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› EIGIIS K22 Military Smart Watch User Manual

EIGIIS K22

EIGIIS K22 Military Smart Watch User Manual

Model: K22 | Brand: EIGIIS

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your EIGIIS K22 Military Smart Watch. Please read this guide thoroughly to ensure proper use and to maximize the functionality of your device.



Figure 1: ELIIS K22 Military Smart Watch, showcasing its robust design and included additional strap.

WHAT'S IN THE BOX

Upon opening the package, verify that all items are present:

- 1 x Smartwatch
- 1 x Charging Cable
- 1 x User Manual (this document)

SETUP

1. Charging the Smart Watch

Before first use, fully charge the smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a compatible power adapter (not included). A full charge typically takes 1-2 hours and provides up to 30 days of standby time.

400 mAh Large Battery



1-2 hrs Charging Time
30 Days Long Standby

Figure 2: The smartwatch display indicating charging status and estimated charging time.

2. App Installation and Pairing

To unlock the full features of your K22 Smart Watch, download and install the **"Da Fit"** application on your smartphone. The app is available for both iPhone and Samsung (Android) devices.

1. Scan the QR code provided in the watch's packaging or search for "Da Fit" in your phone's app store.
2. Install the "Da Fit" app.
3. Ensure Bluetooth is enabled on your smartphone.
4. Open the "Da Fit" app and navigate to the device section. Tap "ADD A DEVICE".
5. Select "K22" from the list of available devices to pair.

3. Enabling Bluetooth Dial Calls

For Bluetooth call functionality, an additional pairing step is required after the initial app connection:

1. On your K22 Smart Watch, go to "Settings" and enable the "Phone: On" option.
2. On your smartphone, go to your Bluetooth settings. Find the Bluetooth device named "K22_XXXX" (where XXXX corresponds to your watch's MAC address) and connect to it.
3. Once connected, your K22 Smart Watch is ready for Bluetooth dial calls.

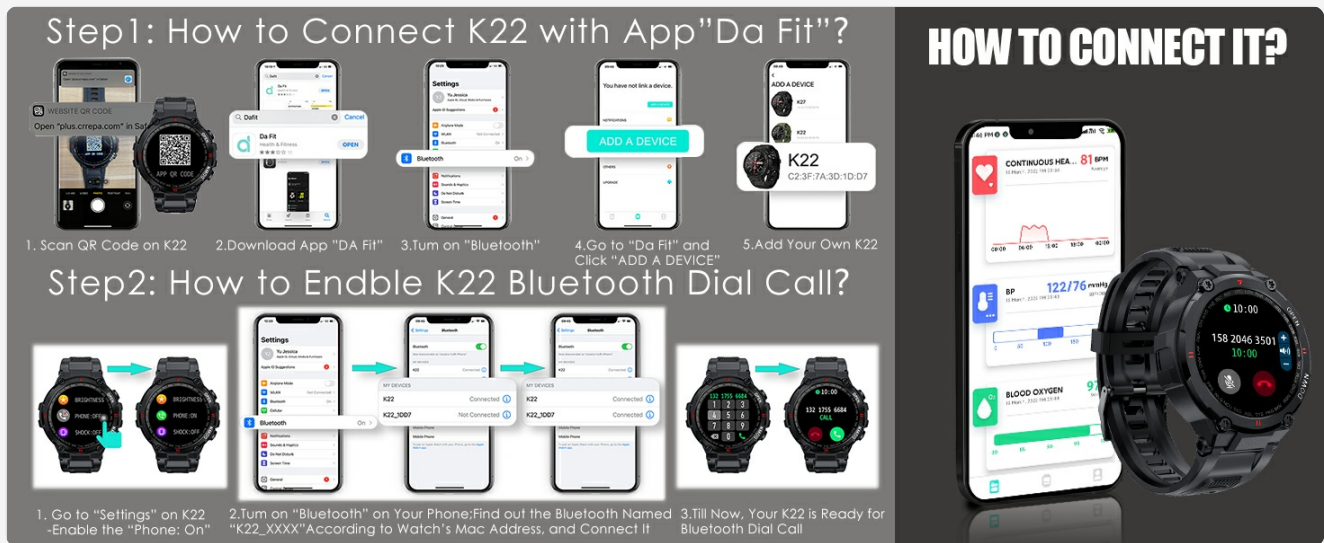


Figure 3: Visual guide for connecting the K22 Smart Watch to the "Da Fit" app and setting up Bluetooth call features.

OPERATING THE SMART WATCH

1. Bluetooth Dial Calls

With the Bluetooth call feature enabled, you can dial and answer calls directly from your smartwatch. The built-in speaker allows for convenient hands-free communication.

