

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

[manuals.plus](#) /

› [Blitzwolf](#) /

› [Blitzwolf BW-AT2C Smartwatch User Manual - Bluetooth Call, Health Monitoring, Sports Modes](#)

Blitzwolf BW-AT2C

Blitzwolf BW-AT2C Smartwatch User Manual

Model: BW-AT2C

INTRODUCTION

This manual provides essential information for the proper use and maintenance of your Blitzwolf BW-AT2C Smartwatch. Please read these instructions carefully before using the device to ensure optimal performance and longevity. This smartwatch features Bluetooth calling, comprehensive health monitoring, various sports modes, and smart notifications.



Image: Front view of the Blitzwolf BW-AT2C Smartwatch, displaying a digital watch face with time, date, battery, and step count.

PRODUCT OVERVIEW

The Blitzwolf BW-AT2C Smartwatch is designed for daily use, fitness tracking, and communication. It features a durable build and a clear display.

- **Display:** 1.3-inch IPS full touch screen.
- **Control:** Full touch screen and two side buttons.
- **Sensors:** Heart rate, blood pressure, blood oxygen, pedometer, sleep monitor.
- **Connectivity:** Bluetooth 5.0 for calls and data synchronization.
- **Durability:** IP54 water resistance.

Aparência Resistente e Refinada com textura forte

Resistente a ambientes hostis, concentre-se em todas as detalhes e alta qualidade, habilidade sólida



Botões de Metal



Vibração Cantos húmidos

Image: The smartwatch displaying weather information, highlighting its robust design and metal buttons.



Image: Rear view of the smartwatch, showing the optical heart rate sensor and magnetic charging contacts, along with the model number BW-AT2C.

SETUP

1. Charging the Device

Before initial use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. The watch screen will indicate charging status. A full charge takes approximately 2 hours.

2. App Installation and Pairing

1. **Download the App:** Search for "Da Fit" in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open Da Fit App:** Launch the "Da Fit" application on your smartphone.
4. **Add Device:** In the app, navigate to the "Device" section and select "Add Device". The app will search for available devices.

5. **Select Your Watch:** Choose "BW-AT2C" from the list of found devices to initiate pairing.
6. **Confirm Pairing:** Follow any on-screen prompts on both your phone and watch to confirm the pairing.
7. **Enable Call Function:** For the Bluetooth call feature, you may need to pair the watch a second time through your phone's Bluetooth settings. Look for "BW-AT2C_CALL" or similar in your phone's Bluetooth device list and connect to it.

Note: For full functionality, ensure the "Da Fit" app has all necessary permissions (e.g., location, notifications, contacts) enabled on your smartphone.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and features. Tap to select.
- **Side Buttons:** The top button typically acts as a power/wake button and a back button. The bottom button may be a shortcut to sports modes or other functions, depending on customization.
- **Wake Screen:** Raise your wrist or press a side button to wake the screen.
- **Brightness Adjustment:** Adjust screen brightness through the watch settings or the Da Fit app for better visibility in various lighting conditions.
- **Custom Watch Faces:** Change watch faces directly on the watch or via the Da Fit app. You can also customize watch faces with your own photos.

Tela de toque total IPS de 1,3 polegadas

A tela grande e ultrabrilhante e a resolução HD de 240 * 240 garantem conforto visual e operação conveniente, mesmo sob luz solar



Ajuste de brilho



Mostradores de relógio personalizados



Image: The smartwatch displaying multiple customizable watch faces and options for brightness adjustment.

Making and Receiving Calls

The BW-AT2C allows you to make and receive calls directly from your wrist after successful Bluetooth pairing (including the call function pairing).

- **Receiving Calls:** When a call comes in, the watch will display the caller ID. You can answer or reject the call directly from the watch screen.
- **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.



BW-AT2C:

bluetooth call function allows you to make calls directly on your watch



BW-AT2:

without smart call function, ordinary sport watch

Image: A comparison showing the BW-AT2C model with its Bluetooth call function (dial pad visible) next to the BW-AT2 model without this feature.

Music Control

Control music playback on your smartphone directly from your watch. Functions include play, pause, skip forward, and skip backward.

Health Monitoring

The smartwatch continuously monitors various health metrics.

