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› [FLEXISPOT Pro 3 Stages Dual Motor Electric Standing Desk EC5 User Manual](#)

FLEXISPOT EC5

FLEXISPOT Pro 3 Stages Dual Motor Electric Standing Desk

Model: EC5

INTRODUCTION

The FLEXISPOT Pro 3 Stages Dual Motor Electric Standing Desk is designed to enhance your workspace by allowing seamless transitions between sitting and standing positions. This desk promotes better blood circulation, alleviates back and leg pain, and helps maintain proper muscle alignment, contributing to a healthier and more productive work style.

Key features include a seamless whole-piece desktop, a robust 3-stage lift system, quiet dual motors, and an intuitive one-touch LED control panel for personalized height adjustments.



Figure 1: The FLEXISPOT Pro 3 Stages Dual Motor Electric Standing Desk, showcasing its spacious whole-piece desktop and sturdy white frame.

SAFETY INFORMATION

Please read all safety instructions carefully before assembly and operation to prevent injury or damage to the product.

- **Weight Capacity:** Ensure the desk is not overloaded. The maximum weight capacity for this desk is **287 lbs.** Exceeding this limit can cause damage to the desk and potential injury.
- **Assembly:** When assembling the desk, handle heavy parts with care. It is highly recommended to have the assistance of another person for safe assembly.
- **Electrical Safety:** Ensure the power cord is properly connected and not pinched or damaged. Do not operate the desk with a damaged cord or plug. Keep liquids away from electrical components.
- **Pinch Points:** Keep hands and other objects clear of the moving parts of the desk frame during height adjustments to avoid pinching or crushing.
- **Children and Pets:** Keep children and pets away from the desk during operation. Do not allow them to play on or under the desk.

- **Placement:** Place the desk on a level surface. Ensure there is sufficient clearance around the desk for safe movement and adjustment.

PACKAGE CONTENTS

Before beginning assembly, please verify that all components are present and undamaged. If any parts are missing or damaged, please contact customer support.

- Whole-Piece Desktop (Natural Desktop)
- Electric Desk Frame (White) with Dual Motors
- One-Touch LED Control Panel
- Power Adapter and Cord
- Assembly Hardware (screws, bolts, etc.)
- Instruction Manual (this document)

SETUP AND ASSEMBLY

Assembly of the FLEXISPOT standing desk is designed to be straightforward, though it is recommended for two people. The desktop comes with pre-marked holes for easy alignment of the frame.

1. **Unpack Components:** Carefully remove all parts from the packaging and lay them out on a clean, soft surface to prevent scratches.
2. **Attach Legs to Desktop:** Align the desk frame with the pre-drilled holes on the underside of the desktop. Secure the frame to the desktop using the provided screws. A drill may be helpful for this step.
3. **Install Control Panel:** Mount the one-touch LED control panel to the designated area on the underside of the desktop, typically on the front edge.
4. **Connect Motors and Control Panel:** Connect the motor cables to the control box, and then connect the control panel cable to the control box. Ensure all connections are secure.
5. **Connect Power:** Plug the power adapter into the control box, and then plug the power cord into a wall outlet.
6. **Cable Management:** Use the included cable ties or management clips to neatly organize and secure all cables to prevent tangling or damage during desk movement.

