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> [MUSICOZY Bluetooth Headband Sports Sleep Headphones \(Model GH01\) User Manual](#)

## MUSICOZY GH01

# MUSICOZY Bluetooth Headband Sports Sleep Headphones (Model GH01) User Manual

Enhance your sleep, workouts, and travel with integrated audio.

## PRODUCT OVERVIEW

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The MUSICOZY Bluetooth Headband Sports Sleep Headphones offer a versatile audio solution integrated into a comfortable headband. Designed for various activities including sleep, workouts, travel, and relaxation, these headphones provide wireless music playback and hands-free calling. The headband features thin speakers, a breathable fabric, and intuitive controls for ease of use.

## WHAT'S IN THE BOX

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- MUSICOZY Bluetooth Headband
- USB Charging Cable
- User Manual



Image: The MUSICOZY Bluetooth Headband, USB charging cable, and user manual laid out on a surface.

## SETUP

### 1. Charging the Device

Before initial use, fully charge your MUSICOZY Bluetooth Headband.

- Locate the charging port on the headband (typically hidden within a small opening).
- Connect the provided USB charging cable to the port and a power source.
- Charging time is approximately **1-2 hours** for a full charge.
- A full charge provides up to **14 hours** of continuous music playback or talk time.

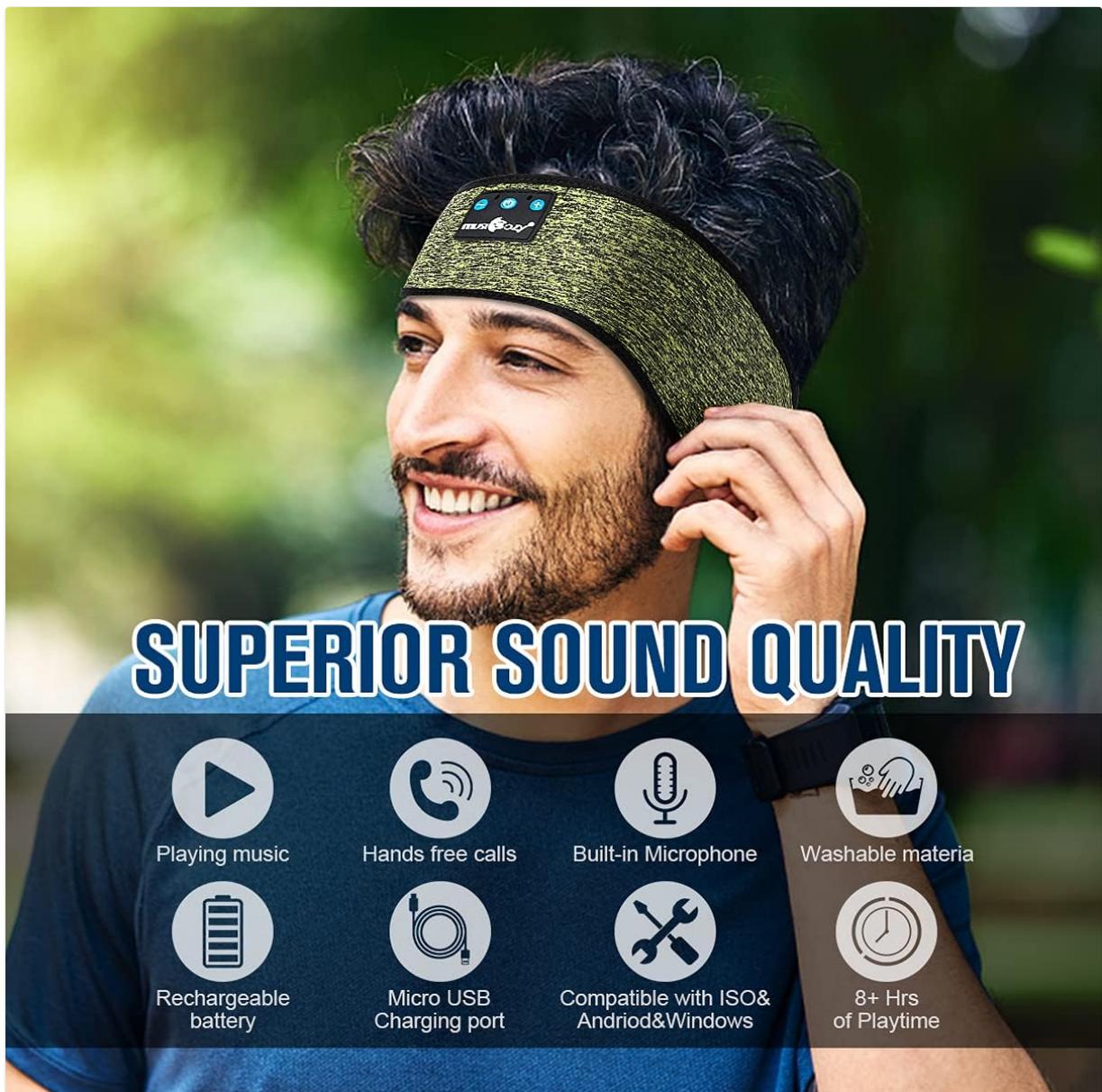


Image: Close-up of the headband's control panel and charging port, indicating where to connect the USB cable.

## 2. Bluetooth Pairing

Pair your headband with your Bluetooth-enabled device (smartphone, tablet, laptop).

1. Ensure your headband is charged and powered off.
2. Press and hold the **Power button** (center button on the control panel) for 3-5 seconds until the LED indicator flashes red and blue, indicating pairing mode.
3. On your device, enable Bluetooth and search for available devices.
4. Select "MUSICOZY" from the list of devices.
5. Once paired, the LED indicator will flash blue slowly, and you will hear an audio confirmation.



