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- ZIPRO /
- > ZIPRO Jogger Treadmill User Manual

#### **ZIPRO 7849607**

# **ZIPRO Jogger Treadmill User Manual**

Model: 7849607

#### INTRODUCTION

This manual provides essential information for the safe and effective operation, maintenance, and troubleshooting of your ZIPRO Jogger Foldable Treadmill. Please read this manual thoroughly before assembly or use and retain it for future reference.

The ZIPRO Jogger treadmill is designed for home use, offering a compact and efficient solution for cardio training. Its foldable design makes it ideal for spaces where storage is a consideration.

## IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of serious injury, read all instructions before using the ZIPRO Jogger Treadmill. ZIPRO assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

- · Always place the treadmill on a level surface.
- Keep children and pets away from the treadmill during operation.
- Ensure adequate clear space around the treadmill (at least 2 meters behind and 0.6 meters on each side).
- Do not operate the treadmill if it has a damaged cord or plug, or if it has been dropped or damaged.
- · Wear appropriate exercise clothing and athletic shoes.
- Use the safety key at all times. Attach the clip to your clothing before starting your workout.
- Do not step on or off the treadmill while the belt is moving.
- Consult a physician before starting any exercise program.
- · Maximum user weight: 120 kg.

# PRODUCT COMPONENTS

Familiarize yourself with the main parts of your ZIPRO Jogger Treadmill.



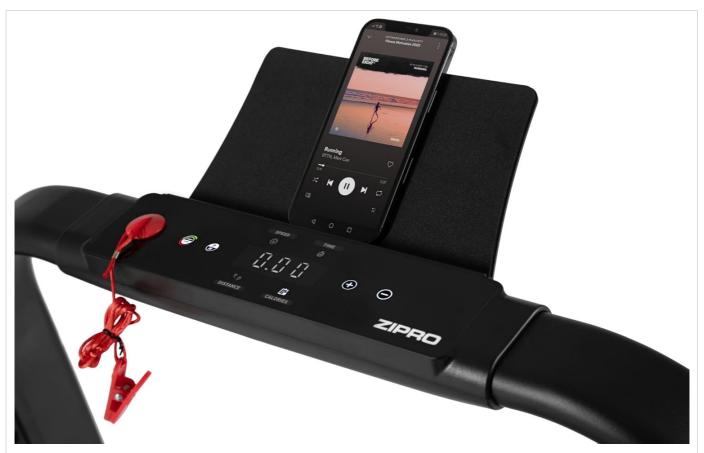


Figure 2: Close-up of the intuitive LED control panel, showing the display for speed, time, distance, and calories, along with the integrated device holder.



Figure 3: Detail of the handlebar, featuring convenient speed adjustment and start/stop buttons for easy control during your workout.



Figure 4: View of the treadmill's base, highlighting the robust folding mechanism and the power input port.

# SETUP AND ASSEMBLY

The ZIPRO Jogger Treadmill comes largely pre-assembled. Follow these steps to prepare it for use:

- 1. **Unpacking:** Carefully remove all packaging materials. Retain packaging for potential future transport or storage.
- 2. **Placement:** Choose a flat, stable surface for the treadmill. Ensure there is sufficient space around the unit for safe operation and access.

# 3. Unfolding:

- Gently lift the running deck until it locks into the upright position.
- Lower the console and handlebars into their operational position.



Figure 5: The treadmill in its upright folded position, ready for storage or unfolding.



Figure 6: The treadmill folded completely flat, demonstrating its compact storage capability.

- 4. **Power Connection:** Plug the power cord into a grounded electrical outlet.
- 5. Safety Key: Locate the safety key and attach the clip to your clothing. The treadmill will not operate without the safety key in place.

# **OPERATING INSTRUCTIONS**

The ZIPRO Jogger Treadmill features an intuitive LED display and easy-to-use controls.

### **Control Panel Overview**



Figure 7: Detailed view of the control panel, showing the LED display and various function buttons.



Figure 8: The control panel with a tablet placed in the integrated holder, demonstrating media integration during workouts.

- LED Display: Shows Speed, Time, Distance, and Calories Burned.
- Speed Adjustment: Use the '+' and '-' buttons on the console or handlebars to adjust speed from 1 to 16 km/h.
- Start/Stop: Press the 'Start' button to begin and 'Stop' to end your workout.
- **Heart Rate Sensors:** Grip the sensors on the handlebars to monitor your heart rate.
- Programs: The treadmill includes 12 pre-set programs. Refer to the display for program selection and details.

