iRest A389-2

iRest Multi-Style Massage Device A389-2 User Manual

Model: A389-2

1. Introduction

Thank you for choosing the iRest Multi-Style Massage Device, Model A389-2. This manual provides essential information for the safe and effective operation, maintenance, and troubleshooting of your device. Please read this manual thoroughly before use and retain it for future reference.

2. Important Safety Instructions

To reduce the risk of electric shock, burns, fire, or injury, always follow these basic safety precautions:

- Always unplug the device from the electrical outlet immediately after use and before cleaning.
- Do not use while bathing or in a shower.
- Do not place or store the device where it can fall or be pulled into a tub or sink.
- Do not immerse in water or other liquid.
- Never use pins or other metallic fasteners with this appliance.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water.
- Keep the cord away from heated surfaces.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the OFF position, then remove the plug from the outlet.

3. Package Contents

Please check the package contents upon receipt. If any items are missing or damaged, contact your retailer.

- iRest Multi-Style Massage Device (Model A389-2)
- Power Cord
- User Manual

4. Product Overview

The iRest Multi-Style Massage Device A389-2 is designed to provide a versatile massage experience for the neck and back. It features a comfortable, modern design with a leather finish.



Image 1: Full view of the iRest Multi-Style Massage Device A389-2. The device is a red and black massage chair, featuring a headrest, backrest, seat, and leg/foot massage sections. The main body is red, with black accents on the sides and armrests.

5. Setup

1. **Unpacking:** Carefully remove the massage device and all components from the packaging.
2. **Placement:** Place the massage device on a flat, stable surface. Ensure there is enough space around the device for safe operation and reclining.
3. **Power Connection:** Connect the power cord to the device's power input port. Then, plug the power cord into a suitable electrical outlet. Ensure the voltage matches the device's requirements.

4. **Initial Inspection:** Before first use, inspect the device for any visible damage or loose parts. Do not use if damage is found.

6. Operating Instructions

The iRest Multi-Style Massage Device offers various massage styles and settings. Refer to the control panel for specific functions.

1. **Power On/Off:** Press the power button on the control panel to turn the device on or off.
2. **Select Massage Mode:** Use the mode selection buttons to choose your desired massage style (e.g., kneading, tapping, shiatsu).
3. **Adjust Intensity:** Use the intensity buttons to increase or decrease the massage strength.
4. **Target Body Area:** Some models allow you to select specific areas for massage, such as neck, back, or full body.
5. **Timer Function:** Set a desired massage duration using the timer button. The device will automatically shut off after the set time.
6. **Heat Function:** If available, activate the heat function for added comfort.

Always start with a lower intensity and shorter duration, gradually increasing as you become accustomed to the massage.

7. Maintenance

Proper maintenance ensures the longevity and optimal performance of your massage device.

- **Cleaning:** Before cleaning, ensure the device is unplugged. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners, solvents, or harsh chemicals.
- **Storage:** When not in use, store the device in a cool, dry place, away from direct sunlight and excessive heat. Avoid placing heavy objects on the device.
- **Cord Care:** Do not wrap the power cord around the device. Store the cord loosely to prevent damage.

8. Troubleshooting

If you encounter any issues with your iRest massage device, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Power cord not properly connected. No power from outlet.	Ensure power cord is securely plugged into both the device and a working electrical outlet. Check the circuit breaker.
Massage intensity is too weak/strong.	Incorrect intensity setting.	Adjust the intensity using the control panel buttons.
Device stops unexpectedly.	Overheating protection activated. Timer function ended.	Unplug the device and let it cool down for 30 minutes before restarting. Check if the timer function has completed its cycle.

If the problem persists after attempting these solutions, please contact customer support.

9. Specifications

Model Number:	A389-2
Brand:	iRest
Power Source:	Corded Electric
Targeted Body Parts:	Neck, Back
Material:	Leather
Wireless:	No
Product Grade:	Home
Style:	Modern
Water Resistance Level:	Not Water Resistant
Shipping Dimensions:	43.63 x 30.4 x 22.04 cm
Shipping Weight:	2.3 kg
Manufacturer:	iRest
First Available Date:	April 2, 2021

10. Warranty and Support

For warranty information or technical support, please refer to the warranty card included with your purchase or contact iRest customer service through their official website or contact channels. Keep your purchase receipt as proof of purchase.