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› Zyllion Shiatsu Back and Neck Massager with Heat - 3D Electric Kneading Deep Tissue Massage Pillow with 2 Speeds for Muscle Pain Relief, Black, ZMA-34 Corded Electric (Plug-In)

## Zyllion ZMA-34

# Zyllion Shiatsu Back and Neck Massager with Heat

Model: ZMA-34 | Brand: Zyllion

## 1. SAFETY INFORMATION

For your safety and to ensure proper operation, please read and adhere to the following guidelines:

- Always use the massager while seated and not while sleeping.
- Do not leave the massager unattended while in use.
- Allow the massager to cool down after use to prevent burns.
- Keep the massager dry and do not submerge it in water.
- Consult a physician before use if you have any medical conditions or are pregnant.
- Do not use the massager on broken skin or areas with inflammation.

## 2. PRODUCT OVERVIEW

The Zyllion ZMA-34 Shiatsu Back and Neck Massager is designed to provide deep tissue kneading massage with optional heat, offering relief for sore and stiff muscles. Its ergonomic design allows for versatile use across various body parts.



**Image:** The Zyllion ZMA-34 massager, highlighting its ergonomic shape and the illuminated massage nodes.

# FEEL BETTER. LIVE BETTER.

*Professional-Grade Massage Technology at Your Fingertips*

-  **U.S. Operated for Your Peace of Mind** ✓  
*Exceptional quality, fast responses and service you can trust.*
-  **Overheat Protection Technology** ✓  
*Automatically shuts off after 15 minutes for worry-free use.*
-  **Precision-Tested for Reliability** ✓  
*Certified circuitry ensures long-lasting, safe operation.*
-  **Safe Power, Strong Results** ✓  
*UL-Certified 2.5A adapter fuels every massage with reliability.*
-  **Full-Spectrum Soothing Heat** ✓  
*12 lamps (6 on each side) deliver warm, consistent muscle-melting comfort.*



**Image:** An overview of the massager's core features, including overheat protection and certified components.

## 3. SETUP

To begin using your Zyllion ZMA-34 massager, follow these simple steps:

1. Plug the car OR wall adapter into an electrical outlet.
2. Ensure the adapter plug and product cable 'snap' together securely when properly connected.
3. For a softer massage or reduced heat intensity, use the included pull-over sleeve.

# THERAPEUTIC SOOTHING HEAT



*Improves circulation and soothes tired, aching muscles.*



**Overheat Protection**



**15-Minute Auto Shutoff**



**Power Adapter  
110V -240V**

*\*Not Cordless or Rechargeable*

**Image:** The power adapter and its connection, along with details on the heat function and auto shutoff.

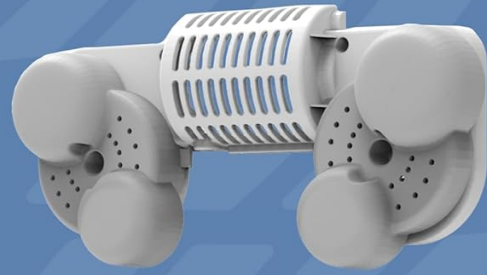
## 4. OPERATING INSTRUCTIONS

The ZMA-34 massager features intuitive controls for a customized massage experience:

- **Power On/Off:** A quick press of the power button turns the massager on. The heat feature is automatically activated upon startup. To turn off, press and hold the power button for 3-5 seconds.
- **Heat On/Off:** Press the dedicated 'Heat' button to toggle the heat function on or off.
- **Change Rotation Direction:** Use the 'Rotation' button to switch the massaging direction between clockwise and counter-clockwise.
- **Adjust Speed:** The 'Speed' button allows you to select between normal and fast massage speeds.



# REAL RELIEF, REAL RESULTS



4 smooth, rotating nodes ease stiffness and soreness.

Added functions for an *enhanced* massage experience.

