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› Sejoy DBP-2261 Wrist Blood Pressure Monitor User Manual

Sejoy DBP-2261

Sejoy DBP-2261 Wrist Blood Pressure Monitor User Manual

Model: DBP-2261

1. INTRODUCTION

The Sejoy DBP-2261 Wrist Blood Pressure Monitor is an automatic device designed for convenient and accurate blood pressure measurement at home. It features a large LCD display, irregular heartbeat detection, and memory storage for two users. Regular monitoring of blood pressure can provide valuable health insights.



Image: Sejoy DBP-2261 Wrist Blood Pressure Monitor with large display and cuff.

2. PRODUCT FEATURES

- **Wrist Cuff Design:** Suitable for wrist circumferences from 5.3" to 8.5".
- **Dual-User Mode:** Stores up to 120 readings (60 per user) with date and time stamps.
- **Large LCD Display:** Clear, easy-to-read numbers for systolic, diastolic, and pulse readings.
- **Fast Reading:** Automatic inflation and deflation provide results in under 1 minute.
- **Irregular Heartbeat Detection:** Alerts users to potential irregular heartbeats.
- **Compact and Portable:** Includes a carrying case for easy transport.

Blood Pressure Machine Wrist



120 Memories
Storage



Automatic
Off



With
Batteries



Large
Display



Irregular heartbeat
detection

Image: Visual representation of the monitor's key features including memory, auto-off, battery power, large display, and irregular heartbeat detection.

3. SETUP AND BATTERY INSTALLATION

3.1 Unboxing

Carefully remove all components from the packaging. Ensure you have the wrist blood pressure monitor, 2 AAA batteries, and the storage case.



Image: Contents of the box, including the monitor, AAA batteries, and storage case.

3.2 Installing Batteries

1. Locate the battery compartment on the back of the monitor.
2. Open the battery cover.
3. Insert the 2 AAA batteries, ensuring the correct polarity (+/-) as indicated inside the compartment.
4. Close the battery cover securely.

4. OPERATING INSTRUCTIONS

4.1 Proper Cuff Placement

Accurate readings depend on correct cuff placement and body position. The cuff should be placed directly on your wrist, approximately 1 cm above your wrist joint, with the display facing upwards.



Image: A person demonstrating the one-button operation and adjustable wrist cuff placement.

4.2 Taking a Measurement

1. **Prepare for Measurement:** Sit comfortably on a chair with your back straight and supported. Keep your feet flat on the floor. Rest for 5-10 minutes before taking a measurement. Avoid speaking or moving during the measurement.
2. **Position Your Arm:** Place the cuff on your wrist with your palm facing up. Ensure the monitor is at the same level as your heart. You can rest your elbow on a table to achieve this.
3. **Start Measurement:** Press the power button (usually marked with a power symbol). The cuff will automatically inflate and then slowly deflate.
4. **Read Results:** Once the measurement is complete, the monitor will beep, and your systolic pressure (SYS), diastolic pressure (DIA), and pulse rate (PUL) will be displayed on the screen.

