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ONETWOFIT OT131EU-HY-MBBOTFR-3



ONETWOFIT Compact Under Desk Walking Pad Treadmill User Manual

1. SAFETY INFORMATION

Please read all instructions carefully before using the ONETWOFIT Compact Under Desk Walking Pad Treadmill. Retain this manual for future reference.

- **Weight Limit:** Do not exceed the maximum user weight of 100 kg (220 lbs).
- **Placement:** Place the treadmill on a flat, stable surface. Ensure adequate clear space around the treadmill (at least 0.6 meters on each side and 2 meters behind).
- **Children and Pets:** Keep children and pets away from the treadmill during operation. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction.
- **Power Source:** Connect the treadmill only to a properly grounded outlet. Do not use extension cords or adapters.
- **Emergency Stop:** Familiarize yourself with the emergency stop procedure.
- **Foot Platforms:** The 3-inch wide foot platforms on each side are designed for user safety during exercise, allowing you to step off the moving belt if needed.
- **Maintenance:** Perform regular maintenance as described in this manual to ensure safe operation.

2. PACKAGE CONTENTS

Verify that all components are present in the package:

- ONETWOFIT Compact Under Desk Walking Pad Treadmill
- Remote Control
- User Manual (this document)

3. SETUP

3.1 Unpacking and Placement

Carefully remove the treadmill from its packaging. Place it on a firm, level surface. Ensure there is sufficient space around the unit for safe operation and movement.

3.2 Power Connection

Plug the power cord into a standard electrical outlet. The treadmill is now ready for use.



The compact design allows for easy storage under furniture like a sofa or desk.

4. OPERATION

4.1 Powering On/Off

To power on the treadmill, ensure it is plugged in. The LED display will illuminate. To power off, press the stop button on the remote control until the belt comes to a complete stop, then unplug the unit from the power outlet.

4.2 Using the Remote Control

The included remote control allows you to start, stop, and adjust the speed of the treadmill.



Remote control functions: Play/Pause (Start/Stop), Plus (+) for Accelerate, Minus (-) for Decelerate.

- **Start/Stop:** Press the central play/pause button to start or stop the treadmill.
- **Accelerate:** Press the '+' button to increase speed.
- **Decelerate:** Press the '-' button to decrease speed.

4.3 Digital LED Display

The integrated LED display shows your workout data in real-time.



The LED display tracks Time, Calories burned, Steps taken, Current Speed, and Distance covered.

4.4 Using the FitShow App (Bluetooth)

Connect your smartphone to the treadmill via Bluetooth to monitor your health and track exercise data using the FitShow app.



Connect to the FitShow app via Bluetooth to track your progress and control the treadmill.

- Download the FitShow app from your smartphone's app store.
- Enable Bluetooth on your smartphone and open the FitShow app.
- The app will detect the treadmill. Follow the on-screen prompts to connect.
- Once connected, you can view real-time data and adjust settings through the app.

4.5 Speed Levels

The treadmill offers speed levels from 0.8 km/h to 6 km/h, suitable for various training goals.



Choose your desired intensity: Easy Walk (0.8-2 km/h), Fast Walk (3-5 km/h), or Jogging (6 km/h).

