

Medcursor MD-LM01

Medcursor Air Compression Leg Massager

Model: MD-LM01

1. SAFETY INFORMATION

Please read all safety instructions carefully before using the Medcursor Air Compression Leg Massager.

- Do not wrap the massager too tightly around your legs. Ensure a comfortable fit that allows for proper circulation.
- The device is equipped with safety timers (20 minutes and 30 minutes) to prevent overheating and overuse. Do not bypass these timers.
- If you experience any discomfort or pain during use, discontinue use immediately.
- Consult a healthcare professional before use if you have any pre-existing medical conditions, especially those related to circulation, blood clots, or skin conditions.
- This product is not intended to diagnose, treat, cure, or prevent any disease or health condition.
- Keep out of reach of children.

2. PRODUCT OVERVIEW

The Medcursor Air Compression Leg Massager is designed to provide a soothing massage to your calves and feet using air compression technology. It features multiple modes and intensity levels for a customizable experience.



Image: The Medcursor Air Compression Leg Massager, showing the two leg wraps and the attached handheld controller.

Package Contents

Verify that all items are present in the package:

- Medcursor Air Compression Leg Massager (2 leg wraps)
- Handheld Controller
- Power Adapter
- User Manual (Printed)

PACKAGE INCLUDES



Image: Contents of the Medcursor Air Compression Leg Massager package, including the leg wraps, handheld controller, power adapter, and user manual.

3. SETUP INSTRUCTIONS

Follow these steps to set up your Medcursor Air Compression Leg Massager:

1. **Unpack Components:** Carefully remove all components from the packaging.
2. **Identify Left and Right Wraps:** Each leg wrap is labeled for the left and right leg. Ensure you place the correct wrap on each leg.
3. **Apply Leg Wraps:** Place your feet and calves into the massager wraps. Secure the wraps using the large Velcro fasteners. It is recommended to leave a 3-4 finger gap to avoid excessive tightness, especially during initial use. The maximum calf circumference supported is 23.6 inches (60 cm).

Your Personal Professional Masseur



Fitness Enthusiasts

Leg/feet Pain Patient



The Elderly

White-collar



Long-time Standing People

Image: A person adjusting the Velcro straps on the leg massager, highlighting the adjustable nature and maximum calf circumference.

4. **Connect Hoses to Controller:** Fully insert and secure the air hoses from the leg wraps into the corresponding ports on the handheld controller. Ensure a snug fit for proper air pressure function.
5. **Connect Power Adapter:** Plug the power adapter into the handheld controller, then plug the adapter into a standard electrical outlet.

Video: A visual guide demonstrating the setup process for the Medcursor Air Compression Leg Massager, including how to wear the wraps and connect the components.

4. OPERATING INSTRUCTIONS

The Medcursor Leg Massager is controlled via the intuitive handheld unit. Familiarize yourself with the buttons and display:

ONE SIZE FITS ALL

Larger and Adjustable Size for Whole Family Use



Calf Circumference
Max 23.6INCH / 60CM



2 Larger Velcros for
Different Leg Sizes
6.5*3.5INCH / 16.5*9CM



Note: It doesn't knead, and there are no rollers inside the device.

Image: Close-up view of the handheld controller, showing the On/Off, Timer, Mode, and Air Intensity buttons.

Controller Functions:

- **Power Button (⏻):** Press to turn the massager On or Off.
- **Timer Button (⌚):** Cycle between 20-minute and 30-minute automatic shut-off timers.
- **Mode Button (M):** Select from three distinct massage modes: Sequence, Circulation, or Whole. Each mode offers a different compression pattern.

