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> [Alecto BC100TIGER Educational Children's Sleep Trainer Alarm Clock User Manual](#)

Alecto BC100TIGER

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Model: BC100TIGER

1. INTRODUCTION

The Alecto BC100TIGER is an educational sleep trainer alarm clock designed to assist children in understanding and adhering to consistent sleep and wake schedules. This device utilizes a visual LED light system, changing colors to indicate when it is time to sleep and when it is time to wake up. This manual provides comprehensive instructions for its proper use and care.



Figure 1: Alecto BC100TIGER Sleep Trainer Alarm Clock (Sleeping Mode)

2. PRODUCT OVERVIEW

2.1 Key Features

- **Sleep and Wake Training:** Uses distinct LED light colors (blue for sleep, orange for wake) to visually guide children.
- **Adjustable Light Intensity:** Features 7 levels of light intensity, plus an off setting, to suit various preferences and environments.
- **Wireless and Rechargeable:** Operates wirelessly with a built-in rechargeable battery for flexible placement.
- **Digital Time Display:** Clear digital display for easy time reading.
- **Child-Friendly Design:** Engaging tiger-themed design.

2.2 Package Contents

Ensure all items are present upon unboxing:

- Alecto BC100TIGER Sleep Trainer Unit
- Micro-USB Charging Cable

- User Manual (available in Dutch, English, German, French)

3. SETUP

3.1 Initial Charging

Before first use, fully charge the device. Connect the supplied Micro-USB cable to the charging port on the back of the alarm clock and plug the other end into a suitable USB power adapter (not included) or a computer USB port. The charging indicator will show the charging status.

3.2 Setting the Current Time

1. Press and hold the 'Time Set' button (usually marked with a clock icon) for a few seconds until the hour display flashes.
2. Use the '+' and '-' buttons to adjust the hour.
3. Press 'Time Set' again to confirm the hour and move to minute adjustment.
4. Use the '+' and '-' buttons to adjust the minutes.
5. Press 'Time Set' one more time to save the current time settings.

3.3 Setting Sleep and Wake Times

The device allows you to program specific times for the blue (sleep) and orange (wake) light indicators.

1. **Setting Sleep Time (Blue Light):** Press and hold the 'Sleep Set' button (often marked with a moon or 'zzz' icon). Adjust the desired hour and minute for the blue light to activate using the '+' and '-' buttons, confirming each step with 'Sleep Set'.
2. **Setting Wake Time (Orange Light):** Press and hold the 'Wake Set' button (often marked with a sun icon). Adjust the desired hour and minute for the orange light to activate using the '+' and '-' buttons, confirming each step with 'Wake Set'.

3.4 Adjusting Light Intensity

The light intensity can be adjusted to 7 different levels or turned off completely. Locate the 'Light' or 'Brightness' button (often marked with a light bulb icon) and press it repeatedly to cycle through the intensity levels until the desired brightness is achieved.

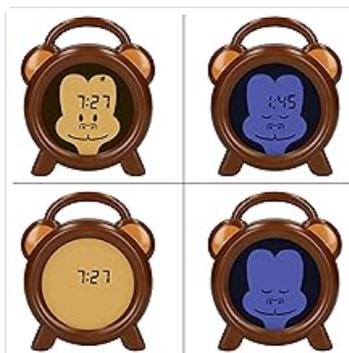


Figure 2: Various display modes and colors of the sleep trainer.

4. OPERATING INSTRUCTIONS

4.1 Sleep Training Functionality

Once the sleep and wake times are set, the alarm clock will automatically transition between modes:

- **Sleep Mode (Blue Light):** At the programmed sleep time, the display will turn blue, indicating it is time for the child to stay in bed and sleep. The tiger's eyes will appear closed.
- **Wake Mode (Orange Light):** At the programmed wake time, the display will turn orange, signaling that it is acceptable for the child to get out of bed. The tiger's eyes will appear open.



Figure 3: Alecto BC100TIGER in Wake Mode (Orange Light)

4.2 General Use

The alarm clock can be placed on a bedside table or any flat surface. Its compact and wireless design allows for easy portability within the child's room.

5. MAINTENANCE

5.1 Cleaning

To clean the device, gently wipe it with a soft, dry, or slightly damp cloth. Do not use abrasive cleaners, solvents, or immerse the device in water.

5.2 Battery Care

The integrated Lithium-polymer battery should be recharged regularly to maintain optimal performance. Avoid fully discharging the battery frequently. If the device will not be used for an extended period, charge it fully before storage and recharge every few months.

6. TROUBLESHOOTING

- **Device does not turn on:** Ensure the battery is charged. Connect the device to a power source using the Micro-USB cable.
- **Light does not change color at programmed times:** Verify that the sleep and wake times are correctly set. Check if the device is in the correct operating mode (e.g., not in a 'display only' mode if available).
- **Display is dim or unreadable:** Adjust the light intensity using the 'Light' or 'Brightness' button. If the issue persists, the battery may be low and require charging.
- **Buttons are unresponsive:** Try resetting the device by connecting it to power or allowing the battery to fully discharge and then recharging. If a reset button is present (refer to the universal manual), use a thin object to press it.

7. SPECIFICATIONS

Feature	Detail
Model Number	BC100TIGER
Dimensions (L x W x H)	11.8 x 3.81 x 14 cm
Weight	271 Grams
Power Source	Battery powered (1 Lithium-polymer)
Display Type	Digital
Material	Acrylonitrile Butadiene Styrene (ABS)
Color	Yellow

8. WARRANTY INFORMATION

Alecto products are designed and manufactured to high quality standards. For specific warranty terms and conditions, please refer to the warranty card included with your product or visit the official Alecto website. Keep your proof of purchase for any warranty claims.

9. SUPPORT

For further assistance, technical support, or to purchase replacement parts, please contact Alecto customer service. Contact details can typically be found on the official Alecto website or in the universal manual provided with the product.

10. PRODUCT VIDEOS

No official product videos from the seller are available for embedding at this time.