

Eden ED-7005

Eden ED-7005 Air Fryer User Manual

Model: ED-7005

1. INTRODUCTION

Thank you for purchasing the Eden ED-7005 Air Fryer. This appliance is designed to cook your favorite foods with little to no oil, using rapid hot air circulation for crispy and delicious results. Please read this manual thoroughly before first use and keep it for future reference.

Important Safety Instructions

- Read all instructions before use.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse cord, plugs, or the appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.
- Do not use appliance for other than intended use.
- Ensure adequate ventilation around the appliance during use.

2. PRODUCT OVERVIEW

The Eden ED-7005 Air Fryer is a versatile kitchen appliance designed for healthy cooking. It features a compact design with a generous 3.5-liter capacity, powered by a 1500W heating element, and controlled

via an intuitive digital display.

Components

- Main Unit with Digital Control Panel
- Removable Frying Basket
- Crisper Plate (removable from basket)
- Power Cord



Figure 2.1: The Eden ED-7005 Air Fryer with its basket containing food.



Figure 2.2: Exploded view of the Eden ED-7005 Air Fryer, showing the main unit, removable basket, and crisper plate.

Key Features

- **3.5 Liter Capacity:** Suitable for preparing meals for small to medium-sized households.
- **1500W Power:** Ensures rapid heating and efficient cooking.
- **Digital Control Panel:** Easy-to-use interface for setting time, temperature, and selecting preset programs.
- **8 Preset Cooking Programs:** Optimized settings for common dishes like fries, chicken, fish, and more.
- **Rapid Air Circulation Technology:** Cooks food evenly and achieves a crispy texture without excessive oil.
- **Safety Features:** Includes a heat-insulated handle, overheat protection, and non-slip feet for secure operation.



Figure 2.3: Illustration of the rapid hot air circulation technology within the air fryer.

3. SETUP AND FIRST USE

Unpacking

1. Remove all packaging materials from the appliance.
2. Check that all components are present and undamaged.
3. Remove any stickers or labels from the appliance.

Initial Cleaning

1. Wash the frying basket and crisper plate in hot soapy water. Rinse thoroughly and dry completely.
2. Wipe the inside and outside of the appliance with a damp cloth.
3. Ensure all parts are completely dry before use.

Placement

- Place the air fryer on a stable, heat-resistant, and level surface.
- Ensure there is at least 10 cm (4 inches) of free space on the back and sides of the appliance, and 10 cm (4 inches) above it, to allow for proper air circulation.
- Do not place the appliance against a wall or other appliances.

First Use (Pre-heating)

It is recommended to run the air fryer empty for about 10-15 minutes before the first cooking session to eliminate any manufacturing odors.

1. Plug the appliance into a grounded wall outlet.
2. Set the temperature to 180°C (356°F) and the timer to 15 minutes.
3. Allow the appliance to run. A slight odor may be present, which is normal and will dissipate.
4. Once the cycle is complete, unplug the appliance and let it cool down completely.

4. OPERATING INSTRUCTIONS

The Eden ED-7005 Air Fryer features a user-friendly digital control panel for easy operation.



Figure 4.1: Digital Control Panel.

Digital Control Panel Functions

- **Power Button:** Turns the appliance on/off.
- **Temperature Control (Up/Down Arrows):** Adjusts cooking temperature (80°C - 200°C / 175°F - 400°F).
- **Time Control (Up/Down Arrows):** Adjusts cooking time (1-60 minutes).
- **Preset Program Icons:** Selects one of 8 pre-programmed cooking settings.
- **Start/Pause Button:** Initiates or pauses the cooking cycle.

Basic Operation

1. **Prepare Food:** Place the crisper plate into the frying basket. Place your ingredients into the frying basket. Do not overfill the basket.
2. **Insert Basket:** Slide the frying basket back into the air fryer until it clicks into place.
3. **Power On:** Plug the power cord into a grounded wall outlet. The power button will illuminate. Press the power button to turn on the display.
4. **Set Time and Temperature:**
 - **Manual Setting:** Use the temperature up/down arrows to set the desired temperature and the time up/down arrows to set the desired cooking time.
 - **Preset Programs:** Press the menu button (often represented by a square icon with dots) to cycle through the 8 preset cooking programs. Once a program is selected, the appliance will automatically set the optimal time and temperature. You can still adjust these manually if needed.
5. **Start Cooking:** Press the Start/Pause button to begin the cooking process. The fan and heating element will activate.
6. **Shake/Turn Food (Optional):** For even cooking and crisping, some foods require shaking or turning halfway through the cooking time. The appliance may beep to remind you. Carefully pull out the basket, shake or turn the food, and then reinsert the basket. The cooking will resume automatically.
7. **End of Cooking:** When the set cooking time has elapsed, the appliance will beep several times and automatically shut off.
8. **Remove Food:** Carefully pull out the frying basket by its handle. Place it on a heat-resistant surface. Use tongs to remove the cooked food from the basket.
9. **Power Off:** Press the power button to turn off the appliance, then unplug it from the wall outlet.

5. COOKING GUIDE

The Eden ED-7005 Air Fryer is suitable for a wide range of foods, including:

- French fries and potato products
- Chicken (wings, nuggets, tenders)
- Fish and seafood (shrimp, fillets)
- Vegetables (broccoli, bell peppers, zucchini)
- Baked goods (muffins, small cakes)
- Steak and other meats

Unbegrenzte Möglichkeiten



Pommes frites



Kuchen



Pizza



Garnelen



Geflügel



Steak



Fisch



Figure 5.1: Examples of food items that can be prepared in the air fryer.

