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TRANYA TranyaGo

TRANYA TranyaGo Smart Watch User Manual

Model: TranyaGo | Brand: TRANYA

Overview

The TRANYA TranyaGo Smart Watch is designed to be a comprehensive fitness and lifestyle companion. Featuring a 1.69-inch full touch color screen, it offers sensitive touch control and a customizable interface. Its lightweight and slim design ensures comfortable wear throughout the day. The watch provides 24/7 heart rate monitoring, sleep tracking, and supports 9 different sports modes to accurately record your daily activities and help you achieve your fitness goals. With a long battery life and IP68 waterproof rating, it's built for durability and convenience in various environments.

Official Product Video

Your browser does not support the video tag.

Video: An official product video showcasing the features and functionality of the TRANYA TranyaGo Smart Watch, including its display, health tracking, and connectivity.

Package Contents

- TRANYA TranyaGo Smart Watch (with silicone strap)
- Fast-charging USB cable
- User Manual (this document)



Image: The TRANYA TranyaGo Smart Watch, featuring a black silicone strap and a rectangular black display, is shown alongside its fast-charging USB cable within its original packaging.

Setup Guide

1. Initial Charging

Before first use, fully charge your TranyaGo Smart Watch. Connect the provided fast-charging USB cable to the magnetic charging points on the back of the watch. Connect the USB end to a compatible power adapter (not included). A full charge typically takes approximately 2 hours.



Image: A close-up view of the TRANYA Smart Watch's rear, showing the magnetic charging pins and heart rate sensor, ready for connection to the charging cable.

2. App Installation and Pairing

1. Download the "GloryFit" app from your smartphone's app store (compatible with iOS 8.0 & Android 4.4 and above).
2. Open the GloryFit app and follow the on-screen instructions to create an account or log in.

3. Ensure Bluetooth is enabled on your smartphone.
4. In the GloryFit app, navigate to the "Device" section and select "Add Device" or "Select Device". The app will search for nearby devices.
5. Select "TranyaGo" from the list of found devices to initiate the pairing process.
6. Confirm the pairing request on both your watch and smartphone if prompted.

Once successfully paired, the watch will sync its time and data with your phone, and you can customize settings through the app.

Operating Instructions

Basic Navigation

- **Touch Screen:** Swipe left/right or up/down to navigate through different screens and menus. Tap to select an option.
- **Side Button:** Press the side button to wake the screen, return to the main watch face, or access the main menu.



Image: The TRANYA Smart Watch display showcasing its 1.69-inch HD color screen with various features like stopwatch, weather display, music control, and IP68 waterproof rating icons.

Key Features and Functions

- **Watch Faces:** Customize your watch face directly on the watch by long-pressing the main screen, or through the GloryFit app for more options.

- **Notifications:** Receive call, SMS, and app notifications directly on your watch. Notifications are read-only.
- **Music Control:** Control music playback on your connected smartphone (play/pause, skip tracks).
- **Weather Display:** View current weather conditions and forecasts directly on your watch.
- **Find Phone:** Use this feature to make your paired smartphone ring, helping you locate it.
- **Alarm Clock:** Set smart alarms with vibration through the GloryFit app.
- **Camera Control:** Remotely control your smartphone's camera to take photos.
- **Do Not Disturb:** Activate this mode to silence notifications and vibrations during specific times.
- **Brightness Adjustment:** Adjust the screen brightness for optimal visibility in different lighting conditions.



Image: A person's hand wearing the TRANYA Smart Watch, with various social media and communication app icons floating above, indicating notification support.

