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› Nutricost Vitamin K2 MK-7 100 mcg Softgels User Manual

Nutricost NTC-31028

Nutricost Vitamin K2 MK-7 100 mcg Softgels User Manual

Model: NTC-31028

INTRODUCTION

This manual provides essential information for the safe and effective use of Nutricost Vitamin K2 MK-7 100 mcg Softgels. Please read all instructions carefully before use and retain this manual for future reference.

Nutricost Vitamin K2 MK-7 (Menaquinone-7) is a dietary supplement designed to support overall health. Each softgel contains 100 mcg of Vitamin K2. The product is gluten-free and non-GMO, manufactured in a GMP Compliant, FDA Registered Facility.

SETUP AND FIRST USE

Before consuming, ensure the product's safety seals are intact. The bottle features a clear outer seal around the cap and an inner seal beneath the cap. Do not use if either seal is broken or missing.

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 240

Amount Per Serving		% DV
Calories	5	
Vitamin K2 (as menaquinone-7)	100mcg	*

*Daily Value (DV) not established.

Other ingredients: Sunflower seed oil, softgel (gelatin, glycerin, caramel color, purified water).

100mcg | **240** | **240**
Per Serving | Softgels | Servings

Image: Front view of the Nutricost Vitamin K2 MK-7 bottle, showing the product label and the outer safety seal around the cap.



SUGGESTED USE:

As a dietary supplement, take 1 softgel daily with 8-12 oz of water or as directed by your healthcare professional.

- **THIRD PARTY TESTED[†]**
- **GLUTEN-FREE[†]**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place.

Manufactured for: **nutricost**
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(866) 438-3694 | support@nutricost.com

nutricost.com

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NTC.04.25



Image: Top view of the Nutricost Vitamin K2 MK-7 bottle with the cap removed, showing the inner foil safety seal being peeled back.

OPERATING INSTRUCTIONS (DOSAGE)

As a dietary supplement, take **1 softgel daily** with 8-12 oz of water or as directed by your healthcare professional. Do not exceed the recommended dosage unless advised by a healthcare professional. Each bottle contains 240 softgels, providing 240 servings.

nutricost
quality



Image: Detailed view of the Supplement Facts label on the Nutricost Vitamin K2 MK-7 bottle, indicating serving size, amount per serving, and other ingredients.

The softgels are small and easy to swallow, coated in a black gel.

Your browser does not support the video tag.

Video: A user demonstrating the small size and ease of handling of the Nutricost Vitamin K2 MK-7 softgels.

STORAGE AND MAINTENANCE

Store the Nutricost Vitamin K2 MK-7 softgels in a cool, dry place to maintain product integrity and potency. Ensure the cap is tightly sealed after each use to protect the softgels from moisture and air.

TROUBLESHOOTING AND SAFETY INFORMATION

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, have a medical condition, have clotting disorders, or are on blood thinners. Vitamin K2 is usually well-tolerated, but some people may experience upset stomach or diarrhea. Discontinue use

and consult a healthcare professional if adverse reactions occur.

Keep out of reach of children. Do not use if the safety seal is broken or missing.

Legal Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT SPECIFICATIONS

Feature	Detail
Brand	Nutricost
Model Number	NTC-31028
Primary Supplement Type	Vitamin K2 (as Menaquinone-7)
Dosage per Softgel	100 mcg
Servings per Container	240
Form	Softgel
Diet Type	Gluten Free
GMO Status	Non-GMO
Manufacturing Facility	GMP Compliant, FDA Registered
Ingredients	Vitamin K (as menaquinone-7), sunflower seed oil, softgel (gelatin, glycerin, caramel color, purified water).
Product Dimensions	2.2 x 2.2 x 3.75 inches; 2.82 ounces



Supplement Facts

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**PACKAGED AND QUALITY TESTED IN THE USA
WITH GLOBALLY SOURCED INGREDIENTS.**



Image: Back label of the Nutricost Vitamin K2 MK-7 bottle, highlighting certifications such as Third Party Tested, GMP Compliant Facility, and Non-GMO Product.

WARRANTY INFORMATION

Specific warranty details are not provided in the product information. For inquiries regarding product quality or satisfaction, please contact Nutricost customer support.

CUSTOMER SUPPORT

For further assistance or questions regarding your Nutricost Vitamin K2 MK-7 softgels, please contact Nutricost directly:

- **Website:** nutricost.com
- **Email:** support@nutricost.com
- **Phone:** (866) 438-3694
- **Address:** 351 E 1750 N, Vineyard, UT 84059