RELAX MUSCLES & RELIEVE FATIGUE

Apply Gentle Pressure to Your Calves and Feet with 3 Massage Modes

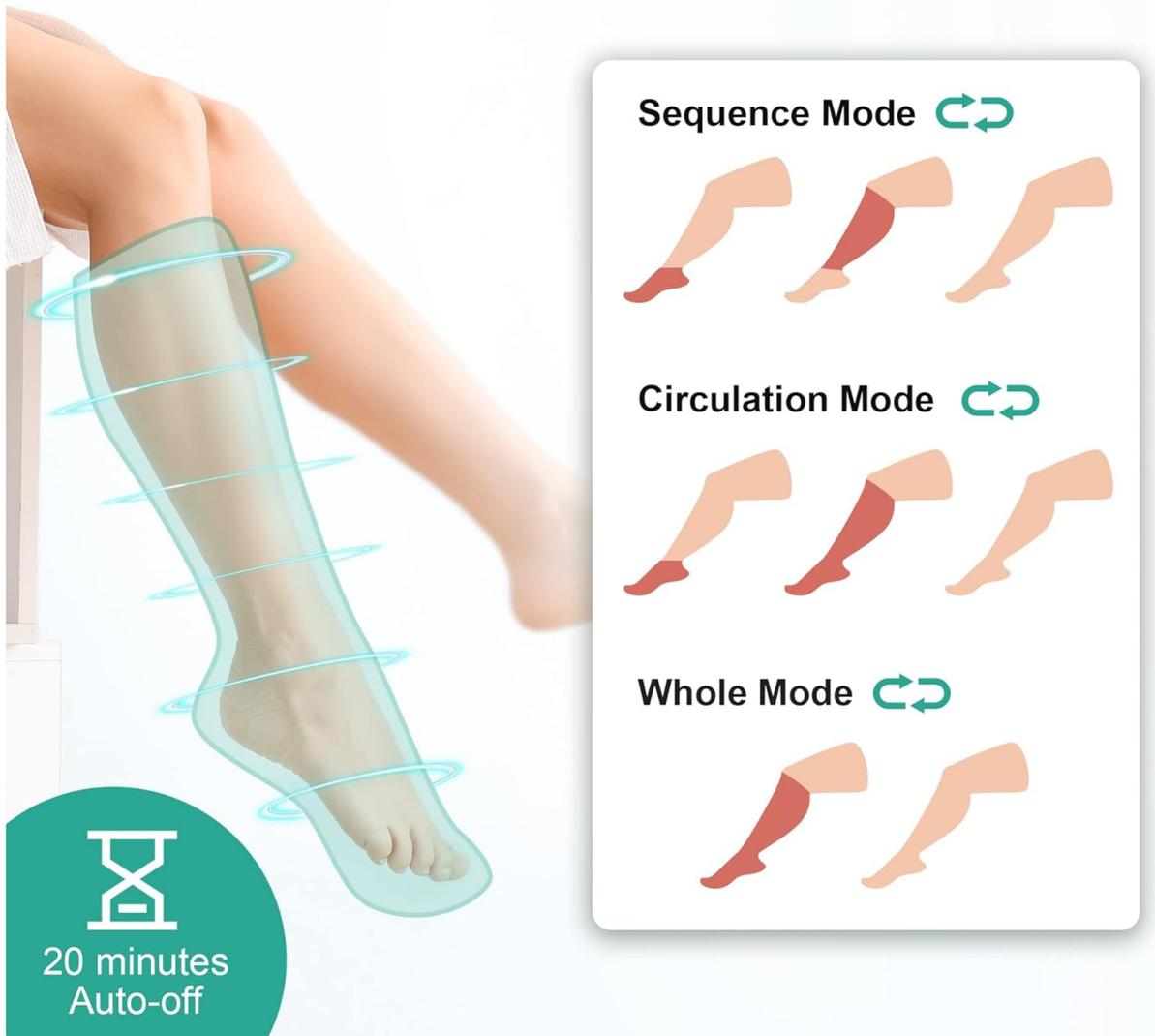


Image: Illustrates the three massage modes: Sequence (foot then calf), Circulation (alternating foot and calf), and Whole (simultaneous foot and calf compression).

- **Air Intensity Button** (≡): Adjust the air compression intensity through three levels (Low, Medium, High).

Usage Steps:

1. Ensure the massager is properly worn and connected as per the Setup Instructions.
2. Press the Power Button to turn on the device.
3. Use the Mode Button to select your desired massage pattern.
4. Use the Air Intensity Button to set your preferred compression strength.
5. Select a massage duration using the Timer Button (20 or 30 minutes). The device will automatically shut off after the selected time.
6. To stop the massage at any time, press the Power Button.

Video: Demonstrates how to operate the Medcursor Leg Massager, including selecting modes, intensities, and setting the timer.

Video: A detailed look at the handheld controller and its functions, showing how to interact with each button.

5. MAINTENANCE

The Medcursor Air Compression Leg Massager is designed for easy maintenance.

