SLOTHMORE HY-1129

SLOTHMORE HY-1129 Cordless Leg Massager

INSTRUCTION MANUAL

1. Introduction

Thank you for choosing the SLOTHMORE HY-1129 Cordless Leg Massager. This device is designed to provide air compression massage for your calves, knees, and thighs, offering muscle relaxation, pain relief, and improved circulation. It features a rechargeable and portable design with adjustable settings to suit your comfort. Please read this manual thoroughly before use to ensure safe and effective operation.

2. Safety Information

To prevent injury or damage to the device, always adhere to the following safety guidelines:

- Use the massager for a maximum of 20 minutes at a time. The device has a built-in 20-minute auto-off timer.
- Do not use the massager while sleeping or bathing.
- Charge the massager fully before first use.
- Follow charging instructions carefully to avoid electrical hazards. Use only the provided USB (Type-C) cable with a regular phone adapter or power bank.
- Do not attempt to disassemble or repair the device yourself. Contact customer support for assistance.
- Consult a physician before use if you have any pre-existing medical conditions, are pregnant, or have sensitive skin.
- Keep out of reach of children.

3. Product Overview

The SLOTHMORE HY-1129 Leg Massager is designed for comprehensive leg massage, covering the calf, knee, and thigh areas. It features upgraded airbags for effective compression and an optional heat function for added comfort.



Figure 3.1: Adjustable Design and Dimensions. This image illustrates the adjustable velcro straps for a customized fit. The calf wraps extend up to 25.2 inches, and the thigh wraps extend up to 34.3 inches. It also highlights the outer breathable fabric, inner skin-friendly fabric, and the 2x2 inflating airbags.



Figure 3.2: Handheld Digital Remote Control. This image displays the compact remote control with buttons for Power & Intensities (Low, Mid, High), Modes Switch (Soothing, Strong, Pulsation), and a Heating Button (On/Off). It also indicates a 120-minute battery life.

4. Setup

Follow these steps to properly set up your SLOTHMORE HY-1129 Leg Massager:

1. **Step 1: Position the Wraps.** Place the leg wraps on your legs, ensuring the correct wrap (Left 'L' or Right 'R') is on the corresponding leg.
2. **Step 2: Adjust Tightness.** Secure the wraps using the velcro straps. Adjust them to a comfortable tightness, ensuring they are snug but not overly restrictive.
3. **Step 3: Plug in the Motor.** Connect the air pump motor to the leg wraps.

4. **Step 4: Connect to Controller.** Connect the air pump motor to the handheld controller.
5. **Step 5: Start Massage.** Once connected, you can begin your massage session using the controller.



Figure 4.1: Installation Guide. This visual guide demonstrates the five steps for setting up the leg massager, from putting on the wraps to connecting the controller and starting the massage. It also includes important notes regarding use for pregnant individuals and those with medical conditions.

5. Operating Instructions

The handheld controller allows you to customize your massage experience. Here's how to operate the device:

- **Power On/Off:** Press the power button ( ) to turn the massager on or off.
- **Adjust Intensity:** After powering on, press the power button ( ) repeatedly to cycle through the 3 intensity levels: Low (green light), Mid (orange light), High (red light).
- **Change Mode:** Press the 'M' button (∿) to switch between the 3 massage modes: Soothing (green light), Strong (orange light), Pulsation (red light).
- **Activate Heat:** Press the heat button (∴) to turn the knee heat function on or off. The indicator light will be red when heat is active.



Figure 5.1: Usage Scenarios. This image shows the leg massager being used in various settings, including an office, gym, and at home, highlighting its portable and versatile design.

6. Modes and Intensity

The massager offers three distinct modes and three intensity levels to personalize your experience:

- **Modes:**
  - *Soothing:* Gentle compression for relaxation. (Green indicator light)
  - *Strong:* More intense compression for deeper muscle relief. (Orange indicator light)
  - *Pulsation:* Rhythmic compression for circulation enhancement. (Red indicator light)
- **Intensity Levels:**
  - *Low:* Mild compression. (Green indicator light)
  - *Mid:* Moderate compression. (Orange indicator light)

- *High:* Strong compression. (Red indicator light)

7. Heat Function

The optional heat function provides warmth to the knee area, which can further enhance relaxation and comfort. To activate or deactivate the heat, press the dedicated heat button (∴) on the handheld controller. A red indicator light confirms the heat function is active.

8. Charging

The SLOTHMORE HY-1129 features a cordless and rechargeable design for convenience.

- The device has a built-in 4400 mAh battery.
- It can be charged via USB (Type-C) using a regular phone adapter or a power bank.
- A full charge can last for a maximum of 2 hours of use.
- The 20-minute automatic timer helps prevent over-massage and conserves battery life.

9. Maintenance

Proper care ensures the longevity and performance of your leg massager:

- **Cleaning:** Wipe the surface of the wraps and controller with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures.
- **Avoid Punctures:** Ensure no sharp objects come into contact with the air compression wraps to prevent damage to the airbags.

10. Troubleshooting

If you encounter any issues with your leg massager, refer to the following table for common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Battery is low or depleted.	Charge the device fully using the provided USB-C cable.
No compression or weak compression.	Wraps are not securely fastened; air pump not connected; air leak.	Ensure wraps are snug. Check all cable connections. Inspect wraps for any visible damage or punctures.
Heat function not working.	Heat function not activated; device malfunction.	Press the heat button (∴) on the controller. Ensure the red indicator light is on. If still not working, contact customer support.
Device turns off unexpectedly.	20-minute auto-off timer activated; low battery.	This is normal operation due to the safety timer. If it turns off before 20 minutes, check battery level and recharge if necessary.

11. Specifications

Feature	Detail
Model Number	HY-1129

Feature	Detail
Product Dimensions	8 x 6 x 4 inches
Item Weight	4.41 Pounds (2 Kilograms)
Power Source	Battery Powered (Rechargeable)
Battery Capacity	4400 mAh
Massage Modes	3 (Soothing, Strong, Pulsation)
Intensity Levels	3 (Low, Mid, High)
Heat Function	Optional, on knees
Auto-off Timer	20 Minutes
Calf Wrap Max Circumference	25.2 inches
Thigh Wrap Max Circumference	34.3 inches
Material Type	Silicone
Water Resistance Level	Not Water Resistant

12. Warranty and Support

The SLOTHMORE HY-1129 Cordless Leg Massager comes with a**2-Year Warranty**. This warranty covers manufacturing defects and ensures support for return and exchange services.
If you are not fully satisfied with your product or require assistance, please contact our customer service team. We are committed to providing support and resolving any issues you may encounter.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

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