Correct Posture For Accurate Measurements

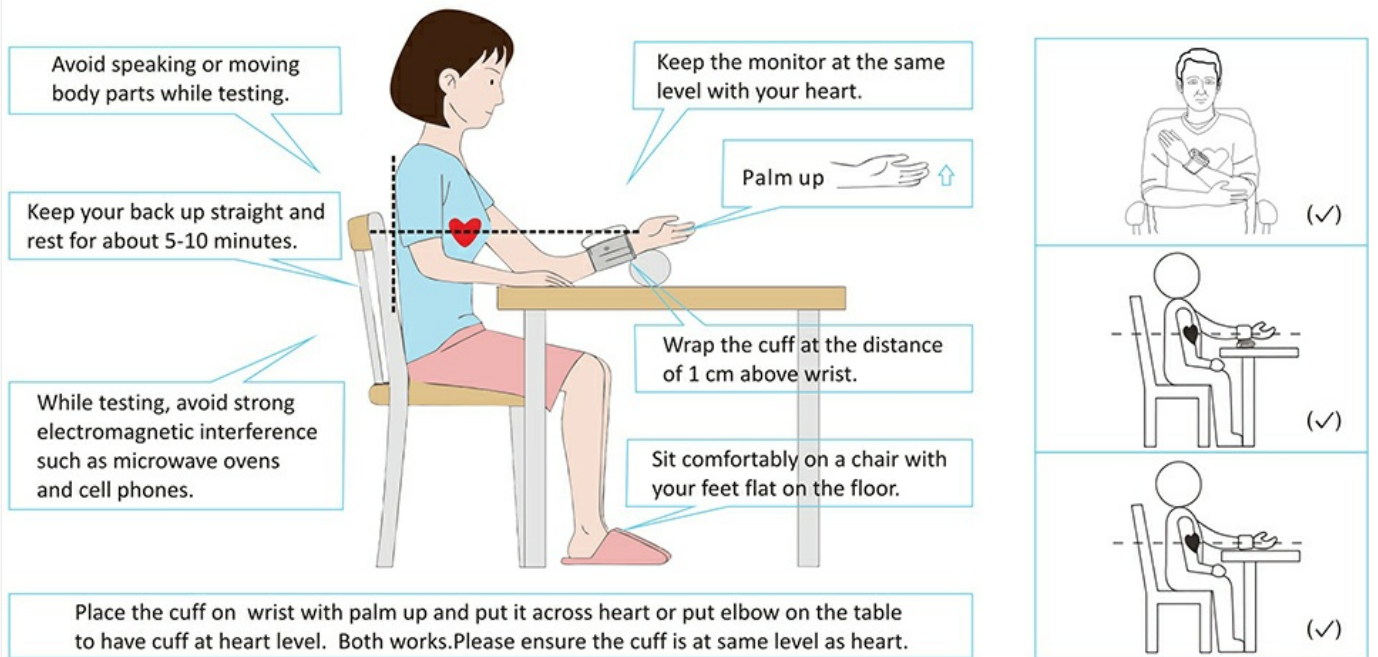


Image: Diagram illustrating correct body posture and arm positioning for accurate blood pressure readings.

5. UNDERSTANDING YOUR RESULTS

The monitor displays three key values: Systolic (top number), Diastolic (bottom number), and Pulse (heart rate). It also features a color-coded indicator on the side to help you understand your blood pressure classification according to AHA guidelines.