- **Cleaning:** To clean the massager, wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and extreme temperatures. Ensure the wraps are neatly folded to prevent damage to the air bags or hoses.

6. TROUBLESHOOTING

If you encounter any issues with your Medcursor Air Compression Leg Massager, please refer to the following common solutions:

- **Device not turning on:** Ensure the power adapter is securely connected to both the controller and a working electrical outlet.
- **No compression or weak compression:** Verify that the air hoses are fully and securely inserted into the handheld controller. Check that the leg wraps are properly sealed with the Velcro fasteners and not too loose.
- **Unusual noise:** A slight humming sound during operation is normal due to the air pump. If you hear loud or unusual noises, discontinue use and contact customer support.
- **Discomfort during use:** Ensure the wraps are not too tight. Adjust the Velcro to a looser setting or reduce the intensity level. If discomfort persists, stop using the device.

For issues not listed here, or if the problem persists, please refer to the comprehensive user manual PDF or contact Medcursor customer support.

7. SPECIFICATIONS

Feature	Detail
Model Number	MD-LM01
Product Dimensions	13.58 x 10.04 x 4.53 inches
Item Weight	3.31 Pounds
Power Source	Corded Electric
Material	Plush
Massage Modes	3 (Sequence, Circulation, Whole)
Intensity Levels	3
Timers	2 (20 minutes, 30 minutes)

Feature	Detail
Max Calf Circumference	23.6 inches (60 cm)

8. WARRANTY AND SUPPORT

Warranty Information:

Specific manufacturer warranty details are not provided in this document. For information regarding the standard warranty, please refer to the official Medcursor website or the printed user manual included with your product.

Extended protection plans are available for purchase:

- 2-Year Protection Plan
- 3-Year Protection Plan
- Complete Protect (monthly plan)

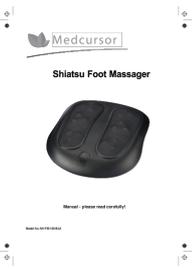
Customer Support:

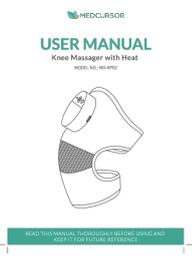
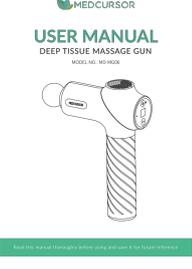
For further assistance, product inquiries, or support, please contact Medcursor customer service or visit their official store:

- **Official User Manual (PDF):** [Download PDF Manual](#)
- **Medcursor Store:** [Visit Medcursor Store on Amazon](#)

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Related Documents - MD-LM01

	<p>Medcursor MD-LM01 Air Compression Leg Massager with Heat - User Manual</p> <p>Comprehensive user manual for the Medcursor MD-LM01 Air Compression Leg Massager with Heat. Learn about product features, safety instructions, operation, troubleshooting, and care.</p>
	<p>Medcursor Shiatsu Foot Massager NK-FM-100-BLK User Manual</p> <p>User manual for the Medcursor Shiatsu Foot Massager with model number NK-FM-100-BLK. Provides safety precautions, operating instructions, and technical specifications for the foot massager.</p>

	<p>Medcursor Shiatsu Foot Massager MDFM400 User Manual Deep Kneading & Heat Therapy</p> <p>Comprehensive user manual for the Medcursor Shiatsu Foot Massager (Model MDFM400). Learn about safety, specifications, operation, troubleshooting, and maintenance for this deep kneading and heat therapy device.</p>
	<p>Medcursor Smart Shiatsu Foot Massager User Manual</p> <p>User manual for the Medcursor Smart Shiatsu Foot Massager (Model: MDFM500), covering important safeguards, setup, operation, care, troubleshooting, FCC statement, and warranty information.</p>
	<p>Medcursor MD-KP02 Knee Massager with Heat User Manual - Operation, Care, Troubleshooting</p> <p>Comprehensive user manual for the Medcursor MD-KP02 Knee Massager with Heat. Learn about operation, safety precautions, care, maintenance, troubleshooting, and warranty information for this cordless massager.</p>
	<p>Medcursor MD-MG06 Deep Tissue Massage Gun User Manual</p> <p>User manual for the Medcursor MD-MG06 Deep Tissue Massage Gun, providing instructions on safe operation, features, maintenance, troubleshooting, and warranty information.</p>