Health and Fitness Tracking

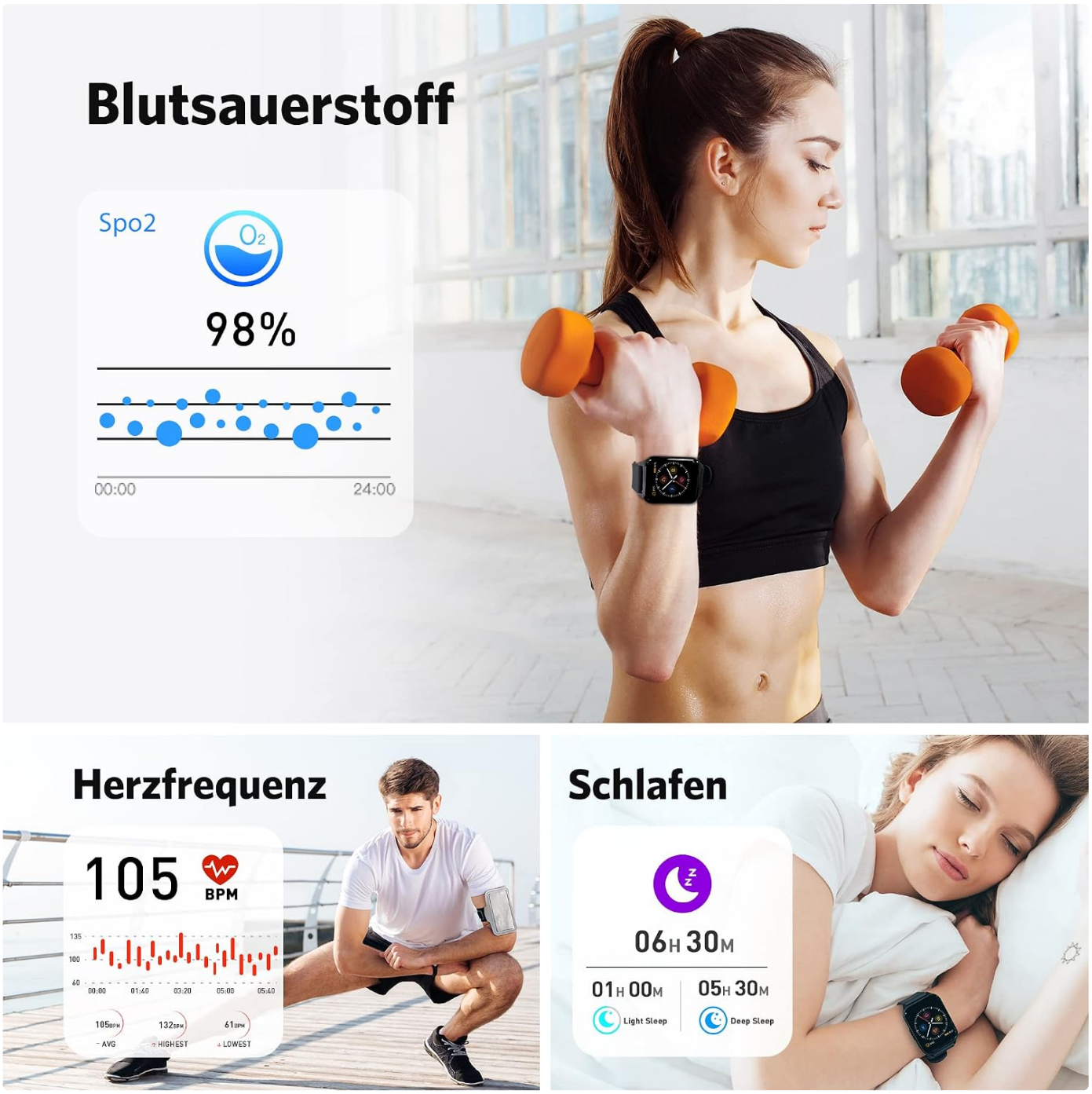


Image: A collage showing the TRANYA Smart Watch displaying blood oxygen levels (SpO2), heart rate, and sleep tracking data, alongside individuals engaged in fitness activities.