General Tips for Air Frying

- **Preheat:** For best results, preheat the air fryer for 3-5 minutes before adding food.
- **Oil Usage:** While the air fryer cooks without oil, a small amount of oil (1 tablespoon) can enhance crispiness and flavor for some foods, especially fresh vegetables or homemade fries.
- **Do Not Overfill:** Overfilling the basket prevents proper air circulation and results in uneven cooking. Cook in batches if necessary.
- **Shake/Flip:** Shake smaller items (like fries) or flip larger items (like chicken breasts) halfway through cooking for even browning.
- **Check Doneness:** Always check food for doneness, especially meats, using a food thermometer to ensure safe internal temperatures.
- **Adjustments:** Cooking times and temperatures may vary based on food quantity, size, and initial temperature. Adjust as needed.

6. MAINTENANCE AND CLEANING

Regular cleaning of your air fryer will ensure optimal performance and extend its lifespan.

Cleaning Instructions

1. **Unplug and Cool:** Always unplug the air fryer from the power outlet and allow it to cool down completely before cleaning.
2. **Clean Basket and Crisper Plate:** The frying basket and crisper plate have a non-stick coating. Wash them in hot soapy water using a non-abrasive sponge. Rinse thoroughly and dry completely. Do not use metal utensils or abrasive cleaning materials as they can damage the non-stick coating.
3. **Clean Interior:** Wipe the inside of the appliance with a damp cloth. For stubborn food residue, use a mild detergent and a soft sponge.
4. **Clean Exterior:** Wipe the exterior of the air fryer with a damp cloth. Do not use harsh chemicals or abrasive cleaners.
5. **Heating Element:** If necessary, gently clean the heating element with a soft brush to remove any food residue.

Storage

- Ensure the appliance is clean and dry before storing.
- Store the air fryer in a cool, dry place.
- Do not wrap the power cord tightly around the appliance.

7. TROUBLESHOOTING

If you encounter any issues with your Eden ED-7005 Air Fryer, please refer to the following table for common problems and solutions.

Problem	Possible Cause	Solution
The air fryer does not turn on.	The appliance is not plugged in.	Ensure the power cord is securely plugged into a grounded wall outlet.
	The frying basket is not inserted correctly.	Push the frying basket completely into the appliance until it clicks into place.
Food is not cooked evenly.	Too much food in the basket.	Reduce the amount of food in the basket. Cook in smaller batches.
	Food was not shaken or turned.	Shake or turn food halfway through the cooking process.
White smoke comes from the appliance.	Grease residue from previous use.	Clean the frying basket and crisper plate thoroughly after each use.
	Fatty ingredients are being cooked.	This is normal for fatty foods. Ensure the basket and crisper plate are clean.
Food is not crispy.	Not enough oil (for fresh ingredients).	Lightly coat fresh ingredients with a small amount of oil.
	Temperature or time is too low.	Increase temperature or cooking time.

8. SPECIFICATIONS

Detailed technical specifications for the Eden ED-7005 Air Fryer.

Feature	Specification
Brand	Eden
Model Number	ED-7005
Color	Black
Capacity	3.5 Liters
Power	1500 Watts
Voltage	230 Volts
Dimensions (L x W x H)	30 x 25 x 32 cm
Item Weight	4.3 Kilograms
Temperature Control	Yes (80°C - 200°C)
Non-stick Coating	Yes
Dishwasher Safe Parts	No (Hand wash recommended for basket/plate)



Figure 8.1: Product dimensions and capacity overview.

9. WARRANTY AND SUPPORT

The Eden ED-7005 Air Fryer comes with a standard manufacturer's warranty. Please refer to the warranty card included in your product packaging for specific terms and conditions, including the warranty period and coverage details.

For technical support, service, or questions regarding your product, please contact the Eden customer service department. Contact information can typically be found on the manufacturer's website or on the product packaging.

Please have your model number (ED-7005) and proof of purchase ready when contacting support.

Related Documents

EU DECLARATION OF CONFORMITY (in accordance with EN ISO/IEC 17065:1)	
Name and address of manufacturer (F.R.G.)	Smartwatches Europe John Henryway 57 3013 in Tilburg Netherlands
	
THIS DECLARATION OF CONFORMITY IS ISSUED UNDER THE SOLE RESPONSIBILITY OF:	
Name and address of product:	Product: Smartwatch GT 3013 in Tilburg Netherlands
Product identification:	Crash Power 401-1000
	
THE PRODUCTS MENTIONED IN THIS DECLARATION ARE IN CONFORMITY WITH:	
(EU) Conformity legislation:	Resolutions of European Parliament, Council Directive 2014/53/EU + 2015/863/EU Electromagnetic Compatibility Council Directive 2014/53/EU Energy efficiency related products Directive 2009/125/EC Low Voltage Directive 2006/95/EC
Harmonized standards:	Set of selected national standards EN 12543-1:2012 + A1:2012 + A2:2012 + A3:2012 + A4:2012 + A5:2012 + A6:2012 EN 12543-2:2001 + A2:2004 + A2:2006 + A2:2009 + A2:2010 Expenses of harmonized technical standards EN 12543-2:2006 Electromagnetic Compatibility (EMC) EN 12543-1:2012 + A2:2012 EN 12543-2:2001 EN 12543-2:2009 EN 12543-2:2012 + A2:2012 EMC Regulation (EU) 2017/2459 Standing off mode power consumption (EMC)
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Place and date of issue:	Tilburg, 09 September 2023
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EU DECLARATION OF CONFORMITY In accordance with EN ISO/IEC 17050-1

Name and address of manufacturer: Tristar Jules Verneweg 87 5015 BH Tilburg Netherlands Product identification: Crispy Fryer **ED-7005** THE PRODUCTS MENTIONED IN THIS DECLARATION ARE IN CONFORMITY WITH: EU Community Legislatio...

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