# MULTI-PURPOSE USES

Workout, jogging, insomnia, office and travel naps

Image: A visual guide showing the headband's control panel and a smartphone screen with Bluetooth settings, highlighting the pairing process.

## OPERATING INSTRUCTIONS

### Control Panel Functions

The control panel is located on the front of the headband.

- **Power Button (Center):**
  - Press and hold for 3-5 seconds to Power ON/OFF.
  - Short press to Play/Pause music.
  - Short press to Answer/End phone calls.
  - Press and hold for 2 seconds to Reject an incoming call.
- **Volume Up / Next Track Button (+):**
  - Short press to increase volume.
  - Long press to skip to the next track.
- **Volume Down / Previous Track Button (-):**

- Short press to decrease volume.
- Long press to go to the previous track.

# AMAZING SPORTING HEADBAND



HD Stereo



Lightweight



Breathable &  
Comfortable



Image: Close-up of the control panel with Power, Volume Up/Next, and Volume Down/Previous buttons clearly visible.

## Wearing the Headband

Position the headband comfortably over your head, ensuring the speakers are aligned with your ears. The soft, breathable fabric is designed for extended wear, including during sleep.

# BEST CHOICE FOR SIDE SLEEPERS



Thinner Speakers

 Wireless

  
Li-ion Battery

  
Wireless+EDR

  
Breathe Freely

  
Built-in  
Microphone

Image: A person wearing the headband over their eyes, demonstrating its use as a sleep mask with integrated speakers.

# SWEATPROOF TECHNOLOGY

To Keep sweat & hair from entering your eyes



**Breathable**

Keep cool & stop sweating



**Elastic Headband**

Suitable for people over 5 years old



**IPX6**

Protect the earphones from sweat

Image: A person wearing the headband during a workout, highlighting its use for sports and active lifestyles.

## MAINTENANCE

### Cleaning the Headband

The headband is made from breathable Spandex-nylon fabric and is washable. To clean:

1. Gently remove the electronic module (speakers and control panel) from the headband.
2. Hand wash the fabric headband with mild soap and water.
3. Allow the headband to air dry completely before reinserting the electronic module.

