



Manuals.plus /

- › Fitkit /
- › Fitkit by Cult 10K 2.5HP (4HP Peak) Brushless Motorized Treadmill User Manual

Fitkit 10K 2.5HP

Fitkit by Cult 10K 2.5HP (4HP Peak) Motorized Treadmill User Manual

Model: 10K 2.5HP | Brand: Fitkit

INTRODUCTION

This manual provides essential information for the safe and effective operation, installation, and maintenance of your Fitkit by Cult 10K 2.5HP Motorized Treadmill. Please read it thoroughly before using the product.

For safety reasons, wearing proper athletic shoes on the treadmill is mandatory, instead of going on Barefoot. Always choose a treadmill that can support at least 20 more kilograms of weight than your current weight.



Image: The Fitkit by Cult 10K 2.5HP Motorized Treadmill in black, showcasing its sleek design and sturdy build.

KEY FEATURES

- **Motor Horsepower:** 4HP Peak DC-Motorized
- **Belt Size:** 1200x420 Millimeter
- **Speed Range:** 0.8-14 kilometers per hour
- **Maximum Weight Support:** 120 Kilograms (Recommended: 100kg)
- **Inclination Type:** Manual, 2 levels
- **Pre-set Programs:** 12
- **Folding Mechanism:** Hydraulic for easy storage
- **Transportation:** Equipped with wheels for easy movement
- **Display:** LCD console for tracking workout metrics
- **Running Surface:** Anti-skid for enhanced safety

KEY FEATURES & SPECIFICATIONS



Motor Power
4 HP Peak



Max Weight Support
120 KG



Easy
Lubrication



Speed
1-14 km/h



Manual Inclination
Level 2



Image: Visual representation of the treadmill's key features including motor power, max weight support, easy lubrication, speed range, and manual inclination.

PRODUCT HIGHLIGHTS



Image: Highlights of the treadmill's features such as the LCD display, heart-rate sensor, anti-skid running surface, and wheels for easy storage.

SETUP AND INSTALLATION

The treadmill requires some assembly. Please follow the steps below or refer to the official installation video for detailed guidance.

Your browser does not support the video tag.

Video: Official guide on how to install your Fitkit Treadmill, covering unboxing and assembly steps.

Unboxing and Parts Identification:

Carefully cut and open the box. The package includes the main treadmill unit, user manual, warranty card, safety key, lubrication oil, AUX cable, and a hardware package containing necessary screws and tools.

Assembly Steps:

1. **Lift the Upright Column:** Carefully lift the upright column of the treadmill.

2. **Fix the Upright Column:** Secure the upright column using the provided screws and washers. Ensure they are tightened clockwise. Repeat for both sides.
3. **Fix the Console:** Attach the console to the top of the upright columns using the designated screws. Tighten clockwise. Repeat for both sides.
4. **Place the Side Caps:** Secure the side caps at the base of the treadmill using the provided screws. Tighten clockwise. Repeat for both sides.

OPERATING INSTRUCTIONS

Familiarize yourself with the treadmill's controls and features for an optimal workout experience. Refer to the official usage video for a visual guide.


Video: Official guide on how to use your Fitkit Treadmill, covering various functions and controls.

Before Starting:

- **Unfold the Treadmill:** If folded, push against the cylinder to release the folding mechanism and gently lower the running deck.
- **Power On:** Connect the power cord and turn on the power button located at the base of the treadmill.
- **Attach Safety Key:** Always attach the safety key to your clothing and place the magnetic end on the console's designated spot. The treadmill will not operate without it.
- **Console Features:**
 - **Bottle Holder:** Utilize the integrated bottle holder for hydration during your workout.
 - **AUX Cable:** Connect your device via the AUX cable to play music through the treadmill's speakers.
 - **Phone/Tablet Holder:** Place your device securely on the holder for entertainment or app usage.

LCD DISPLAY CONSOLE



Image: Close-up of the treadmill's LCD display console, showing various buttons and the digital readout.

Starting Your Workout:

1. **Press Start:** Press the "Start" button on the console to begin your workout. The belt will start moving at a low speed.
2. **Control Speed:** Adjust the speed using the "+" and "-" buttons on the console or the shortcut keys (6, 8, 10, 12 km/h). You can also control speed using the keys on the handrails.
3. **Check Heart Rate:** Place your hands on the heart rate sensors on the handrails to monitor your pulse.
4. **Select Programs:** Choose from 12 pre-set programs by pressing the "PROG" button.
5. **Set Target:** Use the "MODE" button to set targets for time, distance, or calories.
6. **Stop Workout:** Press the "Stop" button on the console or the handrail to safely end your workout.



Image: A user demonstrating proper form while running on the Fitkit treadmill, highlighting the spacious running surface.

App Integration:

Install the Cultsport app on your phone. Enable Bluetooth and location services before connecting. You can operate the treadmill and track your workout data directly from the app.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Lubrication:** Use a small amount of the provided lubrication oil as shown in the installation video. This helps maintain the smooth operation of the running belt.
- **Belt Adjustment:** If the running belt becomes loose or misaligned, use the provided tool to rotate the screw anti-clockwise to loosen or clockwise to tighten and align the belt as shown in the installation video.
- **Cleaning:** Regularly wipe down the treadmill with a damp cloth to remove dust and sweat.



Image: Close-up of the anti-skid surface on the treadmill's running belt, designed for user safety during walking and running.

TROUBLESHOOTING

If you encounter any issues with your treadmill, please refer to the following common solutions:

- **Treadmill not turning on:** Ensure the power cord is securely plugged in and the power button at the base is switched on. Check your home's power supply.
- **Belt slipping or uneven:** Refer to the "Belt Adjustment" section under Maintenance to tighten or align the belt.
- **Unusual noises:** Check for any loose parts or foreign objects under the belt. Ensure proper lubrication.
- **Console not responding:** Ensure the safety key is correctly placed. Try turning the treadmill off and on again.

For persistent issues or technical assistance, please contact customer support.

SPECIFICATIONS

Feature	Detail
Brand	Fitkit
Model Name	10K 2.5
Motor Horsepower	4 Horsepower (Peak)
Motor Type	DC-Motorized
Belt Size	1200x420 Millimeter
Speed Range	0.8-14 Kilometers per Hour
Maximum Weight Recommendation	120 Kilograms
Inclination Type	Manual
Inclination Level	2
Number of Programmes	12
Display Type	LCD
Foldable	Hydraulic
Transportation Wheels	Present
Item Weight	54 Kilograms
Product Dimensions	154D x 69W x 126H Centimeters
Material	Alloy Steel
Power Source	Corded Electric
Included Components	User Manual, Toolkit, Warrantycard

WARRANTY AND SUPPORT

Your Fitkit by Cult Treadmill comes with a comprehensive warranty to ensure peace of mind:

- **Motor and Manufacturing Defect:** 1 Year Manufacturer Warranty
- **Frame:** 3 Year Warranty

For active post-sales and customer support, including installation assistance, please contact us. Our working hours are Monday to Sunday from 9am to 6pm. Service schedule may vary by location.

It is advised to buy/install a voltage stabilizer with the treadmill to protect the motor from power fluctuations and ensure its long life. Additionally, please connect the product to a power point with adequate earthing to ensure discharge of extra current.