

manuals.plus /

› [SmartWatch](#) /

› [HW16 Smart Watch, 1.72" 44mm, \(iOS_Android\),Full Screen, Bluetooth Call, Music System, Heart Rate Sensor, Fitness Tracker, Waterproof, Password lock screen, \(Black\) - User Manual](#)

SmartWatch HW16

HW16 Smart Watch User Manual

Model: HW16
Brand: SmartWatch

INTRODUCTION

This user manual provides comprehensive instructions for the HW16 Smart Watch. It covers setup, operation, maintenance, and troubleshooting to help you maximize your device's potential. The HW16 Smart Watch features a 1.72-inch full screen, Bluetooth call functionality, music system, heart rate sensor, fitness tracking, and password lock screen, compatible with both iOS and Android devices.

SETUP

1. Charging the Device

Before first use, fully charge your HW16 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer USB port. The watch display will indicate charging status.

2. Powering On/Off

To power on, press and hold the side button until the screen illuminates. To power off, press and hold the side button, then select the power off option on the screen.

3. Pairing with Your Smartphone

The HW16 Smart Watch connects via Bluetooth. Download the recommended companion application (e.g., Wearfit Pro APP as mentioned in specifications) from your smartphone's app store. Ensure Bluetooth is enabled on your phone. Open the app, follow the on-screen instructions to search for and pair with your HW16 device. Confirm the pairing request on both your phone and the watch.

OPERATING INSTRUCTIONS

Navigation

The HW16 features a full touch screen. Swipe left/right, up/down to navigate through menus and features. Press the side

button to return to the home screen or access the app list.

Bluetooth Call Functionality

Once paired with your phone, the watch supports HD-Dial calls. You can swipe to answer incoming calls, dial numbers directly from the watch, and synchronize your mobile phone call history and address book. This feature allows for hands-free communication.

HD —Dial Call

Swipe to answer incoming calls, call dialing, high-definition sound quality calls. Synchronize mobile phone call history, address book, free call back, free answer. Whether it is sports or driving, free your hands and communicate more freely.



Image: The HW16 Smart Watch showing its HD-Dial Call feature, including options to answer, dial, and access contacts. This image

illustrates the watch's capability for direct phone calls.

Music System

Control music playback on your connected smartphone directly from your watch. Play, pause, skip tracks, and adjust volume without needing to take out your phone.

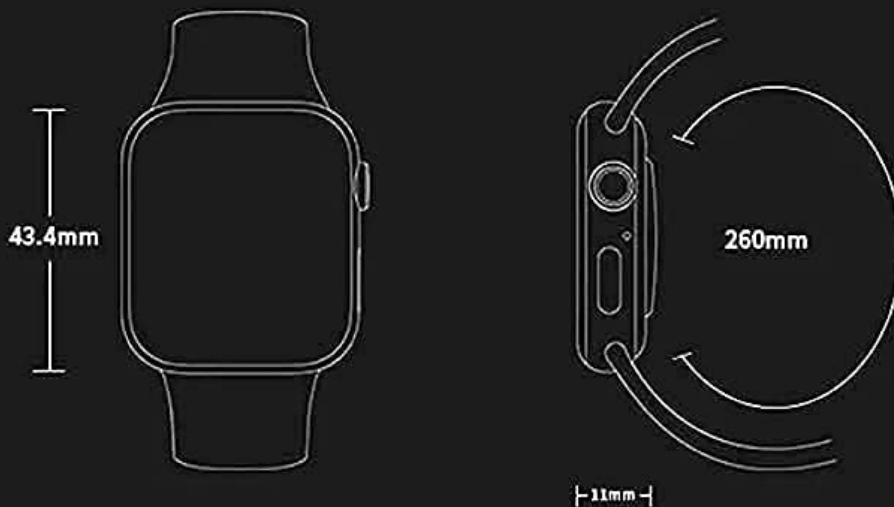
Fitness Tracking

The watch tracks various fitness metrics including steps, distance, and calories burned. Utilize the multi-sport mode for specific activity tracking.

Heart Rate Sensor

Monitor your heart rate in real-time. Access the heart rate application on the watch to view your current heart rate and historical data.

