

GODOX QR-P120T

Godox QR-P120T Quick Release Parabolic Softbox Instruction Manual

Model: **QR-P120T** | Brand: **GODOX**

1. INTRODUCTION

The Godox QR-P120T is a 120cm/47.2in quick-release parabolic softbox designed for professional studio and on-location photography. It provides soft, uniform lighting, ideal for portraits, live streaming, and video production. Its quick-release mechanism ensures rapid assembly and disassembly, enhancing workflow efficiency.

Key Features:

- **Strong and Durable:** Constructed with robust all-metal struts for exceptional strength and longevity.
- **Easy Operation:** Features a swift installation and breakdown system, requiring a simple lift or push down of two opposing rods simultaneously.
- **Universal Bowen Mount:** Equipped with a standard Bowen mount for broad compatibility with various studio products.
- **Premium Quality:** Made with top-grade materials, offering wrinkle resistance and high-quality reflective properties, along with white diffusers for even light diffusion.
- **Versatile Uses:** Suitable for studio and indoor photography, particularly for studio and portrait photography, live streaming, and video recording.



Figure 1: Godox QR-P120T Quick Release Parabolic Softbox.

2. PRODUCT COMPONENTS

Verify that all components are present in the package before proceeding with assembly.

- QR-P120T Softbox x1
- Front Fabric Diffuser x1
- Inner Fabric Diffuser x1
- Carrying Bag x1



Figure 2: Overview of Godox QR-P series softboxes and included components.

3. SETUP INSTRUCTIONS

Follow these steps to assemble your Godox QR-P120T Quick Release Parabolic Softbox:

1. **Unfold the Softbox:** Remove the softbox from its carrying bag. Hold the softbox with the Bowen mount facing away from you. Simultaneously lift two opposing rods until they click into place, extending the softbox frame. Repeat this process for all rods until the softbox is fully open and locked.
2. **Attach Inner Diffuser:** Secure the inner fabric diffuser to the internal Velcro strips inside the softbox. Ensure it is evenly spread for optimal light diffusion.
3. **Attach Front Diffuser:** Attach the front fabric diffuser to the outer edge of the softbox using the integrated Velcro. This diffuser can be used in conjunction with or separately from the inner diffuser to fine-tune lighting effects.



Figure 3: Attaching the inner diffuser using Velcro for perfect diffusing results.

4. **Mount to Light:** Align the Bowen mount on the softbox with the Bowen mount on your studio light or flash unit. Insert the softbox and rotate it clockwise until it locks securely into place.



Figure 4: The softbox features a universal Bowen mount for broad compatibility.

5. **Disassembly:** To collapse the softbox, push down on the quick-release buttons located on two opposing rods simultaneously. The softbox will fold inward. Repeat for all rods until fully collapsed, then store it in the carrying bag.

4. OPERATING INSTRUCTIONS

The Godox QR-P120T softbox is designed to provide soft and uniform lighting for various photographic and

videographic applications.

- **Light Quality:** The parabolic design, combined with the silver reflective interior, ensures light is refracted into parallel beams, generating uniform and even illumination. The included diffusers further soften the light, reducing harsh shadows and hot spots.
- **Diffuser Usage:** Use both the inner and front diffusers for the softest light. For slightly more contrast or light output, the inner diffuser can be removed. The front diffuser is essential for controlling light spread and maintaining a soft quality.
- **Positioning:** Experiment with the distance and angle of the softbox relative to your subject to achieve desired lighting effects. Closer positioning results in softer light, while further positioning creates a harder light quality.

