

D18

D18 Smartwatch User Manual

INTRODUCTION

Thank you for choosing the D18 Smartwatch. This manual provides essential information for the proper setup, operation, and maintenance of your device. Please read it carefully to ensure optimal performance and longevity of your smartwatch.

PACKAGE CONTENTS

Verify that your package contains the following items:

- D18 Smartwatch
- User Manual (this document)

SETUP

1. Charging the Smartwatch

Before initial use, fully charge your D18 Smartwatch. The device features an integrated USB charging port.

1. Carefully remove one side of the watch strap to expose the USB charging connector.
2. Insert the USB connector into a standard USB-A port (e.g., computer, USB wall adapter).
3. The watch screen will display a charging indicator. Allow approximately 2-3 hours for a full charge.



Image: Instructions for USB charging and power button location. The left image shows the strap removed to reveal the USB charging port. The right image shows the watch face and indicates a long press to turn on.

2. Power On/Off

- **To Power On:** Long press the touch button located at the bottom of the screen until the device vibrates and the screen lights up.
- **To Power Off:** Navigate to the 'Power Off' option in the watch menu (usually found by swiping or tapping through modes) and long press to confirm.

3. App Installation (FitPro)

To access all features and synchronize data, download and install the FitPro application on your smartphone.

- Scan the QR code provided in the watch's packaging or search for "FitPro" in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
- Install the application and grant necessary permissions.

4. Device Pairing

Pair your D18 Smartwatch with the FitPro app via Bluetooth.

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the FitPro app.

3. Navigate to the 'Device' or 'Bind Device' section within the app.
4. The app will search for available devices. Select 'D18' or a similar device name from the list to connect.
5. Once connected, the watch time and date will synchronize with your phone.

OPERATING THE SMARTWATCH

1. Basic Navigation

The D18 Smartwatch operates using a single touch-sensitive area at the bottom of the screen.

- **Single Tap:** Short press to cycle through different functions or screens.
- **Long Press:** Press and hold to select an option, enter a sub-menu, or confirm an action.

2. Key Features

The D18 Smartwatch offers several health and fitness tracking features:

- **Heart Rate Monitoring:**

Navigate to the heart rate interface on the watch. The watch will automatically start measuring your heart rate. Ensure the watch is snug on your wrist for accurate readings. Data can be viewed in the FitPro app.



Image: The D18 Smartwatch showing a digital watch face with steps count and a magnified view of the green light from the heart rate sensor on the back of the watch.

- **Blood Oxygen Monitoring:**

Similar to heart rate, navigate to the blood oxygen interface. The watch will begin measurement. Keep your arm still during the process.

- **Step Tracking (Pedometer):**

The watch automatically tracks your daily steps, distance, and calories burned. This data is displayed on the watch face and synchronized with the FitPro app.



Image: The D18 Smartwatch displaying a watch face with current time, battery status, steps count, and icons for activity tracking (fire for calories, pin for distance).

- **Notifications:**

Once paired with the FitPro app, the smartwatch can receive notifications for calls, SMS, and various social media applications. Enable specific app notifications within the FitPro app settings.

- **Sleep Monitoring:**

Wear the smartwatch to bed, and it will automatically monitor your sleep patterns, including deep sleep and light sleep duration. View detailed analysis in the FitPro app.

- **Sedentary Reminder:**

Set sedentary reminders in the FitPro app to prompt you to move after periods of inactivity.

MAINTENANCE

1. Cleaning

Regularly clean your smartwatch to maintain hygiene and performance.

- Wipe the screen and strap with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

2. Battery Care

- Avoid exposing the device to extreme temperatures (hot or cold).
- Do not allow the battery to fully discharge for extended periods.
- Charge the device regularly, even if not in frequent use.

TROUBLESHOOTING

If you encounter issues with your D18 Smartwatch, refer to the following common solutions:

- **Device not turning on:** Ensure the watch is fully charged. Long press the touch button for several seconds.
- **Not pairing with phone:** Check if Bluetooth is enabled on your phone. Ensure the FitPro app has

location permissions. Restart both the watch and your phone, then try pairing again.

- **Inaccurate readings (Heart Rate/Blood Oxygen):** Ensure the watch is worn snugly on your wrist, not too loose or too tight. Keep your arm still during measurements.
- **Notifications not received:** Verify that notifications are enabled in the FitPro app for specific applications. Check your phone's system settings to ensure the FitPro app has permission to display notifications.
- **Screen unresponsive:** Try restarting the watch by long-pressing the touch button. If unresponsive, allow the battery to fully drain and then recharge.

SPECIFICATIONS

Feature	Detail
Model Name	D18
Brand	Generic
Display Type	Digital
Screen Size	34 mm
Connectivity Technology	Bluetooth
Compatibility	Android, iOS
Memory Storage Capacity	128 MB
Special Features	Lightweight, Heart Rate Monitor, Blood Oxygen Monitor, Step Tracker, Notifications
Item Shape	Round
GPS	No
Shipping Dimensions	7.6 x 7.4 x 4.6 cm; 200 grams

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the documentation provided at the point of purchase or contact the seller directly. Keep your purchase receipt as proof of purchase.