Basic parameters



Wristband size	260mm*20mm*2.5mm
Dimensions	43.4mm*38mm*11mm
Body material	Zinc alloy +IML injection process
Strap material	Liquid silicone
Bluetooth	Bluetooth5.2
screen size	1.72inch
Resolution	320*385

battery capacity	250mAH
compatible	IOS10.0以上/Android 5.0以上
Adaptation method	Can be used independently or connected to Wearfit Pro APP at the same time
Language	Chinese, English, Arabic, French, German, Spanish, Portuguese, Russian, Thai, Polish, Italian, Japanese, Traditional, Czech, Turkish, Greek, Latin, Romanian, Vietnamese, Danish...

Image: The rear view of the HW16 Smart Watch, highlighting the optical heart rate sensor. This sensor uses light to detect blood flow and measure heart rate.

Password Lock Screen

Enhance your privacy and security by setting a password lock for your watch. This prevents unauthorized access to your data.



Health data detection

Inner set breathing training, stress test,
Scientific sleep management, blood oxygen testing,
More than 10 health management
functions such as monitoring reminders,
360-degree monitoring of physical
and mental health without dead ends

Strong encryption protection



protection

Intelligent high-strength encryption algorithm,
Protect your personal privacy anytime, anywhere,
Give you a private and exclusive little world



Custom component

Personalized custom shortcut
component function,
Satisfy your daily life
usage habit

Image: The HW16 Smart Watch screen showing a numerical keypad for entering a password. This feature provides enhanced security for the device.

HEALTH MONITORING FEATURES

The HW16 Smart Watch offers comprehensive health data detection, including:

- **Heart Rate:** Continuous monitoring of your heart rate.
- **Blood Oxygen:** Measurement of blood oxygen saturation levels.
- **Blood Pressure:** Estimation of blood pressure (for reference only, not medical device).
- **Sleep Monitoring:** Tracks sleep patterns, including deep sleep, light sleep, and awake times.
- **Stress Test:** Provides insights into stress levels.
- **Breathing Training:** Guided breathing exercises for relaxation.

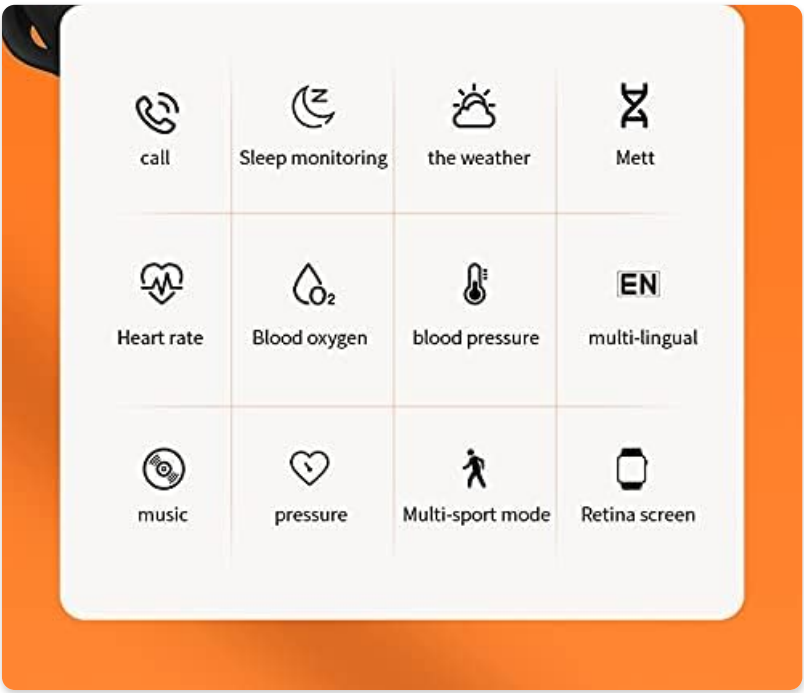


Image: A grid of icons illustrating the various functions of the HW16 Smart Watch, including call, sleep monitoring, weather, Mett, heart rate, blood oxygen, blood pressure, multi-lingual support, music, pressure, multi-sport mode, and Retina screen.



Image: This image showcases the health data detection capabilities of the HW16 Smart Watch, including a MET graph and a custom component display for personalized shortcuts.