Understand your results

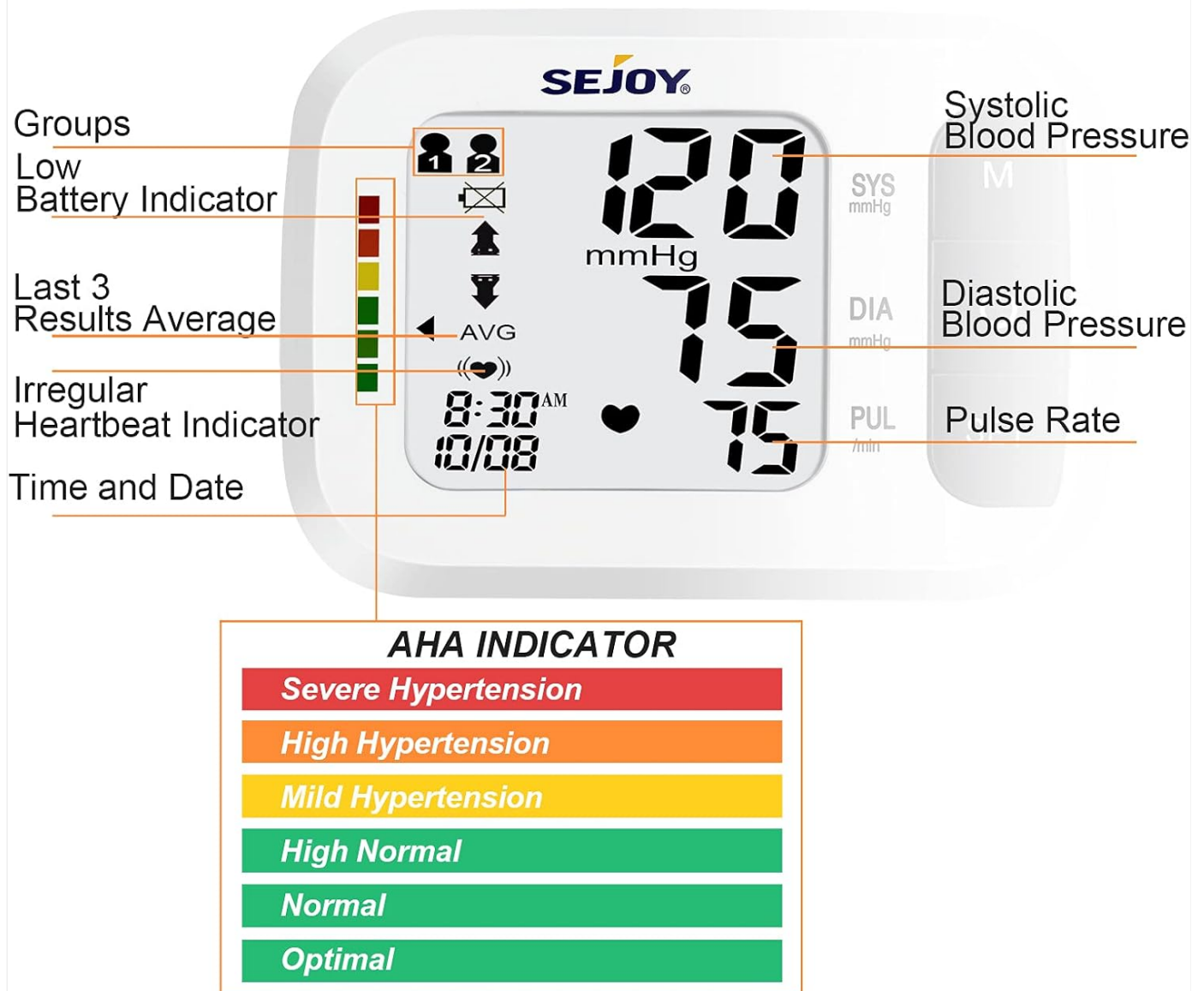


Image: Close-up of the monitor's display showing readings and indicators for groups, low battery, last 3 results average, irregular heartbeat, time, and date.

5.1 Blood Pressure Classification

Blood Pressure Classification	Systolic mmHg (top number)		Diastolic mmHg (bottom number)
Optimal	<120	and	<80
Normal	120-129	and	80-85
High Normal	130-139	or	85-90
Mild Hypertension (Hypertension Stage 1)	140-159	or	90-100
Moderate Hypertension (Hypertension Stage 2)	160-179	or	100-110
Severe Hypertension (Hypertension Stage 3)	≥180	and/or	≥110

Table: Blood Pressure Classification based on Systolic and Diastolic readings.

5.2 Irregular Heartbeat Detection

If the monitor detects an irregular heartbeat during the measurement, a specific symbol (often a heart icon with waves) will appear on the display. This indicates that an irregular heartbeat was detected. If this symbol appears frequently, consult your physician.

6. MEMORY FUNCTION

The DBP-2261 monitor supports two users and can store up to 60 readings for each user, totaling 120 memories. This allows individuals or couples to track their blood pressure trends over time.

6.1 Accessing Memory

1. Ensure the monitor is off.
2. Press the 'M' (Memory) button. The display will show the average of the last three readings.
3. Press the 'M' button repeatedly to scroll through individual past readings for the current user.
4. To switch between User 1 and User 2, press the 'SET' button while in memory mode.



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The aged

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Traveler

The SEJOY blood pressure monitor features a digital display showing systolic (128 mmHg), diastolic (88 mmHg), and pulse (70 bpm) readings. It also includes a date and time display (8:30 AM, 10/08). The control panel includes buttons for 'M' (Memory), 'DIA' (Diastolic), 'PUL' (Pulse), 'SYS' (Systolic), a power button, and a 'SET' button.

Image: The monitor illustrating its capability to store separate record histories for two users.

7. TROUBLESHOOTING

If you encounter issues with your blood pressure monitor, please refer to the following common troubleshooting tips. For more detailed information, consult the full owner's manual provided with your device.

- **Inaccurate Readings:** Ensure correct cuff placement, proper arm positioning at heart level, and that you are relaxed and not talking during measurement. Avoid caffeine, exercise, and smoking for at least 30 minutes prior.
- **No Display/Power Issues:** Check if batteries are inserted correctly and are not depleted. Replace batteries if necessary.
- **Error Codes:** Specific error codes may appear on the display. Refer to the owner's manual for a complete list of error codes and their corresponding solutions.
- **Cuff Not Inflating/Deflating:** Ensure the cuff is securely attached and there are no kinks in the air tube (if applicable, though this is a wrist unit).

8. SPECIFICATIONS

Feature	Detail
Product Dimensions	2.55 x 2.55 x 1.57 inches
Item Model Number	DBP-2261
Batteries	2 AAA batteries required (included)
Item Weight	4 Ounces
Manufacturer	JOYTECH Healthcare Co., Ltd.
Included Components	Case
Power Source	Battery Powered
Use for	Wrist
Display Type	LCD
Age Range (Description)	Adult
Band Size	5.3-8.5 inches

9. MAINTENANCE AND CARE

- **Cleaning:** Wipe the monitor and cuff with a soft, dry cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** Store the monitor in its provided carrying case in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Replacement:** Replace batteries when the low battery indicator appears on the display to ensure accurate readings.

10. WARRANTY AND SUPPORT

For information regarding warranty coverage, technical support, or service, please refer to the official documentation included with your product or contact Sejoy customer service directly. Contact details can typically be found in the owner's manual or on the manufacturer's website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question