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› Lifelong LLHF421 Fryo Air Fryer User Manual

Lifelong LLHF421

Lifelong LLHF421 Fryo Air Fryer User Manual

Model: LLHF421 | Brand: Lifelong

IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons. Read all instructions carefully before using the appliance.

- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse cord, plugs, or the appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to 'off', then remove plug from wall outlet.
- Do not use appliance for other than intended use.
- Ensure the appliance is placed on a stable, heat-resistant surface.

PRODUCT OVERVIEW

The Lifelong LLHF421 Fryo Air Fryer is designed to cook a variety of foods with little to no oil, providing healthier and crispier results.



Figure 1: Front view of the Lifelong LLHF421 Fryo Air Fryer.

Components

1. **Temperature Control Knob:** Used to set the desired cooking temperature (180°C to 200°C).
2. **Timer Knob:** Used to set the cooking time.
3. **Air Inlet:** Located on the top of the appliance.
4. **Air Outlet:** Located at the rear of the appliance.
5. **Frying Basket:** Removable basket for holding food.
6. **Basket Handle:** For safely inserting and removing the frying basket.

مملانا

Quick Operation & Modern
Design for Modern Kitchen

Fry with 90% LESS OIL



Grill



Toast



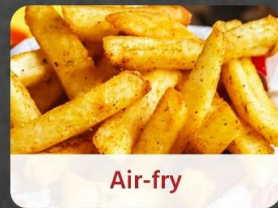
Reheat



Roast



Warm



Air-fry



Dehydrate



Bake

Figure 2: Close-up of the control panel with temperature and timer knobs.



Figure 3: The removable frying basket of the air fryer.

BEFORE FIRST USE (SETUP)

Follow these steps before using your air fryer for the first time:

1. **Unpack:** Remove all packaging materials, stickers, and labels from the appliance.
2. **Clean:** Wash the frying basket and pan thoroughly with hot water, dish soap, and a non-abrasive sponge. Rinse and dry completely. Wipe the inside and outside of the appliance with a damp cloth.
3. **Placement:** Place the air fryer on a stable, horizontal, and heat-resistant surface. Ensure there is at least 10 cm (4 inches) of free space on the back and sides, and 10 cm (4 inches) above the appliance to allow for proper air circulation.
4. **Preheat (Optional):** It is recommended to run the air fryer empty for about 10-15 minutes at maximum temperature during the first use to eliminate any manufacturing odors. Ensure the area is well-ventilated during this process.



Figure 4: Proper placement of the air fryer on a counter with adequate clearance.

OPERATING INSTRUCTIONS

Follow these steps to operate your Lifelong LLHF421 Fryo Air Fryer:

1. **Prepare Food:** Prepare your ingredients. For best results, lightly coat food with oil if desired, though many foods cook well without added oil.
2. **Place Food in Basket:** Pull the basket handle to slide the frying basket out of the appliance. Place the food into the basket. Do not overfill the basket; ensure there is enough space for air to circulate.
3. **Insert Basket:** Slide the frying basket back into the air fryer until it clicks into place.
4. **Set Temperature:** Turn the temperature control knob to your desired temperature (180°C - 200°C).
5. **Set Timer:** Turn the timer knob to the required cooking time. The air fryer will start heating immediately.
6. **Monitor Cooking:** During cooking, for even results, some foods may require shaking or turning halfway through the cooking time. Pull out the basket, shake or turn the food, and then slide the basket back in. The air fryer will resume cooking.
7. **Cooking Completion:** When the timer reaches zero, a bell will sound, indicating that the cooking process is complete.

8. **Remove Food:** Carefully pull out the frying basket. Use heat-resistant tongs to remove the cooked food from the basket. Avoid touching the hot basket or pan directly.
9. **Cool Down:** Allow the appliance to cool down completely before cleaning or storing.



CAN JUST MAKE EVERYTHING



Non-Stick Basket



Dishwasher Safe



Shrimp



Garlic Bread



Cupcakes



Tandoori Chicken

Figure 5: Example of food being cooked in the air fryer basket.

General Cooking Guidelines

The following table provides general guidelines. Cooking times and temperatures may vary based on food quantity, size, and desired crispiness. Always ensure food is cooked thoroughly.

Food Item	Temperature	Time	Notes
French Fries (frozen)	200°C	15-25 min	Shake halfway
Chicken Drumsticks	180°C	20-30 min	Turn halfway
Fish Fillets	180°C	10-15 min	
Vegetables (mixed)	180°C	10-18 min	Shake halfway

CLEANING AND MAINTENANCE

Proper cleaning and maintenance will ensure the longevity and optimal performance of your air fryer.

1. **Unplug and Cool:** Always unplug the air fryer from the power outlet and allow it to cool down completely before cleaning.
2. **Clean Basket and Pan:** Remove the frying basket and pan. Wash them with hot water, dish soap, and a non-abrasive sponge. For stubborn food residues, soak the basket and pan in hot water with dish soap for about 10 minutes. The basket and pan are NOT dishwasher safe.
3. **Clean Interior:** Wipe the inside of the appliance with a damp cloth. Do not use abrasive cleaners or steel wool.
4. **Clean Exterior:** Wipe the exterior of the air fryer with a damp cloth.
5. **Storage:** Ensure all parts are clean and dry before storing the air fryer in a cool, dry place.

TROUBLESHOOTING

Refer to this section for common issues and their solutions.

Problem	Possible Cause	Solution
Air fryer does not turn on.	Appliance is not plugged in.	Ensure the power plug is securely inserted into a grounded wall outlet.
	Timer is not set.	Turn the timer knob to the desired cooking time.
Food is not cooked evenly.	Too much food in the basket.	Reduce the amount of food in the basket. Cook in smaller batches.
	Food not shaken/turned.	Shake or turn food halfway through cooking.
White smoke coming from the appliance.	Grease residue from previous use.	Clean the basket and pan thoroughly after each use.
	Excess oil used.	Use minimal oil or pat food dry before air frying.
Black smoke coming from the appliance.	Heating element or internal components are damaged.	Immediately unplug the appliance. Contact customer support.

SPECIFICATIONS

Technical details for the Lifelong LLHF421 Fryo Air Fryer:

- **Model Number:** LLHF421
- **Capacity:** 4.5 Liters
- **Wattage:** 1400 Watts
- **Voltage:** 220 Volts
- **Control Method:** Analog Knobs (Temperature and Timer)
- **Max Temperature Setting:** 200°C
- **Product Dimensions (D x W x H):** 11D x 13W x 14.6H Centimeters
- **Item Weight:** 3000 Grams

- **Material:** Plastic
- **Non-stick Coating:** No
- **Dishwasher Safe Parts:** No
- **Included Components:** 1N Air Fryer, 1N Oil Brush, 1N Manual, 1N Warranty Card
- **Country of Origin:** China

WARRANTY AND CUSTOMER SUPPORT

Your Lifelong LLHF421 Fryo Air Fryer comes with a manufacturer's warranty and dedicated customer support.

Warranty Information

This product is covered by a **1-year manufacturer's warranty** from the date of purchase. Please retain your purchase receipt for warranty claims. The warranty covers manufacturing defects under normal use conditions.

Customer Support

For any queries, assistance, or warranty claims, please contact Lifelong customer support:

- **Address:** 5th Floor, Unit No. 508, DLF South Court, Saket District Center, Saket New Delhi, India - 110017
- **Phone:** +91 9711558877
- **Email:** customercare@lifelongonline.com

Please have your model number (LLHF421) and purchase details ready when contacting support.