep this manual for future reference.

- Always assemble the chair completely before use.
- Be cautious when using the 'Zero Gravity' feature and ensure sufficient clear space around the chair.
- Keep the rolling wheels away from walkways to prevent tripping hazards.
- Do not use the massage chair under wet conditions or in high humidity environments.
- Do not use if the power cord is damaged. Contact customer support for replacement.
- Keep children and pets away from the chair during operation.
- Do not attempt to repair or modify the chair yourself. Refer to qualified service personnel.

PRODUCT OVERVIEW

The BILITOK Full Body Zero Gravity Massage Chair offers a comprehensive massage experience designed for ultimate relaxation.



Figure 1: BILITOK Full Body Zero Gravity Massage Chair in black.

Full Body Massage: Equipped with 8 fixed rollers targeting the backrest, back, and waist. Airbags on shoulders, arms, hips, and calves provide compression massage.

Zero Gravity Function: Reclines fully, elevating feet above the heart to reduce cardiac load and enhance circulation.

Built-in Heat Therapy: Features a waist heater for gentle warmth, promoting blood circulation and muscle pain relief.

Multifunctional Design: Offers 5 preset automatic modes, three layers of airbags, back massage rollers, and foot massage rollers.

Ergonomic and User-Friendly: Designed with a retractable footstool and rolling wheels for easy movement.

FULL BODY MASSAGE OVERVIEW

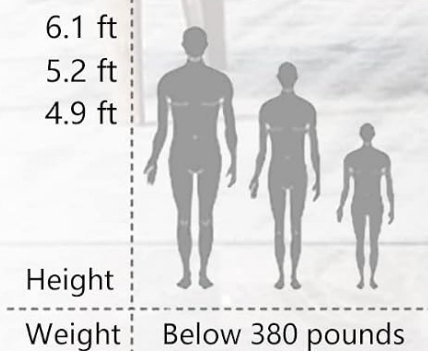


Figure 2: Overview of massage areas and general dimensions. The chair is 48.5"D x 29"W x 32.5"H and supports up to 380 pounds.

SETUP & ASSEMBLY

The massage chair is packaged in a single box for safe transportation and easier handling. Assembly is straightforward and typically takes about 15 minutes.

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Video 1: Official BILITOK massage chair assembly and feature overview. This video demonstrates the unboxing and simple assembly process.

Unboxing and Component Identification:

1. Carefully open the single package.
2. Remove the main chair body, armrests, and any accessories.

3. Verify all components are present according to the packing list.

Assembly Steps:

1. Position the main chair body in the desired location. The chair has rolling wheels at the base for easy maneuverability.
2. Attach the armrests to the main body. Each armrest has an air hose and a power plug that need to be connected.
3. Secure the armrests using the provided screws (typically two screws per side).
4. Connect the power cable to a suitable power outlet.
5. Ensure all connections are secure before operation.