Bluetooth Dial Calls

Dial and Answer Calls Conveniently



Figure 4: The smartwatch interface for making and receiving Bluetooth calls, alongside a smartphone displaying a call screen.

2. Health Tracking

The K22 Smart Watch provides comprehensive health monitoring features:

- **Heart Rate Monitoring:** Tracks your heart rate throughout the day.
- **Blood Pressure Monitoring:** Measures your blood pressure.
- **Blood Oxygen (SpO2) Monitoring:** Monitors your blood oxygen saturation levels.
- **Sleep Monitoring:** Analyzes your sleep patterns, including deep sleep, light sleep, and awake times.

Health Tracking

Caring your health all the time



Heart Rate



Blood Pressure



Blood Oxygen



Figure 5: The smartwatch screen showing real-time data for heart rate, blood pressure, and blood oxygen levels.



Figure 6: The smartwatch interface showing detailed sleep duration and quality analysis.

3. Multiple Sports Modes

The K22 Smart Watch supports various sports modes to accurately record your exercise data, including calories burned, distance covered, and heart rate during activity. Available modes include:

- Walking
- Running
- Cycling
- Skipping
- Badminton
- Basketball
- Football

Multiple sports modes

Perfect recording of exercise data



Figure 7: The smartwatch showing an active training session with real-time data and icons representing different sports modes.

4. Bluetooth Music Control

Control your smartphone's music playback directly from your K22 Smart Watch. You can play, pause, skip tracks, and adjust volume without needing to access your phone.

Bluetooth Music Control

Remote music control



Figure 8: The smartwatch screen showing music playback controls, allowing remote management of your phone's audio.

5. Notification Reminder

Receive call, SMS, and social media notifications directly on your smartwatch, ensuring you never miss important messages. The watch supports notifications from various applications.

Notification Reminder

Call SMS SNS notify, never miss important message



Figure 9: The smartwatch and a smartphone showing incoming notifications from different messaging and social media applications.

6. APP Multiple Dial Options & Customization

Personalize your smartwatch with a wide array of watch faces available through the "Da Fit" app. You can choose from over 100 different styles or even customize your own dial to match your preferences.

APP Multiple Dial Options

There are multiple different style dials in the paired APP on the phone. You can choose the dials according to your needs and favorite.



Figure 10: The smartwatch showcasing different digital and analog watch face options available for customization.

7. Built-in Casual Games

The smartwatch includes built-in casual games for entertainment, allowing you to relax and pass the time directly from your wrist.

Built-in Casual Games

Let you relax any time



YOUNG BIRD



Figure 11: The smartwatch screen showing a simple game, indicating the presence of built-in entertainment features.

8. Weather Forecast

Access real-time weather forecasts directly on your smartwatch, providing current temperature and conditions to help you plan your day.



Figure 12: The smartwatch screen showing the current weather forecast, including temperature and sky conditions.

MAINTENANCE

Water Resistance

The EIGIIS K22 Smart Watch is designed with a degree of water resistance. It is suitable for daily use such as hand washing and light rain exposure. However, it is **not recommended for swimming, showering with hot water, or prolonged immersion in water**. Exposure to hot water, steam, or high-pressure water jets can compromise the watch's seals and lead to damage. Damage caused by improper water exposure is not covered under warranty.

Cleaning

To clean your smartwatch, gently wipe the screen and body with a soft, dry, lint-free cloth. For stubborn smudges, a slightly damp cloth can be used, followed by immediate drying. Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the watch's finish and internal components.

Battery Care

To prolong battery life, avoid fully discharging the watch frequently. Charge the device when the battery level is low. Store the watch in a cool, dry place when not in use for extended periods.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 30 minutes.
- **Cannot pair with phone:** Make sure Bluetooth is enabled on both the watch and your phone. Ensure the "Da Fit" app is installed and running. Try restarting both devices.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch regularly. Note that health tracking features are for reference only and not for medical diagnosis.

- **Notifications not appearing:** Check app notification settings within the "Da Fit" app and your phone's system settings to ensure permissions are granted.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

SPECIFICATIONS

Feature	Detail
Model Name	Smart Watch
Brand	EIGIIS
Screen Size	1.3 Inches
Shape	Round
GPS	True
Battery Cell Composition	Lithium Polymer
Connectivity Technology	Bluetooth
Memory Storage Capacity	128 MB (Internal)
Item Weight	5.6 ounces (160 Grams)
Product Dimensions	1.2 x 4.3 x 6.5 inches
Date First Available	August 9, 2021

WARRANTY AND SUPPORT

For detailed warranty information and further support, please refer to the official user guides provided by EIGIIS. You can access the PDF versions of the user guide and manual via the links below:

- [User Guide \(PDF\)](#)
- [User Manual \(PDF\)](#)

For additional assistance, please contact EIGIIS customer support through their official channels.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question