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> Yaheetech Ergonomic Office Chair YT-001033885MY User Manual

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Model: YT-001033885MY

1. INTRODUCTION

This manual provides detailed instructions for the assembly, operation, maintenance, and troubleshooting of your Yaheetech Ergonomic Office Chair, Model YT-001033885MY. Please read this manual thoroughly before assembly and use to ensure proper function and safety.





Figure 1: Front view of the Yaheetech Ergonomic Office Chair.

2. SAFETY INFORMATION

For your safety and to prevent damage to the product, please adhere to the following guidelines:

- Ensure all components are correctly assembled before use.
- Do not exceed the maximum weight capacity of **300 pounds (136 kg)**.
- Keep children and pets away during assembly.
- Use the chair on a flat, stable surface.
- Avoid standing on the chair or using it as a step stool.
- Regularly check all bolts and screws to ensure they remain tight.

Proposition 65 Warning: This product may contain chemicals known to the State of California to cause cancer and birth defects or other reproductive harm.

3. PACKAGE CONTENTS

Verify that all parts are present and undamaged before beginning assembly. If any parts are missing or

damaged, please contact customer support.

- 1 x Backrest with Mesh
- 1 x Seat Cushion with Armrests
- 1 x Headrest
- 1 x Gas Lift Cylinder
- 1 x Star Base
- 5 x Casters (Wheels)
- 1 x Mechanism Plate
- 1 x Lumbar Support Pillow (movable)
- 1 x Hardware Kit (screws, washers, Allen wrench)
- 1 x Instruction Manual (this document)



Figure 2: Key components and features of the chair.

4. ASSEMBLY INSTRUCTIONS

Follow these steps carefully for proper assembly. It is recommended to assemble the chair on a soft, clean surface to prevent scratches.

1. **Attach Casters to Base:** Insert the five casters into the holes at the end of each leg of the star base. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the assembled star base.
3. **Attach Mechanism to Seat:** Align the mechanism plate with the screw holes on the underside of the seat cushion. Ensure the front of the mechanism faces the front of the seat. Secure with screws using the provided Allen wrench.
4. **Attach Backrest to Seat:** Connect the backrest to the seat cushion using the designated screws.
5. **Attach Headrest:** Slide the headrest into the top of the backrest until it is securely in place.
6. **Connect Seat Assembly to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring the center hole of the mechanism plate aligns with the top of the gas lift. Press down firmly to secure.



Figure 3: Visual guide for chair assembly.

5. OPERATING INSTRUCTIONS

Your Yaheetech Ergonomic Office Chair offers several adjustable features to customize your seating experience:

- **Seat Height Adjustment:** Locate the lever on the right side beneath the seat. Pull the lever up to raise the seat. To lower, remain seated and pull the lever up. Release the lever to lock the height.
- **Tilt/Rocking Function:** The same lever used for height adjustment also controls the tilt. Push the lever inwards to lock the backrest in an upright position. Pull the lever outwards to enable the rocking function.
- **Tilt Tension Adjustment:** Rotate the round knob located under the front of the seat. Turn clockwise to increase tension (making it harder to recline) or counter-clockwise to decrease tension (making it easier to recline).
- **Headrest Adjustment:** The headrest can be adjusted vertically to support your neck and head comfortably. Gently push or pull the headrest to your desired height.
- **Lumbar Support Adjustment:** The lumbar support pillow is movable and can be positioned along the backrest to provide targeted support to your lower back.
- **Flip-up Armrests:** The armrests can be flipped up 90 degrees, allowing the chair to be stored under a desk to save space.

Adjustment Lever

Adjust the seat height and tilt angle according to your preferred sitting position



Figure 4: Seat height and tilt adjustment controls.



Figure 5: Flip-up armrests for space-saving storage.

Ergonomic Design

Adjust the headrest and lumbar support to create a personalized sitting experience



Figure 6: Ergonomic features for personalized comfort.

6. MAINTENANCE

Proper care will extend the life of your office chair:

- **Cleaning:** Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners that may damage the mesh or fabric.
- **Inspection:** Periodically check all screws and bolts for tightness. Re-tighten if necessary to maintain stability and safety.
- **Caster Care:** Keep casters free of debris (hair, dust) to ensure smooth movement.

7. TROUBLESHOOTING

If you encounter any issues with your chair, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Chair Sinks After Adjustment	Gas lift cylinder malfunction.	Contact customer support for a replacement gas lift.
Chair Squeaks or Wobbles	Loose screws or connections.	Check and tighten all assembly screws. Ensure the mechanism plate is securely attached.
Casters Not Rolling Smoothly	Debris caught in casters; casters not fully inserted.	Remove any debris from the casters. Ensure casters are fully pushed into the base.
Difficulty Adjusting Tilt Tension	Tension knob is too tight or too loose.	Rotate the tension knob counter-clockwise to loosen or clockwise to tighten until desired resistance is achieved.

8. SPECIFICATIONS

Detailed product specifications for the Yaheetech Ergonomic Office Chair:



Figure 7: Chair dimensions.

Brand: Yaheetech

Model Name: Office Chair

Model Number: YT-001033885MY

Color: Black

Product Dimensions: 25.5"D x 25"W x 52"H (64.8 cm D x 63.5 cm W x 132.1 cm H)

Maximum Weight Recommendation: 300 Pounds (136 kg)

Material: Mesh (backrest), Foam (seat fill), Polyester (seat fabric), Plywood (frame), Plastic (base)

Special Features: Adjustable Height, Adjustable Lumbar, Ergonomic Design, Rolling Casters, Flip-up Armrests

Back Style: Solid Back with Mesh

Seat Height Range: 18.3" - 22" (46.5 cm - 55.9 cm)

Seat Depth: 19.5 inches (49.5 cm)

Seat Length: 20.3 inches (51.6 cm)

Chair Backrest Width: 18.9 inches (48 cm)

Item Weight: 25.9 pounds (11.75 kg)

Furniture Base Movement: Swivel

Indoor/Outdoor Usage: Indoor

9. WARRANTY AND SUPPORT

Yaheetech provides quality products. For specific warranty details, please refer to the documentation included with your purchase or visit the official Yaheetech website. If you require assistance with assembly, parts, or have any questions, please contact Yaheetech customer support directly.

Contact Information: Please refer to the official Yaheetech website or your purchase documentation for the most current customer support contact details.