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› RENPHO Shiatsu Foot Massager with Heat Instruction Manual

RENPHO R-D001R

RENPHO Shiatsu Foot and Calf Massager with Heat

Model: R-D001R | Brand: RENPHO

INTRODUCTION

The RENPHO Shiatsu Foot and Calf Massager with Heat is designed to provide a comprehensive and customizable massage experience for your feet, ankles, and calves. Featuring deep kneading, air compression, and adjustable heat functions, this device aims to alleviate muscle soreness, improve circulation, and offer relaxation. Its versatile design allows for use in various positions, making it a convenient addition to your wellness routine.



The RENPHO foot and calf massager, shown with its remote control, features a sleek design with two foot/calf compartments and a central control panel.

Safety Information

- Do not use the massager while sleeping or driving.
- Ensure the massager is in a stable position during use.
- Stop use immediately if the massager causes discomfort or pain.
- Consult a healthcare provider before use if you have a medical condition or are pregnant.
- For optimal safety and comfort, it is advised to wear socks when using the heating function.

Package Contents

Upon opening the package, please ensure all components are present and in good condition. Your RENPHO Shiatsu Foot and Calf Massager package should include:

- RENPHO Shiatsu Foot and Calf Massager Unit
- Remote Control
- Power Adapter
- User Manual

PRODUCT FEATURES

- **3-in-1 Versatility:** Designed for feet, ankles, calves, legs, and arms with a 270° adjustable support rod.
- **Powerful Heating:** Three levels of heat settings (up to 122°F / 50°C) targeting the entire foot, sole, or instep.
- **Customizable Massage:** 4 air compression intensities and 3 kneading intensities for a personalized experience.
- **Adjustable Timer:** Auto-off timer settings for 15, 20, or 30 minutes.
- **Convenient Control:** Includes a remote control that can be magnetically attached to the device.
- **Large Foot Cavity:** Accommodates US men's feet up to size 14 with a cavity width of 7.7 inches.

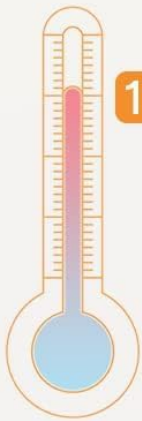


FIT FOR FEET, CALVES AND ARMS MASSAGE

This image demonstrates the versatility of the RENPHO massager, showing it being used to massage feet, calves, and even arms, highlighting its adjustable design.

