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› Alpina Avena Original Oatmeal Smoothie 6-Pack Instruction Manual

Alpina Original

Alpina Avena Original Oatmeal Smoothie 6-Pack Instruction Manual

Your guide to using and storing Alpina Avena Original Oatmeal Smoothie.

PRODUCT OVERVIEW

The Alpina Avena Original Oatmeal Smoothie is a ready-to-drink oatmeal beverage, provided in a convenient 6-pack. This product is designed for quick consumption and offers a source of fiber and protein. It is made with natural ingredients, including organic oats, and contains milk.



**A Portable
Breakfast**



**Snack
on-the-go**

Image: A single carton of Alpina Avena Original Oatmeal Smoothie surrounded by wheat grains, illustrating its oat-based composition.

Each 6 oz unit is formulated to be a balanced snack or a quick breakfast option, suitable for various dietary needs, including those seeking low-carb options. The product is certified non-GMO.

PREPARATION AND USAGE

Alpina Avena Oatmeal Smoothie requires zero preparation time. It is designed for immediate consumption.

1. **Shake Well:** Before opening, gently shake the carton to ensure the contents are thoroughly mixed.
2. **Open:** Use the straw provided or open the carton as indicated.
3. **Enjoy:** Drink directly from the carton.

No prep time needed!



Don't forget it!

**Alpina's Avena Oatmeal Smoothie
is the right choice for you
and is always ready to drink.**



Image: A visual guide demonstrating the simple three-step process for consuming the oatmeal smoothie: shake the carton, insert the straw, and drink.

This product is suitable for consumption at any time of day, whether as a breakfast item, a snack, or included in lunchboxes.



Ideal For:



Kids' lunchboxes

Snacking



Image: Two Alpina Avena cartons, one cinnamon and one original, placed next to a yellow lunchbox containing a sandwich and fruit, illustrating its suitability for lunchboxes and snacking.

STORAGE AND MAINTENANCE

Proper storage ensures the quality and safety of the product.

- **Unopened:** Store in a cool, dry place away from direct sunlight.
- **Opened:** Once opened, consume the product within 30 days. Refrigeration is recommended after opening to maintain freshness, though not explicitly stated as required for 30 days.

The product has a shelf life of 7 days once opened, as per general product information, but the safety information states "consume within 30 days". For best quality, consume promptly after opening.

NUTRITIONAL INFORMATION AND INGREDIENTS

The Alpina Avena Original Oatmeal Smoothie is made with natural ingredients, including organic oats. It is a source of organic fiber and protein, contributing to a balanced diet. This product contains milk.

Key features:

- Made with 100% whole-grain organic oats.
- Provides a good source of organic fiber.
- Contains calcium and protein.
- Certified non-GMO.
- Low sugar formulation.



Image: Two Alpina Avena cartons (Cinnamon and Original) positioned next to a bowl of oatmeal topped with nuts and dried fruit, emphasizing the nutritional benefits of oats.

SPECIFICATIONS

Attribute	Detail
Brand Name	Alpina
Flavor	Original
Unit Count	6 Count
Item Form	Snacks (Liquid Smoothie)
Number of Items	6
Specialty	Low Carb
Special Ingredients	Oats
Product Shelf Life (Opened)	Consume within 30 days
Container Type	Cup (Carton)
Age Range Description	Adult
Source Plant	Oats
Item Volume	6 fluid ounces per unit
Item Weight	6 ounces per unit

Package Dimensions	5.31 x 5.24 x 4.69 inches (for 6-pack)
Item Package Weight	1.4 kg (for 6-pack)



Image: A woman holding a single Alpina Avena Original carton, with a graphic overlay indicating its height as 4.70 inches, demonstrating the compact size.

SAFETY INFORMATION

- **Allergen Warning:** This product contains milk. Individuals with milk allergies should avoid consumption.
- **Storage:** Store in a cool, dry place. Once opened, consume within 30 days.

LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the Food and Drug Administration (FDA) and are

not intended to diagnose, treat, cure, or prevent any disease or health condition.

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For further assistance, please visit the [Alpina Store on Amazon](#).

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Name

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Email

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question