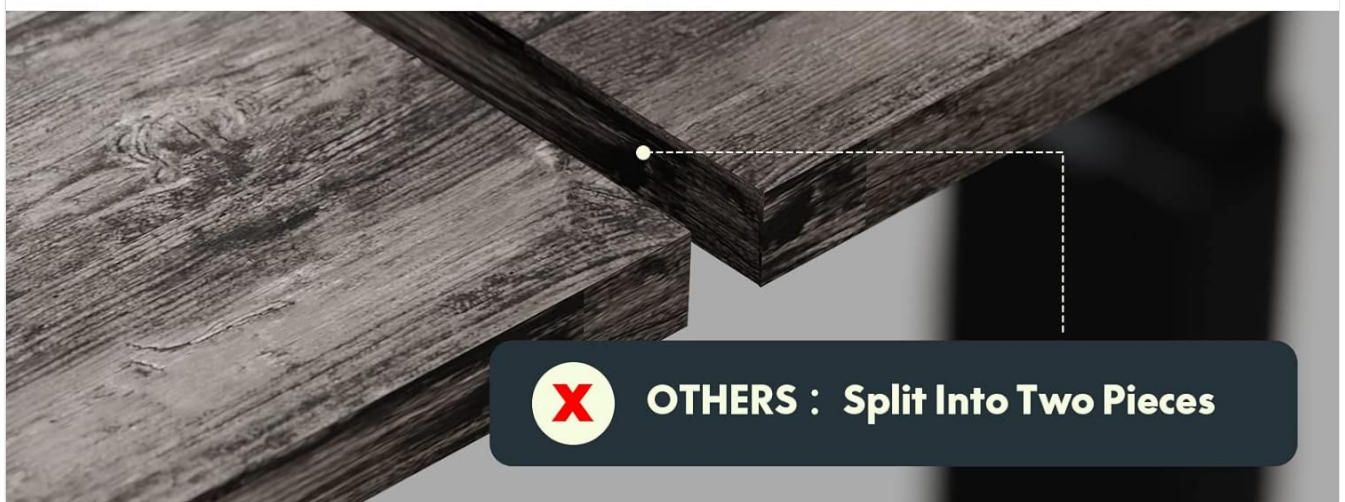


Figure 2: The seamless whole-piece desktop provides a superior and more durable surface compared to multi-piece alternatives.

OPERATING INSTRUCTIONS

The FLEXISPOT standing desk features an intuitive control panel for easy height adjustment and memory functions.