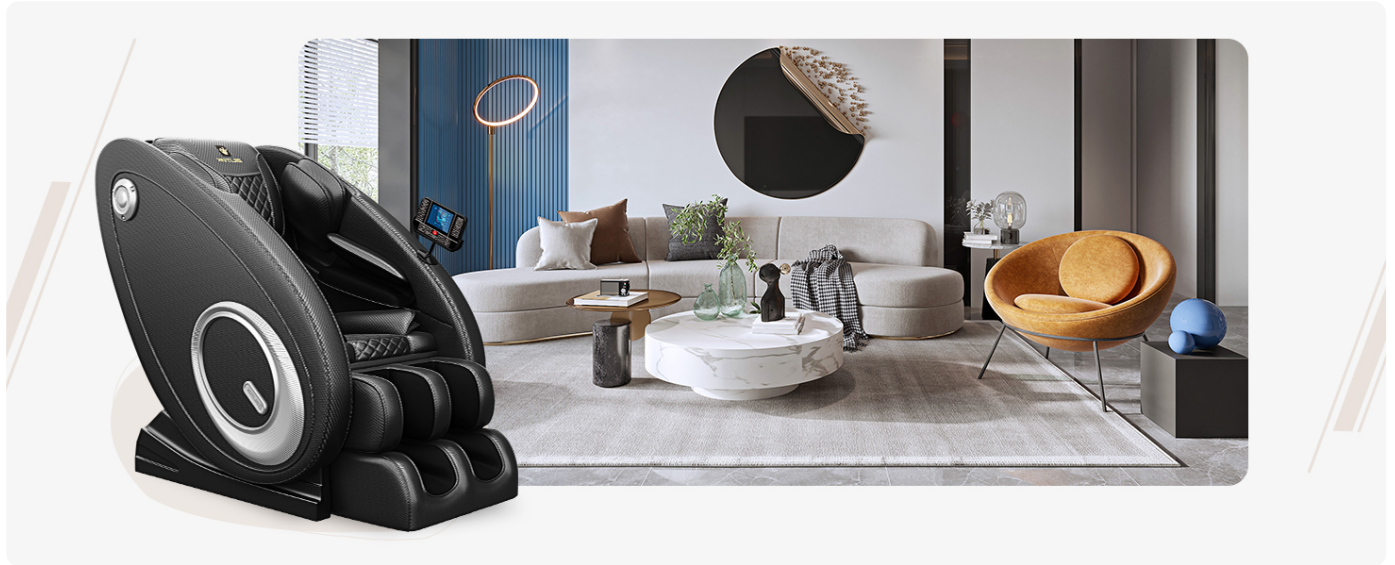


Figure 3: The chair is designed for easy assembly and transport, arriving in a compact form.

OPERATING INSTRUCTIONS

The massage chair features an intuitive tablet remote control for easy operation. It offers both automatic and manual massage modes.



Figure 4: The smart touch screen controller allows for easy customization of massage modes and intensity.

Power On/Off:

- Press the power button on the remote control to turn the chair on or off.
- The chair will automatically return to its upright position when powered off.

Automatic Modes:

The chair offers 5 preset automatic modes for a quick and comprehensive massage experience.

- Select "Fully Automatic" on the remote.
- Cycle through the 5 available automatic programs (F1-F5) to find your preferred massage.

Manual Modes & Customization:

Customize your massage by adjusting specific settings:

- **Kneading Mode:** Focuses on roller-based massage. Cycle through different kneading patterns (A1-A3).
- **Massage Mode:** Combines rollers with airbag compression. Cycle through different massage patterns (B1-B3).
- **Speed & Intensity:** Adjust the speed of the rollers and the intensity of the massage (3 levels each).
- Adjust the air pressure on shoulders, arms, hips, and calves.
- Select specific body areas for massage, such as shoulder arm pinch, hip pinch, or leg airbag pinch.
- Activate or adjust the intensity of the foot massage rollers.

8 FIXED MASSAGE ROLLERS



Figure 5: The chair features 8 fixed massage rollers for targeted relief.

Zero Gravity Function:

Activate the "Zero Gravity" button to recline the chair, elevating your feet above your heart. This position is designed to reduce the load on your heart and enhance the massage effect.

ZERO GRAVITY DESIGN

Gravity buttons to adjust comfortable reclining angles



Figure 6: The Zero Gravity design allows for comfortable reclining angles.

Heat Therapy:

The built-in waist heater provides gentle warmth to enhance relaxation and promote blood circulation.

- Press the "Heat" button on the remote to activate the waist heater.
- The heat function operates at a comfortable temperature to soothe muscles.



Figure 7: The fast heating function helps to effectively relieve fatigue.

Wireless Bluetooth Speaker:

Connect your phone to the chair's built-in Bluetooth speaker to enjoy your favorite music during your massage.

- Enable Bluetooth on your mobile device.
- Search for "BILITOK" or "TOK-D09" in your device's Bluetooth settings and pair.
- Once connected, audio from your device will play through the chair's speakers.

MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your massage chair.

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Storage:** When not in use, store the chair in a dry, cool place away from direct sunlight.
- **Weight Limit:** Do not exceed the maximum weight recommendation of 380 pounds.

TROUBLESHOOTING

If you encounter any issues with your massage chair, please refer to the following common troubleshooting tips:

- **Chair Not Powering On:**
 - Ensure the power cord is securely plugged into both the chair and a working electrical outlet.
 - Check if the power button on the remote control is pressed.
- **Control Panel Not Responding:**
 - Verify the cable connecting the control panel to the chair is firmly attached.
 - Try restarting the chair by powering it off and then on again.

- **Unusual Noises During Operation:**

- Ensure the chair is placed on a flat, stable surface.
- Check for any obstructions around the moving parts of the chair.

- **Massage Intensity Feels Off:**

- Adjust the speed and intensity settings using the remote control.
- Ensure you are positioned correctly in the chair for optimal massage contact.

If the issue persists after trying these steps, please contact customer support.

SPECIFICATIONS

Feature	Detail
Brand	BILITOK
Model Name	TOK-D09
Color	Black
Product Dimensions	48.5"D x 29"W x 32.5"H
Item Weight	143 pounds
Maximum Weight Recommendation	380 Pounds
Material	Synthetic Leather, Plastic
Special Feature	Heated, Zero Gravity, Full Body Airbag Massage, Foot Rollers
Power Source	Corded Electric
UPC	707443842302

WARRANTY & SUPPORT

For warranty information, technical support, or any product-related inquiries, please contact BILITOK customer support. Refer to the contact information provided at the point of purchase or on the official BILITOK website.

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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