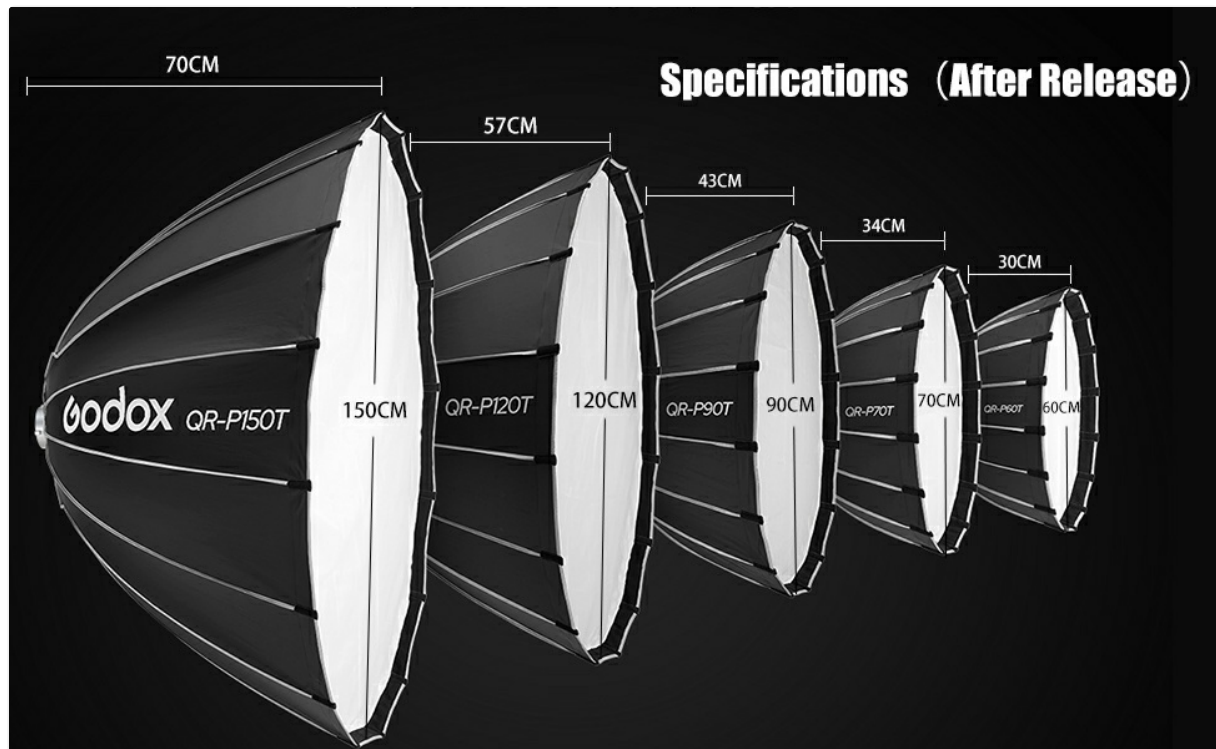


Figure 5: The parabolic construction ensures soft and uniform lighting.



Figure 6: Example of the Godox QR-P120T in a studio setting.

5. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your softbox.

- **Cleaning:** Gently wipe the exterior of the softbox with a soft, dry cloth. For the reflective interior and diffusers, use a slightly damp cloth with mild soap if necessary, then air dry completely. Avoid harsh chemicals or abrasive materials.
- **Storage:** Always collapse the softbox and store it in its dedicated carrying bag when not in use. This protects it from dust, dirt, and potential damage. Store in a cool, dry place away from direct sunlight and extreme temperatures.
- **Inspection:** Periodically check the rods, mounts, and fabric for any signs of wear or damage. Address any issues promptly to prevent further damage.

6. TROUBLESHOOTING

If you encounter issues with your Godox QR-P120T softbox, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Softbox does not open or close smoothly.	Rods are misaligned or mechanism is stiff.	Ensure you are lifting/pushing two opposing rods simultaneously. Apply gentle, even pressure. If stiff, check for obstructions.
Uneven light distribution.	Diffusers are not properly attached or light source is not centered.	Re-attach diffusers, ensuring they are smooth and taut. Verify the light source is correctly positioned within the softbox.
Softbox detaches from light.	Bowen mount not securely locked.	Ensure the softbox is fully inserted into the light's Bowen mount and rotated until it clicks and locks into place.

7. SPECIFICATIONS

Detailed specifications for the Godox QR-P120T Quick Release Parabolic Softbox:

- **Model:** QR-P120T
- **Product Dimensions:** 22.44 x 22.44 x 47.24 inches (57 x 57 x 120 cm)
- **Item Weight:** 4.89 pounds (2.22 kg)
- **Mount Type:** Standard Bowen Mount
- **Material:** Metal, Nylon
- **Light Source Type:** Flash (compatible)
- **Color Rendering Index (CRI):** 80 (indicative for light sources used with softbox)

Wide Range of Applications



Figure 7: Dimensions of the QR-P series softboxes, including the QR-P120T.

8. WARRANTY INFORMATION

GODOX products are covered by a limited warranty. For specific warranty terms and conditions, including duration and coverage, please refer to the warranty card included with your product or visit the official GODOX website. Keep your proof of purchase for warranty claims.

9. CUSTOMER SUPPORT

For technical assistance, product inquiries, or support, please contact GODOX customer service through their official website or the contact information provided in your product packaging. You may also refer to the GODOX brand store on Amazon for additional resources and FAQs.

GODOX Official Website: www.godox.com