*Power*



*Speed*



*Rotation*



*Heat*

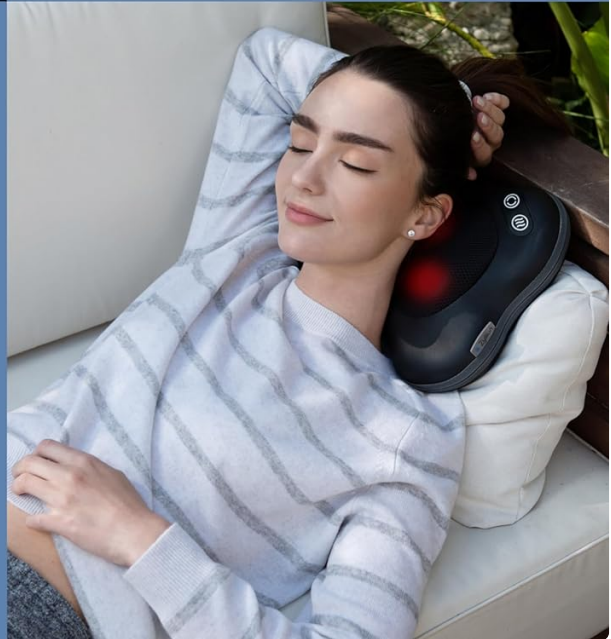


Image: Detailed view of the control buttons for power, speed, rotation, and heat.

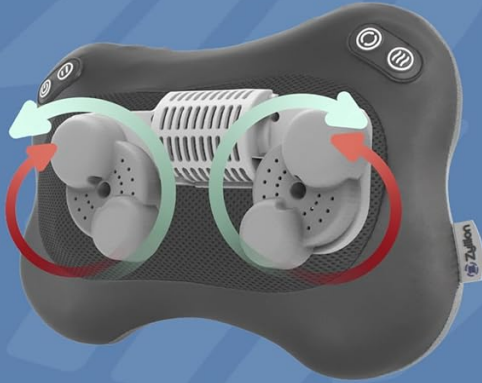


## STAY PUT, STAY RELAXED

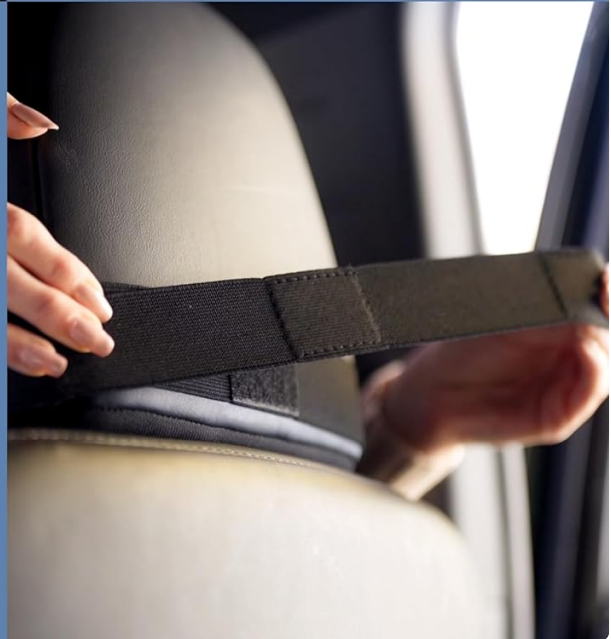


*Adjustable Velcro straps provide stability while you unwind.*

Manually **control** the **rotation** of the massage nodes.



Rotates **clockwise** and **counter-clockwise** for a **realistic** shiatsu massage experience.



**Image:** Illustration of the massage nodes rotating in both clockwise and counter-clockwise directions.

The massager is equipped with an automatic 15-minute shut-off feature for safety and to prevent overheating, ensuring balanced comfort during use.