SPECIFICATIONS

Feature	Detail
Model Name	HW16
Display Size	1.72 inches

Feature	Detail
Resolution	320*385
Connectivity Technology	Bluetooth 5.2
Body Material	Zinc alloy + IML injection process
Strap Material	Liquid silicone
Battery Capacity	250mAh
Compatible OS	iOS 10.0 and above / Android 5.0 and above
Dimensions	43.4mm*38mm*11mm
Wristband Size	260mm*20mm*2.5mm
Special Features	Camera (remote control), Heart Rate Sensor, Fitness Tracker, Password Lock Screen, Music System
Waterproof	Yes (implied by "Waterproof" keyword, but no specific IP rating provided)
Supported Languages	Chinese, English, Arabic, French, German, Spanish, Portuguese, Russian, Thai, Polish, Italian, Japanese, Traditional, Czech, Turkish, Greek, Latin, Romanian, Vietnamese, Danish...



Image: The HW16 Smart Watch, black casing with a blue strap, displayed on a watch stand. The screen shows time, steps, and various app icons.



Image: The HW16 Smart Watch worn on a wrist, displaying its main menu with various circular app icons for different functions.

MAINTENANCE

- **Cleaning:** Wipe the watch and strap regularly with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.
- **Water Resistance:** While the watch is waterproof (as per keywords), avoid prolonged submersion or exposure to hot water/steam. Dry the watch thoroughly if it gets wet.
- **Charging:** Use only the provided charging cable. Do not force the charger into the port.
- **Storage:** Store the watch in a cool, dry place when not in use.

TROUBLESHOOTING

Watch Not Turning On

Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes before attempting to power on again.

Cannot Pair with Phone

- Ensure Bluetooth is enabled on your phone and the watch.
- Make sure the watch is within the Bluetooth range of your phone.
- Restart both your phone and the watch.
- Clear previous Bluetooth connections on your phone and try pairing again.
- Ensure the companion app is installed and running.

Inaccurate Health Data

Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensor on the back of the watch regularly. Note that health data is for reference only and not intended for medical diagnosis.

Screen Unresponsive

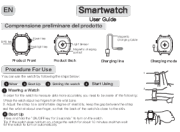

Try restarting the watch. If the issue persists, ensure the screen is clean and dry. If the problem continues, contact customer support.





WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or visit the official SmartWatch brand website. Keep your proof of purchase for warranty claims.

© 2024 SmartWatch. All rights reserved.

Related Documents - HW16

	<p>Smartwatch User Guide: Setup, Features, and Specifications</p> <p>Comprehensive user guide for the Smartwatch, covering initial setup, procedure for use, common functions like sports modes and altitude barometer, product specifications, and important precautions. Learn how to wear, boot up, set up, and use your smartwatch.</p>
	<p>AK63 Smartwatch User Manual: Features, Operation, and FAQs</p> <p>Comprehensive user manual for the AK63 smartwatch, detailing product parameters, button and screen operations, charging, app connection, health tracking features, exercise modes, and troubleshooting FAQs. Compatible with Android and iOS devices.</p>

<p>Smartwatch user manual</p> 	<p>Smartwatch User Manual: Features, Operation, and Specifications</p> <p>Comprehensive user manual for the Smartwatch, detailing its features, app pairing, touchscreen controls, health monitoring (heart rate, SpO2, blood pressure), AI voice assistant, alarms, notifications, and general specifications.</p>
	<p>Smartwatch Instruction Manual: Features, Usage, and Specifications</p> <p>This comprehensive guide details the features and usage of the smartwatch, including activity tracking, health monitoring, notifications, and app synchronization. Learn how to get the most out of your wearable device.</p>
	<p>SmartWatch Operation Instructions and FCC Compliance</p> <p>Comprehensive guide to operating your SmartWatch, including setup, functions, and FCC compliance information. Learn how to pair your device, utilize its features like pedometer, heart rate monitor, and sleep tracker, and understand important regulatory guidelines.</p>
<p>Příručka GTX12</p>  <p>Chytré hodinky GTX12</p>	<p>GTX12 Smartwatch User Manual and Guide</p> <p>Comprehensive user manual and guide for the GTX12 smartwatch, covering setup, features, health tracking, basic operations, and more. Learn how to use your GTX12 device effectively.</p>