# **Starting a Workout**

- 1. Ensure the safety key is properly inserted into the console and clipped to your clothing.
- 2. Step onto the side rails of the treadmill.
- 3. Press the 'Start' button. The belt will begin to move at a low speed.
- 4. Carefully step onto the moving belt and gradually increase speed to your desired level using the '+' button.

# **Ending a Workout**

- 1. Gradually decrease the speed using the '-' button until the belt comes to a complete stop.
- 2. Alternatively, press the 'Stop' button to halt the belt immediately.
- 3. For emergency stops, pull the safety key from the console. The treadmill will stop instantly.
- 4. Once the belt has stopped, step off the treadmill.

## MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your ZIPRO Jogger Treadmill.

• Cleaning: Wipe down the treadmill after each use with a damp cloth to remove sweat and dust. Do not use abrasive

cleaners.

- **Belt Lubrication:** The running belt requires periodic lubrication to reduce friction and wear. Consult the specific lubrication instructions provided with your treadmill or contact customer support for guidance.
- **Belt Tension and Alignment:** Check the running belt tension and alignment regularly. If the belt slips or drifts to one side, adjust it according to the instructions in the full user manual or seek professional assistance.
- Storage: When not in use, the treadmill can be folded for compact storage.

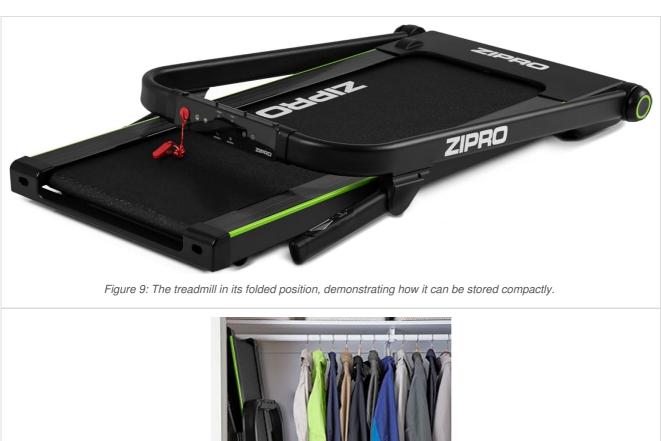


Figure 10: Example of the folded treadmill being stored vertically in a narrow space, such as a closet.

# **TROUBLESHOOTING**

If you encounter issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not start.	<ul> <li>Power cord not plugged in.</li> <li>Safety key not inserted.</li> <li>Circuit breaker tripped.</li> </ul>	<ul> <li>Ensure power cord is securely plugged into a grounded outlet.</li> <li>Insert the safety key fully into the console.</li> <li>Check your home's circuit breaker and reset if necessary.</li> </ul>

Problem	Possible Cause	Solution
Running belt slips.	<ul><li>Belt tension is too loose.</li><li>Belt needs lubrication.</li></ul>	<ul> <li>Adjust belt tension (refer to full manual for specific instructions).</li> <li>Lubricate the running belt.</li> </ul>
Unusual noise during operation.	<ul><li>Loose components.</li><li>Belt rubbing.</li></ul>	<ul><li> Check and tighten all visible bolts and screws.</li><li> Adjust belt alignment.</li></ul>

If the problem persists, please contact ZIPRO customer support.

# PRODUCT SPECIFICATIONS

Feature	Detail
Model Number	7849607
Brand	ZIPRO
Color	Black
Material	Stainless Steel (Main), Aluminum (Frame)
Product Dimensions (L x W x H)	151 x 78 x 123 cm
Folded Dimensions (L x W x H)	151 x 78 x 35 cm
Item Weight	39.5 Kilograms
Maximum Weight Capacity	120 Kilograms
Speed Range	1 - 16 km/h
Horsepower	2.5 HP
Display Type	LED
Metrics Displayed	Distance, Heart Rate/Calories Burned, Time, Speed
Number of Programs	12
Special Features	Touch Screen (referring to the console, not the display itself), Foldable Design
Power Type	Electric Cable
Included Components	Treadmill
Recommended Uses	Indoor and outdoor, gym, sports studio, home
Target Audience	Adult