Control Panel Overview

3-STAGE LIFTING DESIGN

30% Wider Range of Lifting Space

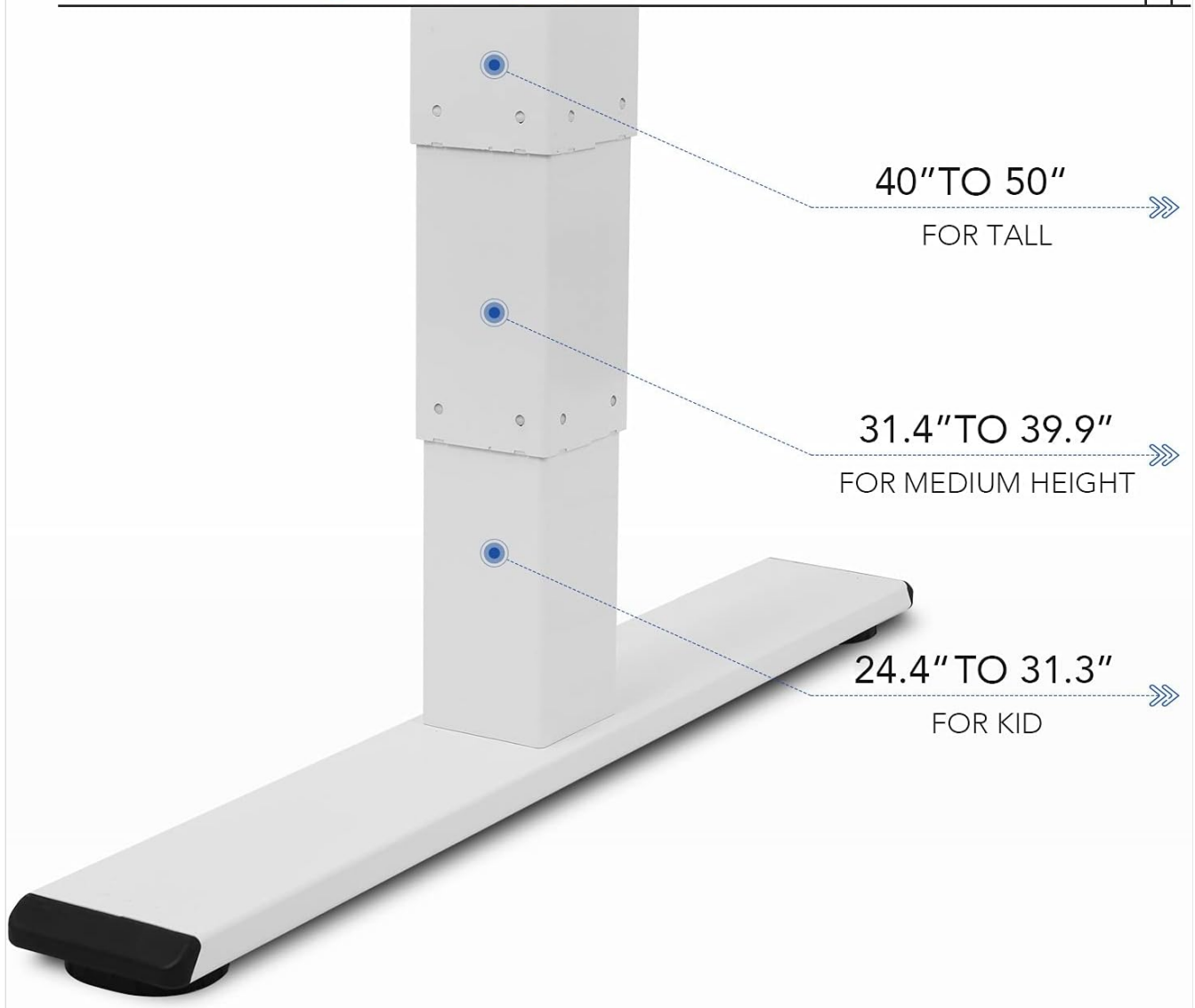


Figure 3: The one-touch LED control panel allows for precise height adjustments and memory programming.

- **Up/Down Arrows:** Press and hold to manually adjust the desk height. Release to stop.
- **Memory Buttons (1, 2, 3):** Program and recall your preferred sitting and standing heights.
- **"M" Button:** Used to save a height into a memory preset.
- **"A" Button:** (If applicable) May be used for advanced settings or a sit/stand reminder.

Height Adjustment

The 3-stage lift system provides a wide height range from **24.4 inches (for children)** to **50 inches (for tall adults)** accommodating various user heights comfortably.



Figure 4: The 3-stage lifting design offers a 30% wider range of height adjustment compared to 2-stage systems.

- **Manual Adjustment:** Use the up and down arrows to find your desired height.
- **Saving Memory Presets:**
 - a. Adjust the desk to your desired height.
 - b. Press the "M" button. The display will flash.
 - c. Press one of the numbered memory buttons (1, 2, or 3) before the display stops flashing. The height is now saved.
- **Recalling Memory Presets:** Simply press the corresponding numbered memory button (1, 2, or 3) to automatically move the desk to the saved height.

Quiet Dual Motors and Stability

The desk is equipped with whisper-quiet dual motors that generate less than 45 dB of sound during operation. These motors provide enhanced stability and can handle up to 287 lbs, ensuring smooth and reliable height adjustments even with heavy setups.



Figure 5: The dual motor system provides increased capacity, quiet operation, and superior stability.

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Video 1: Demonstration of the FLEXISPOT Dual Motor Bamboo Standing Desk, highlighting its stability, quiet operation, and suitability for gaming setups. This video also shows the desk's ability to hold significant weight without instability.

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Video 2: A home use version demonstration of the FLEXISPOT Dual Motor Bamboo Standing Desk, emphasizing its durability, ease of use with memory presets, and quiet operation for a productive home office environment.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your FLEXISPOT standing desk.

- **Cleaning:** Wipe the desktop and frame with a dry, soft cloth. For stubborn marks, a slightly damp cloth can be used, followed immediately by a dry cloth. Avoid harsh chemicals or abrasive cleaners.
- **Cable Check:** Periodically inspect all cables for any signs of wear, fraying, or damage. Ensure they are securely fastened and not interfering with the desk's movement.

- **Screw Tightness:** Over time, screws may loosen. Periodically check and tighten all assembly screws to maintain desk stability.
- **Load Distribution:** Distribute weight evenly across the desktop to prevent undue stress on any single point or motor.

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Video 3: A durability test video for the desktop, demonstrating its resistance to scratches, weight, and ease of cleaning. This highlights the robust nature of the bamboo desktop material.