1. Heart Rate Monitoring

The TranyaGo Smart Watch automatically monitors your real-time heart rate 24/7. View your current heart rate and historical data in the GloryFit app to track your cardiovascular health.

2. Sleep Monitoring

The watch records your sleep status (deep sleep, light sleep, and awake time) every second using its sensitive motion sensor. Analyze your sleeping quality through accurate historical data in the GloryFit app to optimize your sleep habits.

3. Sports Modes and Activity Tracking

The TranyaGo Smart Watch supports 9 sports modes to accurately record your activities:

- Running
- Cycling
- Swimming

- Badminton
- Ping Pong
- Tennis
- Basketball
- Football
- Dancing

It accurately records 24-hour activities such as steps taken, calories burned, miles walked, and heart rate during sports. Motivate yourself to reach your exercise goals with real-time data available on the watch or in the GloryFit app.



Image: A collage showing the TRANYA Smart Watch displaying running metrics (time, BPM, calories, steps) alongside individuals engaged in various sports like running, tennis, weightlifting, and swimming.

4. Sedentary Reminder

Set up sedentary reminders in the GloryFit app to receive alerts when you've been inactive for too long, encouraging you to move and maintain a healthy lifestyle.

Maintenance and Care

Waterproof Rating (IP68)

The TranyaGo Smart Watch features an advanced IP68 waterproof technology, allowing you to wash hands, bathe, and swim without concern. However, it is not recommended for hot showers, saunas, or diving, as extreme temperatures or high-pressure water may compromise the seal.