# WARRANTY AND SUPPORT

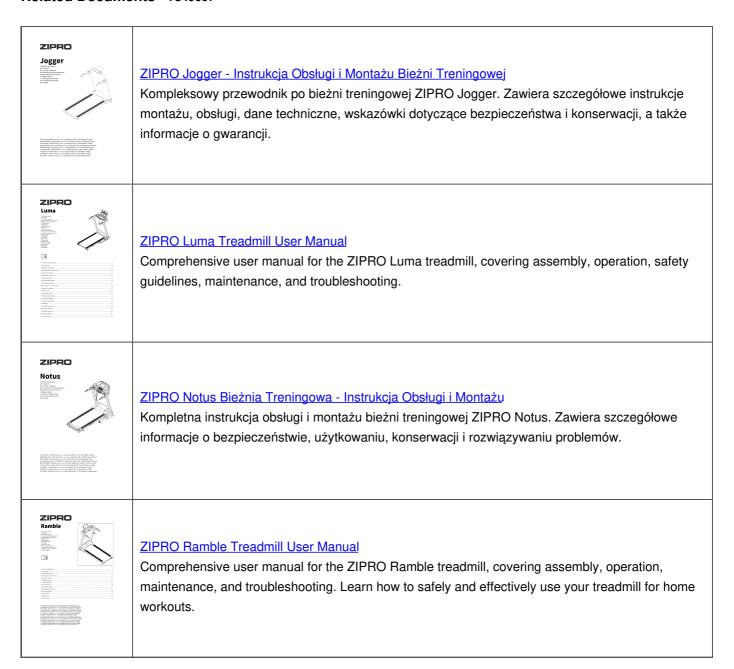
For warranty information, technical support, or service inquiries, please contact ZIPRO customer service. Details can typically be found on the manufacturer's website or the product packaging.

Manufacturer: Zipro

**Customer Service:** Please refer to the contact information provided with your purchase or visit the official ZIPRO website for support options.

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#### Related Documents - 7849607





### Instrukcja obsługi bieżni treningowej ZIPRO Iluzion

Kompleksowa instrukcja obsługi bieżni treningowej ZIPRO Iluzion, zawierająca szczegółowe informacje dotyczące montażu, bezpiecznego użytkowania, konserwacji oraz rozwiązywania problemów technicznych.



# ZIPRO Pacto Treadmill User Manual

Comprehensive user manual for the ZIPRO Pacto Treadmill, covering assembly, operation, safety guidelines, maintenance, and troubleshooting. Includes technical specifications and parts list.

#### Documents - ZIPRO - 7849607



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#### [pdf] Instructions Label

ZIPRO Jogger TB4500 label 2024 Anna Stech Morele 39 kg 120 Product Standard EN 20957 1 957 6 A1 2014 55014 2017 A11 2020 Power Supply Unit AC 220 240V 50 60Hz Model JOGGER Instrukcja i bezpieczenstwo 7849607 morele net instructions |||

Model JOGGER Class Accuracy Class Net Weight Max User Weight H C 39 kg 120 kg Treadmill Product Standard EN 20957:1, EN 957:6-A1:2014, EN 55014-1:2017/A11:2020 Power Supply Unit AC 220-240V 50-60Hz Importer: Morele.net Sp. z o.o. al. Jana Pawla II 43b 31-864 Krakw Poland NOT FOR THERAPEUTIC U... lang:pl score:20 filesize: 97.95 K page count: 1 document date: 2024-04-26



#### [pdf] User Manual Instructions

Anna Stech Instrukcja i bezpieczenstwo 7849607 108Zipro Jogger elektryczna Bieżnia Morele netInstrukcja 108morele net instructions 108 netWłącz aplikację wybierz w niej swoje urządzenie ZIPRO z którym chcesz się połączyć Kiedy połączy aplikacją nastąpi wyłączenie komputera i Instrukcja 108C1xxjLjFD0Lmorele 108m media amazon images I C1xxjLjFD0L ref dp product quick view ||| ||| Jogger PL Bienia treningowa EN Treadmill DE Trainings-Laufband RU RO Band pentru antrenament LT Bgimo takelis CZ Bzeck ps SK Bzeck trenazr HU Futpad BG FR Tapis roulant d exercice IT Tapis roulant per allenamento ES Cinta de correr para eje

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