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Hitachi MRO-S8Z

Hitachi MRO-S8Z 31L Superheated Steam Oven Range User Manual

Model: MRO-S8Z

Brand: Hitachi

Introduction Setup Operation Maintenance Warranty & Support Troubleshooting Specifications

1. Introduction

This manual provides essential information for the safe and efficient use of your Hitachi MRO-S8Z 31L Superheated Steam Oven Range. This appliance combines microwave, oven, grill, steam, and superheated steam functions to offer versatile cooking options. Please read these instructions carefully before use and keep them for future reference.



The Hitachi MRO-S8Z 31L Superheated Steam Oven Range, featuring a red exterior and a control panel with various cooking modes.

2. Setup

2.1 Placement

Ensure the oven range is placed on a stable, level surface. Maintain adequate clearance around the unit for proper ventilation:

- **Left/Right:** At least 4.5 cm clearance.
- **Top:** At least 10 cm clearance.
- **Rear:** Can be placed flush against a wall.

The external dimensions are approximately 48.7 cm (width) x 43.0 cm (depth) x 36.5 cm (height). The maximum depth including the handle is 46.5 cm, and the depth when the door is open is 69.5 cm.



Illustration of the oven range dimensions and recommended clearances for installation, including 4.5cm on sides and 10cm on top.

2.2 Initial Preparation

Before first use, ensure the water tank and drip tray are correctly installed. For steam functions, fill the water tank with fresh water.



The removable water tank and drip tray, essential for steam cooking functions.

3. Operation

3.1 Heating Methods

The MRO-S8Z offers multiple heating methods:

- **Microwave:** For quick reheating and cooking. Automatic output up to 1000W, manual settings at 800W, 600W, 500W, 200W equivalent, and 100W equivalent.
- **Oven:** For baking and roasting.
- **Grill:** For browning and crisping.
- **Steam:** For gentle cooking and steaming.
- **Superheated Steam:** Utilizes high-temperature steam for healthier cooking, such as non-fry dishes.

3.2 Automatic Cooking with Sensors

The appliance features a weight sensor combined with a steam/temperature sensor to automatically calculate heating

time and power based on food quantity and type. This eliminates the need for manual portion settings.



The oven range uses a weight sensor to measure food and a steam/temperature sensor to detect conditions, enabling automatic cooking.

3.3 Simultaneous Heating

The oven range can heat two different items simultaneously, such as rice and a side dish, making meal preparation more convenient. Ensure each item's portion size is between 100g and 300g for optimal results.



Two dishes, such as a main course and a side, can be heated at the same time for convenience.

3.4 Healthy Menus

Utilize the superheated steam function for non-fry and oil-free stir-fry dishes, reducing excess fat and promoting healthier cooking.

2品同時あたため

分量が同じ2品をまとめて
適温*1にあたためます。
ごはんとおかずなど、
同時にあたためできて便利。

※1品の分量は100～300gにしてください。



＊1 食品の形状・庫内温度・容器等により仕上がりが異なります。 ○MRO-S8Z R(レッド)で説明しています。

Examples of healthy meals prepared using the superheated steam function, such as non-fried chicken, potato croquettes, and stir-fried vegetables.

3.5 Frozen Food Cooking

The oven range can automatically defrost and bake pre-prepared frozen dishes, simplifying meal preparation on busy weekdays. It also crisps up commercially available frozen foods using a combination of microwave and oven heating.

ヘルシーメニュー

100℃以上に高めた過熱水蒸気を使ったノンフライ・油を使わないいため物ができます。







The process of cooking from frozen: preparing ingredients, placing them in the oven, and the finished baked dish.

種類豊富なスイーツが、自宅で手軽に作れます。







Examples of frozen foods that can be cooked to a crispy finish, such as fried chicken, fried rice, and pizza.

3.6 Cookpad Recipes

The oven range supports automatic cooking for 5 selected recipes from Cookpad's Hall of Fame. Refer to the Cookpad website for original recipes.



The oven range can automatically prepare popular recipes from Cookpad.

3.7 Versatile Table Plate

The single table plate can be used for both microwave reheating and oven cooking, eliminating the need to switch plates or find storage space for an extra one.

The versatile table plate can be used for both reheating (top) and oven cooking (bottom).

4. Maintenance

4.1 Cleaning the Table Plate

The table plate is removable and washable, allowing for easy cleaning of spills and food residue.



The table plate can be easily removed and washed for thorough cleaning.

4.2 Cleaning the Interior

The interior walls and back are coated with a silicone-based material that makes them easy to wipe clean. The flat top surface also simplifies cleaning.



The interior surfaces are designed for easy wiping and cleaning.

4.3 Water Tank and Drip Tray

Regularly clean the water tank and drip tray to prevent mineral buildup and ensure optimal steam performance.



Steam being generated from the appliance, highlighting the importance of clean water tank and nozzles.

5. Troubleshooting

If you encounter issues with your Hitachi MRO-S8Z, consider the following common points:

- **Uneven Heating (Oven/Microwave):** Some users report uneven heating, particularly in oven mode or when microwaving. For microwave heating, try using a lower power setting and stirring the food periodically. For oven baking, ensure food is centrally placed and consider rotating trays if available.
- **Appliance Not Powering On:** Check the power cord connection and ensure the outlet is functional. If the issue persists, it may indicate an internal fault.
- **Steam Not Generating:** Ensure the water tank is filled correctly and securely in place. Check for any blockages in the steam nozzle.
- **Error Codes:** If an error code appears on the display, consult the comprehensive user manual for specific code meanings and solutions.

For more detailed troubleshooting steps or persistent issues, please refer to the full user manual or contact Hitachi customer support.

6. Specifications

Feature	Specification
Brand	Hitachi
Model Number	MRO-S8Z R
Color	Red
Capacity	31 Liters
External Dimensions (W x D x H)	48.7 x 43.0 x 36.5 cm
Effective Internal Dimensions (W x D x H)	40.1 x 34.4 x 21.8 cm
Heating Methods	Microwave, Oven, Grill, Steam, Superheated Steam
Sensor Types	Weight Sensor + Steam/Temperature Sensor
Microwave Output (Automatic)	Max 1000W
Microwave Output (Manual)	800W, 600W, 500W, 200W equivalent, 100W equivalent
Voltage	100 Volts
Package Weight	17.7 kg
Control Type	Button Operation
Other Features	Automatic cooking menu, Steam sensor, Defrost, Weight sensor

7. Warranty & Support

7.1 Manufacturer's Warranty

This Hitachi MRO-S8Z Oven Range comes with a manufacturer's warranty of **1 year from the date of purchase**. Please retain your proof of purchase for warranty claims.

7.2 Customer Support

For further assistance, product inquiries, or to access additional resources, please visit the official Hitachi brand store or contact their customer service department.

Visit Hitachi Brand Store

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