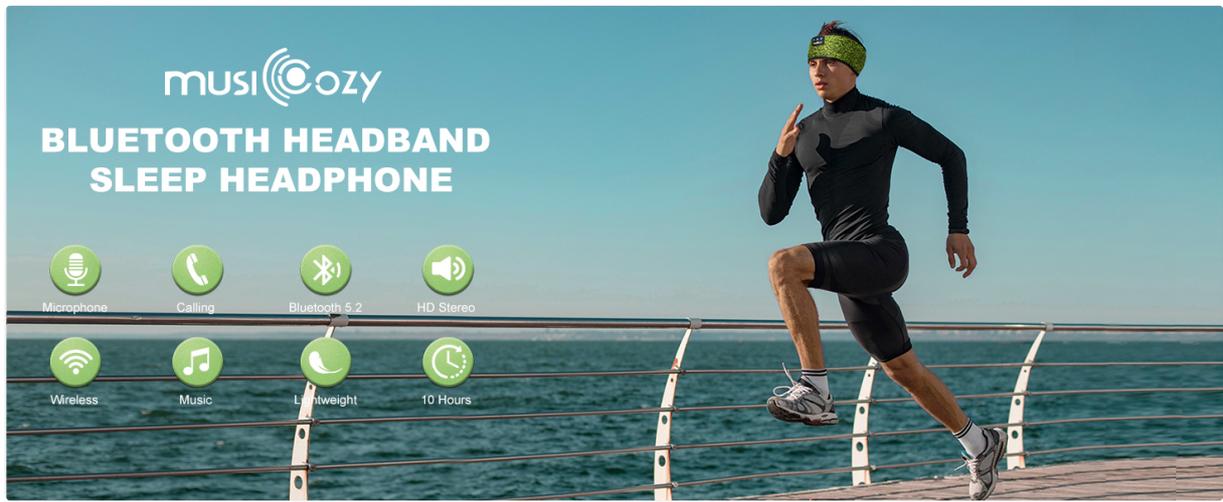


Image: Diagram illustrating how to remove the electronic components from the headband for cleaning.

## Storage

When not in use, store the headband in the provided soft pouch to protect it from dust and damage.

## TROUBLESHOOTING

- **Device not pairing:** Ensure the headband is fully charged and in pairing mode (flashing red and blue LED). Make sure Bluetooth is enabled on your device and try restarting both devices.
- **No sound:** Check the volume levels on both the headband and your connected device. Ensure the headband is successfully paired.
- **Charging issues:** Verify the USB cable is securely connected to both the headband and the power source. Try using a different USB port or charger.
- **Intermittent connection:** Ensure your device is within the Bluetooth range (up to 10 meters) and there are no significant obstructions.

## SPECIFICATIONS

Feature	Detail
Model Name	GH01
Connectivity Technology	Wireless (Bluetooth)
Bluetooth Version	5.2
Bluetooth Range	10 Meters
Battery Life	14 Hours
Charging Time	1-2 Hours
Material	Breathable Spandex-nylon Fabric
Control Type	Media Control (on-device buttons)
Included Components	Headband, USB Charging Cable, User Manual
Item Weight	2.89 ounces

## WARRANTY AND SUPPORT

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For warranty information or technical support, please refer to the contact details provided in your product packaging or visit the official MUSICOZY website.

## OFFICIAL PRODUCT VIDEOS

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Your browser does not support the video tag.

Video: A demonstration of the MUSICOZY Mesh Pink Sleep Headphones Mask, showcasing its features and comfort.

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Video: A review of the MUSICOZY Bluetooth Dual-sided Sleep Mask, highlighting its design and functionality.

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Video: A detailed look at the MUSICOZY Sleep Mask Breathable Headphones Mask, focusing on its breathable material and headphone features.