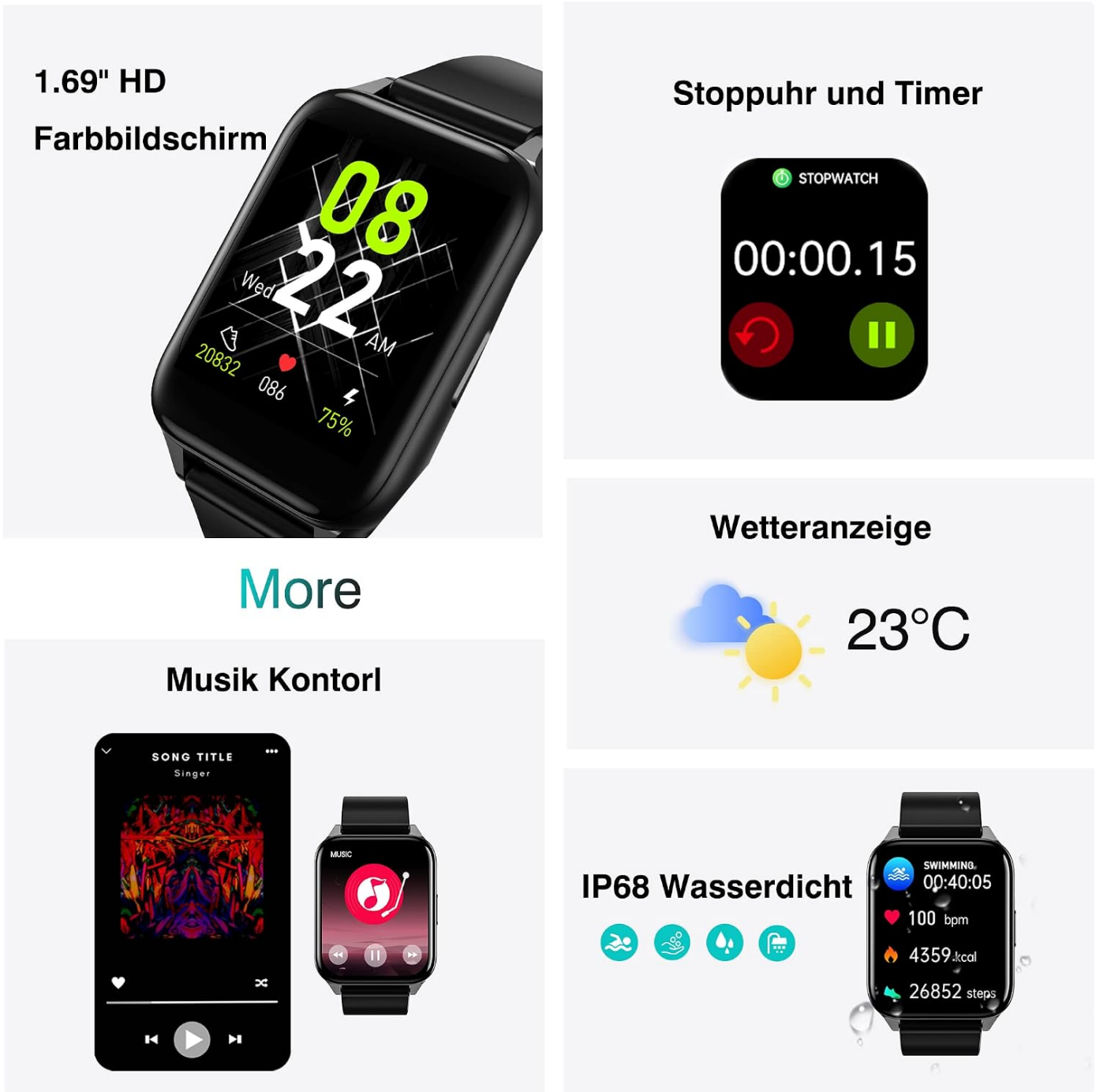


Image: A person swimming with the TRANYA Smart Watch on their wrist, demonstrating its IP68 waterproof capability.

Cleaning

Regularly clean your watch and strap to prevent skin irritation and maintain optimal sensor performance. Wipe the watch face and strap with a soft, damp cloth. Ensure the charging contacts on the back of the watch are clean and dry before charging.

Battery Life and Charging

The watch offers 7-10 days of typical usage and over 30 days of standby time on a single 2-hour charge. To prolong battery life, avoid extreme temperatures and ensure the watch is fully charged before long periods of inactivity.



Image: A graphic illustrating the TRANYA Smart Watch's long battery life, showing 10 days of usage and 30 days of standby time, with a person traveling in the background.

Troubleshooting

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 10 minutes.
- **Unable to pair with phone:**
  - Ensure Bluetooth is enabled on your phone and the watch is within range.
  - Restart both your phone and the watch.
  - Make sure the GloryFit app is updated to the latest version.
  - If previously paired, try unpairing the device from your phone's Bluetooth settings and then re-pairing through the app.

- **Inaccurate heart rate/sleep data:**
  - Ensure the watch is worn snugly but comfortably on your wrist, about one finger's width above the wrist bone.
  - Keep the sensor area clean and free from debris.
- **Notifications not appearing:**
  - Check notification settings within the GloryFit app to ensure they are enabled for desired applications.
  - Ensure the watch is connected via Bluetooth to your phone.
  - Disable "Do Not Disturb" mode on the watch if it's active.

Specifications

Brand	TRANYA
Model Number	TranyaGo
Screen Size	1.69 Inches
Display Technology	LCD
Human Interface Input	Touchscreen
Connectivity Technology	Bluetooth
Operating System Compatibility	Android (4.4 and above), iOS (8.0 and above)
Waterproof Rating	IP68
Battery Life (Typical Usage)	7-10 Days
Battery Life (Standby)	30+ Days
Charging Time	Approx. 2 hours
Product Dimensions	9.84 x 1.38 x 0.41 inches
Item Weight	6 ounces
Special Features	Time Display, Sleep Monitor, Sedentary Reminder, Alarm Clock, Camera, Pedometer, Calorie Tracker, Notifications, Heart Rate Monitor

Warranty and Support

For warranty information and customer support, please refer to the official TRANYA website or contact their customer service directly. Keep your purchase receipt as proof of purchase for warranty claims.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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