## 5. VERSATILE USAGE

The Zyllion ZMA-34 is designed to conform to various body contours, providing targeted relief:

- **Body Areas:** Effective on the back, neck, shoulders, arms, hands, legs, and feet (including relief for plantar fasciitis).
- **Portability:** Its compact size and included car adapter make it suitable for use at home, in the office, or during travel.
- **Secure Placement:** Velcro straps allow you to secure the massager to an office chair or car headrest for stable use.



# HEAD-TO-TOE COMFORT

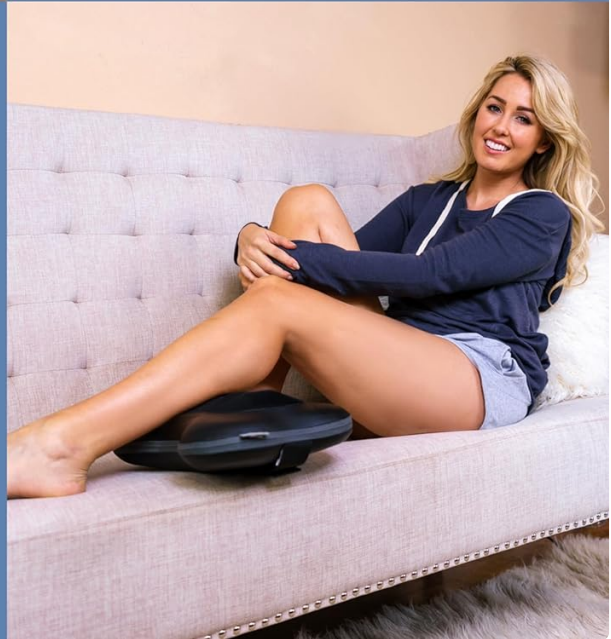


*Relieves tension from calves,  
thighs, arms and feet.*

3D nodes protrude to **dig deep** into muscle tissue.



Comfortably **contours** to muscles for effective relief.



**Image:** Demonstrations of the massager being used on different parts of the body, such as the feet and back.

## TRAVEL LIGHT, RELAX HEAVY



*Portable design, full-powered muscle relief on the go.*



## FLIGHT-READY COMFORT



*TSA-approved* massager perfect for long flights and layovers.

**Image:** The massager's portable design, shown being carried and used in a travel setting.

## 6. CARE AND MAINTENANCE

To ensure the longevity and optimal performance of your Zyllion massager, follow these care instructions:

- Always unplug the massager before cleaning.
- Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or harsh chemicals.
- Do not immerse the massager in water or any other liquid.
- Store the massager in a cool, dry place away from direct sunlight when not in use.
- Avoid placing heavy objects on the massager.

## 7. TROUBLESHOOTING

If you encounter any issues with your Zyllion massager, consider the following common solutions:

- **Massager not turning on:** Ensure the power adapter is securely connected to both the massager and a working electrical outlet. Check if the outlet is functional.
- **Heat function not working:** Verify that the heat button has been pressed. Note that the heat may take a few minutes to become noticeable.
- **Massage nodes stop rotating:** The massager has a 15-minute auto shut-off feature. If it stops, wait a few moments and restart it. If the issue persists, ensure the power connection is stable.
- **Unusual noise or smell:** Immediately discontinue use and unplug the device. Contact customer support for assistance.

For persistent issues, please refer to the Warranty and Support section.

## 8. SPECIFICATIONS

Feature	Detail
Product Dimensions	13 x 9.5 x 3.5 inches
Item Weight	4 Pounds
Model Number	ZMA-34
Power Source	Corded Electric
Material	Faux Leather
Manufacturer	Zyllion
Use For	Back, Feet, Legs, Neck, Whole Body

## 9. WARRANTY AND SUPPORT

Your Zyllion ZMA-34 massager comes with an automatic **1-year warranty** from the date of purchase. If any issues arise within this period, Zyllion will replace your massager, cover, or any accessories.

**Legal Disclaimer:** Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is a massager and not a medical device.

For warranty claims or further assistance, please contact Zyllion customer support through their official website or the retailer where the product was purchased.

