

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

[manuals.plus](#) /

› [Hbada](#) /

› [Hbada J301 Ergonomic Office Chair User Manual - Adjustable Desk Chair with Flip-Up Armrests and Lumbar Support](#)

Hbada J301

Hbada J301 Ergonomic Office Chair User Manual

Model: J301

1. INTRODUCTION

Thank you for choosing the Hbada J301 Ergonomic Office Chair. This manual provides essential information for the safe assembly, operation, and maintenance of your new chair. Please read it thoroughly before use and retain it for future reference.

The Hbada J301 office chair is designed for comfort and support during extended periods of sitting. Key features include adjustable lumbar support, flip-up armrests for space-saving, seat height adjustment, 360-degree swivel, and a rocking function.

2. SAFETY INFORMATION

- Ensure all components are securely fastened before use.
- Do not stand on the chair.
- Do not use the chair on uneven surfaces.
- Keep hands and feet clear of moving parts during adjustment.
- Maximum static load capacity is approximately 120 kg (265 lbs). Do not exceed this limit.
- Keep children away from the chair during assembly and adjustment.

3. PACKAGE CONTENTS

Please verify that all parts are present before beginning assembly. If any parts are missing or damaged, contact customer support.

- Backrest Assembly
- Seat Cushion Assembly with Armrests
- Gas Lift Cylinder
- Base (5-star nylon base)
- Casters (5x PU casters)

- Mechanism Plate
- Hardware Kit (screws, washers, Allen wrench)

4. SETUP AND ASSEMBLY

Follow these steps to assemble your Hbada J301 office chair. Assembly typically takes 15-30 minutes.

1. **Attach Casters to Base:** Insert each of the five casters into the holes at the end of the chair base arms. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the central hole of the assembled base.
3. **Attach Mechanism Plate to Seat:** Align the mechanism plate with the pre-drilled holes on the underside of the seat cushion. Secure it using the provided screws and Allen wrench. Ensure the front of the mechanism faces the front of the seat.
4. **Attach Backrest to Seat:** Connect the backrest to the seat assembly. Secure it with the appropriate screws.
5. **Connect Seat Assembly to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring it is centered and stable.



Figure 1: Chair Dimensions. This image illustrates the overall dimensions of the Hbada J301 chair, including height, width, and depth, from both front and side perspectives, aiding in space planning and fit.

5. OPERATING INSTRUCTIONS

5.1. Seat Height Adjustment

To adjust the seat height, locate the lever on the right side, beneath the seat. While seated, pull the lever up to lower the seat. To raise the seat, stand up slightly and pull the lever up. Release the lever at your desired height.

5.2. Lumbar Support Adjustment

The chair features an adjustable lumbar support. The butterfly-shaped lumbar pillow gently supports your waist. The lumbar support can be adjusted vertically by approximately 5 cm to match your back's curve.



Figure 2: Lumbar Support Adjustment. This image highlights the adjustable lumbar support system, showing its vertical adjustment range and the mesh material for breathability.

5.3. Flip-Up Armrests

The armrests can be flipped up to allow the chair to be pushed closer to a desk, saving space. Simply lift the armrests upwards until they lock into a vertical position. To return them to the horizontal position, pull them down.

柔らかいフ跳ね上げ式アームレスト

サポートと省スペースの両方に適している



Figure 3: Flip-Up Armrests for Space Saving. This image demonstrates how the chair's armrests can be rotated upwards, allowing the chair to be neatly tucked under a desk, optimizing space in smaller rooms.

5.4. Rocking Function

The chair features a rocking function with an approximate 15-degree recline. To activate, pull out the lever on the left side, beneath the seat. Push the lever in to lock the chair in an upright position. The tension of the rocking mechanism can be adjusted by rotating the round knob located under the seat.

90°~105°のリラックスできるロッキング機能

緊張した仕事や勉強から解放されます



Figure 4: Rocking Function and Tension Adjustment. This image illustrates the chair's rocking capability, showing the lever used to engage/disengage the function and the knob for adjusting the recline tension.

5.5. 360-Degree Swivel

The chair seat and backrest assembly can rotate 360 degrees, providing flexibility and ease of movement in your workspace.

6. MAINTENANCE

6.1. Cleaning

- Mesh Backrest and Seat:** Wipe with a damp cloth and mild soap. Avoid harsh chemicals.
- Base and Armrests:** Clean with a soft, damp cloth.
- Casters:** Regularly check casters for accumulated hair, dust, or debris. Remove any obstructions to ensure smooth rolling.

6.2. General Care

- Periodically check all screws and bolts to ensure they are tight. Retighten if necessary.
- Avoid exposing the chair to direct sunlight for prolonged periods to prevent material degradation.
- Do not use abrasive cleaners or tools that could scratch the chair's surfaces.

7. TROUBLESHOOTING

If you encounter any issues with your Hbada J301 chair, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Chair does not roll smoothly	Casters are dirty or obstructed.	Clean casters, removing any hair or debris.
Seat height adjustment not working	Gas lift lever is stuck or damaged; gas lift cylinder malfunction.	Check if the lever is fully engaged. If the issue persists, contact customer support for gas lift replacement.
Chair feels unstable or wobbly	Loose screws or uneven assembly.	Check and tighten all assembly screws. Ensure the chair is on a flat surface.
Rocking function is too stiff or too loose	Rocking tension knob needs adjustment.	Rotate the tension adjustment knob under the seat to increase or decrease resistance.

8. SPECIFICATIONS

- **Model:** J301 (HDNY163GM/JP)
- **Dimensions (W x D x H):** 60 cm x 60 cm x 100-110 cm
- **Seat Height Range:** 46 cm - 56 cm
- **Weight:** Approximately 12 kg
- **Static Load Capacity:** Approximately 120 kg
- **Materials:** Breathable mesh, high-density urethane foam, reinforced nylon base, silent PU casters
- **Armrests:** Flip-up design
- **Recline Function:** Approximately 15-degree rocking

高品質の素材が選ばれています

より安全で快適な使用体験のために



Figure 5: Chair Material Breakdown. This image details the high-quality materials used in the chair's construction, such as the TUV-5 certified gas lift, durable nylon base, and silent PU casters, ensuring safety and comfort.

9. WARRANTY AND SUPPORT

The Hbada J301 office chair comes with a **3-year warranty** on the product body, covering repair or replacement for manufacturing defects. This warranty is provided free of charge.

For customer support, warranty claims, or inquiries, please contact your retailer or the Hbada customer service team through the official website or contact information provided at the point of purchase.

Please retain your proof of purchase for warranty validation.