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

5.1 Cleaning

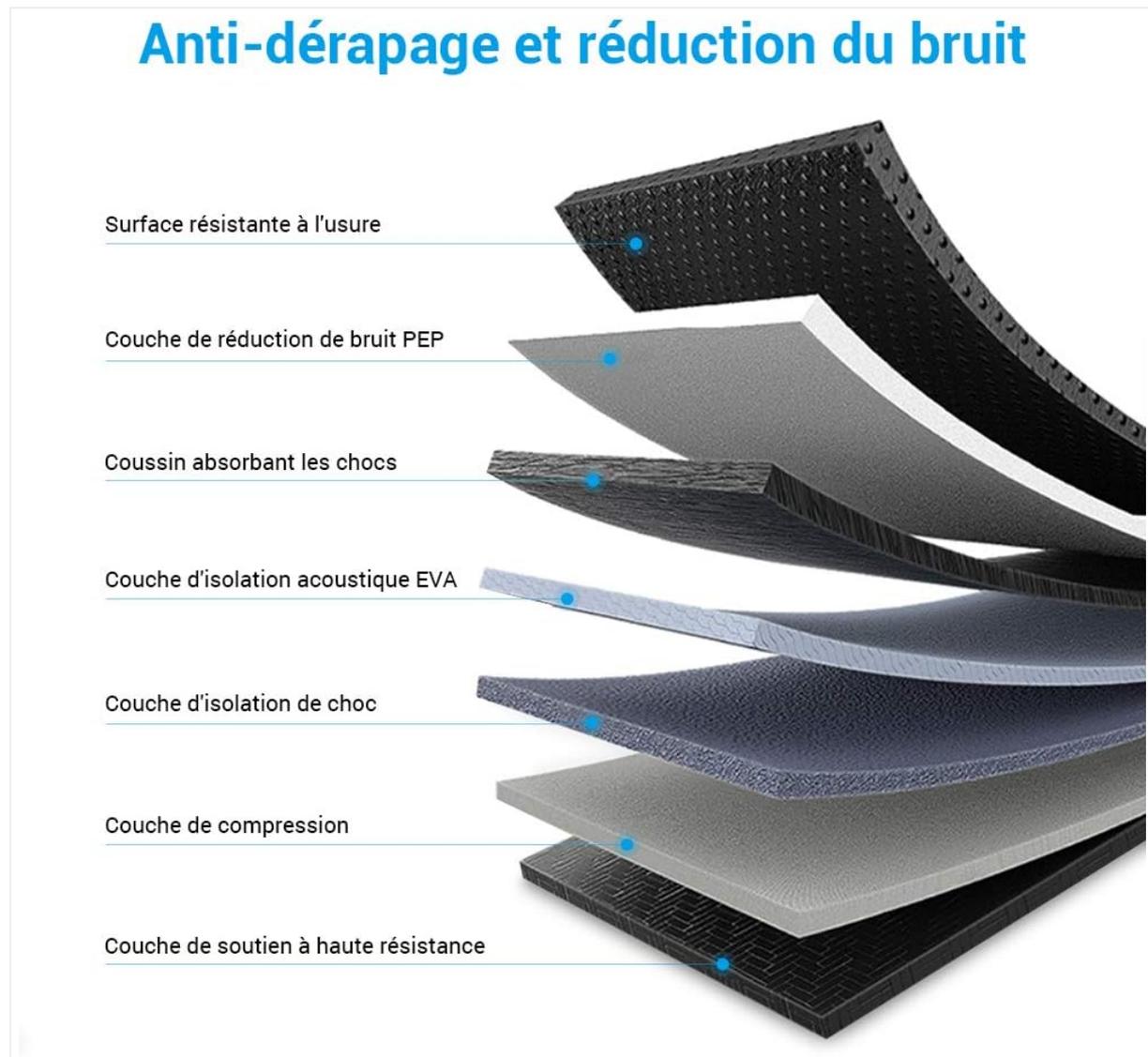
- Always unplug the treadmill before cleaning.
- Wipe down the display and exterior surfaces with a soft, damp cloth. Avoid abrasive cleaners.
- Clean the running belt regularly to remove dust and debris.

5.2 Running Belt Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Refer to the specific instructions provided with your lubricant or contact customer support for guidance.

5.3 Running Belt Adjustment

If the running belt becomes misaligned or slips, it may need adjustment. Consult the troubleshooting section or contact customer support for detailed instructions.



The 7-layer shock-absorbing anti-slip running belt is designed for comfort and durability, reducing knee impact.

6. TROUBLESHOOTING

If you encounter issues with your treadmill, try the following solutions:

- **Treadmill Not Starting:** Ensure the power cord is securely plugged into both the treadmill and the wall outlet. Check if the power switch (if present) is in the 'ON' position.
- **Remote Control Not Responding:** Check the battery in the remote control and replace if necessary. Ensure there are no obstructions between the remote and the treadmill's sensor.
- **Belt Slipping or Jerking:** The running belt may require lubrication or adjustment. Refer to the Maintenance section or contact customer support.
- **Abnormal Noise:** Stop the treadmill immediately. Check for any loose parts or foreign objects. If the noise persists, contact customer support.
- **Bluetooth Connection Issues:** Ensure Bluetooth is enabled on your device and the FitShow app is updated. Try restarting both the treadmill and your device.

If the problem persists after attempting these solutions, please contact ONETWOFIT customer support.

7. SPECIFICATIONS

Technical details for the ONETWOFIT Compact Under Desk Walking Pad Treadmill (Model OT131EU-HY-MBBOTFR-3):

Feature	Specification
Model Number	OT131EU-HY-MBBOTFR-3
Brand	ONETWOFIT
Color	White
Frame Material	Alloy Steel
Product Dimensions (L x W x H)	159.5 x 72 x 18.5 cm (62.8 x 28.4 x 7.3 inches)
Item Weight	28.5 Kilograms (62.8 lbs)
Maximum Weight Capacity	100 Kilograms (220 lbs)
Running Belt Area	120 x 45 cm (47.2 x 17.7 inches)
Speed Range	0.8 - 6 km/h
Power	1.7 Horsepower
Display Type	LCD (3 Inches)
Metrics Tracked	Speed, Time, Distance, Calories, Steps
Power Source	Electric Cable
Special Features	Portable, Bluetooth App Control
Included Components	Treadmill, User Manual, Remote Control
Batteries Included	No



The treadmill features a wide running belt (120 cm x 45 cm) and supports up to 100 kg.

8. WARRANTY AND SUPPORT

The ONETWOFIT Compact Under Desk Walking Pad Treadmill comes with a standard manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions. For technical assistance, troubleshooting, or warranty claims, please contact ONETWOFIT customer support through the retailer where you purchased the product or visit the official ONETWOFIT website for contact information.