- **Heart Rate:** Real-time heart rate monitoring. View your current heart rate and historical data in the app.
- **Blood Pressure:** Measure your blood pressure on demand.
- **Blood Oxygen (SpO2):** Monitor your blood oxygen saturation levels.

- **Sleep Monitoring:** Tracks your sleep patterns, including deep sleep, light sleep, and wake times.
- **Pedometer:** Counts your daily steps, distance, and calories burned.



Image: The smartwatch screen showing a graph of heart rate data, indicating current BPM and historical trends.

Sports Modes

The watch supports multiple sports modes to track your workouts accurately. Available modes include Walking, Running, Cycling, Skipping Rope, Badminton, Basketball, and Football. Select your desired mode before starting an activity to record relevant data.

Notifications

Receive notifications from your smartphone directly on your watch. This includes call reminders, message alerts, and app notifications from platforms like WhatsApp, Instagram, Facebook, and Twitter. Ensure notification permissions are granted in the Da Fit app and your phone's settings.

Lembrete SMS de alerta de chamada

Nunca perca uma chamada / mensagem importante novamente



Image: The smartwatch on a user's wrist, showing an incoming call alert and SMS reminder, indicating its notification capabilities.

Other Features

- **Alarm Clock:** Set up to three alarms via the app.
- **Stopwatch:** Use the built-in stopwatch for timing activities.
- **Sedentary Reminder:** The watch will alert you if you remain inactive for too long.
- **Remote Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Find Watch/Find Phone:** Locate your watch or phone using the respective functions in the app or on the watch.
- **Calendar:** Access calendar information.

MAINTENANCE

- **Cleaning:** Wipe the watch and strap regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and dry thoroughly. Avoid harsh chemicals.
- **Water Resistance (IP54):** The BW-AT2C is IP54 water-resistant, meaning it is protected against dust ingress and splashing water from any direction. It is suitable for daily use like hand washing or light rain. **Do not submerge the watch in water, wear it while swimming, showering, or in saunas.** Prolonged exposure to water or high-pressure water jets may cause damage.
- **Charging Contacts:** Keep the magnetic charging contacts clean and dry to ensure proper charging.
- **Storage:** Store the watch in a cool, dry place when not in use.

TROUBLESHOOTING

Problem	Solution
Watch does not turn on.	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone.	<ul style="list-style-type: none">• Ensure Bluetooth is enabled on your phone and the watch.• Make sure the watch is within range of your phone.• Restart both the watch and your phone.• Check if the "Da Fit" app has necessary permissions.• Forget the device in your phone's Bluetooth settings and try pairing again.
Notifications are not received.	<ul style="list-style-type: none">• Ensure the watch is connected to the app.• Check notification permissions in the "Da Fit" app and your phone's system settings.• Make sure the app is running in the background.
Call function not working.	Ensure you have paired the "BW-AT2C_CALL" device in your phone's Bluetooth settings in addition to the main watch pairing.
Inaccurate health data.	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Keep the sensor clean. Note that this device is not a medical device and data is for reference only.

SPECIFICATIONS

Product Parameters



Image: Diagram illustrating the dimensions of the Blitzwolf BW-AT2C Smartwatch, including watch face diameter, strap width, and total length.

Feature	Detail
Brand	Blitzwolf
Model	BW-AT2C
Color	Black
Bluetooth Version	5.0
Compatible OS	Android 4.4+ / iOS 8.0+

Feature	Detail
Operation Mode	Full Touch Screen + 2 Side Buttons
Companion App	Da Fit
Water Resistance	IP54
Health Monitoring	Heart Rate, Blood Pressure, Blood Oxygen, Sleep, Pedometer
Sports Modes	Walking, Running, Cycling, Skipping Rope, Badminton, Basketball, Football
Screen Size	1.3 inch IPS
Resolution	240 x 240 pixels
Battery Capacity	400mAh
Standby Time	Approx. 30 days
Usage Time	Approx. 4-7 days (varies by usage)
Charging Time	Approx. 2 hours
Charging Type	Magnetic Charging
Strap Material	Silicone
Strap Width	22mm (Removable)
Product Dimensions	52 x 12 mm (Watch Face)
Product Weight	55 grams

WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the documentation provided with your purchase or visit the official Blitzwolf website. Keep your proof of purchase for warranty claims.

If you encounter issues not covered in the troubleshooting section, please contact customer support for assistance.