3 HEAT AREAS UP TO 140°F FULL FEET, INSTEP, BOTTOM

Keep the calf/feet warm

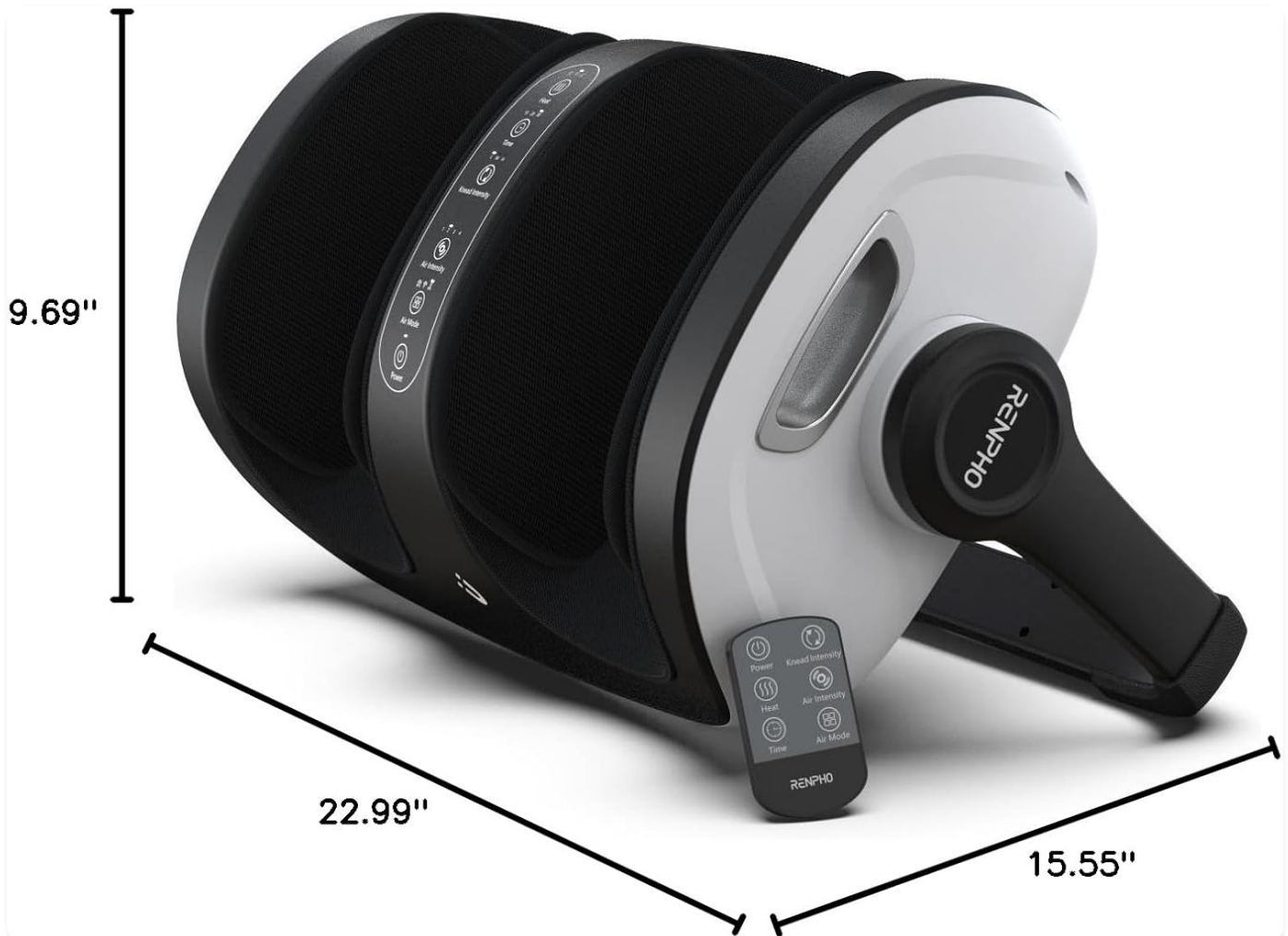


An internal view showing the three distinct heating areas (full feet, instep, bottom) that provide targeted warmth up to 140°F.

SETUP

1. Unpack the massager and all its components from the packaging.
2. Place the massager on a flat, stable surface near a power outlet.
3. Connect the power adapter to the massager's power input port.

4. Plug the power adapter into a suitable electrical outlet.
5. Adjust the support rod to your desired angle for feet, calves, or arms massage. The rod can be rotated 270 degrees.



This image provides the physical dimensions of the massager, including its length, width, and height, useful for placement and storage.

OPERATING INSTRUCTIONS

The massager can be operated using the control panel on the unit or the included remote control.

Using the Control Panel / Remote Control:

1. **Power On/Off:** Press the **Power** button to turn the unit on or off.
2. **Heat Function:** Press the **Heat** button to cycle through three heat levels or turn off the heat.
3. **Timer Setting:** Press the **Time** button to set the auto-off timer to 15, 20, or 30 minutes.
4. **Kneading Intensity:** Use the **Knead Intensity** buttons to select from 3 levels of kneading massage.
5. **Air Intensity:** Use the **Air Intensity** buttons to select from 4 levels of air compression.
6. **Air Mode:** Press the **Air Mode** button to switch between different air compression modes (Full, Fore, Rear Feet).

Insert your feet or calves into the designated compartments. For arm massage, adjust the support rod and place your arms comfortably. Adjust settings as desired for a personalized massage experience.

SMART REMOTE CONTROLLED



Heat-Whole Feet/Instep/ Bottom

Time-15/20/30 Minutes

Knead Intensity-3 Level

Air Intensity-4 Level

Air Mode-Full/Fore/Rear Feet



A detailed view of the massager's control panel and the included remote, illustrating the various settings for heat, kneading intensity, air intensity, and timer.



This image highlights the massager's ability to accommodate various calf sizes, up to 19.7 inches, making it suitable for a broad range of users.

MAINTENANCE

- **Cleaning:** Disconnect the power cord before cleaning. Wipe the surface of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.

- **Fabric Covers:** The fabric covers inside the foot compartments are removable and washable for hygiene. Unzip the covers, remove them, and hand wash with mild detergent. Air dry completely before reattaching.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	Power cord not properly connected; Power outlet malfunction.	Ensure power cord is securely plugged into both the massager and the outlet. Try a different outlet.
Heat function is not noticeable.	Heat setting is too low; Ambient temperature is high.	Increase heat setting. In warm environments, the heat may be less perceptible. Ensure socks are worn for better heat retention.
Massage feels too intense or too weak.	Intensity settings are not adjusted to preference.	Adjust the kneading and air intensity levels using the control panel or remote until comfortable.
Remote control is not working.	Battery low or depleted; Obstruction between remote and unit.	Replace remote control batteries. Ensure direct line of sight between remote and unit.

SPECIFICATIONS

- **Model:** R-D001R
- **Product Dimensions:** 22.99 x 15.55 x 9.69 inches
- **Item Weight:** 19.69 Pounds (8.93 Kilograms)
- **Power Source:** Corded Electric
- **Material:** Acrylonitrile Butadiene Styrene
- **Manufacturer:** renpho

WARRANTY AND SUPPORT

RENPHO products come with a standard manufacturer's warranty. For detailed warranty information, including coverage period and terms, please refer to the warranty card included in your product packaging or visit the official RENPHO website.

For technical support, troubleshooting assistance, or any inquiries regarding your massager, please contact RENPHO Customer Service:

- **Website:** www.renpho.com
- **Email:** Refer to website for contact details.
- **Phone:** Refer to website for contact details.

Please have your model number (R-D001R) and purchase date ready when contacting support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question