TROUBLESHOOTING

If you encounter any issues with your FLEXISPOT standing desk, refer to the following common solutions:

Problem	Possible Cause	Solution
Desk does not move or respond to controls.	Power disconnected, loose cables, motor overload.	Check power cord connection to outlet and control box. Ensure all motor cables are securely plugged in. Reduce weight on the desk if overloaded.
Desk moves unevenly or makes unusual noises.	Uneven load, loose assembly, obstruction.	Ensure weight is evenly distributed. Check and tighten all assembly screws. Inspect for any obstructions under or around the desk.
Memory presets not working.	Incorrect programming.	Re-program the memory presets following the "Saving Memory Presets" instructions in the Operating section.
Desk stops mid-movement.	Overheat protection, obstruction.	Allow the desk to cool down for 20 minutes if used continuously for an extended period. Check for obstructions.

If the problem persists after attempting these solutions, please contact FLEXISPOT customer support for further assistance.

SPECIFICATIONS

Feature	Detail
Brand	FLEXISPOT
Model Number	EC5
Product Dimensions (D x W x H)	55.1"D x 27.5"W x 23.6"H (Minimum height)
Height Range	24.4" to 50"
Desktop Material	Whole-Piece Wood (Natural Desktop)
Base Material	Metal (White Frame)
Motor Type	Dual Motor
Noise Level	Less than 45 dB
Weight Capacity	287 lbs
Control Panel	One-Touch LED with 3 Memory Presets

Feature	Detail
Assembly Required	Yes (2 people recommended)
UPC	810072796073

WARRANTY & SUPPORT


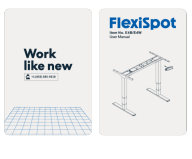
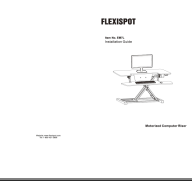
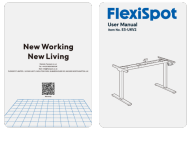
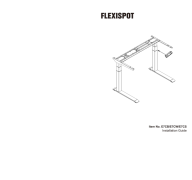

FLEXISPOT stands behind the quality of its products. Your FLEXISPOT Pro 3 Stages Dual Motor Electric Standing Desk comes with the following warranty coverage:

- **5-Year Coverage:** Applies to the desk frame and motors.
- **2-Year Protection:** Applies to the control panel and electronics.

For any assistance, warranty claims, or technical support, please contact FLEXISPOT customer service. Please have your model number (EC5) and proof of purchase ready when contacting support.

You can visit the official FLEXISPOT website for more information and contact details: www.flexispot.com

Related Documents - EC5

	FlexiSpot M7L-US Computer Riser Installation Guide and Warranty Official installation guide and limited warranty information for the FlexiSpot M7L-US Sit-Stand Desktop Workstation. Learn how to assemble, use, and understand the warranty terms for your FlexiSpot computer riser.
	FlexiSpot E4B/E4W Electric Standing Desk User Manual Comprehensive user manual for the FlexiSpot E4B/E4W electric standing desk, covering specifications, assembly instructions, keypad operation, troubleshooting, and warranty information.
	FlexiSpot EM7L Motorized Computer Riser Installation Guide Comprehensive installation guide for the FlexiSpot EM7L Motorized Computer Riser. Features include specifications, parts list, step-by-step assembly instructions, troubleshooting tips, and limited warranty information.
	FlexiSpot E5-UKV2 Electric Height Adjustable Desk User Manual User manual for the FlexiSpot E5-UKV2 electric height adjustable desk, covering specifications, component diagrams, assembly instructions, keypad operation, troubleshooting, and safety guidelines.
	FlexiSpot E7CB/E7CW/E7CS Height Adjustable Standing Desk Installation Guide Comprehensive installation guide for FlexiSpot E7CB, E7CW, and E7CS electric height adjustable standing desks. Includes specifications, parts list, step-by-step assembly instructions, operating instructions, troubleshooting, and limited warranty information.
	FlexiSpot Q3G-1206-EU Electric Standing Desk User Manual Comprehensive user manual and installation guide for the FlexiSpot Q3G-1206-EU electric standing desk, covering specifications, assembly, operation, safety, and troubleshooting.

