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› Fire-Boltt Ring Smartwatch BSW005 - Bluetooth Calling, SpO2, 1.7-inch HD Display (Grey)

Fire-Boltt BSW005

Fire-Boltt Ring Smartwatch BSW005 User Manual

Model: BSW005 | Brand: Fire-Boltt

1. INTRODUCTION

Thank you for choosing the Fire-Boltt Ring Smartwatch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure proper use and to maximize your smartwatch experience.



Image: The Fire-Boltt Ring Smartwatch in grey, featuring its 1.7-inch HD display and metal casing.

2. WHAT'S IN THE BOX

Verify that all items are present in your package:

- Fire-Boltt Ring Smartwatch (Model BSW005)
- User Manual
- Warranty Card
- Magnetic Charger

3. SETUP

3.1. Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a compatible power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.

3.2. App Installation and Bluetooth Pairing

To unlock all features, including Bluetooth calling, you must pair your smartwatch with your smartphone via the compatible application.

1. Download the compatible application from your smartphone's app store (e.g., Google Play Store for Android, Apple App Store for iOS). Refer to the warranty card or packaging for the specific app name.
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the downloaded application and follow the on-screen instructions to add your device.
4. Once the watch is connected to the app, navigate to your phone's Bluetooth settings.
5. Search for available devices and select the smartwatch (Bluetooth name: **BSW005**) to pair for calls and audio.
6. A notification on your phone will confirm: "Connected for calls and audio."

4. OPERATING INSTRUCTIONS

4.1. Basic Navigation

The Fire-Boltt Ring Smartwatch features a 1.7-inch full-touch HD display for intuitive control.

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and screens. Tap to select options.
- **Honeycomb Menu:** The watch features a honeycomb-style menu for quick access to various functions.
- **Side Button:** Press the side button to return to the home screen or wake the display.

4.2. Bluetooth Calling

After successful Bluetooth pairing for calls (as described in Section 3.2), you can manage calls directly from your watch.

- **Making Calls:** Access the dial pad on the watch to enter numbers or use synchronized contacts to initiate a call.
- **Receiving Calls:** When a call comes in, you can answer or reject it directly from the watch. The integrated speaker and microphone allow for hands-free communication.
- **Recent Calls:** Access your call history directly from the watch.

4.3. Music Playback

The built-in speaker allows you to play music directly from your smartwatch.

- Ensure music files are transferred to the watch's internal storage (8GB capacity) via the companion app, or control music playing on your connected smartphone.
- Navigate to the music player on your watch to select and play tracks.

4.4. Health Monitoring

The smartwatch provides continuous health tracking features.

- **Heart Rate Monitoring:** The optical heart rate sensor continuously tracks your heart rate throughout the day and night. View your current and historical data in the app.
- **SpO2 (Blood Oxygen) Monitoring:** The blood oxygen sensor measures your blood oxygen saturation levels in real-time. Ensure the watch is snug on your wrist for accurate readings.
- **Sleep Tracking:** The watch automatically monitors your sleep patterns, including deep sleep, light sleep, and wake times. Review your sleep analysis in the companion app.

4.5. Fitness Tracking

Track your daily activity and workouts with the integrated fitness features.

- **Activity Tracker:** Records steps taken, distance covered, and calories burned throughout the day using the accelerometer.
- **Multi-Sport Modes:** Select from various sports modes (e.g., walking, running, cycling) to track specific workout data.

4.6. Smart Controls and Features

Access convenient smart features directly from your wrist.

- **Notifications:** Receive alerts for calls, messages, and app notifications from your paired smartphone.
- **Weather Forecasts:** View current weather conditions and forecasts.
- **Alarm Clock:** Set alarms directly on your watch.
- **Remote Camera Control:** Use your watch as a remote shutter for your smartphone's camera.
- **Watch Faces:** Choose from over 200 customizable watch faces to personalize your device.

5. MAINTENANCE

5.1. Water Resistance

The Fire-Boltt Ring Smartwatch has an IP67 international protection rating, meaning it is water-resistant. This rating indicates protection against dust ingress and immersion in water up to 1 meter for up to 30 minutes. It is suitable for daily use and can withstand splashes or brief immersion. However, it is **not recommended** for swimming, showering with hot water, or diving, as steam and high water pressure can compromise the seals.

5.2. Cleaning

Regularly clean your smartwatch and strap to prevent skin irritation and maintain device functionality.

- Wipe the screen and body with a soft, lint-free cloth.
- For the silicone strap, you can use a mild soap solution and rinse thoroughly. Ensure the strap is completely dry before reattaching it to the watch.
- Avoid using harsh chemicals or abrasive materials.

5.3. Battery Care

To prolong battery life:

- Avoid extreme temperatures.
- Do not leave the watch fully discharged for extended periods.
- Use only the provided magnetic charger.

6. TROUBLESHOOTING

Issue	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Connect it to the magnetic charger for at least 30 minutes.
Cannot pair with smartphone	Ensure Bluetooth is enabled on your phone. Restart both the watch and phone. Make sure the companion app is installed and running. For Bluetooth calling, ensure you've paired BSW005 in your phone's Bluetooth settings after connecting to the app.
Notifications not received	Check app permissions on your phone to ensure the companion app has access to notifications. Verify that notifications are enabled within the app settings.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Keep your wrist still during measurements. Clean the sensors on the back of the watch.
Short battery life	Reduce screen brightness. Disable continuous heart rate monitoring if not needed. Limit frequent Bluetooth calls. Ensure background app usage is optimized on your phone.

7. SPECIFICATIONS

Model Name: Ring

Model Number: BSW005

Display: 1.7-inch Full Touch HD Display (240 x 240 resolution)

Case Material: Stainless Steel

Band Material: Silicone (22mm width)

Connectivity: Bluetooth

Compatible Operating Systems: Android, iOS

Sensors: Optical Heart Rate Sensor, Blood Oxygen Sensor (SpO2), Accelerometer

Battery Capacity: 280 mAh Lithium Ion

Battery Life: Up to 24 hours (with Bluetooth calling), up to 8 days (without Bluetooth calling)

Charging Time: Approximately 2 hours

Internal Storage: 8GB (for music playback)

Water Resistance: IP67 (Water Resistant up to 1 meter for 30 minutes)

Item Dimensions: 44 x 38 x 10 mm

Item Weight: 60 grams

Color: Grey

8. WARRANTY AND SUPPORT

Your Fire-Boltt Ring Smartwatch comes with a **one-year full warranty** from the date of purchase. Please retain your proof of purchase and the warranty card for any claims.

For technical support, service, or warranty inquiries, please refer to the contact information provided on your warranty card or visit the official Fire-Boltt website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

