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> TabTime Vibrating Alarm Reminder Watch Instruction Manual

## TabTime Vibrating Watch

# TabTime Vibrating Alarm Reminder Watch Instruction Manual

## INTRODUCTION

The TabTime Vibrating Alarm Reminder Watch is designed to provide discreet reminders throughout your day. It features up to 10 vibrating alarms, making it ideal for medication reminders, daily tasks, or as a silent alarm clock. This manual provides comprehensive instructions for setting up, operating, and maintaining your watch.

## SETUP

### 1. Initial Charging

Before first use, fully charge your TabTime Vibrating Alarm Reminder Watch. Connect the provided micro-USB cable to the watch and a compatible USB power source. The watch is rechargeable, eliminating the need for battery replacement.



The TabTime Vibrating Alarm Reminder Watch being charged via its micro-USB cable, illustrating the rechargeable feature.

### 2. Setting the Time

The watch features a simple two-button adjustment system. Refer to the included quick start guide for specific button functions to set the current time.

### 3. Adjusting the Strap

The watch comes with a silicone strap and a buckle closure. Adjust the strap to fit your wrist comfortably. It is designed to fit wrists with a diameter between 16 cm and 22 cm.



The TabTime Vibrating Alarm Reminder Watch, shown in blue, features a digital display and a comfortable silicone strap.

## OPERATING INSTRUCTIONS

### 1. Setting Alarms

The watch allows you to set up to 10 individual vibrating alarms per day. Use the two control buttons to navigate through the settings menu and set your desired alarm times. Detailed instructions for setting alarms are provided in the quick start guide.

### 2. Alarm Functionality

- The **first alarm** of the day will vibrate for 40 seconds, suitable for waking up.
- Subsequent alarms (up to 9 more) will vibrate for 20 seconds each.

- To deactivate an active alarm, press either of the two control buttons on the watch.

### 3. Typical Use Cases

This watch is versatile for various reminder needs, including:

- Medication and pill reminders
- Hydration reminders (drinking water)
- Scheduled toilet breaks
- General daily task reminders
- Discreet wake-up alarm



A person wearing the TabTime Vibrating Alarm Reminder Watch, displaying the time on its digital screen, demonstrating its discreet wearability.

## MAINTENANCE

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### 1. Charging

Charge the watch as needed using the provided micro-USB cable. A full charge ensures optimal performance for your daily reminders.

### 2. Cleaning

Wipe the watch and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials that could damage the finish.

### 3. Water Resistance

The TabTime Vibrating Alarm Reminder Watch is rated as **waterproof up to 100 meters**. This means it is suitable for swimming and showering. However, avoid pressing buttons underwater to prevent water ingress.

## TROUBLESHOOTING

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### 1. Time Resets After Charging

If the time on your watch resets after charging, ensure the watch is fully powered off before charging, or consult the full instruction manual for specific charging procedures that maintain time settings. Re-set the time using the two control buttons as described in the 'Setting the Time' section.

## 2. Alarm Not Vibrating

- Check if the alarm is correctly set and activated.
- Ensure the watch has sufficient battery charge.
- Verify that the vibration function is enabled in the watch settings.

## 3. Difficulty Setting Alarms

The watch uses a two-button interface for settings. If you encounter difficulties, refer to the detailed instructions in the quick start guide or the full manual for step-by-step guidance on alarm programming.

## SPECIFICATIONS

<b>Model Name</b>	TabTime Vibrating Alarm Reminder Watch
<b>Model Number</b>	Vibrating Watch
<b>Brand</b>	TabTime
<b>Power Source</b>	1 Lithium-ion battery (rechargeable)
<b>Connectivity</b>	USB (Micro-USB cable included)
<b>Display Type</b>	Digital
<b>Strap Material</b>	Silicone
<b>Case Material</b>	Metal
<b>Water Resistance Level</b>	Waterproof (100 Meters)
<b>Wrist Diameter Fit</b>	16 - 22 cm
<b>Product Dimensions</b>	9.3 x 8 x 2.4 cm
<b>Product Weight</b>	40 grams

## WARRANTY AND SUPPORT

For warranty information, technical support, or further assistance with your TabTime Vibrating Alarm Reminder Watch, please contact TabTime customer service directly. Refer to the packaging or the official TabTime website for contact details.